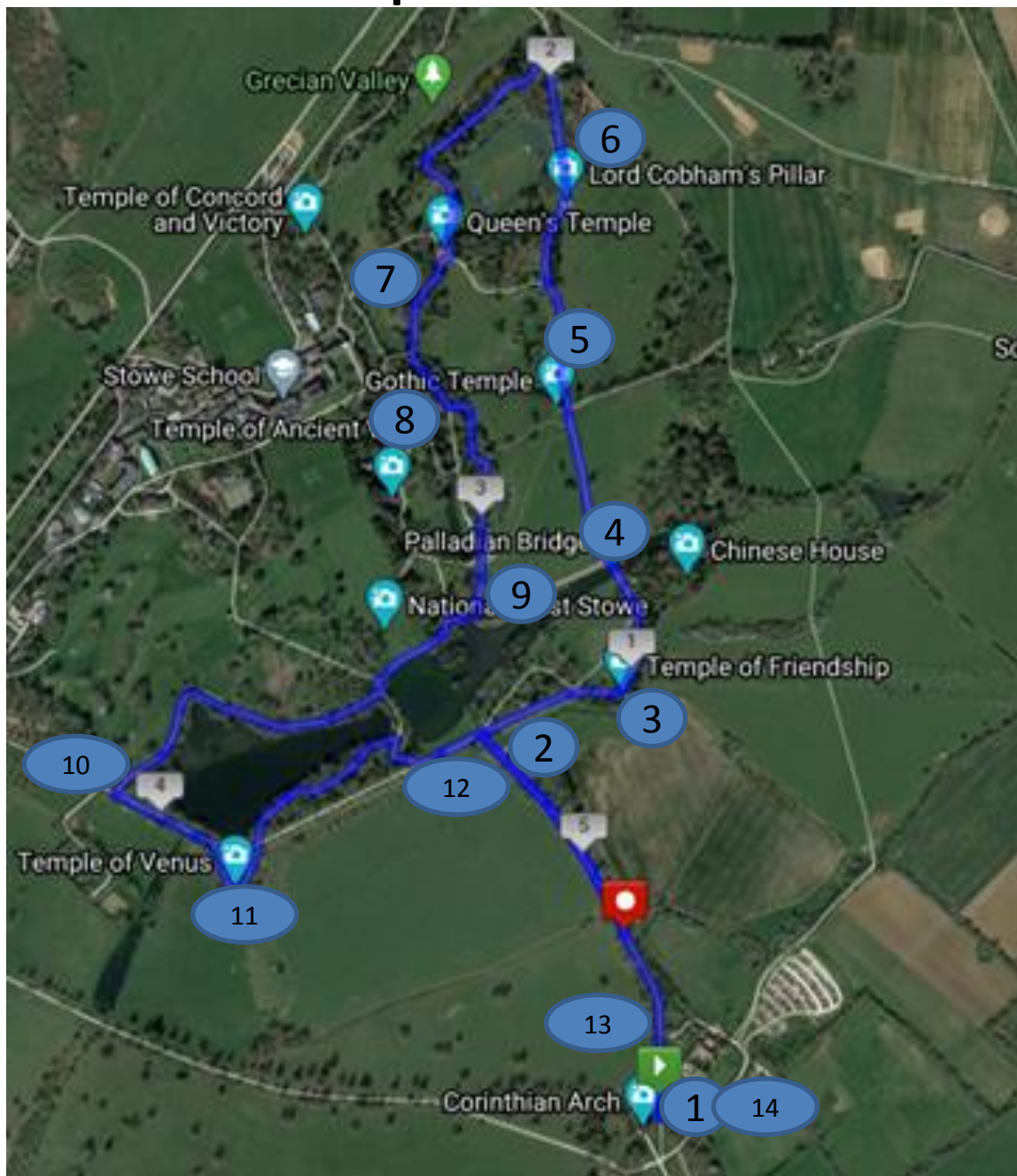


Course Map: Stowe Trail Run



The event takes place through the Landscape Gardens;

1. Start at the New Inn
2. Enter the gardens through the gate in the wall and turn right onto the gravel path
3. Continue through Herkwell Gate just in front of the Temple of Friendship.
4. Continue over the Palladium Bridge and straight on through the gate up to the Gothic Temple.
5. Stay on the trail and go through the Wick Quarter Gate into the woods. Take care with the downhill.
6. Run past Lord Cobhams Pillar and stay on the gravel track.
7. Keep on the trail and follow the track around to the left in front of the Temple of Concord and Victory
8. Take care here as you pass signs for the School and Church, stay aware to any traffic
9. Follow the path to the left, run across the Shell Bridge and follow the path down. As you reach the Octagon Lake, turn right and over the white bridge
10. Keep on the path with the Octagon Lake on your left and then the 11 Acre Lake on your left. As you reach the end of the 11 Acre Lake turn left onto the track.
11. Follow the path up to and in front of the Temple of Venus and then head back along the edge of the 11 Acre Lake.
12. Exit the gardens through the gate in the wall. Run back up on the grass at the side of the track to the New Inn.
13. Follow the signs back to the finish which is just ahead and around the corner to the left.
14. Finish.