

MPD HOSTS ETCH & CATCH

On June 19th, with the help of Helms & Hill Tow, Ford of Montebello, and Chevrolet of Montebello, the Montebello Police Department hosted its first Etch & Catch event.

Montebello Police Officers etched the vehicle license plate numbers onto the catalytic converters of 100 vehicles belonging to residents of the city of Montebello. This free event was a tremendous success.

Although this will not prevent a thief from stealing your catalytic converter, it can assist in investigations if your catalytic converter is stolen and later recovered.

Here are a few tips to help prevent your catalytic converter from being stolen. First, always park in well-lit areas if possible. If you are parking in a public parking lot, always try to park close to the building entrance. If you have a garage, park your vehicle in the garage when possible and keep your garage door closed.

There are also aftermarket companies out there that make special devices and shields that may keep your catalytic converter safe. You can find them on the internet by searching “catalytic converter theft prevention.”

Montebello Police Chief Brad Keller and his staff are working on future Etch & Catch events.



Mark 9 28 15 EVANGELINE GONZALEZ/STAFF PHOTOGRAPHER

BOBADILLA TO REMAIN CITY MANAGER

By Anne Donofrio-Holter
Contributing Writer

In an effort to keep Montebello moving forward and continue its positive momentum since City Manager Rene Bobadilla was hired two years ago, the Montebello City Council approved a new, five-year contract for Bobadilla, voting 4-1 in favor.

“After hearing of Santa Monica’s interest in Mr. Bobadilla becoming their city manager, I felt it was important we did what was best for our city,” said Montebello Mayor Kimberly Cobos-Cawthorne. “When the City had interim city managers, it was extremely difficult to get any city business accomplished and projects done. Not wanting to go down that road again, I’m glad my colleagues and I were able to do what was necessary for the betterment of our community by keeping our city manager.”

Key accomplishments since Bobadilla became city manager include:

Improved fiscal management. The City’s balanced budget for fiscal year 2020-21 received the Government Finance Officers Association award for the first time.

City pension obligations were significantly reduced by negotiating with employees for two-year service and early retirement buyouts and issuing bonds that pay off outstanding obligations to CalPERS by refinancing pension obligations at a much lower rate.

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DRIVE-IN CONCERTS AT THE SHOPS

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PHOTOS BY ERNEST PERALTA



STRIDE FOR PRIDE - 5K WALK/RUN

PHOTOS BY ERNEST PERALTA

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TIPS FOR A SAFE 4TH OF JULY

As July 4th approaches, many Southern Californians will be gathering with family and friends to enjoy the long weekend playing at the beach, camping, or barbecuing in the backyard. The Los Angeles County Department of Public Health is offering several tips to help everyone enjoy their holiday weekend free of food- borne illnesses, water-related illnesses, sunburn, or accidents.

Food Safety Tips:

"Cooks should only have to worry about whether there's enough food on the table for a gathering and not whether the food will make people sick. If the dishes are not properly prepared or cooked, food can contain bacteria and other infectious agents that could cause food poisoning," said Dr. Richard Cabrera, pediatrician with Beverly Hospital. "Simple food safety precautions such as washing your hands before and after handling raw food and maintaining correct temperatures during and after cooking will ensure your guests walk away with great memories of a good meal instead of a nasty illness."

Some common symptoms that may be caused by food-borne illness include diarrhea, abdominal cramps, vomiting, dehydration, and fever. Most of these types of illnesses are caused by three problems: allowing "cold" foods, like potato salad, to get warm or "hot" foods, like casseroles or meatballs, to get to room temperature; handling food with contaminated hands; and not cooking foods such as meat or chicken thoroughly.

July 4th Swim Safety:

According to the U.S. Centers for Disease Control and Prevention (CDC), drowning is the second-leading cause of death for children under the age of 15. For every drowning fatality, four to ten children suffer a near-drowning incident, which could result in severe, permanent brain damage. These incidents can be prevented through:

- Active supervision; watch children at all times. Do not be distracted by conversations, electronic devices or napping.
- Installing fences with self-closing and self-latching gates around pools and spas.
- Learning cardiopulmonary resuscitation (CPR).
- Enrolling children in swim lessons.

Avoid Sun Damage:

- Stay in the shade whenever possible, but especially between 10:00 a.m. and 4:00 p.m.
- Avoid tanning and UV tanning booths.
- Use a sunscreen with an SPF of at least 15 and UVA and UVB protection. Reapply often, especially after going into the water or excessive sweating.
- For newborns avoid sun exposure and dress infants with lightweight clothing, sunscreen may be used on babies six months and older.

Fireworks Safety:

Although they may seem fun and friendly for the whole family, there are truly no safe fireworks. On average 9,100 fireworks injuries send people to area hospitals. Some of the most severe damages done to a child has been with the use of a simple hand held sparkler in the hands of an infant or child. According to Dr. Richard Cabrera, Pediatrician with Beverly Hospital, "Kids are enchanted by the colors but sadly burns can happen immediately. We don't recommend allowing children to handle fireworks. When using fireworks, there should always be an adult handling them and at a safe distance."

How hot and to what temperatures can a simple sparkler reach? Simply put, sparklers burn at a temperature between 1800° and 3000° Fahrenheit. Most people cite the temperature to be 2000° Fahrenheit, but this is a generalization. There are a number of factors that determine what the temperature of a sparkler is. Everything from the length and diameter of your sparklers to the color that they burn changes their hottest temperature. Here are some common variations of sparklers and their approximate temperatures.

Gold Sparklers - Gold sparklers are accepted as the hottest sparkler available. There is less filler and no color pigments added to gold sparklers to cause lower temperatures. These are typically labeled as wedding sparklers or metal wire sparklers, and come in a variety of sizes. Though the length and girth of the sparkler can affect its

overall temperature, they typically have a temperature of around 2400° Fahrenheit.

Color Sparklers - Color sparklers do not have as high of temperatures as gold ones, and that is due to the added color pigments. To create colored sparklers, you also need binding agents and other fillers. Though they still have a temperature of around 2000° Fahrenheit, color sparklers aren't nearly as hot as gold ones.

Our mountains and valley have recently suffered through triple digits making homes and property extremely vulnerable to fire damage from even a spark. LAFD are working around the clock to support fire safety and encourage people to view through one of the approved sites listed by the city or county as a spectator at a distance.

Fireworks Safety is BIG in many parts of the LA County areas. During Covid there was actually an uptick on fireworks usage and incidents due to the illegal online access of illegal fireworks. In an effort to crack down on the use of illegal fireworks this summer, cities are outlining plans to protect residents and penalize offenders. Last month, the Sacramento City Council unanimously approved a new ordinance that aims to empower local law enforcement. The rules, which went into effect on June 24, will include a portion that allows the authorities to hold property owners responsible for any illegal fireworks activity on their property. Los Angeles's city attorney, Mike Feuer stated that part of the city's crackdown was focused on online sales. The strategy involves identifying where fireworks have been traditionally sold online, then sending cease-and-desist letters to the platforms.

All Fireworks in Los Angeles Are Illegal

The popular impression is that fireworks are no big deal. Unfortunately, even looking back over the past 10 years, fireworks cause a lot of misery.

Here's a peek at what we're talking about:

On average, 19,500 fires related to fireworks are reported to fire departments every year, \$105 million dollars annually in property damage and on average 9,100 fireworks injuries send people to area hospitals. Although not as common, fireworks kill on average 5 people a year - often children.

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THE MAYOR'S CORNER



The first Independence Day was celebrated on July 4, 1777, when the Founding Fathers adjourned their Congressional session in Philadelphia, PA and celebrated the nation's newfound independence with bonfires, bells, and fireworks. And now, over 200 years later, this celebration of independence has gained a new meaning as we begin our journey to recovery as we continue to reopen the state of California and reduce Covid-19 restrictions.

As you are reading this, our local community has already begun our return to a sense of normalcy, our City Hall has reopened and our local businesses are once again beginning to prosper and flourish. None of this would have been possible without the hard work and sacrifices made by the members of our community throughout the pandemic, because of all of you in our community we can rest assured that we will soon our city thrive again.

On that note, I would like to wish everyone a happy and safe Fourth of July and I hope you are all looking forward to seeing this year's celebrations.

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HAPPY 4TH OF July

We are the land of free, because of brave. Always cherish those heroes who fought for our country and the American flag, which is a symbol of our freedom.

God Bless America!

Kimberly Cobos-Cawthorne
Montebello Mayor

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| 7 SENSORY SESSION HOPS | | 24 FOOD | WARDO'S BBQ |
| 7/8 FOOD | DANNY'S KETO TACOS | 25 FOOD | HOT CHICKZ LA |
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AMERICAN LEGION POST GETS A HELPING HAND

The American Legion Post 272 in Montebello had an extensive make over during the pandemic. Many volunteers including councilmembers, families and friends of the post devoted their time to help in several capacities with painting, sanding, welding chairs and remolding areas of the post via their knowledge of design and construction skills.

On the day of the reopening, Senator Bob Archuleta addressed a crowd of over 150 people at the Montebello American Legion. "I want to thank all of the volunteers who devoted their time to come here during the pandemic to work on the post, to give back to those who really appreciate your time and energy. To the commanders and local businesses who donated to the post for your leadership and participation in improving the post's facility, making it a more enjoyable experience for its members, visitors and its veterans."

Senator Archuleta and the posts commander Richard Munoz also recognized the city of Montebello's Mayor Kimberly Ann Cobos-Cawthorne and Montebello

Mayor Pro Tem David Torres for their volunteer hours and continued support. Fellow Veteran Robert Tapia and his nonprofit group, Golden Rule Community Development Corporation was also recognized for serving in a partnership in supporting the project by donating a total of 200 new chairs.



L/R: Mayor Pro Tem David Torres, 2nd Vice Commander Anthony Cruz (U.S. Navy), Senator Bob Archuleta, Mayor Kimberly Ann Cobos-Cawthorne, Commander Richard Munoz (USMC), 1st Vice Commander Keith Kuba (USMC), Post Adjutant Carlos Larios (U.S. Navy) were also recognized by the city of Montebello.



Robert Tapia along with Senator Archuleta was recognized for his partnership in donating 200 new chairs to post 272



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UNDERSTANDING THE CONSERVATORSHIP

By Gia L. Pacheco, Esq.
The Law Offices of George B. Pacheco
& Associates

There has been a lot of news buzz in the past few weeks about Britney Spears and her court ordered conservatorship over her person and estate. For the past few years, the Stanley Mosk courthouse entrance at Grand and 1st St. has had several supporters of the #FreeBritney movement camped outside the courthouse in solidarity with terminating the proceedings. In summary, Spears' father, Jamie Spears, was appointed as Britney's conservator in 2008 following a very public emotional breakdown. Britney's father was put in control of her estate and financial assets, along with an attorney, and he is also in charge of his daughter's basic daily needs. Earlier this year, Spears filed a petition requesting that her father resign as her conservator, and in an emotional plea to the court, testified that the conservatorship has invaded her personal liberties including allegations that she is on forced birth control and being restrained from removing her IUD. Spears also gave accounts that her father made her perform against her will and take lithium, a mood stabilizer, when she complained. Spears has had a temporary conservator assigned to her in her father's stead. Spears' father earned income for his services as conservator. Given the huge publicity around this area of law, needless to say, the conservatorship has been a hot topic. Here is some general information about conservatorships in California.

What is a Conservatorship?

When an adult can no longer continue caring for themselves and/or manage their own assets another person may petition the court to obtain a "conservatorship". A conservatorship is when a Judge orders and appoints a responsible person to be in charge of your finances and take protective responsibility when you are no longer capable. The law is mostly governed by the California Probate Code. The "conservator" or "petitioner" petitions the court for an order over another person called "conservatee". The court can appoint a conservatorship of both the person and the estate.

What are the Duties of a Conservator?

A conservatorship is not to be taken lightly. The conservator has a broad range of duties to the conservatee. Examples of the duties a conservator has over another person includes: arrange for his/her care and protection, fix his/her place of residence, prepare meals, health care, purchase clothing, help with personal care and housekeeping, provide transportation, arrange recreation activities, and oversee overall well-being. Sometimes the conservatee will need to get court orders to make certain decisions about his/her health care. The conservator usually has to report to the court on the status.

When the conservatorship also includes orders for conservatorship of the person's estate, the duties of a conservator of the estate are to: manage finances; locate and take control of all assets, including real property; collect any income; budget and pay bills; invest and diversify the conservatee's money; protect assets; and also provide the court with an accounting of the management of assets.

Who Can Petition to be my Conservator?

Usually a spouse or domestic partner of the proposed conservatee can petition the court or a relative. There are instances where an interested state or local entity or agency may petition. Any other interested person or friend of the proposed conservatee may also petition the court. The court will look at whether the appointment of the petitioner is in the "best interests" of the conservatee.

A person who has a well drafted estate plan, or power of attorney, can nominate whom they desire to act as conservator over their him/herself and his/her estate. It is suggested that you include a nomination of the trusted person, and an alternative person, in your estate planning documents. The court usually will appoint the person that you nominate or allow you to nominate if you have capacity to make a selection, unless they do not find it in your best interest.

If there is no nomination or you cannot competently nominate someone, the law provides an order of preference beginning with spouse or domestic partner, Adult child, Parent, or Sibling.

Disclaimer: This article is offered only for general informational and educational purposes. While every effort has been made to ensure the accuracy of this article, it is not intended to provide legal advice as individual situations will differ. You should not act or rely on any information contained in this article without first seeking the advice of an attorney. The statements are the expression of author, not The Montebello Reporter, and have not been evaluated by The Montebello Reporter for accuracy, completeness, or changes in the law.

WHAT ARE THE DIFFERENT TYPES OF CONSERVATORSHIPS?

Conservatorship of the Person

Another person may petition the court for a Conservatorship of your Person which means they have management and control of your health care because you may not be able to provide for yourself. The conservator will also have access to your confidential medical records and communicate with medical care providers to make healthcare decisions on your behalf.

Conservatorship of the Estate

Another person may also petition the court solely to manage your estate and finances. The conservator may also be able to facilitate Medi-Cal planning and preservation of assets if the conservatee is in a nursing home. The conservator will help with payment of bills and make good financial decisions for the benefit of the conservatee.

A petition for both the conservatorship of the person and the estate may be ordered by the court to protect the health and finances of the conservatee.

Limited Conservatorship

The court may order a limited conservatorship. For example, a disabled person may not be able to manage their finances, however the court will have them retain all of their other rights and will order the conservator to get treatment, services, and opportunities to help the disabled person become as independent as possible. There is also a Lanterman Petris Short (LPS) conservatorship for persons with serious mental disorders.

Petitioning the Court

You must find your filing courthouse file your "Petition for Conservatorship" to file with the Probate clerk. The petition is then filed and a hearing date is provided. The Petitioner must provide legal notice of hearing and all family members and interested parties of the Conservatee must be notified. The proposed conservator or petitioner may also ask for temporary conservatorship if it is immediately required. The court then schedules an investigation with a court appointed investigator who will interview the proposed conservatee and report back to the court. The court investigation is the most important part of the process, as they will screen the proposed conservatee, explain the conservatorship process, and ask if there are any objections. The Court hearing is usually 60 days after the petition is filed and based on the investigation report a conservatorship may be granted. If there is an objection to the petition and it becomes contested it will usually go to trial.

The conservatorship over Spears is rare. Usually, conservatorships are reserved for people who are not able to manage their own affairs. Spears continues to work and earn income and pay employees. At the time of this article, Spears had not filed a Petition to Terminate the Probate proceedings.

It is always wise to consult with an experienced Probate attorney to determine whether a conservatorship is required. There may be other legal alternatives available. It is also recommended that the appropriate estate planning documents be drafted to properly nominate a conservator. If you would like to see a legal topic discussed please email your request to gil@montebelloreporter.com

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CITY OF MONTEBELLO NEWS & INFORMATION

PAVING THE WAY RESUMES!

Our “Paving the Way” project has resumed and will undergo several phases of work. This month the project continues preparatory work such as weed kill, utility lowering and localized dig outs replaced with new hot asphalt. During this time, any street activities to be performed will have 48-hour postings of NO Parking signs. Please watch for these No Parking Areas and move your vehicle in your driveway or other location not affected by paving improvement work.

JULY 2021

A majority of major resurfacing items will be performed throughout July. This includes select streets where a micro mill will be performed along the existing gutter edge to allow adequate thickness for the placement of an Asphalt Rubber Aggregate Membrane, followed by a final cap of HyRAP® hot mix asphalt. All impacted properties will receive a flyer notification, followed by NO Parking signs posted 48-hours prior to work beginning.

AUGUST 2021

Any remaining work listed above in the July activities will be completed, followed by utility adjustment and installation of permanent striping and traffic markings. This phase will complete the “Paving the Way” project in its entirety.

We appreciate your patience. For additional information or clarification, contact Carlos Fernandez at Manhole Adjusting Inc. at (323) 558-8000.



ZERO TOLERANCE FOR ILLEGAL FIREWORKS

Did you know fireworks caused an estimated 10,000 injuries treated in U.S. hospital emergency departments during calendar year 2019?

According to the U.S. Consumer Product Safety Commission, children under 4 years had the highest number of injuries. The Montebello Fire Department encourages everyone and their families to practice firework safety on the 4th of July when it is appropriate to use safe and sane fireworks.

The Montebello Police Department (MPD) will be enforcing firework laws during the 4th of July. **Violators may face a \$1,000 fine or possible arrest.** Fireworks are not allowed in the City before or after the 4th of July. This year, the MPD has established a HOTLINE to report illegal fireworks. If you know of someone who possesses or is selling illegal fireworks, please call 323-887-1321. All callers will remain anonymous.



The City is currently in Phase II of it’s Reopening Plan to resume in-person operations. City facilities are open to the public with capacity limitations and check-in systems to provide contact tracing. Outdoor activities and classes have also resumed for children, adults, and seniors through the Recreation and Community Services department. Montebello Bus Lines increased occupancy to 65% on June 21 and masks are required for all riders. Phase III of the Reopening Plan is scheduled in August with the following guidelines:

August 2, 2021 - Phase III

- City Hall Council Chambers reopen & in-person commission meetings resume.
- Indoor park facility permits resume.
- Montebello Bus Lines occupancy increased to 75%. Masks required.

Contact the Community Hotline for more information at (323) 887-4540 or visit www.cityofmontebello.com.

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By David Tores
City of Montebello Mayor Pro Tem

It's a question you'll likely start asking and answering in 2022.

Districting came to council in part as a painful reaction to the violence and racism our Asian community has suffered, especially over the last year. The letters we received talked about equal representation particularly in light of the current climate – representation as voter groups, and representation as candidates or incumbents. Before I go into that discussion, I want to reaffirm the city's commitment and dedication to our Asian American Pacific Islander population. You have been great friends, great neighbors, and a beautiful part of our community's fabric. I think I can speak for my colleagues when I say we are all committed to your safety, protecting your culture, and representing your needs and interests.

Now there are a few issues council has to contend with when considering this topic. On its face, this move to districting is wrong for Montebello for many reasons. 1) Montebello has had diverse representation, 2) Montebello suffers from geopolitics that won't be solved by districting, and 3) is this actually effective

WHICH DISTRICT WILL YOU LIVE IN?

representation? I'll conclude that, even in light of all this, the larger and more important issue is the threat of litigation and districting's inevitable implementation.

We've had extremely diverse representation. In our recent history alone we've had Latino, Anglo, and Armenian councilmembers, a treasurer of South Asian descent, and a clerk of Anglo descent (not to mention the many Latinos). Names like Molinari, Hadjinian, Khwaja, and King. There are also former electeds like Malkasian and Wong. Today diversity is alive and thriving. We have one of the youngest councils ever, the second woman majority in the city's history, an immigrant and the children of immigrants, the first councilmember of African American descent who is now Mayor Pro Tem, and a Mayor of Asian and Latino heritage. Montebello is a city where everyone has a voice when they participate.

When it comes to identity politics, Montebello is fragile. Not in terms of ethnicity, but the north/south divide. Can anyone point to that imaginary line? For now it's ambiguous. I've heard everything from it lies as high as Whittier (where street designations change from north to south) to as low as Washington (as stated by a colleague at the June 26 council meeting). Districting won't solve this perception, it will cement it. Those from the outside look in use charts and numbers that describe only symptoms while prescribing amputation as the cure. Data is a great start for finding the "what," but a far cry from solving the "why." Data neither discovers nor addresses the root of our issues.

Right now every community member has five representatives. Five pairs of listening ears, five unique minds, and five people to hold accountable. But with districts, you'll only have one person to go to; and what happens when your one representative disagrees with you? Keep in mind terms will still be four years. That's not changing. But instead of choosing 2 and 3 citywide councilmembers every other year, you will be left with choosing 1 district councilmember every 4 years. One choice every four years. Again, what happens when your one representative disagrees with you? Some might say "we can have an at-large mayor." But doesn't that introduce the problem we were trying to address? Districting is supposed to solve issues of dilution, not perpetuate it under a different guise.

Even considering all this, I feel the larger looming issue is the threat of litigation and districting's incredible record

of success in court. I'm not one to run at the sound of a lawsuit. This council was threatened before and continued on despite those threats. However, in this instance, it is almost a certainty that Montebello will lose and the cost would be unbelievable. Cities that have tried to fight it have faced multimillion dollar settlements. Santa Monica, who is now being heard in the California Supreme Court on this issue has so far spent between \$6 and \$10 million dollars with plaintiffs in that case asking for a \$22 million award. Also to keep in mind - no jurisdiction has won a case in 20 years. You can find this information from a League of California Cities presentation in June 2019 called Redistricting: What You Need to Know Before, During and After the Census.

Some have asked if this can be put to the voters. Unfortunately, that does not save us from districting because the issue rests on a test in court, not the will of the people. This is discussed in a document from the League of California Cities called The California Voting Rights Act: Recent Legislation & Litigation Outcomes published May 2018. In this it describes a situation in Rancho Cucamonga in 2016 where the city received a letter demanding districting. As the city was moving toward putting it on the November 2016 ballot, a CVRA action was filed. Rancho voted for districting, but in the event the residents voted against it a case could still be filed and Rancho still be found in violation of the CVRA.

There are still many things council and the public needs to consider. Will we hold public hearings in person? Will we hold them during regular Wednesday meetings, or special meetings at a time convenient for the community? Can we wait until the city is fully open to hold public hearings in a way that the elderly, those without internet access, those without transportation, etc., can participate and provide input? Would the community ask for an independent oversight committee as per SB 1108? The list goes on. If this is about inclusivity, we should be making every effort to provide equitable access to public hearings, a transparent process, and objective maps based on data and facts not political influence and gerrymandering.

This will be a massive shift in our city's identity. City council and staff must be thoughtful, deliberate, and highly engaging as we lay a new foundation for determining our leadership.

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GRATITUDE IN THE GARDEN!

On Friday, June 18th, the YMCA hosted its annual Spring Social Event in the YMCA's Simonian Family Garden on the corner of 20th Street & Victoria. Scores of community members dropped by for fellowship and nosh donated by Alondro Hot Wings, Angry Horse Brewery, and Brioche Bakery, each being celebrated for giving of themselves to make our community a better place. Volunteers remain essential to make the YMCA's mission work possible. In normal years not impinged by pandemics, YMCA volunteers help coach youth sports teams, provide leadership to our Youth & Government model, teen legislature, and provide wise council and guidance on the Y Board of Managers. In recent months, volunteers have also helped in many new ways, from serving food insecure families during food distribution days at the Y twice weekly (over 400,000 meals provided since April, 2020!), to directing drive through traffic for flu shots, healthy kids days, and Christmas Toy distributions.

Of course, many volunteers are also donors who support the Y's operating expenses also make it possible for the YMCA to provide financial assistance for everything from preschool care to swim lessons and Y memberships.

For the many ways that so many community members make all good things possible at the YMCA, the Y thanks community members who volunteer in every capacity and who came together one lovely Friday evening in June for an evening of sincere thanks for being a part of the change we wish to see in our midst. This year, the reception seemed especially poignant, occurring just after our health department dropped restrictions for outdoor gatherings, allowing friends to greet one another with glad hearts and deep appreciation for so much shared compassion that it even seemed to bless the produce of the garden to make it grow just a little taller. So many stand so tall in Montebello, it is truly a blessing for which to offer much thanks.

Pictured L/R: Steve and Irene Simonian, after whose family our community garden is named, joining the company of Goharic Gabriel, without whose family the YMCA may not exist in Montebello.



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AN EVENING WITH COUNCILMEMBER SALVADOR MELENDEZ

As the State of California reopens, Councilmember Salvador Melendez took advantage of the opportunity to bring the community together, while introducing local businesses. The event was held on June 24, at 514 W. Whittier Blvd., a few doors East of the Future home of BLVDMARKET.

The gathering was called “Cafecito with Councilmember Melendez”. The main objective was for members of the community to have the opportunity for a one-on-one conversation with city personal over a cup of coffee. The coffee was paid for by Councilmember Melendez and provided by Café Santo, a contemporary Oaxacan coffee shop which will be at 520 W. Whittier Blvd. and the pastries were graciously donated by April Cakes, which is at 519 W. Whittier Blvd.

“I’d like to thank City Manager Rene Bobadilla, my colleagues, Mayor Kimberly Ann Cobos Cawthorne and Councilwoman Jimenez for stopping by and speaking to the residents,” said Councilmember Melendez.

Also in attendance were former Mayor’s Edward and Rosie Vasquez, City Commissioner Abraham Lim, City Commissioner James J. Santana,, Rotary President Eddie Franco, members of Montebello-Pico Rivera Democrats Club and many other throughout the community. Over 50 people attended the event that took place from 5p.m. to 7p.m.

“The turnout was more than we expected, but it was great to see the community come together. I hope to have another event like this in the near future,” added Councilmember Melendez.

The event showcased several businesses among the many that city of Montebello offers.

PHOTOS BY ERNEST PERALTA





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HOSA-JUMP’S ADVENTURE



Laying before you, ready for your eyes to uncover, your mind to comprehend is a paper. An atom, once a tree living in the richness of our oxygen. A world where everything is connected and intertwined. Science is ready to grasp our souls and fill us up with the desirable knowledge as to who we are, and why we co-exist in a world of endless possibilities. Endless wonders awaiting to be discovered. Young hearts and minds ready to pave a path like so, beautiful memories ready to awaken, adventures like HOSA-JUMP (Junior, Upcoming, Medical, Professionals) where we peak an interest in working in the health science, medical and technology fields. One, where extraordinary Advisor Mrs. Karina Aragon made the magic happen at Montebello Intermediate in Room 30.

Compromised soldiers, working in the hands of knights. Steady horses galloping through the midst of a future of masterpieces to what are called brilliant minds. The gift of curiosity and understanding of how connections can be made. Knowing that life is a gamble and kindness is by far the best end of the double edged sword. Members in HOSA-JUMP play their cards right and it is history in the making. One in a billion is the phrase that belongs to none other than Mr. Juan Mendez the president of HOSA-JUMP who served in the 2020-2021 school year. Working hand in hand was the diamond in the rough, marvelous vice president Ms. Jennifer Ayala.

Our dear secretary Ms. Jocelyn Lopez who throughout the year has moved her way up and was the missing puzzle to an incredible year by which humankind has survived the unthinkable, COVID - 19. We left our incredible Mister HOSA- JUMP Angel Lemus to help create our ideas into realities, wonderful ideas might I add. And, who am I? Well, I am HOSA-JUMP's lead mentor Miss Charity Mallak and to say the least I've heartened and polished members with skills needed for the real world.

Competitions where our intellectual minds were tested in the fun of experiments, gathering data that will one day be paved into a glorious future. From flying cars, to hybrid breeds it's all in the hands of our younger generations. They say three times is the charm, well three astonishing seventh grade HOSA- JUMP members Cristian Soto, Carlos Contreras, and Jose Sanchez; worked together (for the first time), and participated in the STEM City Innovation Challenge 2021. Bringing back the Grand Prize and creating Montebello Intermediate Schools very own Reusable Vacuum Cleaner Squad! Challenged with students from every part of Los Angeles County! The BEST of the BEST, only those gifted enough to participate if they have entered the Los Angeles County Science fair. Words can't even begin to

describe what dignity and honor this is. Teamwork, collaboration and leadership skills were the takeaway from such a thrilling win!

In the upcoming school year, 2021-22, students will work on activities such as 3D printing, Lego Mindstorm robots, state-of-the-art drones, and the anatomy table in their new HOSA-JUMP elective class. It's safe to say that HOSA-JUMP is not just a program; it's also a family that continues to form beautiful friendships among the students. Every tutoring session, meeting, mentorship sitting, and movie night would consolidate the students' love for the program even more. The students understand and trust one another from blood to bone. No other program could top HOSA-JUMP for their integrity, unity, and of course; close association. If you've been keeping up with our local Montebello paper you would know that this isn't the first article I (Charity) have written for HOSA-JUMP and you will definitely be hearing more from us! So once again, lying in your hands is a paper, an atom; what you are made of. Intertwined and connected in a world full of possibilities. A world where our minds are like weapons and you should keep them loaded, and our words are like swords drawing our stories, science being the only truth and reality as to who we are and how we are made. It is because of HOSA-JUMP that we are the people who we are today.

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ROTARY CLUB OF MONTEBELLO 97TH ANNUAL DEMOTION DINNER

The Rotary Club of Montebello held its 97th annual demotion dinner on June 26. It was a celebration of the Club's accomplishments amid this year's pandemic. The demotion dinner is a long-standing tradition of honoring the outgoing Club's administration and welcoming the incoming administration.

This year, Rotary International District Governor Greg Jones presided over the demotion of outgoing President Edward Franco and Board and the induction of incoming President Les Fujimoto and Board. Additional highlights of the evening were the induction of two new members, Dr. Fabian Corona and Dr. Esther Salado, by DG Greg Jones and the Rotarian-of-the-Year recognition awarded to Manuel Franco. Manea Polynesian Dancers presented lively entertainment. Congratulations on a job well done to outgoing President Franco, and welcome to incoming President Fujimoto.



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COVID-19 VACCINES

Pfizer

Currently, as of May 10th, 2021, the FDA has authorized the Pfizer COVID-19 Vaccine for use in adolescents from ages 12-16, which means anyone 12 and up can receive the Pfizer vaccine. The Pfizer vaccine is a 95% effective 2-shot series, with a 21-day waiting period between the 2 shots. Common side effects of the Pfizer vaccine include pain at the injection site, fatigue, and a minor headache. These side effects typically end within 2-3 days.

Moderna

Currently, the FDA has only approved the Moderna vaccine for adults 18 and older. The Moderna vaccine is a 94% effective 2-shot series, with a 28-day waiting period between the 2 shots. Common side effects of the Moderna vaccine include pain at the injection site, fatigue, and muscle pain (very similar to the Pfizer vaccine). Although the two vaccines have similar side effects, it is not recommended by the FDA to mix vaccines (for example, receiving a first dose of Pfizer and then a second dose of Moderna).

Johnson & Johnson (also known as Janssen)

As of February 27th, 2021, the FDA has authorized the Johnson & Johnson vaccine for adults 18 and older. The Johnson & Johnson vaccine is an 85% effective 1-shot series. Common side effects of the Johnson & Johnson vaccine include pain at the injection site, headache, and fatigue.

All 3 COVID-19 vaccines have been shown to be safe and effective in their specified age groups. The FDA also recommends that those who have received the 2nd dose of Pfizer/Moderna or their dose of Johnson & Johnson should also wait 14 days to be considered fully vaccinated. Once fully vaccinated, it would be safe to resume activities previously not allowed during the pandemic, such as indoor exercise, indoor worship, and indoor dining at restaurants. After June 15th, the mask mandate for fully vaccinated people will be lifted, but masks would still be required in a crowded setting such as public transportation, fairs, and festivals.

The Prescription Shop is currently offering the Pfizer, Moderna, and Johnson & Johnson vaccines at no cost. For businesses with 6 or more employees, our pharmacists can travel to your location and administer the vaccine for all employees there. For more information, or to schedule an appointment for any of the COVID-19 vaccines, please call The Prescription Shop at (323)728-8127, or make an appointment online at tpsrx1.com. You can also visit us at 1215 W Whittier Blvd, Montebello, CA, 90640. We are open Monday-Friday, 9AM-6PM and Saturday, 9AM-2PM. We look forward to seeing you soon!

Sources:

- <https://www.fda.gov/news-events/press-announcements/fda-takes-key-action-fight-against-covid-19-issuing-emergency-use-authorization-first-covid-19>
- <https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-update-fda-authorizes-pfizer-biontech-covid-19-vaccine-emergency-use>
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- <https://www.latimes.com/california/story/2021-05-21/california-june-15-reopening-covid-guidelines-what-to-know>
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MONTEBELLO REPORTER

BEVERLY HOSPITAL GUILD MEMBERS THRILLED TO RE-OPEN HOSPITAL GIFT SHOP

Throughout 2020 and for the first half of 2021 the Beverly Hospital Gift Shop has been closed due to the COVID-19 pandemic. But with a sharp decline in the number of hospitalizations and the re-opening of the State, hospital administration made the decision to re-open the gift shop. As a result, members of the Beverly Hospital Guild immediately swung into action.

Since the gift shop had been closed for nearly one and a half years, there was much to do. Cleaning, ordering of new inventory and training of new staff all needed to be accomplished before the gift shop could be re-opened. But under of the watchful eye of Hospital Guild gift shop manager Lucy Caputo, everything soon fell into place. "I have been with the gift shop for 14 years," said Caputo, "This is part of my life. It's part of my 2nd home. I'm very very happy to be back here."

Hospital Guild members once again proudly staff the gift shop ringing up sales for patients, visitors and staff alike. 95-year-old Sally Acosta has been volunteering at Beverly Hospital for 20 years. While she has volunteered throughout many departments of the hospital, this is her first-time volunteering in the gift shop. "I'm so happy to be back at Beverly Hospital," she states. "It's great that we can come back and help serve the hospital and the community."

Elizabeth Pacheco, who has volunteered in the gift shop for three years is also thrilled to be back. "After retiring from being a teacher for 38 years, I was looking for something different to do," she explains. "The gift shop has provided me with an outlet to use my time to help and assist others."

The Beverly Hospital gift shop is located in the main lobby and is open:

- Monday – Friday: 10:00am – 6:00pm
- Saturday & Sunday: Closed

Find items such as books, flowers, and trinkets to give to your loved one at the hospital or pick up some snacks and beverages for your visit. Select items that are red tagged are 50% off!

While the hospital is open for visitors, everyone must be screened when entering the facility and wear a mask for the entirety of their visit.



Hospital Guild members Elizabeth Pacheco and Sally Acosta



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MONTEBELLO REPORTER

ROTARY CLUB BEGINS IN-PERSON MEETINGS



Rotary Club president Eddie Franco opened the first, in-person meeting since March 11, 2020. Montebello Rotary survived and grew through fifteen months of weekly virtual Zoom meetings due to the COVID-19 pandemic. Everyone was extremely grateful and happy to reunite with fellow members and guests for a traditional lunch meeting.

The highlight was a report from Rotarian and City Manager René Bobadilla, recounting the events of an offer he received for City Manager of Santa Monica, which he turned down. An enlightening story that had everyone focused on his every word. He ended his talk, reinforcing his commitment to making Montebello a great City.

Another highlight of this meeting was the scholarships awarded to Sandy Mem-breno, an Applied Technology Center student. First Place in the local club contest and 1st Runner-up in the District-wide competition for the George Hensel Ethics Essay.

improve their lives throughout the pandemic. Some of this past year's programs included:

- Distribution of 5,000 hand sanitizers to Police, Fire, City Hall, and the general Community
- B•U•Y•A•H (Bu-Yah) Back-Up-Your-Area-Hospital comfort food for front line workers
- Care with Compassion at Beverly Hospital, supplying clothing and hygiene kits to homeless treated in the Emergency Room
- COVID-19 Disaster Recovery supply bags for the homeless
- Thanksgiving Food Baskets to needy families
- The Barbara Risher Welch Scholarship to a deserving High School student
- Financial support for school wear and supplies to 15 disadvantaged MUSD students
- Masai Namura/Dan Stover Music Contest
- George Hensel Ethics Essay Contest

Throughout the pandemic, the Rotary Club of Montebello has continued to support our Community with diverse programs to help our residents survive and

Congratulations to outgoing 2020-21 President Eddie Franco and welcome to incoming 2021-22 President Les Fujimoto.

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DRIVE-IN SUMMER CONCERT SERIES

One of the more popular summer events in Montebello is Concert at the Park, “It was great to see the community getting together to enjoy an evening of where everyone gathered to dance and enjoy live music with friends and family. music,” said David Sosnowski, Director of Recreation of Community Services.

The concerts were always held at the band shell at City Park. But due to the pandemic the city could not open in time to host the event there. Looking for other ways to bring the community and live music together, Director of Recreation of Community Services David Sosnowski and his staff teamed up with The Shops at Montebello to host three summer concerts.

The first concert was held on June 17th and the performing band was Montebello’s own, The Wiseguys. The concert started at 6:30p.m. to an excited group, who honked their horns in appreciation of the event. And the Wiseguys did not disappoint, performing their popular medley of hits, as many concert goers danced and sang along to the songs.

Mayor Kimberly Ann Cobos-Cawthorne, Councilmember Angie Jimenez, Councilmember Salvador Melendez and City Treasurer Rafael Gutierrez were there to support and enjoy the concert.

All attendees registered their vehicle prior to the free concert on The Shops at Montebello’s website and the spaces were filled on a first-come, first-serve basis. Concert goers were able to grab dinner at one of Center’s restaurants and enjoy the meal from the comfort of their cars, as the Wiseguys performed.

For more information and to register for the next free concert, which will be held on July 15, visit shopsatmontebello.com/events. The concert is held in a designated area of The Shops parking lot, which faces the Center’s restaurants.



PHOTOS BY ERNEST PERALTA
MONTEBELLO REPORTER

SUMMER CONCERT

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► MONTEBELLO SUMMER CONCERT #COMETOGETHER



CONCERT
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CONCERT

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HERE TO HELP: BEVERLY HOSPITAL WELCOMES BACK BEVERLY BABIES MATERNITY CLASSES

Having a baby is one life's most joyous and rewarding experiences. During this time, it is great to have a guide there to help expectant parents navigate this journey. Beverly Hospital is here to help and is happy to announce that it has resumed several of its Beverly Babies maternity program classes in both English and Spanish. Safety is a top priority; the classes are set with a limited capacity to allow for social distancing and require participants to wear masks. Pre-registration is required to ensure classes are not exceeding capacity.

Maternity class topics range from prepared childbirth to breastfeeding and baby care basics. Having in-person guidance allows participants to experience hands on training and immediate response to questions by experienced educators. "I believe knowledge is one of the greatest things," said Marcela Rodriguez, childbirth educator for three of the classes, "These classes are beneficial because participants learn how to manage the various aspects of childbirth and newborn care. Once they learn about it and the different options available, they leave feeling empowered and with confidence in having a baby."



Classes began in June and were met with great response. Briana Martin and her partner, Andrew Martin, are expecting their 1st child together and were part of the first group of participants. "It's been great," said Briana, "I enjoyed the 1:1 interaction (and) it is nice to have in-person help. The instructor is really good and open and answered a lot of our questions."

Beverly Hospital is excited and welcomes expecting parents to join. To learn more and register for maternity classes, please visit: www.beverly.org or call our community outreach line at 323-725-5033.

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A GUIDE FOR HEALTHY SUMMER EATING

By Erin McIntyre
Dietetic Intern at Beverly Hospital

The season of Summer is upon us! The days are longer, the sun is shining, and we are finally seeing COVID restrictions being lifted. The summer heat may be beckoning us to spend more time outdoors, increase our activity levels, and plan more gatherings with friends and family.

Here are a few tips to keep you safe and healthy this summer and beyond.

1. Eat seasonally and choose fresh produce when possible

California’s agriculture is the most productive and varied in the US, which means we have so much amazing fresh produce to choose from every month of the year. Seasonal food is fresher, more nutritious, tastes better and is more environmentally friendly. Some produce to keep an eye out for each month are:

- July

 - Swiss Chard
 - Peaches
 - Summer Squash
 - Peppers
 - Zucchini
- August

 - Corn
 - Butternut Squash
 - Eggplant
 - Cucumber
 - Watermelon

2. Remember to stay hydrated

The warmer weather of summer requires us to pay special attention to how much water and fluids we are drinking (and eating)! Drinking enough water helps to combat aging, regulate your temperature, manage your weight, improve energy levels, improve digestion, lubricate your joints and so much more.

Here is a simple equation to figure how much water you need daily (minimum):

$$\frac{\text{Your body weight (in pounds)}}{2}$$

$$\times \text{Your daily water requirement (in ounces)}$$

Example: If a person weighs 200 pounds then they would need 100 ounces of water per day (minimum).

Ways to have more water in your day:

- Track your daily water intake to keep yourself accountable
- Drink a cup of water right when you wake up and before bed
- Have water in addition to your morning coffee
- Bring a filled reusable water bottle with you every time you leave the home so you always have water on hand.
- Enjoy fruits and vegetables that have a high water content such as watermelon, tomatoes, oranges, lettuce, and cantaloupe.

3. Use there healthy eating tips at summer gatherings

- **Come hungry but not starving.** Attending gatherings on a completely empty stomach could lead to overeating and cravings as we overestimate how much we should be eating. If you are hungry, try to have a high protein snack such as hardboiled eggs or a low fat cheese snack beforehand.
- **Bring a healthy side dish (fruit or vegetable based).** This ensures that you at least have one healthy option to enjoy.
- **Prioritize water over sugary beverages.** Gatherings are a time to celebrate and it is understandable for

there to be alcohol or sugar-sweetened beverages. It is ok to partake and enjoy, but it is also important to make sure you are drinking enough water and keeping sugar intake low.

- **Save the treats for after you eat!** If you are eyeing that apple pie from across the room, try to eat some nutritious side dishes and protein first. That way, your stomach is full of nutrients first and reduces the chances of overeating sugary desserts.

These tips are all suggestions and of course there is always room for imperfection as perfection is not the goal. There is no need to get overwhelmed with too many food rules but we hope some of these can help you reach your goals all while enjoying the process! If you to learn more about healthy eating, visit Beverly Hospital’s event calendar and register for upcoming nutrition classes at: www.beverly.org/events.

Happy Summer! Stay safe, hydrated, and nourished!



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DODGERS JUNE RECAP

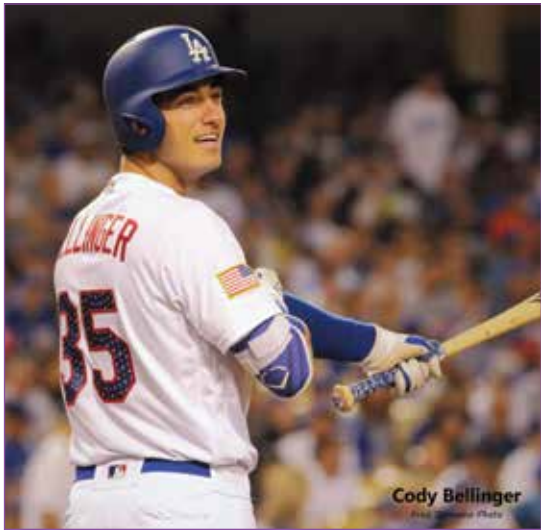
The Los Angeles Dodgers end the month of June, 3 games behind the San Francisco Giants and winning the final two games against the Chicago Cubs at home. Cody Bellinger who has had a couple of injuries this year came back during the Cubs series to hit a couple of homeruns and help lead the Dodgers to both victories. The Dodgers continue to use the month of June to experiment with players. The depth in the roster allows them to place different players at different positions and hope for success in the field and at the plate. Corey Seager found himself on the injured list in June. Fortunately for the Dodgers, their above-mentioned depth helped Seager's absence feel like less of a loss.

The Dodgers bats seem to be coming around when it counts. "We'll take it game by game and continue to come after San Francisco. We'll be fine as long as we remain focused and stay in the battle during each series," said Mookie Betts.

Team leaders ending the month of June are Justin Turner leading the Dodgers with a .292 batting average, Chris Taylor with 55 runs, Max Muncy with 15 home runs, Justin Turner with 40 RBI's, Mookie Betts and Chris Taylor both with 7 stolen bases.

Clayton Kershaw leads the Dodgers with 10 wins, Julio Urias with 9 wins and both Trevor Brauer and Walker Buehler with 7 wins each. Kenley Jensen leads the league with 18 saves and a 1.47 ERA.

The schedule in July will match up the Dodgers with some east coast teams as the travel to the Washington Nationals and the Florida Marlins before coming home to face the Arizona Diamondbacks. Its already that time of the year for the All Star break which will take place on Tuesday, July 13 at Coors Field. Then they will play the final 13 games of July against the Colorado Rockies and the San Francisco Giants at home and away to end the month of July.



Cody Bellinger is glad to be back in the lineup after missing a total of four weeks on injured reserve this season. The Dodgers will be at the Washington Nationals on the fourth of July weekend.



Los Angeles Rams Defense was ranked number 1 in the league in 2020 and they will try to repeat the 2021 season using the same mentality and determination and swarming defense from 2020.

RAMS' CB DUO RANKED 3RD IN THE NFL HEADING INTO 2021 SEASON

No single player carried the Los Angeles Rams defense to its No. 1 ranking last season. It was a complete effort from every unit on that side of the ball, from the pass rush to the secondary.

However, the pass defense was especially good, led by Jalen Ramsey, Darius Williams, John Johnson, Jordan Fuller and Troy Hill. Hill and Johnson have since signed with the Browns, but Ramsey and Williams are still in L.A. as the best defenders in the secondary.

Bleacher Report's Maurice Moton ranked the five best cornerback tandems in the NFL heading into the 2021 season and at No. 3 were Ramsey and Williams.

At cornerback, the Rams have star quality in Ramsey and a budding talent paired with him on the boundary.

Last season, Darius Williams made the leap from a backup to a full-time starter. He recorded four interceptions and 14 pass breakups in a breakout campaign.

The only duos ahead of the Rams' tandem were Stephon Gilmore and J.C. Jackson of the Patriots (No. 2), and Marlon Humphrey and Marcus Peters of the Ravens. Rams fans know all about Peters and his game-changing plays, but he's not as consistent or reliable as Ramsey and Williams.

The Rams hope to keep Ramsey and Williams together for a long time, but at the moment, only Ramsey is signed beyond 2021. Williams is playing on the one-year restricted free-agent tender this season, so he'll need a long-term extension after the season.

LOS ANGELES SUPER BOWL HOST COMMITTEE UNVEILS 56 "UNSUNG HEROES" IN LEAD UP TO SUPER BOWL LVI

Los Angeles — In its journey to Super Bowl LVI, the Los Angeles Super Bowl Host Committee (LASBHC) today announced 56 community organizations selected as part of the official Super Bowl LVI Legacy Program — Champions Live Here. The "Champion" organizations will receive grants and marketing recognition to support their work that represent diverse focus areas including youth engagement, workforce development and social justice across the Los Angeles region.

The recipients will be recognized today at a spirited celebration at SoFi Stadium, which marks the first live media event as part of Super Bowl LVI and will feature special remarks by Host Committee Chairman Casey Wasserman, Los Angeles Rams Head Coach Sean McVay and Quarterback Matthew Stafford.

The Super Bowl LVI Legacy Program is a partnership between the Los Angeles Super Bowl Host Committee and the LA84 Foundation, the Play Equity Fund and the National Football League (NFL) Foundation and was launched to use the spotlight of Super Bowl LVI to showcase the achievements of local community organizations that often go unrecognized. The Legacy Program will award each of the selected "Champion" organizations with a \$10,000 grant, a professionally produced vignette-style video spotlighting their organization, and public recognition of their work in the lead-up to the Super Bowl. Additionally, six of these 56 organizations will be selected to each receive a total grant award of \$50,000, to make an even bigger impact in their community. The additional grant award will be announced later this year.

The Super Bowl LVI Legacy Program set out to identify 56 "Champions" from communities across the entire 4,753 square miles of Los Angeles County. The public nomination process asked Angelenos to nominate local "unsung hero" organizations — the changemakers, inspirational leaders and those who embody the diversity of our region. The 56 Champion organizations cover a broad spectrum of needs with nearly 50% of the selected organizations working specifically with young people and on youth development, and more than 25% working on health, mental health and overall wellness.

Los Angeles Rams contributed to the stories. Photos by Fred Zermeno. To contribute to the Sports page please call Fred at 213.219.1060.

Fred Zermeno's Classic photo of the month:

Kobe Bryant's and the Lakers 2000 post Championship celebration leads to fun at Staples Center as Kobe grabs Brian Shaw in a head lock, while Ron Harper and former Los Angeles Mayor Richard Riordan look on.



Join the city of Montebello's award-winning National Night Out program on Tuesday, August 3, 2021, from 6:00 pm - 9:00 pm. Due to recent COVID-19 guidelines, our celebration will look a lot different than in previous years.

National Night out is an annual community-building campaign that promotes police/community partnerships and neighborhood camaraderie to make neighborhoods safer, more caring places.

NNO is designed to decrease crime and strengthen neighborhood spirit and police/community partnerships.

Participation this year is entirely different than in past years. This year we are going to follow a more traditional NNO model. Neighborhoods nationwide participate each year and host pot lucks, ice cream socials, block party gatherings, and activities for the kids in their communities. However, this year, residents will join together with their neighbors, families, and friends at one of the below-listed city parks to host their neighborhood event. Residents should pick the park closest to their neighborhood.

- Parks:
- Potrero Heights Park
 - Grant Rea Park
 - Ashiya Park
 - Chet Holifield Park
 - Reggie Rodriguez Park

Bring your own chairs, food, and other refreshments. You might also decide to organize a potluck with your neighbors as well.

Police department representatives, specifically your district commanders, will be available at each park to participate in your neighborhood discussions and activities.

- Your participation in this event tells others that you:
- * Want to make your neighborhood safe
 - * Want to build a strong relationship with public safety officials and meet your district * commanders
 - * Want to promote a sense of community

It's a good night to get to know your neighbors!

For further information and questions, please contact Community Relations Sergeant Ray Camuy at 323-887-1274 or email him at jcamuy@cityofmontebello.com.



NIGHT OUT
2021
POLICE-COMMUNITY PARTNERSHIP

**Tuesday,
August 3rd.**
**AMERICA'S NIGHT
OUT AGAINST CRIME**

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- Want to make your neighborhood safe
- Want to build a strong relationship with public safety officials and meet your district commanders
- Want to promote a sense of community



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*Minimum of 10 people & reservations required.

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**Minimum of 100 people, deposit and advance reservations required

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- 1 Ride of your choice

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Pizza Bash

- 1 Game of Mini Golf
- 2 Pizza Slices (Pepperoni or Cheese)
- Small Soft Drink
- Ice Cream Cup
- 1 Kiddie Train or 10 Tokens

*Minimum of 10 people, deposit & advance reservations required.
*Plus pizza delivery charge.

\$14.00*

Golf Fun Pack

- 1 Game of Mini Golf
- 1 Small Soft Drink
- 1 Ice Cream Cup

*Minimum of 10 people & advance reservations required.

\$12.00*

3 Hours Unlimited

- 3 Hours Unlimited Use of All Rides and Miniature Golf
- 10 Arcade Tokens

*Minimum of 10 people & reservations required.

\$24.50*

PIZZA MEGA BLAST

- 2 Hours Unlimited Use of All Rides & Mini Golf
- 2 Pizza Slices (Pepperoni or Cheese)
- 12oz Soda & Ice Cream Cup
- 10 Arcade Tokens

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CITY OF MONTEBELLO AND RUN MONTEBELLO RUN HOST STRIDE FOR PRIDE - 5K WALK/RUN

By James Santana
Parks and Recreation Commissioner

On June 9, 2021, City Council unanimously proclaimed June as LGBTQ+ Pride Month in Montebello. A pride banner was raised at City Hall as a public reminder to embrace diversity and acceptance. The decision also inspired Run Montebello Run members & Co-Founder Councilwoman Angie Jimenez to host the club's second 5k raising awareness and funds for local organizations. "I'm beyond proud of our city and my fellow founding members Councilman Salvador Melendez, Jeff Jimenez, and James Santana for organizing and partaking in the first of its kind, historical inaugural event in our city," says the Councilwoman.

Nearly 500 attendees participated in the first annual Stride for Pride 5k Walk/Run and Community event held at Montebello Civic Center on June 27, 2021. At the starting line, Run Montebello Run and residents were joined by Montebello Mayor ProTem David Torres, Montebello Councilwoman Scarlet Peralta, Montebello City Treasurer Rafael Gutierrez, Assemblywoman Cristina Garcia and visitors from neighboring cities. The community event welcomed many groups such as The Human Rights Campaign - Los Angeles, Montebello-Pico Rivera Democrats, Puro Plants, FBI - Los Angeles, Montebello Lions Club, Montebello-Commerce YMCA, California Highway Patrol, and Congresswoman Linda Sanchez' office. Fred Zermeno represented Senator Bob Archuleta. Vendors provided a chance to interact with the community. Refreshments and food were provided by local business Cafe Santo, food truck NO RESERVATION LA, and Kona Ice. The Montebello Parks and Recreation Department contributed resources, staff, and beautiful rainbow pride decorations while DJ Arko Iris provided uplifting music for all guests. The Shops at Montebello provided 100 swag bags. Both Athens and Nationwide each donated \$1000 to the event.

The event raised \$4000 and proceeds will be donated to The Wall Las Memorias Project & Latino Equality Alliance, both support LGBTQ+ communities in the East Los Angeles area. Montebello business and club of nearly 20 years, Chico, was recognized by Assemblywomen Garcia and Montebello City Council for their work in the LGBTQ+ community.

As President Biden has proclaimed this June "Pride is a time to recall the trials the Lesbian, Gay, Bisexual, Transgender, and Queer community has endured and to rejoice in the triumphs of trailblazing individuals who have bravely fought and continue to fight - for full equality. Pride is both a jubilant communal celebration of visibility and a personal celebration of self-worth and dignity."

Run Montebello Run ensures and promotes building a stronger, better, equitable, highly inclusive Montebello. Join them every Tuesday night at 6:45pm in front of Montebello Civic Center. Thank you to all who participated whether in person or through online donations.



PHOTOS BY ERNEST PERALTA



PHOTOS BY ERNEST PERALTA
MONTEBELLO REPORTER

YMCA SHORTS

Immersive Swim Lesson Experience!

The YMCA began teaching kids to swim in America in 1885, and after closing over a year ago during the pandemic, the Y is teaching confidence and water safety again for basic water orientation for 6 month olds, to progressive lessons for ages three to adults.

However, since the return of swim lessons again in April, the Y has adapted to evolving COVID-19 protocols of “safe distance,” and YMCA instructors have taught from the pool deck with parents or an adult family member in the water with their children. While parents were initially reluctant to adapt to this necessary adjustment, everyone has gotten right into the swim of things and has enjoyed the more hands-on approach to helping teach their children under the direction of certified instructors.

Summer Session I began at the Y in June, and YMCA Summer II lessons start on July 26th. Whether or not the Y may still be teaching in this innovative manner or with instructors back in the pool in our Gabriel Family Aquatic Center with children, the Y is for youth development and for healthy living.

Get Moving! From Group Ex for Grown Ups, to Dance & Karate for Kids

Since reopening, the YMCA has been rolling out many of the programs and classes enjoyed by many in our community prior to the pandemic including ballet classes for children ages three to six and funk and jazz for ages seven to fifteen on Saturdays, to youth Kenpo karate on weekday evenings. The Y has also brought back indoor Group Exercise in the mornings and evenings, and water exercise classes in our heated pool in the mornings.

Stop by the Y at Beverly and 20th street to learn more or click on their website at: www.ymca-LA.org.

Pandemic Relief Services Continue at the Y!

Because the YMCA is more than swim and gym, while the Y facility was closed during the pandemic to group ex classes, swimming, and hitting the weights, the Y remained of service in other ways during the COVID-19 crisis proving numerous emergency relief services ranging from providing meals to the food insecure (nearly 400,000 meals in the past year!) and diapers & formula for babies to hosting blood drives, drive-through flu shots, mobile mammograms, free wi-fi, and much more.

Now that the YMCA facility is reopened again for exercise and swim classes, while continuing to host food distribution days Mondays & Thursday mornings, the Y also offers financial assistance for families in need to enroll for exercise classes, swim lessons, preschool care and more. The Y is here to support community, for youth development, for healthy living, and for social responsibility.

If you wish to help support the Y’s important mission, please contact Paul Parzik at the Y at 323.887.YMCA (9622). Be a part of the change you wish to see! Volunteer, donate, and get involved.





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