# Recommended PPE for primary, outpatient and community care by setting, NHS and independent sector

<table>
<thead>
<tr>
<th>Setting</th>
<th>Context</th>
<th>Disposable Gloves</th>
<th>Disposable Plastic Apron</th>
<th>Disposable fluid-resistant overall/gown</th>
<th>Surgical mask</th>
<th>Fluid-resistant (Type IIR) surgical mask</th>
<th>Filtering face piece respirator</th>
<th>Eye/face protection</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Any setting</strong></td>
<td></td>
<td>✓ single use¹</td>
<td></td>
<td>✓ single use¹</td>
<td></td>
<td></td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
</tr>
<tr>
<td><strong>Primary care, ambulatory care, and other non emergency outpatient and other clinical settings e.g. optometry, dental, maternity, mental health</strong></td>
<td>Performing an aerosol generating procedure² on a possible or confirmed case³</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td></td>
<td></td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
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<tr>
<td></td>
<td>Direct patient care – possible or confirmed case(s)³ (within 2 metres)</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td></td>
<td>✓ single or sessional use⁵</td>
<td>✓</td>
<td>✓ single or sessional use⁵</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Working in reception/communal area with possible or confirmed case(s)³ and unable to maintain 2 metres social distance⁶</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>✓ sessional use⁵</td>
<td></td>
</tr>
<tr>
<td><strong>Individuals own home (current place of residence)</strong></td>
<td>Direct care to any member of the household where any member of the household is a possible or confirmed case³⁷</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td></td>
<td>✓ single or sessional use⁵</td>
<td>✓ risk assess single or sessional use⁵</td>
<td>✓ risk assess single or sessional use⁵</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Direct care or visit to any individuals in the extremely vulnerable group or where a member of the household is within the extremely vulnerable group undergoing shielding⁷</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td></td>
<td>✓ single or sessional use⁵</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Home birth where any member of the household is a possible or confirmed case³⁷</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td>✓ single or sessional use⁵</td>
<td>✓</td>
<td>✓ single or sessional use⁵</td>
<td></td>
</tr>
<tr>
<td><strong>Community-care home, mental health inpatients and other overnight care facilities e.g. learning disability, hospices, prison healthcare</strong></td>
<td>Facility with possible or confirmed case(s)³ – and direct resident care (within 2 metres)</td>
<td>✓ single use¹</td>
<td>✓ single use¹</td>
<td></td>
<td>✓ single or sessional use⁵</td>
<td>✓</td>
<td>risk assess sessional use⁵</td>
<td></td>
</tr>
<tr>
<td><strong>Any setting</strong></td>
<td>Collection of nasopharyngeal swab(s)</td>
<td>✓ single use¹</td>
<td>✓ single or sessional use⁵</td>
<td></td>
<td></td>
<td></td>
<td>✓ single or sessional use⁵</td>
<td>✓ single or sessional use⁵</td>
</tr>
</tbody>
</table>

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1. This may be single or reusable face/eye protection/full face visor or goggles.
2. The full list of aerosol generating procedures (AGPs) is within the IPC guidance (note AGPs are undergoing a further review at present).
4. Single use refers to disposal of PPE or decontamination of reusable items e.g. eye protection or respirator after each patient and/or following completion of a procedure, task, or session; dispose or decontaminate reusable items after each patient contact as per Standard Infection Control Precautions (SICPs).
5. A single session refers to a period of time where a healthcare worker is undertaking duties in a specific care setting/exposure environment e.g. on a ward round; providing ongoing care for inpatients. A session ends when the healthcare worker leaves the care setting/exposure environment.
COVID-19 Safe ways of working

A visual guide to safe PPE

General contact with confirmed or suspected COVID-19 cases

- Eye protection to be worn on risk assessment
- Fluid resistant surgical mask
- Disposable apron
- Gloves

Aerosol Generating Procedures

- Eye protection eye shield, goggles or visor
- FFP3 or FFP2 respirator
- Long sleeved fluid repellent gown
- Gloves

Wash your hands before and after patient contact and after removing some or all of your PPE

Clean all the equipment that you are using according to local policies

Use the appropriate PPE for the situation you are working in (General / AGPs or High risk areas)

Take off your PPE safely

Take breaks and hydrate yourself regularly

For more information on infection prevention and control of COVID-19 please visit: