Our SARC services are still available during the COVID-19 pandemic.

If someone in your care discloses sexual violence or sexual abuse, please contact us for advice.

Mountain Healthcare provides Sexual Assault Referral Centre (SARC) for children and young people across the West Midlands. We are still operating during the COVID-19 pandemic, with all services being carried out in line with current guidance and with additional health and safety measures in place.

If a child or young person, over the age of 13, discloses their experience(s) of sexual violence or sexual abuse, but does not want police involvement, please get in touch with us directly. We will be able to arrange for initial screening and an assessment to be carried out remotely, with strategy meeting support, before arranging for the individual to attend one of our SARCs for an examination (if required). For children under the age of 13, a formal report will need to be made to the police.

Note: Whilst we always endeavour to maintain confidentiality for self-referrals (over the age of 13), we will still need to complete a safeguarding referral and liaise with appropriate agencies, as required.

Please contact 0808 196 2340 to speak to one of our Pathway and Support Service Co-ordinators, who will be able to arrange a telephone appointment for the individual with one of our specialist nurses (13+) or doctors (<13) in the region.