



Get your garden buzzing

- ◆ Plant flowers that are on the **RHS Plants for Pollinators** plant lists
- ◆ Grow **a range of plants** for year-round flowering
- ◆ **Avoid** plants with double or multi-petalled flowers
- ◆ **Never use pesticides** on plants in flower
- ◆ Provide nest sites for **solitary bees**

Subspecies and cultivars of plants listed here are also **Plants for Pollinators**, but those that provide significantly reduced floral resources (i.e. pollen and nectar) are excluded. This includes most doubles. See p.2 for **key to codes**.

Winter

Nov – Feb

<i>Clematis cirrhosa</i> Spanish traveller's joy	C
<i>Crocus species</i> crocus (winter-flowering)	B
<i>Eranthis hyemalis</i> winter aconite	B
× <i>Fatsyhedera lizei</i> tree ivy	S
<i>Galanthus nivalis</i> common snowdrop	B
<i>Helleborus species and hybrids</i> hellebore (winter-flowering)	H
<i>Lonicera × purpusii</i> Purpus honeysuckle	S
<i>Mahonia species</i> Oregon grape	S
<i>Salix aegyptiaca</i> musk willow	S
<i>Sarcococca confusa</i> sweet box	S

Photo: RHS / Carol Sheppard (bumblebee on *Salvia farinacea* 'Victoria').



<i>Sarcococca hookeriana</i> sweet box	S
<i>Viburnum tinus</i> laurustinus	S

Spring

Mar – May

<i>Acer campestre</i> Native plant; field maple	S or T
<i>Acer platanoides</i> Norway maple	T
<i>Acer pseudoplatanus</i> sycamore	T
<i>Acer saccharum</i> sugar maple	T
<i>Aesculus hippocastanum</i> horse chestnut	T
<i>Ajuga reptans</i> Native plant; bugle	H
<i>Arabis alpina</i> subsp. <i>caucasica</i> alpine rock cress	H
<i>Armeria juniperifolia</i> juniper-leaved thrift	H
<i>Aubrieta species</i> aubretia	H
<i>Aurinia saxatilis</i> gold dust	H
<i>Berberis darwinii</i> Darwin's barberry	S
<i>Berberis thunbergii</i> Japanese barberry	S
<i>Bergenia species</i> elephant ear	H
<i>Buxus sempervirens</i> Native plant; common box	S
<i>Caltha palustris</i> Native plant; marsh marigold	H
<i>Ceanothus species</i> California lilac	S
<i>Cercis siliquastrum</i> Judas tree	T
<i>Chaenomeles species</i> Japanese quince	S
<i>Cornus mas</i> Cornelian cherry	S
<i>Cotoneaster conspicuus</i> Tibetan cotoneaster	S
<i>Crataegus monogyna</i> Native plant; common hawthorn	S or T
<i>Crocus species</i> crocus (spring-flowering)	B
<i>Doronicum × excelsum</i> leopard's bane	H
<i>Enkianthus campanulatus</i> redvein enkianthus	S
<i>Erica carnea</i> alpine heath	S
<i>Erica × darleyensis</i> Darley Dale heath	S
<i>Erysimum species</i> wallflower	Bi or H
<i>Euphorbia amygdaloides</i> Native plant; wood spurge	H
<i>Euphorbia characias</i> Mediterranean spurge	H
<i>Euphorbia cyparissias</i> cypress spurge	H
<i>Euphorbia epithymoides</i> cushion spurge	H
<i>Euphorbia × martini</i> Martin's spurge	S
<i>Euphorbia nicaeensis</i> Nice spurge	H
<i>Geranium species</i> cranesbill	H
<i>Geum rivale</i> Native plant; water avens	H
<i>Hebe species</i> hebe	S
<i>Helleborus species & hybrids</i> hellebore (spring-flowering)	H

<i>Iberis saxatilis</i> alpine candytuft	H
<i>Iberis sempervirens</i> perennial candytuft	H
<i>Ilex aquifolium</i> Native plant; common holly	T
<i>Lamium maculatum</i> spotted dead nettle	H
<i>Lunaria annua</i> honesty	Bi
<i>Mahonia species</i> Oregon grape (spring-flowering)	S
<i>Malus baccata</i> Siberian crab	T
<i>Malus domestica</i> edible apple	T
<i>Malus floribunda</i> Japanese crab	T
<i>Malus hupehensis</i> Hupeh crab	T
<i>Malus sargentii</i> Sargent's crab apple	T
<i>Mespilus germanica</i> common medlar	T
<i>Muscari armeniacum</i> Armenian grape hyacinth	B
<i>Nectaroscordum species</i> honey garlic	B
<i>Ornithogalum umbellatum</i> common star of Bethlehem	B
<i>Pieris formosa</i> lily-of-the-valley bush	S
<i>Pieris japonica</i> lily-of-the-valley bush	S
<i>Primula veris</i> common cowslip	H
<i>Primula vulgaris</i> Native plant; primrose	H
<i>Prunus avium</i> Native plant; wild & edible cherries	T
<i>Prunus domestica</i> wild & edible plums	T
<i>Prunus dulcis</i> almond	T
<i>Prunus incisa</i> 'Kojo-no-mai' cherry 'Kojo-no-mai'	S
<i>Prunus insititia</i> damson	T
<i>Prunus laurocerasus</i> cherry laurel	S
<i>Prunus mume</i> Japanese apricot	T
<i>Prunus padus</i> Native plant; bird cherry	T
<i>Prunus pendula</i> f. <i>ascendens</i> 'Rosea' flowering cherry	T
<i>Prunus persica</i> peach	T
<i>Prunus spinosa</i> Native plant; blackthorn	S
<i>Prunus tenella</i> dwarf Russian almond	S
<i>Prunus × yedoensis</i> flowering cherry	T
<i>Pulmonaria species</i> lungwort	H
<i>Pyrus communis</i> pear	T
<i>Ribes nigrum</i> blackcurrant	S
<i>Ribes rubrum</i> Native plant; common redcurrant	S
<i>Ribes sanguineum</i> flowering currant	S
<i>Salix caprea</i> Native plant; goat willow (male form only)	S or T
<i>Salix hastata</i> 'Wehrhahnii' halberd willow 'Wehrhahnii'	S
<i>Salix lanata</i> Native plant; woolly willow (male form only)	S
<i>Skimmia japonica</i> skimmia	S
<i>Smyrniolum olusatrum</i> Native plant; alexanders †	Bi
<i>Stachyurus chinensis</i> stachyurus	S
<i>Stachyurus praecox</i> stachyurus	S
<i>Vaccinium corymbosum</i> blueberry	S

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Summer

June – Aug

<i>Achillea</i> species	yarrow	H
<i>Actaea japonica</i>	baneberry	H
<i>Aesculus indica</i>	Indian horse chestnut (resistant to leaf-mining moth)	T
<i>Aesculus parviflora</i>	bottlebrush buckeye	S
<i>Agastache</i> species	giant hyssop	H
<i>Ageratum houstonianum</i>	flossflower	A
<i>Alcea rosea</i>	hollyhock	Bi
<i>Allium</i> species	ornamental and edibles (when allowed to flower)	B
<i>Alstroemeria</i> species	Peruvian lily	B
<i>Amberboa moschata</i>	sweet sultan	A
<i>Amsonia tabernaemontana</i>	eastern bluestar	H
<i>Anchusa azurea</i>	large blue alkanet	A
<i>Anchusa capensis</i>	Cape alkanet	A
<i>Angelica archangelica</i>	angelica	Bi
<i>Angelica gigas</i>	purple angelica	Bi
<i>Angelica sylvestris</i>	Native plant; wild angelica	Bi
<i>Anthemis tinctoria</i>	dyer's chamomile	H
<i>Antirrhinum majus</i>	snapdragon	A or H
<i>Aquilegia</i> species	columbine	H
<i>Arabis allionii</i>	Siberian wallflower	H
<i>Argemone platyceras</i>	crested poppy	A or H
<i>Armeria maritima</i>	Native plant; thrift	H
<i>Aruncus dioicus</i>	goat's beard (male form only)	H
<i>Asparagus officinalis</i>	common asparagus	H
<i>Astrantia major</i>	greater masterwort	H
<i>Borago officinalis</i>	borage	A
<i>Brachyglottis</i> (Dunedin Group) 'Sunshine'	brachyglottis 'Sunshine'	S
<i>Brachyglottis monroi</i>	Monro's ragwort	S
<i>Buddleja davidii</i>	butterfly bush	S
<i>Buddleja globosa</i>	orange ball tree	S
<i>Buphthalmum salicifolium</i>	yellow ox-eye	H
<i>Bupleurum fruticosum</i>	shrubby hare's ear	S
<i>Calamintha nepeta</i>	Native plant; lesser calamint	H
<i>Calendula officinalis</i>	common marigold	A
<i>Callicarpa bodinieri</i> var. <i>giraldii</i>	beautyberry	S
<i>Callistephus chinensis</i>	China aster	A
<i>Calluna vulgaris</i>	Native plant; heather	S
<i>Campanula carpatica</i>	tussock bellflower	H
<i>Campanula glomerata</i>	Native plant; clustered bellflower	H



Photo: RHS / Helen Bostock (six-spot burnet moth on *Verbena bonariensis*).

<i>Campanula lactiflora</i>	milky bellflower	H
<i>Campanula latifolia</i>	Native plant; giant bellflower	H
<i>Campanula medium</i>	Canterbury bells	Bi
<i>Campanula persicifolia</i>	peach-leaved bellflower	H
<i>Campsis radicans</i>	trumpet honeysuckle	C
<i>Caryopteris</i> × <i>clandonensis</i>	caryopteris	S
<i>Catalpa bignonioides</i>	Indian bean tree	T
<i>Catananche caerulea</i>	blue cupidone	H
<i>Centaurea atropurpurea</i>	purple knapweed	H
<i>Centaurea cyanus</i>	cornflower †	A
<i>Centaurea dealbata</i>	mealy centauray	H
<i>Centaurea macrocephala</i>	giant knapweed	H
<i>Centaurea montana</i>	perennial cornflower	H
<i>Centaurea nigra</i>	Native plant; common knapweed	H
<i>Centaurea scabiosa</i>	Native plant; greater knapweed	H
<i>Centranthus ruber</i>	red valerian	H
<i>Centratherum punctatum</i>	Manaos beauty	A
<i>Cerintho major</i> 'Purpurascens'	honeywort 'Purpurascens'	A
<i>Cirsium rivulare</i> 'Atropurpureum'	purple plume thistle	H
<i>Clarkia unguiculata</i>	butterfly flower	A
<i>Clematis vitalba</i>	Native plant; old man's beard, travellers' joy	C
<i>Cleome hassleriana</i>	spider flower	A
<i>Consolida ajacis</i>	giant larkspur	A
<i>Convolvulus tricolor</i>	dwarf morning glory	C/A
<i>Coreopsis</i> species	tickseed	H or A

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<i>Cornus alba</i> red-barked dogwood	S	<i>Geranium species</i> cranesbill (summer-flowering)	H
<i>Cosmos bipinnatus</i> cosmea	A	<i>Geum species</i> avens (summer-flowering)	H
<i>Cosmos sulphureus</i> yellow cosmos	A	<i>Gilia capitata</i> blue thimble flower	A
<i>Crambe cordifolia</i> greater sea kale	H	<i>Glandularia × hybrida</i> garden verbena	A
<i>Crataegus monogyna</i> Native plant; common hawthorn	S or T	<i>Glebionis segetum</i> Native plant; corn marigold †	A
<i>Cucurbita pepo</i> marrow, courgette	A	<i>Gypsophila elegans</i> annual baby's breath	A
<i>Cuphea ignea</i> cigar flower	A	<i>Hebe species</i> hebe	S
<i>Cynara cardunculus</i> including Scolymus Group globe artichoke and cardoon	H	<i>Helenium species</i> Helen's flower	H
<i>Cynoglossum amabile</i> Chinese forget-me-not	H	<i>Helianthus annuus</i> common sunflower (avoid pollen-free cultivars)	A
<i>Dahlia species</i> dahlia	H	<i>Helianthus debilis</i> cucumberleaf sunflower	A
<i>Delosperma floribundum</i> ice plant	H	<i>Heliopsis helianthoides</i> smooth ox-eye	H
<i>Delphinium elatum</i> candle larkspur	H	<i>Heliotropium arborescens</i> common heliotrope	A
<i>Dianthus barbatus</i> sweet william	Bi	<i>Heracleum sphondylium</i> Native plant; hogweed	Bi
<i>Dictamnus albus</i> dittany	H	<i>Hesperis matronalis</i> dame's violet	H
<i>Digitalis species</i> foxglove	Bi	<i>Hydrangea anomala subsp. petiolaris</i> climbing hydrangea	C
<i>Dipsacus fullonum</i> Native plant; common teasel	Bi	<i>Hydrangea paniculata</i> paniculate hydrangea (cultivars with many fertile flowers e.g. 'Kyushu', 'Big Ben', 'Floribunda', 'Brussels Lace')	S
<i>Echinacea purpurea</i> purple coneflower	H	<i>Hydrotelephium spectabile & hybrids</i> ice plant	H
<i>Echinops species</i> globe thistle	H	<i>Hydrotelephium telephium</i> Native plant; orpine	H
<i>Echium vulgare</i> Native plant; viper's bugloss	A	<i>Hyssopus officinalis</i> hyssop	S
<i>Elaeagnus angustifolia</i> oleaster	S	<i>Iberis amara</i> Native plant; wild candytuft	A
<i>Erica cinerea</i> Native plant; bell heather	S	<i>Ilex aquifolium</i> Native plant; common holly	T
<i>Erica erigena</i> Irish heath	S	<i>Inula species</i> harvest daisy	H
<i>Erica vagans</i> Native plant; Cornish heath	S	<i>Jasminum officinale</i> common jasmine	C
<i>Erigeron species</i> fleabane	H	<i>Kalmia latifolia</i> mountain laurel	S
<i>Eriophyllum lanatum</i> golden yarrow	H	<i>Knautia arvensis</i> Native plant; field scabious	H
<i>Eryngium alpinum</i> alpine eryngo	H	<i>Knautia macedonica</i> Macedonian scabious	H
<i>Eryngium giganteum</i> Miss Willmott's ghost	Bi	<i>Koelreuteria paniculata</i> pride of India	T
<i>Eryngium planum</i> blue eryngo	H	<i>Lathyrus latifolius</i> broad-leaved everlasting pea	H
<i>Eryngium × tripartitum</i> eryngo	H	<i>Laurus nobilis</i> bay tree	S
<i>Erysimum species</i> wallflower	H or S	<i>Lavandula angustifolia</i> English lavender	S
<i>Escallonia species</i> escallonia	S	<i>Lavandula × intermedia</i> lavandin	S
<i>Eschscholzia californica</i> California poppy	A	<i>Lavandula stoechas</i> French lavender	S
<i>Eupatorium cannabinum</i> Native plant; hemp agrimony	H	<i>Lavatera olbia</i> tree lavatera	S
<i>Eupatorium maculatum</i> Joe Pye weed	H	<i>Lavatera trimestris</i> annual lavatera	A
<i>Euphorbia cornigera</i> horned spurge	H	<i>Leucanthemum × superbum</i> Shasta daisy	H
<i>Euphorbia donii</i> spurge	H	<i>Leucanthemum vulgare</i> Native plant; ox-eye daisy	H
<i>Euphorbia sarawschanica</i> Zeravshan spurge	H	<i>Liatris spicata</i> button snakeroot	H
<i>Ferula communis</i> giant fennel	H	<i>Ligustrum ovalifolium</i> garden privet	S
<i>Foeniculum vulgare</i> Native plant; common fennel †	H	<i>Ligustrum sinense</i> Chinese privet	S
<i>Fragaria × ananassa</i> garden strawberry	H	<i>Limnanthes douglasii</i> poached egg flower	A
<i>Fuchsia species</i> fuchsia – hardy types	S	<i>Limonium platyphyllum</i> broad-leaved statice	H
<i>Gaillardia × grandiflora</i> blanket flower	H	<i>Linaria maroccana</i> annual toadflax	A
<i>Gaura lindheimeri</i> white gaura	H	<i>Linaria purpurea</i> purple toadflax	H

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<i>Lobularia maritima</i> sweet alyssum	A
<i>Lonicera periclymenum</i> Native plant; common honeysuckle	C
<i>Lychnis coronaria</i> rose campion	Bi or H
<i>Lychnis flos-cuculi</i> Native plant; ragged robin	H
<i>Lysimachia vulgaris</i> Native plant; yellow loosestrife	H
<i>Lythrum salicaria</i> Native plant; purple loosestrife	H
<i>Lythrum virgatum</i> wand loosestrife	H
<i>Malope trifida</i> large-flowered mallow wort	A
<i>Malva moschata</i> Native plant; musk mallow	H
<i>Matthiola incana</i> hoary stock	Bi
<i>Mentha aquatica</i> Native plant; water mint	H
<i>Mentha spicata</i> spearmint	H
<i>Monarda didyma</i> bergamot	H
<i>Myosotis species</i> forget-me-not	Bi
<i>Nemophila menziesii</i> baby blue eyes	A
<i>Nepeta species</i> catmint	H
<i>Nicotiana alata</i> flowering tobacco	A
<i>Nicotiana langsdorffii</i> Langsdorff's tobacco	A
<i>Nicotiana sylvestris</i> flowering tobacco	Bi
<i>Nigella damascena</i> love-in-a-mist	A
<i>Nigella hispanica</i> Spanish fennel flower	A
<i>Oenothera species</i> evening primrose	Bi
<i>Olearia species</i> daisy bush	S
<i>Onopordum acanthium</i> cotton thistle	Bi
<i>Origanum 'Rosenkuppel'</i> marjoram 'Rosenkuppel'	H
<i>Origanum vulgare</i> Native plant; oregano, wild marjoram	H
<i>Paeonia species</i> peony	H
<i>Papaver orientale</i> oriental poppy	H
<i>Papaver rhoeas</i> Native plant; common poppy †	A
<i>Parthenocissus tricuspidata</i> Boston ivy	C
<i>Penstemon species</i> beard-tongue	H
<i>Perovskia atriplicifolia</i> Russian sage	S
<i>Persicaria amplexicaulis</i> red bistort	H
<i>Persicaria bistorta</i> Native plant; common bistort	H
<i>Phacelia campanularia</i> Californian bluebell	A
<i>Phacelia tanacetifolia</i> fiddleneck	A
<i>Phaseolus coccineus</i> scarlet runner bean	A
<i>Phlomis species</i> sage	S
<i>Phlox paniculata</i> perennial phlox	H
<i>Photinia davidiana</i> stranvaesia	S
<i>Phuopsis stylosa</i> Caucasian crosswort	H
<i>Pileostegia viburnoides</i> climbing hydrangea	C
<i>Polemonium caeruleum</i> Native plant; Jacob's ladder	H
<i>Potentilla species</i> cinquefoil	H or S
<i>Prostanthera cuneata</i> alpine mint bush	S



Photo: RHS / Carol Sheppard (hoverfly on field scabious, *Knautia arvensis*).

<i>Ptelea trifoliata</i> hop tree	S
<i>Pyracantha species</i> firethorn	S
<i>Reseda odorata</i> garden mignonette	A
<i>Ridolfia segetum</i> false fennel	A
<i>Robinia pseudoacacia</i> false acacia	T
<i>Rosa species</i> rose	S
<i>Rosmarinus officinalis</i> rosemary	S
<i>Rubus fruticosus</i> agg. Native plant; blackberry	S
<i>Rubus idaeus</i> Native plant; common raspberry	S
<i>Rudbeckia species</i> coneflower	H or A
<i>Salvia species</i> sage	A or H
<i>Sanvitalia procumbens</i> creeping zinnia	A
<i>Scabiosa atropurpurea</i> sweet scabious	A
<i>Scabiosa caucasica</i> garden scabious	H
<i>Scabiosa columbaria</i> Native plant; small scabious	H
<i>Sidalcea malviflora</i> checkerbloom	H

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<i>Solidago species</i> goldenrod	H
<i>Sorbus aria</i> Native plant; common whitebeam	T
<i>Sorbus aucuparia</i> Native plant; mountain ash, rowan	T
<i>Spiraea japonica</i> Japanese spiraea	S
<i>Stachys byzantina</i> lamb's ear	H
<i>Stachys macrantha</i> big sage	H
<i>Stokesia laevis</i> Stokes' aster	H
<i>Symphoricarpos albus</i> snowberry	S
<i>Tagetes patula</i> French marigold	A
<i>Tamarix ramosissima</i> tamarisk	S
<i>Tanacetum coccineum</i> pyrethrum	H
<i>Tanacetum vulgare</i> Native plant; tansy †	H
<i>Telekia speciosa</i> yellow ox-eye	H
<i>Tetradium daniellii</i> bee-bee tree	T
<i>Teucrium chamaedrys</i> Native plant; wall germander	H
<i>Thymus species</i> thyme	S
<i>Tilia × europaea</i> common lime	T
<i>Tilia maximowicziana</i> lime	T
<i>Tilia oliveri</i> lime	T
<i>Tilia platyphyllos</i> Native plant; broad-leaved lime	T
<i>Tithonia rotundifolia</i> Mexican sunflower	A
<i>Trachymene coerulea</i> blue lace flower	A
<i>Trollius species</i> globeflower	H
<i>Tropaeolum majus</i> garden nasturtium	A
<i>Verbascum species</i> mullein	Bi
<i>Verbena bonariensis</i> purple top	H
<i>Verbena rigida</i> slender vervain	A
<i>Veronica longifolia</i> garden speedwell	H
<i>Veronica spicata</i> speedwell	H
<i>Veronicastrum virginicum</i> Culver's root	H
<i>Viburnum lantana</i> Native plant; common wayfaring tree	S
<i>Viburnum opulus</i> Native plant; guelder rose	S
<i>Vicia faba</i> broad bean	A

<i>Weigela florida</i> weigelia	S
<i>Zauschneria californica</i> Californian fuchsia	S
<i>Zinnia elegans</i> youth and old age	A

Autumn

Sept – Oct

<i>Aconitum carmichaelii</i> Carmichael's monk's hood	H
<i>Actaea simplex</i> simple-stemmed bugbane	H
<i>Anemone hupehensis</i> Chinese anemone	H
<i>Anemone × hybrida</i> Japanese anemone	H
<i>Arbutus unedo</i> strawberry tree	S or T
<i>Campanula poscharskyana</i> trailing bellflower	H
<i>Cerastigma plumbaginoides</i> hardy blue-flowered leadwort	H
<i>Chrysanthemum species & hybrids</i> chrysanthemum	H
<i>Clematis heracleifolia</i> tube clematis	C
<i>Colchicum species</i> autumn crocus	B
<i>Crocus species</i> crocus (autumn-flowering types)	B
<i>Dahlia species & hybrids</i> dahlia	H
<i>Elaeagnus pungens</i> silverthorn	S
<i>Elaeagnus × submacrophylla</i> Ebbinge's silverberry	S
<i>Fatsia japonica</i> Japanese aralia	S
<i>Hedera colchica</i> Persian ivy	C
<i>Hedera helix</i> Native plant; common ivy	C
<i>Helianthus × laetiflorus</i> perennial sunflower	H
<i>Leucanthemella serotina</i> autumn ox-eye	H
<i>Machaeranthera tanacetifolia</i> tansy-leaf aster	A
<i>Salvia species</i> sage (autumn-flowering types)	H
<i>Symphotrichum species and hybrids</i> Michaelmas daisy	H
<i>Tilia henryana</i> Henry's lime (one of the last to flower)	T

Natural England states: You can legally collect small quantities of wildflower seed for your own use, but you must get permission from the land's owner, tenant or other authority, as necessary. Although seed-collecting is allowed, you should not dig up native plants – many rare species are protected by law. You can collect seed of even rare plants, but cannot sell / trade seed or progeny.

Key to codes: T tree S shrub C climber B bulb / corm A annual Bi biennial H herbaceous perennial

† denotes an archaeophyte (a naturalised plant introduced before 1500)