Everyone is welcome to attend!!

Social Distancing and Remaining Community

Life has changed. Worry, fear and stress is all around. As we are told to distant ourselves from other people, how do we remain positive and connected to our community. We will explore this topic and look at coping skills and discover how to let yourself be changed. Together we are better!

Come together virtually online or by phone. It is going to be a healing meeting. Please join us at any of these meetings

www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers Collin County 1-800-577-3795 x 803