Everyone is welcome to attend!!

Trauma Makes Us Stronger

According to a song, “what doesn’t kill you, makes you stronger”. Is this true? Can you grow from something which left a significant mark on you? Are those scars there for good, or can they go away? Come and learn the importance of trauma. Discover how those marked events can make us survivors and stronger people. A truly impactful meeting!

RSVP online www.ProsumersInternational.org

A consumer led, consumer developed program that has you focus on wellness and recovery.

Questions? Call Prosumers San Antonio at 1-800-577-3795 x 804 or email ProsumersSanAntonio@ProsumersInternational.org