

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
<p>7.45 h Early Bird Yoga (60 Min.)</p> <p>9.00 h Yoga am Morgen (60 Min.)</p>	<p>LIVE STREAM</p> <p>9.00 h Yoga für Fortgeschrittene (60 Min.)</p> <p>16.30 h Yoga Fit (75 Min.)</p> <p>18.00 h Rücken Yoga (75 Min.)</p> <p>19.30 h Pilates (60 Min.)</p>	<p>LIVE STREAM</p> <p>9.00 h Yoga Deep Stretch (60 Min.)</p> <p>17.00 h Functional Training Outdoor (60 Min.)</p> <p>18.00 h Outdoor Yoga (60 Min.)</p>	<p>LIVE STREAM</p> <p>9.00 h BBP Workout (45 Min.)</p> <p>18.15 h Yoga Ü50+ (75 Min.)</p> <p>19.45 h Yoga Fit (75 Min.)</p>	<p>9.00 h Rückenfitness (45 Min.)</p> <p>10.00 h Yoga am Morgen (60 Min.)</p> <p>18.00 h Functional Training Outdoor (60 Min.)</p> <p>19.15 h Yoga Relax (60 Min.)</p>

