About Myself

This is to let you know something about me and, hopefully, to help put you at ease when I take a ceremony for you.

I am a Londoner by upbringing and now live in Dagenham. I have taken funeral ceremonies for more than twenty five years. Each one is bespoke, uniquely designed to honour your wishes, be they traditional or modern in outlook. My work takes me across East London, Essex and beyond.

My aim is to offer you the freedom to both celebrate the life of your loved one and say goodbye.

At the planning I ask

- •Where was the deceased born
- •Who are the other family members
- •Where did the family live
- Places of work
- •Groups belonged to
- Interests
- •Favourite memories
- Musical tastes
- Sayings, stories
- How will they be remembered

Your wishes and choice of ceremony

I have extensive resources for both readings and verse that may give expression to your feelings at this time.

There are readings & resources on the web site www.phoenix-celebrant.co.uk

TRIBUTES

I will support family members in giving personal words and tributes

ORDERS OF SERVICE

I am very happy to offer advice
with this or to make arrangements
for these to be printed

Bereavement

I understand and respect that we each experience grief in a unique way.

For some there will be shock, anxiety, anger, guilt, disbelief, depression or apathy; others feel relief that their loved one is at peace and rest.

My work continues in offering professional bereavement support following the funeral. I co-ordinate a counselling service giving help with bereavement, grief and loss. Please do not hesitate to contact me for details by telephoning **020 8984 9887** There are extensive resources to be found on the web site:-

www.phoenix-counselling.co.uk