

My Bill of Rights

I have the right to be me

I have the right to put myself first

I have the right to be safe

I have the right to love and be loved

I have the right to be treated with respect

I have the right to be human – not perfect

I have the right to be angry and protest if I am treated unfairly or abusively by anyone

I have the right to my own privacy

I have the right to my own opinions, to express them and be taken seriously

I have the right to control my own money

I have the right to ask questions about anything that affects my life

I have the right to make decisions that affect me

I have the right to grow and change (and that includes changing my mind)

I have the right to say NO

I have the right to make mistakes

I have the right not to be liked by everyone

I have the right to control my own life and change it if I am not happy with it as it is

