



micro
SESSIONS



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Micro-sessions are delivered virtually to customers who have specific training needs in the topics described below. The sessions are interactive and can last from 1 to 3 hours maximum. These sessions can be organized at a week's notice for 1 to maximum 12 individuals.

The instructor uses slides, video clips and break-out workshops. Below are the descriptions of the topics for which courseware is currently available. Other topics can be prepared and delivered as per your requirements.



1-3 hours



Interactive



1-12 participants

Communications in Conference Calls



OBJECTIVE:

How to manage effectively communications in dispersed teams

> Effective Communications in Conference Calls

- A Differences between Face to Face and Distance Communications
- B How to run effective virtual meetings?
- C How to prepare for running virtual meetings?
- D What steps you should take to prepare for your next virtual meeting

> Summary of key learnings and how the participants intend to use the learnings



Running Good Meetings



OBJECTIVE:

Learn how to run good meetings

> Running Good meetings

- A Guidelines for running good meetings
- B Types of meetings
- C Organizing the meeting
- D Defining roles
- E Running the meeting
- F Creating the Decision/Action Log
- G Following up the meeting

> Summary of key learnings and how the participants intend to use the learnings



Resolving Conflict



OBJECTIVE:

Learn how to handle and resolve conflict

> Resolving Conflict

- A What is conflict and how it arises?
- B What type of conflict is good for the organization?
- C How to minimize unhealthy conflict?
- D Identifying the nature of the conflict
- E Conflict resolution steps and identifying the solution
- F Implement the solution and checking its effectiveness

> Summary of key learnings and how the participants intend to use the learnings



Effective email communications



OBJECTIVE:

Learn how to manage effectively email communications

> Email Communications

- A Principles of good communications
- B Email etiquette
- C Tips on writing emails
- D Pitfalls to avoid

> Summary of key learnings and how the participants intend to use the learnings



International Communications



OBJECTIVE:

Learn how to communicate in an international environment considering cultural diversity

> International communications

- A What is the difference when communicating internationally versus nationally?
- B How does language and culture affect
- C How to conduct effective international communications?
- D Assessing the effectiveness of your

> Summary of key learnings and how the participants intend to use the learnings



How to give feedback



OBJECTIVE:

Learn how to give effective feedback to colleagues

> Resolving Conflict

- A What is feedback?
- B Purpose of giving feedback
- C Techniques for giving feedback
- D When to give feedback?
- E Following up on the feedback

> Summary of key learnings and how the participants intend to use the learnings



How to have difficult conversations



OBJECTIVE:

Learn how to transmit unpopular messages in a diplomatic way and provide participants with an opportunity to discuss their real-life cases

> Email Communications

- F Increase your confidence to hold difficult conversations
- G See the importance of planning and gathering critical information
- H Receive a 'road-map' to guide preparation for your conversation
- I Develop your listening and empathy and set the right tone
- J Discover the importance of adapting your style to improve the chances of a positive outcome
- K Learn the importance of keeping in mind the desired outcomes

> Summary of key learnings and how the participants intend to use the learnings



Engaging Diversity



OBJECTIVE:

Raise awareness on a range of diversity issues and how these impact behaviors of affected personnel

> Engaging Diversity

- A What is diversity?
- B Facts about diversity
- C How diversity affects performance
- D Learn how to engage people affected by diversity to enhance performance and team spirit

> Summary of key learnings and how the participants intend to use the learnings



Key steps in project planning



OBJECTIVE:

Learn on best practices in project planning

> Key Planning Steps

- A How to start the planning process
- B What needs to be done before starting to develop the plan
- C Developing the Scope Statement
- D Developing the work plan
- E Planning to engage the stakeholders



> Summary of key learnings and how the participants intend to use the learnings

How to make a good Work Breakdown Structure

**This sessions assumes introductory project management knowledge*



OBJECTIVE:

Learn how to make quality Work Breakdown Structures when defining the project scope

> Work Breakdown Structure

- A What is WBS and why it is used?
- B What needs to be in place before WBS is developed?
- C How to develop a good WBS – approaches, rules
- D How and when do we update the WBS

> Summary of key learnings and how the participants intend to use the learnings



How to control your project



OBJECTIVE:

Learn how to control your project

> Project Control

- A Prerequisites for project control
- B What to control? communications?
- C Project Control using milestones, work done versus work planned
- D Roles and responsibilities in project control
- E Reporting progress
- F What to do when the project deviates from plan

> Summary of key learnings and how the participants intend to use the learnings

**This sessions assumes introductory project management knowledge*



Risk Management



OBJECTIVE:

Learn what is risk and how to identify, analyze, respond and control risks in your projects



> Project Risk Management

- A What is risk and risk management?
- B Risk Management Plan and why it is needed?
- C Identifying, analyzing and responding to risk.
- D When to give feedback?
- E The risk register

> Summary of key learnings and how the participants intend to use the learnings

Project Kick-Off Meetings



OBJECTIVE:

Learn why you need to run a project kick-off meeting and how to run it effectively



> Project Kick Off Meetings

- A What is a kick-off meeting?
- B When to have kick-off meetings?
- C Who should be present at the various kick-off meetings?
- D What is communicated at these meetings?
- E Roles and responsibilities in kick-off meetings
- F Following up on kick-off meetings

> Summary of key learnings and how the participants intend to use the learnings

Introduction to Agile Project Management



OBJECTIVE:

Learn about Agile approach to Project Management and how it differs to classical approaches



> Engaging Diversity

- G What is agile project management
- H How are agile teams organized
- I How does agile deliver value to the customer
- J What are the most common agile methods?
- K Should you use agile in your projects?

> Summary of key learnings and how the participants intend to use the learnings



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