INFINITY CHEER CHEERLEADING PROGRAM

Infinity Cheer

For Students Ages 4-5, 1st Grade and Older 2022-2023 School-Year Program

WHAT WILL MY CHILD LEARN IN AN INFINITY CHEER CLASS?

Cheer students will learn the jumps, motions, and tumbling, required by competitive cheerleading squads. Classes will consist of basic stunting and partnering. Classes start with a 10-minute warm-up and move into a 20-minute tumbling circuit with basics skills and drills for higher level tumbling skills such as back handsprings and back flips. There are 10 minutes of jumps and motion and 10 minutes of basic partner stunting. (Structure may vary week to week.) The last 5 minutes is used for conditioning and flexibility. These classes are perfect for the aspiring competitive, Jr. High, or High School cheerleader. Don't be caught next Try-Out Season without the skills you need! Sign-up for an Infinity Cheer class and get a head start on the skills you need to reach your goals!

INFINITY PRE-TEAM CHEER CLASS

All students are eligible to join our pre-team cheer squad! The Infinity Cheer Pre-Team are required to purchase white tennis shoes and the Infinity Cheer Class uniform and bow provided by the Infinity Cheer program. Participants may also be invited at any time by one of our Cheer Coaches, Director, or attend tryouts in April.

INFINITY CHEER COMPETITIVE CHEER SQUAD

All Infinity Cheer students are eligible to join our competitive cheer squads, the Infinity Cheer Diamonds & Sapphires! Students must be enrolled in the Infinity Cheer classes for at least the Fall/Winter or Winter/Spring semester to be considered for the squad. Participants may also be invited at any time by one of our Cheer Coaches, Director, or attend tryouts in May.

<u>Infinity Cheer Class Schedule</u> 2022-2023 School-Year Program

3:45-4:45 Beg/Level 1 Cheer	3:45-4:45 *Int/Level 2 Cheer*	3:50-4:45 Jr. Cheer Ages 4-5	4:00-5:00 Beg/Level 1 Cheer	
				12:30-2:00 Saturday Workout
	7:00-8:00 Cheer Stunt Class			

INFINITY CHEER CLASS - Class Ratio: 9:1, Class Length: 60 minutes

INFINITY CHEER PRE-TEAM CLASS - Class Ratio: 10:1, Class Length: 90 minutes

OTHER IMPORTANT GENERAL CLASS INFORMATION

Arrive on Time – Arriving on time helps children transition to class easier. When they feel rushed, they tend to feel insecure and out of place. If you happen to be late, please check with the front desk. They will escort you or your student to the right class. If you arrive after the warm-up is over and the class has started their events, you will be asked to schedule a make-up with the front desk and will not be allowed to enter the gym. Jump'In Gym wants to provide a safe class for your child and give you the full value of the class you purchased. Thank you.

