

Fresno Autism Resources

Mission:

To support individuals with neurologic difference, their families and their wide community throughout services, education and research.

Vision:

All individuals, regardless of their abilities, have the potential to thrive when supported by caring and knowledgeable families and communities.

This resource list is a living document. Please feel free to email us (tiredseahorse@icloud.com) with information regarding any service or medical providers in the Central Valley from Madera to Kings county that have been helpful to you. Please also share any organization, books, websites, videos, or other media with helpful information. Please check with your doctor before starting any new therapy or medications.

Thank you, the Ellis family.

Fresno Autism Resources

ABA Therapy

ACES (Autism Comprehensive Educational Services)

Address: 4201 W Shaw Avenue, Fresno, CA 93722
Phone: (559) 275-0559
Counties Served: Throughout the Central Valley
Insurance: Most major medical insurance providers. MediCal/CalViva must be a referral through CVRC
Services Provided: Center and home-based ABA therapy
Age Group: 2-20 years of age
Website: www.acesaba.com

Autism Learning Partners (Formerly Pacific Child and Family Associates)

Address: 2210 N Weber Avenue, Fresno, CA 93705
Phone: 1 (855) 295-3276
Counties Served: Throughout California
Insurance: Most insurance providers, including MediCal
Services Provided: In-home ABA therapy and some social skills groups depending on location
Age Group: 18 months – 26 years of age
Website: www.autismlearningpartners.com

BIA (Behavior Intervention Association)

Address: 5140 N Fruit Avenue, Fresno, CA 93711
Phone: (559) 449-1059
Counties Served: Fresno
Insurance: Most major medical insurance providers, including MediCal
Services Provided: Center and in-home based ABA therapy, social skills groups, integrative preschool called The Village
Age Group: 18 months – 18 years of age
Website: www.bia4autism.org

California Autism Center and Learning Group

Address: 1630 E Shaw Avenue #190, Fresno, CA 93710
Phone: (559) 475-7860
Counties Served: Fresno and Merced
Insurance: Most major medical insurance providers
Services Provided: Center-based and in-home ABA therapy, social skills groups, parent training
Age Group: 18 months – 18 years of age
Website: www.calautismcenter.org

Fresno Autism Resources

CARD (Centers for Autism and Related Disorders)

Address: 1690 W Shaw Avenue Suite 102, Fresno, CA 93711
Phone: (559) 255-1481 ext. 1481
Counties Served: Throughout California
Insurance: Takes a variety of insurance providers, including MediCal/CalViva
Services Provided: Center and in-home based ABA therapy
Age Group: 2 – 21 years of age
Website: www.centerforautism.com

Easterseals Central California

Address: 2505 W Shaw Avenue Building A Suite 2, Fresno, CA 93711
Phone: (559) 241-7233
Counties Served: Fresno
Insurance: In-home and community-based ABA therapy; Educational services 18 months – 22 years of age; PLAY Project – teaching parents how to have more meaningful relationships with their autistic child while enhancing the development of the child
Services Provided: more meaningful relationships with their autistic child while enhancing the development of the child
Age Group: more meaningful relationships with their autistic child while enhancing the development of the child
Website: www.celebratingabilities.org
www.campharmon.org

Focused Behavioral Services at Fresno State University

Address: 5048 N Jackson Avenue, Fresno, CA 93740
Phone: (559) 278-6779
Counties Served: Fresno
Insurance: Most major medical insurance providers, including MediCal
Services Provided: ABA therapy in intervention services focusing on older children with Autism and severe behaviors
Email: fbs_admin@mail.fresnostate.edu

Holdsambeck and Associates

Address: 1849 N Helm Avenue, Fresno, CA 93727
Phone: 1 (805) 979-9941 ext. 0
Counties Served: Central Valley
Insurance: Most major medical insurance providers, including MediCal and CalViva
Services Provided: In-home and center based ABA therapy, some school-based therapy
Age Group: 18 months – 21 years
Website: <http://www.holdsambeck.com>

Learning Arts

Address: 7600 N Ingram Avenue #103, Fresno, CA 93711
Phone: (559) 229-1540
Counties Served: Northern CA
Insurance: All insurance providers, including MediCal
Services Provided: Clinic and in-home based ABA therapy, teen/adolescent social skills programs available

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Age Group: 18 months – 21 years of age
Website: www.learningarts.com

One Piece at a Time Development Center

Address: 125 E Barstow Avenue Suite 135, Fresno, CA 93710
Phone: (559) 930-2720
Counties Served: Fresno
Insurance: CalViva, Blue Shield, Aetna, MHN
Services Provided: Center-based ABA therapy with extensive parent training, Spanish-speaking BCBA
Age Group: 2 – 18 years of age
Website: <https://www.opatdc.com/>

Swan Consulting Inc.

Address: 20 N DeWitt Avenue, Clovis, CA 93612
Phone: (559) 575-8172
Counties Served: Fresno
Insurance: Most major insurance providers, including CalViva and TriCare
Services Provided: Center-based and in-home ABA therapy, social skills groups, adult transition training, parent training
Age Group: 18 months – through adult transition
Website: www.swanconsultinginc.com

Fresno Autism Resources

Child Service Providers

CVRC (Central Valley Regional Center)

Description: Provides assessment, evaluation, case management, referral programs and activities for people with developmental disabilities.
Address: 4615 N Marty Avenue, Fresno, CA 93722
Phone: (559) 276-4480
Website: www.cvrc.org
Additional Info: All ages with documented disability

EPU (Exceptional Parents Unlimited)

Description: Comprehensive, family-centered early intervention services for children with special needs
Address: 4440 N First Street, Fresno, CA 93726
Phone: (559) 229-2000
Website: www.epuchildren.org
Additional Info: Infant program: 0-3 years of age must be referred by CVRC.
Family (English and Spanish speaking) parent support groups and advocacy for the development of the child's IEP free of charge.

Easterseals Central California

Description: In-home and community-based ABA therapy; Camp Harmon for families, children and individuals with disabilities; PLAY Project – teaching parents how to have more meaningful relationships with their autistic child while enhancing the development of the child
Address: 2505 W Shaw Avenue Building A Suite 2, Fresno, CA 93711
Phone: (559) 241-7233
Website: www.celebratingabilities.org
www.campharmon.org

First Five Fresno County

Description: Advocacy company that directs children and families to services in the San Joaquin Valley
Address: 2405 Tulare Street Suite 200, Fresno, CA 93712
Phone: (559) 558-4900
Website: www.first5california.com
Additional Info: 0 – 5 years of age and families

Central Valley Children's Network Services

Description: Provides support, education and linkage of community resources to advocate for high quality care for all children
Address: 1911 N Helm Avenue, Fresno, CA 93727
Phone: (559) 456-1100
Website: www.cvcsn.org

Fresno Autism Resources

Speech Therapy/Occupational Therapy

The Talk Team

Description: Certified and licensed speech pathologists
Address: 1752 E Bullard Suite 101, Fresno, CA 93710
Phone: (559) 970-8277
Counties Served: Fresno
Insurance: In network for Sante, Thysmetrics, and Tricare. Contract with CVRC and some school districts
Website: www.thetalkteam.com
Additional Info: Speech therapy, social communication groups, oral feeding therapy

Valley Children's Hospital Speech Clinic

Description: Certified and licensed speech pathologists
Address: 9300 Valley Children's Place, Madera, CA 93636
Phone: (559) 353-6801
Counties Served: Fresno, Madera
Insurance: Variety of major medical insurance providers, including MediCal
Website: www.valleychildrens.org/services/speech-services
Additional Info: Speech therapy, social communication groups, oral feeding therapy

Aspire Speech and Learning Center – California Learning Connection

Description: Certified and licensed speech pathologists
Address: 2505 W Shaw Avenue Building A, Fresno, CA 93711
Phone: (559) 228-9100 ext. 1
Counties Served: Throughout Central California
Insurance: Out of network for most major medical networks, no MediCal
Website: www.clconnect.com
Additional Info: Speech therapy services for children and adults

Fresno State Speech and Hearing Clinic

Description: Speech therapy by professors and graduate students at Fresno State once or twice a week. There is also the STARS preschool clinic for children 3-5 years old with an autism diagnosis or autism-like behaviors. There are 24 sessions in the Spring and Fall semesters for the STARS clinic.
Address: 5310 N Campus Drive, M/S PH80, Fresno, CA 93740-8019
Phone: Office: (559) 278-2443 Clinic: (559) 278-2442
Counties Served: Throughout Central California, though only in clinic
Insurance: Paid for through client and community donations
Website: www.FresnoState.edu/cdds

Fresno Autism Resources

Simpson Speech

Description: Certified and licensed speech pathologists
Address: 2405 Tulare Street Suite 201, Fresno, CA 93721
Phone: (559) 797-1873
Insurance: Most major insurance providers, no MediCal
Email: office@simpsonspeech.com

Empower Speech Therapy and Life Skills Center

Description: Certified and licensed speech pathologist and Life Skills
Address: 420 Bullard Avenue, Clovis, CA 93621
Phone: (559) 801-2626
Insurance: Kaiser and private pay
Email: info@empowercv.com

Goodfellow Occupational Therapy – California Learning Connection

Description: Certified and licensed occupational therapists
Address: 2505 W Shaw Avenue Building A, Fresno, CA 93711
Phone: (559) 228-9100 ext. 2
Counties Served: Throughout Central California
Insurance: Out of network for most major medical insurance providers, no MediCal
Website: www.clconnect.com
Additional Info: Clinic and school-based therapy

Valley Children's Hospital Occupational Therapy Clinic

Description: Certified and licensed occupational therapists
Address: 9300 Valley Children's Place, Madera, CA 93636
Phone: (559) 353-6800
Counties Served: Fresno, Madera
Insurance: Variety of major medical insurance providers, including MediCal
Website: www.valleychildrens.org/services/occupational-therapy
Additional Info: Development of daily living skills

Fresno Autism Resources

Medical Service

Pediatricians

Clovis Pediatric Group, Dr. A. Siddique

Address: 276 N Medical Center Drive Suite 205, Clovis, CA 93611
Phone: (559) 900-3045
Insurance: Most major insurance providers
Email: asiddique@clovispediatricgroup.com

Dr. Nidhi Mehrota

Address: 6769 N Willow Avenue Unit 101, Fresno, CA 93710
Phone: (559) 325-2400
Website: www.Mdkidz.com

Pediatric Neurology

Dr. H. Hutchison

Address: 2335 E Kashian Lane Suite 301, Fresno, CA 93701
Phone: (559) 264-9100
Insurance: Most major insurance providers, Medicare medical secondary
Website: www.universitymds.com

Dr. Timothy Foster

Address: 7060 N Recreation Suite 101, Fresno, CA 93720
Phone: (559) 325-5656
Insurance: Most major medical insurance providers
Website: www.universitymds.com

Dr. Isabelo Artacho

Address: 6079 N Fresno Street Suite 103, Fresno, CA 93710
Phone: (559) 227-7141
Insurance: Most major insurance providers

Valley Children's Hospital Neurology Clinic

Description: Pediatric Neurology Specialists
Address: 9300 Valley Children's Place, Madera, CA 93636
Phone: (559) 353-6215
Insurance: Most major medical insurance providers, contact for details
Website: www.valleychildrens.org

Fresno Autism Resources

Pediatric Gastroenterologist

Dr. Michael Haight

Address: 7060 N Recreation Avenue Suite 101, Fresno, CA 93720
Phone: (559) 459-2327
Insurance: Most major medical insurance providers
Website: www.universitymds.com

Dr. Judy J. Davis

Address: 1095 E Warner Avenue Suite 102, Fresno, CA 93720
Phone: (559) 412-8184
Insurance: Most major medical insurance providers
Website: www.drjudydavis.com

Valley Children's Hospital Gastroenterology Clinic

Description: Pediatric specialty clinic services - Gastroenterologist
Address: 9300 Valley Children's Place, Madera, CA 93636
Phone: (559) 353-5745
Insurance: Most major medical insurance providers, contact for details
Website: www.valleychildrens.org

Fresno Autism Resources

Mental Health

Sullivan Center for Children

Description: Psychotherapy, learning disability assessment, neuropsychological assessment, medications management
Address: 3343 W Shaw Avenue, Fresno, CA 93711
Phone: (559) 271-1186
Counties Served: Central Valley
Website: www.sullivancenterforchildren.com

Central Star Youth Psychiatric Health Facility

Description: Inpatient and outpatient psychiatric services, outpatient is limited to children involved with child welfare or Behavioral Health Systems in Fresno County. Inpatient services open to some private insurance.
Address: 4411 E Kings Canyon Road, Fresno, CA 93702
Phone: (559) 840-4937
Counties Served: Fresno
Website: www.starsinc.com/fresno-county/
Additional Info: For under 18 years of age only. If patient is 18 or older, see Exodus Recovery Crisis Stabilization Center at the same site.

University Psychiatry Associates – Pediatric

Description: Dr. Karen J. Kraus and Dr. Patrick Shea
Address: 2210 E Illinois Avenue Suite 401, Fresno, CA 93701
Phone: (559) 320-0580
Insurance: Most major insurance providers
Website: www.universitymds.com

Fresno County Dept. of Mental Health

Description: Inpatient and outpatient psychiatric services
Address: 3133 N Millbrook Avenue, Fresno, CA 93703
Website: www.fresno.ca.us/departments/behavioral-health

Fresno Autism Resources

Nutritionist

Hani Gutierrez, NP

Description: Hani Gutierrez brings many years of experience in Pediatric Gastroenterology, Hepatology and Nutrition with her initial GI training in the Pediatric IBD Center at Cedars Sinai Medical Center in Los Angeles and most recently joins us from Stanford Children's Pediatric GI in San Francisco.

Address: 7060 N Recreation Suite 101, Fresno, CA 93720

Phone: (559) 325-5656

Insurance: Most major medical insurance providers

Website: www.universitymds.com

Valley Children's Hospital

Description: Pediatric inpatient and specialty clinic services - Nutrition

Address: 9300 Valley Children's Place, Madera, 93636

Phone: (559) 353-6735

Insurance: Most major medical insurance providers, contact for details

Website: www.valleychildrens.org

Fresno Autism Resources

Sleep Centers

Anther Pediatric and Adult Sleep Center

Address: 1290 E Source Avenue Suite 103, Fresno, CA 93720
Phone: (559) 840-0437
Email: anthersleepcenter@gmail.com

Fresno Autism Resources

Legal Services

Disability Rights California

Description: Legal services related to disabilities
Address: 567 W Shaw Avenue Suite C3, Fresno, CA 93704
Phone: (559) 476-2000
Counties Served: Chapters throughout California
Website: www.disabilityrightsca.org

Debra J. Wright

Description: Attorney at Law, specializes in Autism cases
Address: 4322 St. Andrews Drive, Stockton, CA 95219
Phone: (209) 473-3419
Counties Served: All of California
Email: fairdbr@comcast.net

Deborah Pepaj

Description: Attorney specializing in special education law
Address: 37592 Shadybrook Lane, Squaw Valley, CA 93675-9712
Phone: (626) 818-7215
Counties Served: Based in Fresno, Jodie Howard Student Special – Ed law

Fresno Autism Resources

Services for Adults

RICV (Resources for Independence, Central Valley)

Description: Promoting independence in the community through an array of programs including high school transition, career placement and transportation services.
Address: 3008 N Fresno Street, Fresno, CA 93703
Phone: (559) 221-2330
Website: www.ricv.org
Additional Info: 8 – 22 years of age, with documented disability

DOR (Department of Rehabilitation)

Description: Employment and independent living resource for people with disabilities
Address: PO Box 24001, 2250 Mariposa Mall Room 2000, Fresno, CA 93721
Phone: (559) 445-6011
Website: www.dor.ca.gov
Additional Info: 18+ years of age, with documented disability. Client must be able and motivated to be employed.

Wayfinders at Fresno State

Description: Residential postsecondary independent living program with vocational and community inclusion for students with intellectual disabilities.
Address: Kremen School of Education and Human Development, 5005 Maple Avenue, MS ED1, Fresno, CA 93740
Phone: (559) 278-0391
Website: www.fresnostate.edu/kremen/special-projects/wayfinders.html
Additional Info: 18 – 28 years of age. Two-year program. All services are out of pocket.

Vocation Plus Connection, Inc.

Description: Provides job training and placement for adults with disabilities
Address: 3985 N Fresno Street Suite 106, Fresno, CA 93726
Phone: (559) 221-8019
Website: www.vocationplusconnections.com
Additional Info: 18+ years of age. Referrals must come from CVRC.

Central Valley Training Center, Inc. (CVTC)

Description: Adult day program, vocational skills, independent living skills, behavior management program, crisis intervention team
Address: 3685 W Holland Avenue, Fresno, CA 93722
Phone: (559) 228-8696
Website: www.cvtcinc.com
Additional Info: Referrals must come from CVRC. All levels of functioning for behavior management services. Must have intellectual disability diagnosis for other services.

Fresno Autism Resources

Community Integrated Work Program

Description: Adult day program, vocational skills, independent living skills
Address: 4623 W Jacquelyn Avenue, Fresno, CA 93722
Phone: (559) 276-8564
Website: www.ciwp.org
Additional Info: Individuals with intellectual and developmental disabilities with referrals from CVRC only.

United Cerebral Palsy of Central California

Description: Life skills and visual arts, performing arts, technology integration, community integration training
Address: 4224 N Cedar Avenue, Fresno, CA 93726
Phone: (559) 221-8272
Website: www.ucpcc.org
Additional Info: Referrals from CVRC only.

Trinity Development Center

Description: Adult day program
Address: 1568 N Millbrook Avenue, Fresno, CA 90703
Phone: (559) 412-8996
Website: www.facebook.com/TrinityDevelopmentCenter
Additional Info: For 18+ years of age, with developmental disabilities and referral from CVRC

The ARC

Description: Adult day program, community employment program, community integration, independent living skills, supported living
Address: 4490 E Ashlan Avenue, Fresno, CA 93722
Phone: (559) 226-6268
Website: www.arcfresno.org
Additional Info: For 18+ years of age, with intellectual and developmental disabilities with referral from CVRC

Fresno Autism Resources

Recreational Programs

Break the Barriers

Description: Offers a wide range of inclusive classes and programs for children with disabilities including: swimming, archery, dance, day camp, gymnastics, martial arts, music and sign language

Address: 8555 N Cedar Avenue, Fresno, CA 93720

Phone: (559) 432-6292

Counties Served: Fresno

Website: www.breakthebarriers.org

Additional Info: All fees are out of pocket. If financial need is requested, a scholarship form can be filled out at the office.

TopSoccer

Description: Program for young athlete with disabilities

Address: 50 W Bullard Avenue, Clovis, CA 93611

Phone: (559) 325-2575

Counties Served: Fresno

Website: www.cjssl.info/topsoccer.php

Additional Info: Outreach for children and adults with physical and mental disabilities 4 years to adult

Magic Fresno

Description: Adaptive and integrative sports for children with developmental disabilities

Counties Served: Fresno

Website: www.facebook.com/pg/magicfresno/

Email: magicfresno@gmail.com

Maya Cinemas

Address: Located in Campus Pointe at Fresno State, 3090 E Campus Pointe Drive, Fresno, CA 93710

Phone: (559) 549-0005

Additional Info: First Saturday of every month, sensory friendly showing with discount pricing

Sierra Vista Cinemas

Address: 1050 Shaw Avenue, Clovis, CA 93612

Phone: (559) 297-3456

Website: www.sierravistacinemas.com

Additional Info: Last Saturday of every month, sensory friendly showing

Fresno Autism Resources

Spirit Horse Connections

Description: Horseback riding and animal husbandry lessons
Address: 12099 E Stroud Avenue, Kingsburg, CA 93631
Phone: (559) 393-1948

Heart of the Horse Therapy Ranch

Description: Horseback riding and animal husbandry lessons
Address: 14335 Academy Oaks Lane, Clovis, CA 93619
Phone: (559) 287-3841
Website: www.heartofthehorse.org

Fresno Autism Resources

Haircuts

The Crop Shop

Kelly Muzio
(559) 916-2243

Fresno Autism Resources

Nonprofits

GRAND Central Valley (Growing Resources for Autism and Neurodevelopmental Disorders)

Phone: (559) 824-1321
Website: www.grandcv.org
Email: grandcv@outlook.com

Fresno Autism Network

Phone: (559) 577-7457
Website: www.wix.com/fresnoautismnet/fan

Fresno Autism Resources

Websites/Visual Information

Autism Speaks

www.Autismspeaks.org

Fresno County Office of Education

www.fcoe.org

Social Security Administration

www.socialsecurity.gov

(800) 772-1213

State of California

www.ca.gov/homefamily/personwithdisabilities.html

Support for Special Needs

www.supportforspecialneeds.com

America Academy of Child & Adolescent Psychiatry

www.aacap.org

YouTube Videos

Amazing Things Happen

Animated Explanation of Autism

Beautiful video Explaining Autism – By Amazing Things Happen

Brilliant Video Campaign to Explain Autism – By National Autistic Society

My Autism – By George

Sitting in the Coffee Shop – Carly Fleishmann

In My Language – silentmiaow

Human Neurodiversity – Dr. Devon Mac Eachron MD

Fresno Autism Resources

Ted Talks

Autism – What we know (and Don't Know Yet) – Wendy Chung

How Autism Freed Me To Be Myself – Rosie King

The Forgotten History of Autism – Steven Siberman

What I learned From My Autistic Brothers – Faith Jegede

My Brain Works Differently – Dylan Dailor

The Beautiful Reality of Autism – Guy Shahar

Books

Autism

Title: Born on a Blue Day; Inside the Extraordinary Mind of an Autistic Savant

Author: Daniel Tammet

Ages: Young adults, Adults

Title: Emergence: Labeled Autistic

Author: Temple Grandin and Margaret MD

Ages: Adolescents to adults

Title: Freaks, Geeks & Asperger Syndrome: A User Guide to Adolescence

Author: Luke Jackson

Ages: Adolescents with Asperger. Parents and teachers

Title: Ian's Walk, A Sister's Story about Her Brother with Autism

Author: Laurie Lears

Ages: Elementary school age

Title: Little Rainman

Author: Karen L. Simmions

Ages: Parents and children

Title: Nobody Nowhere

Author: Donna Williams

Ages: Health Care practitioners

Title: A Special Book about Me

Author: Joise Santomauro

Ages: Parents and children

Fresno Autism Resources

Title: Strange Son: Two Mothers, Two Sons, and the Quest to Unlock the Hidden World of Autism
Author: Portia Iversen
Ages: Young adults, Adults

Title: The Ride Together: A Brother and Sister's Memoir of Autism in the Family
Author: Paul Karasik and Judy Karasik
Ages: Pre-teen; Adolescents, Young adult, Adults

Title: Thinking in Pictures
Author: Temple Grandin
Ages: Adolescents, Young adults, Adults

Title: The Autistic Brain
Author: Temple Grandin
Ages: Adolescents, Adults

Title: Uniquely Human
Author: Barry Prizant PhD
Ages: Adolescents, Parents, Professionals

Title: NeuroTribes
Author: Steven Silberman
Ages: Adults and Professionals, Parents

Title: Making Peace with Autism: One Families Story of Struggle, Discover and Unexpected Gifts
Author: Susan Sentor
Ages: Parents Autism

ADHD

Title: 80HD: A Child Perspective on ADHD
Author: Dr. Trish Wood
Ages: 4-8 years of age

Title: A Bird's-Eye View of Life with ADD and ADHD
Author: Chris A Zeigler, Dendy and Alex Zeigler
Ages: Adolescents and young adults

Title: ADHD and Me: What I Learned From Lighting Fires at the Dinner Table
Author: Blake E.S Taylor
Ages: Adolescents, Parent of Individuals with ADHD

Fresno Autism Resources

Title: Cory Stories: A Kid's Book about Living with ADHD
Author: Jeanne Kraus
Ages: 4-8 years of age

Title: Putting on the Brakes: Young People's Guide to Understanding Attention Deficit Hyperactivity Disorder
Author: Patricia Quinn MD, Judith M. Stern MA
Ages: School ages, Adolescents, Parents of Children with ADHD

Title: Shelly, the Hyperactive Turtle
Author: Deborah Moss
Ages: 3-7 years of age

Title: The Survival Guide for Kids with ADHD
Author: John F. Taylor PhD
Ages: Adolescent, Children

Title: You Mean I'm Not Lazy, Stupid or Crazy?!
Author: Kim Kelly and Peggy Redundo
Ages: Young adults, Parents of young adults

Anxiety

Title: All Birds Have Anxiety
Author: Kathy Hoopman
Ages: Elementary school ages

Title: Monkey Mind: A Memoir of Anxiety
Author: Daniel Smith
Ages: Young adults to adults, Parents of individuals with anxiety

Title: Please Explain "Anxiety" to Mel: Simple Biology and Solutions for Children and Parents
Author: Laurie Zelinger PhD and Jordan Zelinger MS Ed
Ages: Middle to late elementary

Title: Scaredy Squirrel
Author: Melanie Watt
Ages: Young children

Title: The Girl Who Never Made Mistakes
Author: Mark Pett and Gary Rubinstein
Ages: Young children

Fresno Autism Resources

Title: Wemberly Worried
Author: Kevin Henkes
Ages: Early Elementary

Title: What Do When You Worry Too Much: A Kid's Guide to Overcoming Anxiety
Author: Dawn Huebner PhD
Ages: Child and Parents

Title: What Do You Think of Me
Author: Emily Ford
Ages: Young adolescent, Adolescent, Adult

Title: When I Feel Scared
Author: Cornelia Maude Spelman
Ages: Young Children

Title: Wilma Jean the Worry Machine
Author: Julia Cook
Ages: Elementary School

Depression

Title: Queen Bees, Drama Queens, Cliques Teens
Author: Anita Naik
Ages: Middle School, High School

Title: The Princess and the Frog: A Story for Children with Depression
Author: Lloyd Jones
Ages: Adult Reading to a Child

Title: Trouble in my Head: A Young Girl's Fight with Depression
Author: Mathilde Monaque
Ages: Adolescents, Adults, Mental Health Providers

Anger

Title: A Volcano in My Tummy: Helping Children to Handle Anger
Author: Eliane Whitehouse and Warwick Pudeny
Ages: 7-12 years of age

Fresno Autism Resources

Title: Angry Octopus: A Relaxation Story
Author: Lori Lite
Ages: Parent and child, Therapist and child

Title: Cool, Cats, Calm Kids: Relaxation and Stress Management for Young People
Author: Mary L. Williams
Ages: 7-12 years of age

Title: Bullies, Cyberbullies and Frenemies – Teen Life Confidential
Author: Michele Elliot
Ages: Middle school

Title: Cool Down and Work Through Anger
Author: Cheri J Meiners M.Ed
Ages: Parents to Children

Title: Feeling Better: A Kids Book about Therapy
Author: Rachel Rashkin
Ages: Middle School or Teen

Title: Frog's Breathtaking Speech: How Children Can Use the Breath to Deal with Anxiety, Anger and Tension
Author: Michael Chissick and Sarah Peacock
Ages: Children

Title: Hands are not for Hitting
Author: Maritne Agassi
Ages: Parents to help children, Children

Title: How to Take the Grrr out of Anger
Author: Elizabeth Verdick and Marjorie Lisovskis
Ages: All

Title: Ladybug's Remarkable Relaxation: How Children can use yoga relaxation to help deal with Stress, Grief, Bulling and Lack of Confidence
Author: Michael Chissick and Sarah Peacock
Ages: Children

Title: Some Bunny to Talk To: A Story About Going to Therapy
Author: Cheryl Sterling, Paola Conla, Larissa Labay
Ages: 4-8 years of age

Fresno Autism Resources

Title: When I Feel Angry
Author: Cornelia Maude Spelman
Ages: Children

Title: Zach Apologizes
Author: William Mulcahy
Ages: Children

Self Injurious Behavior/Suicide

Title: Skin Game: A Memoir
Author: Caroline Kettlewell
Ages: Late adolescents, Adult

Title: Eight Stories Up: A Adolescent Chooses Hope over Suicide
Author: Dequincy A. Lezine PhD with David Brent MD
Ages: Adolescents, Adults

Title: In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Author: Nancy Rappaport MD
Ages: Teen, Young adult, Adult