

KEYNOTES

May 2022

Senior Education Ministries

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2nd
Thessalonians
3:16





**To be a faith based ministry,
dependent on our Lord, Jesus Christ,
as He supplies through the gifts of
many concerned individuals;**



**To provide educational assistance,
information, services, and resource
linkage to empower independence for the
senior citizen community in an effort to
enhance their quality of life while
fostering learning and fellowship in a
safe non-denominational environment.**

Senior Education Ministries

- Offers monthly, quarterly, & annual educational programs at no charge to its senior citizens, caregivers, or their families
- We do what we do so that Jesus' name may be known to others
- We do things God's way to get His results!
- We Claim the Promise, Walk by Faith and Let's Go Lead

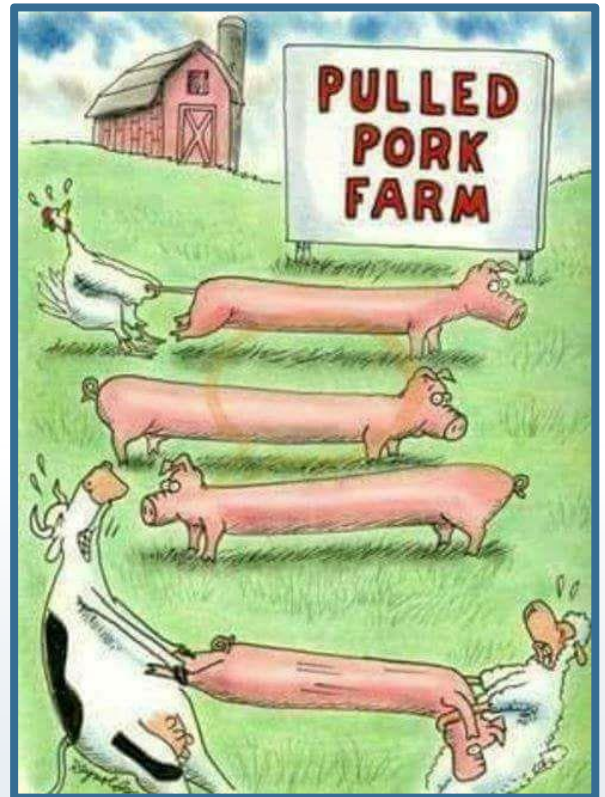
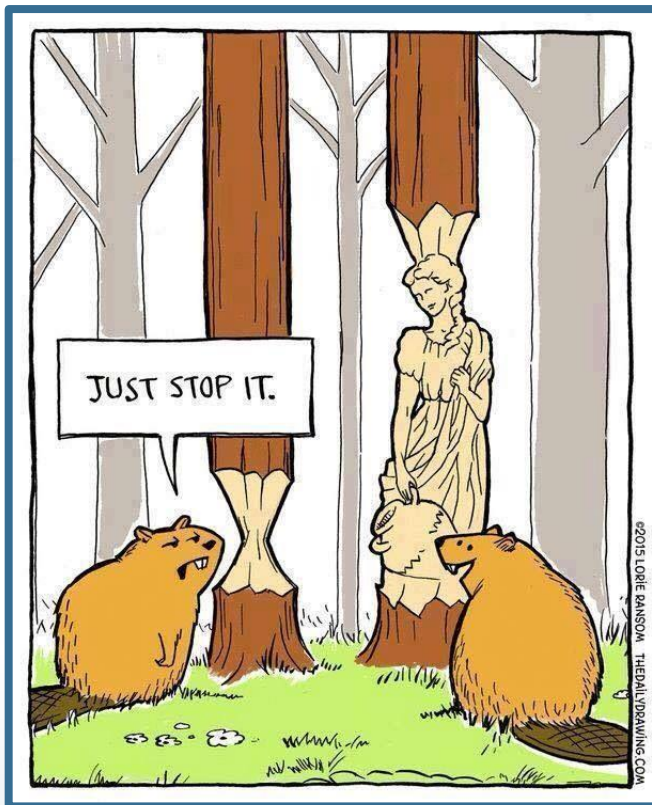


Gear Up for Summer Weather!

- **Sunscreen!**
 - Even on cloudy & overcast days, wear sunscreen (SPF 15 or higher). Make sure to toss out expired sunscreen & reapply if you're participating in water activities.
- **Protective clothing!**
 - Hats & umbrellas are great ways to keep the sun off your face. Wear light-colored and loose clothes, preferably made of cotton. This will help you remain cool & comfortable!
- **Sunglasses!**
 - Wear sunglasses when outside to protect your eyes from excessive UV rays.
- **Check your medications!**
 - Some medication can cause increased sensitivity to UV rays. Be sure to review possible side effects & talk to your doctor/ pharmacist if you have questions

-Doylestown Health





Fruity Ice Cubes & Lemonade



Ingredients:

- Fruity Ice Cubes
 - Red grapefruit (sliced)
 - Strawberries (sliced)
 - Blueberries
 - Lemon (sliced)
 - Lime (sliced)
 - Mint leaves
- Lemonade (8 servings)
 - 6 cups cold water
 - 2 cups lemon juice
 - If using fresh fruit it is about 8 to 10 lemons
 - Ice cubes
 - Lemon slice & maraschino cherry with stem (if desired)

What to do:

Fruity Ice Cubes

- 1) Place your fruit into a clean dry ice cube tray.
- 2) Fill the trays with water & freeze
- 3) Once frozen, serve with your favorite drink!

-pickledplum.com

Lemonade

- 1) Mix water, lemon juice & sugar in large pitcher until the sugar has dissolved.
- 2) Chill in the refrigerator for about three hours
- 3) Serve over ice & garnish the cup with a sliced lemon and cherry

-Betty Crocker

*What do you call strawberries playing the guitar?
A jam session!*

Riddle Me This!

Can you figure out these secret identities?

1) I have thirteen (13) hearts & no organs. What am I?

* _____

2) I'm where yesterday follows today and tomorrow is in the middle. What am I?

* _____

3) The more you take, the more you leave behind. What am I?

* _____

4) I have two hands, but I cannot scratch myself. What am I?

* _____

5) I am (usually) white & used for cutting and grinding. When I'm damaged, humans usually remove me or fill me. For most animals, I am a useful tool. What am I?

* _____

6) I am as light as a feather, but no one can hold me for long. What am I?

* _____

7) I sound like one letter, but I am written with three. I show you things when you look through me. What am I?

* _____





The Story Behind the Poppy

World War I, also known as the Great War devastated nations. But in 1915, from the destroyed landscapes of the battlefields, poppy flowers began to grow. A brigade surgeon, Lieutenant Colonel John McCrae, noticed these poppies after the second battle of Ypres. And, in the midst of violence, destruction, and death, the bright red flowers grew and inspired McCrae to write a poem. The poem is called, “In Flanders Field” (see this poem on the next page) and it represents the voices of the Allied soldiers that are buried underneath the field of poppies.

“In Flanders Field” became famous. Its message spread globally. Nations began to adopt the poppy flower as a symbol of remembrance for their veterans. And it was this poem that inspired the making of the fabric poppies that we see associated with veterans today. In the United States, Americans use the brightly colored flower on Memorial Day (the last Monday in May) to honor the sacrifice so many have given their lives fighting for their country.

-history.com

“In Flanders Fields” by John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



Monthly Activity

Paint & Plant!

What You'll Need:

- ✓ Plain flower pot
 - Terracotta flower pots work great!
- ✓ Paint & brushes, paint markers
- ✓ Imagination!
- ✓ Plant of your choice
- ✓ Soil



What to Do:

- 1) Make sure your flower pot is clean of dirty & dust
- 2) Paint away! Use your imagination!
- 3) Allow to dry thoroughly
- 4) Pot your plant! And find a nice place for your plant to live!





Derlin Newey is 89 years old and is a delivery driver for Papa John's pizza. He took on the job as a way to supplement his Social Security income. He enjoys his job and loves being able to strike up conversations with people. He says the joy on children's faces when they see their pizza arrive is priceless!

In 2020, Newey became famous on a social media platform called TikTok. It all began when he made a delivery to the Valdez family. He charmed the family with his friendliness. The family posted the heartwarming doorbell camera footage of the pizza delivery on TikTok. He immediately gained a fan base. And the Valdez family began requesting Newey as their delivery guy.

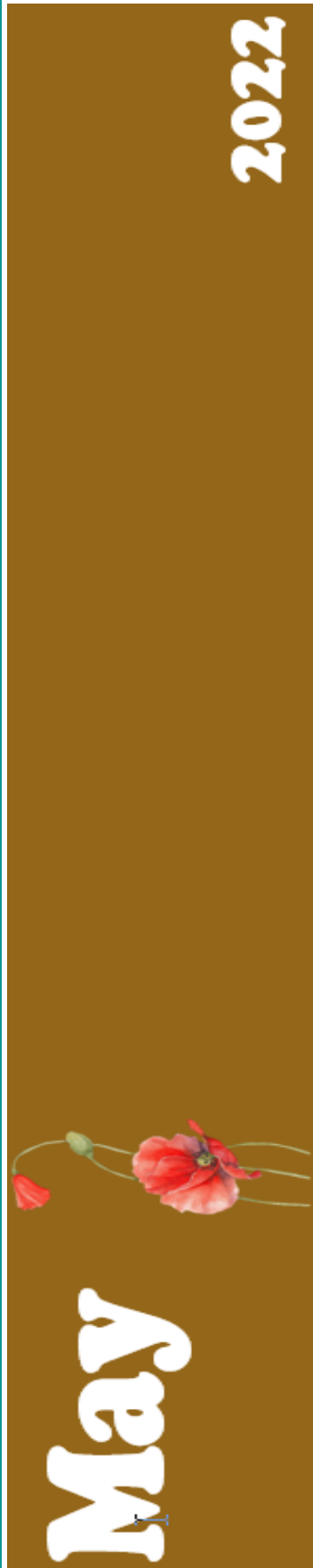
The Valdez family wanted to do something nice for Newey. They ended up fundraising over \$12,000 for him! They were able to then surprise him outside his home. They met him at his door with a pizza box full of the fundraised money. Newey also received a shirt with his signature catchphrase, "Hellooo, are you looking for some pizza?" Derlin was shocked and began crying tears of joy! When speaking of his "big tip", he said, "It's beautiful. I mean, who makes that kind of a tip?" Newey's deliveries has brought joy to many and inspired the spread of kindness.

-The Washington Post

Answers

- 1) A deck of cards
- 2) A dictionary
- 3) Footsteps
- 4) A clock
- 5) A tooth
- 6) Your breath
- 7) An eye





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Dine with a Doc resumes in Sullivan	4 Dine with a Doc Champaign and Vincennes!	5 No Dine with a Doc in Rockville NATIONAL DAY OF PRAYER	6	7
8 Mother's Day	9 Dine with a Doc Shelbyville	10 Dine with a Doc Newton	11 Dine with a Doc resumes in Clay County Dine with a Doc Paris	12 Dine with a Doc Effingham	13 Dine with a Doc Marshall	14
15	16 Dine with a Doc resumes in Shelbyville	17 Dine with a Doc resumes in Casey	18 Dine with a Doc Clinton	19	20 Dine with a Doc resumes in Charleston	21
22	23 Dine with a Doc resumes in Greencastle	24	25 Dine with a Doc Terre Haute	26 Dine with a Doc Bloomington and Tuscola	27	28
29	30 Memorial Day	31				

Key Supporters 2022



Anonymous Donor- Encino, CA
Blackhawk Community Church-Pimento, IN
Rick Jacobs-Terre Haute, IN
Rev. Budd Aplin-Terre Haute, IN
Dan and Janet Kleptz-Terre Haute, IN
Dent Law Office-Effingham, IL
Dr. Marcia Favali-Terre Haute, IN
Health Alliance-Medicare- Champaign, IL
Horizon Health – Paris, IL
Kenneth and Meredith Kimmerle -Greencastle, IN
Modesitt Law Office- Terry Modesitt-Terre Haute, IN
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Rev. Kyle Andrews-Terre Haute, IN
SBLHS-Charleston, IL
Stephen Prophater-Mount Gilead, NC
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Macie Snyder-Terre Haute, IL
Markwell Funeral Home-Casey, IL
The Home Savings Bank-Terre Haute
ProRehab-IL/IN
Good Samaritan Hospital-Vincennes, IN
HSHS Good Shepherd Hospital-Shelbyville, IL
Mayor Duke Bennett-City of Terre Haute
Lawrence County Memorial Hospital

THANK YOU FOR INVESTING IN THE HISTORY EVIDENCED IN THE
LIVES OF SENIOR CITIZENS AND VETERANS!



**Please prayerfully consider becoming a KEY SUPPORTER
or making a tax-deductible donation**

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