HOLY TRINITY LOS ANGELES

Dear Holy Trinity Family,

This past week, we celebrated Catholic School Week. One of the things that I have discovered is that many of our parishioners are either parents of alumni or current students, or are yourself an alumni or former teachers/staff of our amazing school. That is the beauty of a parochial school in being connected in both faith and as a family with common experiences. I have been blessed to be a product of Catholic school as it provided me with a solid foundation where I was able to learn more about myself, build lifelong friendships and also know and understand God's love for me. I have been blessed as a priest to celebrate the baptism of all four kids of Bryan, one of my best friends from St. Leo the Great School. And, although sad and heart-breaking, it was also an honor to bury my other best friends, Michael, from St. Leo the Great School. Our families are still close as our parents get together and we see each other during major events in our lives. They are part of my extended family and always will be and it is all thanks to us being blessed to be together for Catholic school. If you have not checked out Holy Trinity School, stop by and visit. We are here to serve you and your family.

On this 5th Sunday of Ordinary Time, we hear of Jesus doing his ministry. This is nothing new. We know that Jesus came to serve, to go and heal, to proclaim God's Word to all. But in the midst of all of this, we also see him go off to a deserted place to pray. His ministry, his entire life is centered and strengthened by a life of prayer. We tend to be doers. We have so many tasks whether it is stuff at work, chores at home, planning out the week, whatever it may be. But if Jesus needed time to pray to do his work and ministry, then we must follow his example. Take at least 5 minutes out everyday to pray. Make it a point to come to Mass every Sunday for an hour escape from the craziness of our lives. Be with our Lord daily and you will find the strength you need to do all the work that God asks of you.

Lent is coming up in just 10 days. Start preparing your hearts for how you want to live out the Lenten practices of prayer, fasting and almsgiving.

Mary, Mother of Mercy... pray for us.

-Fr. Mike



Fr. Mike celebrated Mass last Sunday with our
Holy Trinity students and families. After Mass, families
and parishioners visited the school to learn about
the great things happening there.
Visit www.holytrinityla.com for more info
about the school.





SUNDAY OFFERINGS

The deposit amount for the Fourth Sunday in Ordinary Time was \$5,723. Thank you for your generosity and continued support of Holy Trinity Parish.

DID YOU KNOW?

Effectively communicating with your teenagers

During conversations with teenagers, focusing on the matter at hand is essential. It is tempting to make every dispute an opportunity to discuss multiple issues at the same time, but this is often counterproductive. Instead, addressing a particular issue at a time you are better able to guide and mentor teenagers by helping them look with clear eyes at the situation in front of them and work toward a solution. For more information, read the VIRTUS® article "Communicating Tip No. 9: Avoid "Scope Creep" with Teens" at lacatholics.org/did-you-know/.

Cómo comunicarse con eficacia con sus hijos adolescentes

Durante las conversaciones con adolescentes es fundamental centrarse en el tema que nos ocupe. Es tentador hacer de cada disputa una oportunidad para discutir múltiples temas al mismo tiempo, pero esto suele ser contraproducente. En cambio, al abordar un problema particular en un momento en el que se puede guiar y asesorar mejor a los adolescentes, los ayuda a ver con claridad la situación que tienen frente a ellos y trabajar para encontrar una solución. Para obtener más información, lea el artículo en inglés de VIRTUS® "Communicating Tip No. 9: Avoid 'Scope Creep' with Teens" (Consejo de comunicación No. 9: Evite "el manejo descontrolado" con los adolescentes) en lacatholics.org/did-you-know/.

Misa en Espanol

Los Domingos a la 1:30pm

Charismatic Prayer Group

This prayer group meets every Saturday at 11am in the school. Come and let's pray together.

Devine Mercy Apostles Prayer Group

This prayer group meets every Thursday ay 6:15pm in the School. Join with the group to recite the Chaplet of Mercy and meditate for His unfathomable Mercy.

Upcoming Parish Events

Sunday, February 11th, at the 10:30am Mass World Marriage Day - We will offer a special blessing

Wednesday, February 14th Ash Wednesday, Lent begins



