HOLY TRINITY LOS ANGELES

Dear Holy Trinity Family...

Happy 5th Sunday of Lent and also Happy St. Patrick's Day. Today, we move into Passiontide as we are drawing closer to Holy Week and the Passion of our Lord. One very distinct change in our church environment is the veiling of the Crosses and religious statues. This is done first of all to remind us that something is different. These next two weeks are not business as usual but we are to be drawn more into the presence of Christ in our life. The veiling also invites us to focus on the Mass. Sometimes the things around us distract us so by covering them up we want everyone's attention to be focused on the Holy Sacrifice of the Mass taking place. Truly hear the words spoken and be attentive to the gestures and prayers made as we are drawn deeper into the heavenly liturgy. As we are getting closer, we should also become more excited to celebrate the joy of Easter when the veil of sin and darkness is lifted and we immerse ourselves in the glory of the Resurrection.

Last week, I spent an evening watching the movie Cabrini. This movie is about the life of St. Francis Xavier Cabrini, the first US citizen to become a saint. It was an inspirational movie as she witnessed to what it means to do God's will in the midst of struggles, challenges and even great opposition. What we must always remember is that it is through God's grace that we are able to face and endure the crosses that He asks us to bear. God is always with us and is always giving us the strength and courage we need to be virtuous and to truly follow the Lord in all things. We need to pray and stay close to God to receive grace to do His will.

Here are a couple of quotes from her.

"We must pray without tiring, for the salvation of mankind does not depend upon material success . . . but on Jesus alone."

"I will go anywhere and do anything in order to communicate the love of Jesus to those who do not know Him or have forgotten Him."

Have a blessed Passiontide and may we continue to stay close to our Lord always.

Mary, Mother inviolate...pray for us.

- Fr. Mike







FIFTH SUNDAY OF LENT **MARCH 17, 2024** 

#### DID YOU KNOW?

## What is a traumatic experience?

The National Child Traumatic Stress Network (NCTSN) defines a traumatic event as a "frightening, dangerous, or violent event that poses a threat to a child's life or bodily integrity." This includes events that victimize the children directly or events of this type that children witness, particularly when the person harmed is a loved one. A child's understanding of safety depends on the safety of his caregivers. For more information, read the VIRTUS® article "Healing from Child Trauma" at <u>lacatholics.org/did-you-know/</u>.

¿Qué es una experiencia traumática?

La Red Nacional de Estrés Traumático Infantil (NCTSN, por sus siglas en inglés) define un evento traumático como un "evento aterrador, peligroso o violento que representa una amenaza para la vida o la integridad corporal de un niño". Esto incluye eventos que victimizan directamente a los niños o eventos de este tipo de los cuales los niños son testigos presenciales, particularmente cuando la persona perjudicada es un ser querido. La comprensión que un niño tiene de la seguridad depende de la seguridad de sus cuidadores. Para obtener más información, lea el artículo en inglés de VIRTUS® "Healing from Child Trauma" (Curándose del

St. Joseph Novena Sunday, 3/10 - Tuesday, 3/18 Prayers after the 5pm Mass

trauma infantil) en lacatholics.org/did-you-know/.

Tuesday, March 19th, the Feast of St. Joseph, you are invited to join us for a reception in the School Pavillion.



<u>SUNDAY OFFERINGS</u>
The deposit amount for the Fourth Sunday of Lent was **\$6,562.** Thank you for your generosity and continued support of Holy Trinity Parish.

## Misa en Espanol

Los Domingos a la 1:30pm

# **Charismatic Prayer Group**

This prayer group meets every Saturday at 11am in the school. Come and let's pray together.

# **Divine Mercy Apostles Prayer Group**

This prayer group meets every Thursday ay 6:15pm in the School. Join with the group to recite the Chaplet of Mercy and meditate for His unfathomable Mercy.

### Mass Schedule Change Until Further Notice

Due to the shortage of priests, we will have the Tuesday 5pm Mass only on the 1st and 3rd Tuesday. We still have the regular Tuesday 8am Mass. Pray for more priests.



