HOLY TRINITY LOS ANGELES

Dear Holy Trinity Family,

Happy Palm Sunday! Palm Sunday is one of those liturgies of the Church that allow us to go from a moment of great joy and happiness to utter shock and sadness. "Hosanna to the Son of David" is how we start this beautiful liturgy as with gladness we ask Jesus to save us. This is his triumphant entrance into Jerusalem as the people saw him as the one who was to save them. They laid palms on the ground to welcome Jesus as if he were a king. How interesting that soon after we go from these words of happiness and gladness to a psalm as we all sing out "My God, my God, why have you abandoned me?" In an instant we went from hope to despair, from joy to sadness, from life to death. In many ways this is how our life may seem - this roller coaster of ups and downs, moments when we feel as if Jesus is there and moments where we feel alone. But from the Passion reading, we enter into the Eucharist, which is the promise of that God is truly with us, that we are never alone, that the Word made flesh dwells among us, that Jesus, truly present in the Most Holy Eucharist, is always with us. He feeds us. He nourishes us. He sustains us. He gives us life.

During our Eucharist today (and at every Mass), remember that we are transported back to the Last Supper, to Jesus being scourged, to Mount Calvary as we see Jesus carrying his Cross, to the nails being nailed into his hands and feet, to breathing his last breath as he says, "Father, forgive them for they know not what they, do, demonstration his love and mercy, to breathing his last breath. All that take place at Mass and more... as we look at the Resurrection and Ascension of Jesus. The Mass is the memorial of the Passion, Death and Resurrection of Jesus which we enter into as God is not bound by time nor space. During this Holy Week, hear the last 7 words of Jesus. Maybe meditate on one phrase each day this week. Allow him to speak to your heart..

"Father, forgive them for they know not what they do."

"Today you will be with me in paradise."

"Woman, behold your Son. Behold your Mother."

"My God, my God, why have you forsaken me?"

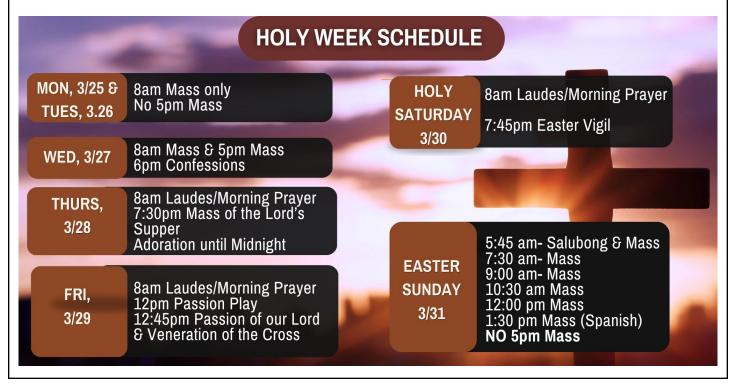
"I thirst."

"Father, into your hands, I commend my spirit."

"It is finished."

- Fr. Mike





DID YOU KNOW?

Paying attention to negative behavioral cues

A child may not be able to verbalize when he or she is being abused, but certain signs may prompt caregivers to take a closer look. Red flag behaviors may include a sudden change in behavior, like a child hating something he previously liked, or changing eating habits. Children suffering from abuse may become increasingly moody, aggressive, or depressed, or secretive and defensive. For more red flag behaviors, read the VIRTUS article "Being Attentive to Children and Youth" at lacatholics.org/did-vou-know/.

Prestar atención a las señales de comportamiento negativas

Es posible que un niño no pueda verbalizar cuando está siendo abusado, pero ciertas señales pueden llevar a los cuidadores a observarlos más de cerca. Los comportamientos de alerta pueden incluir un cambio repentino de comportamiento, como que un niño odie algo que antes le gustaba o muestre cambios de hábitos alimentarios. Los niños que sufren abuso pueden volverse cada vez más malhumorados, agresivos, deprimidos, reservados y a la defensiva. Para obtener más información, lea el artículo en inglés de VIRTUS[®] "Being Attentive to Children and Youth" (Poner atención a los niños y jóvenes) en lacatholics.org/did-you-know/.





The Junior High students of Holy Trinity School hosted a delicious breakfast in appreciation to our amazing seniors. We thank our seniors for continued prayers and support of our parish school.

SUNDAY OFFERINGS
The deposit amount for the Fifth Sunday of Lent was \$7,931. Thank you for your generosity and continued support of Holy Trinity Parish.

Misa en Espanol

Los Domingos a la 1:30pm

Charismatic Prayer Group

This prayer group meets every Saturday at 11am in the school. Come and let's pray together.

Divine Mercy Apostles Prayer Group

This prayer group meets every Thursday ay 6:15pm in the School. Join with the group to recite the Chaplet of Mercy and meditate for His unfathomable Mercy.

Mass Schedule Change Until Further Notice

Due to the shortage of priests, we will have the Tuesday 5pm Mass only on the 1st and 3rd Tuesday. We still have the regular Tuesday 8am Mass. Pray for more priests.

