

Let's assume...

...that the average individual is no match, especially strength-wise, against an aggressor.

...So strength-based self defense techniques are off the table.

...that the average individual does not have a self defense or martial art background or the years of dedicated training it would take to acquire those martial arts skills.

...So martial arts expertise is off the table.

...that the average individual prefers a non-violent option for his or her self protection as opposed to the more commonly known violent (and legally undesirable) responses, escalations or unfortunate results.

...So violent escalations to the most common scenarios of self defense are off the table.

There are smarter and more effective ways to manage self defense for the average citizen or law enforcement professional—and that is what our specially designed **AiProtect** programs are about.

We've combined our extensive self defense, martial arts and defensive tactics experience along with our extensive experience in teaching all levels of self protection to individuals, agencies and law enforcement with the most desired yet effective protocols for civil use of force as it applies to any individual or agency.



AiProtect is an effective, ethically-based, continuously-evolving method of personal protection that employs non-violent strategies with a wide variety of approaches and techniques that blend with, manage, redirect and control any attack—ideally resolving it for the benefit of all parties.

It is the answer for our society's continued growth towards civility.



Personal Protection, Intervention and Control & Compliance

Individuals and Agencies—
Men, Women, Teens,
Children, Teachers,
Real Estate Professionals,
Caregivers, Social Workers,
First Responders,
Medical Professionals,
Security Officers and
All levels of
Law Enforcement.



www.AiProtect.com

or call **Greg O'Connor • 973 271 1222**
AiProtect Director & Chief Instructor

AiProtect

Sample Basic Curriculum:

Basic Self Defense

Centering & Mindfulness
Situational Awareness
Threat Assessment & Actions
Defensive Posture & Stances
Proper Mind Set, Voice, Positioning
Basic Movements & Evasions
Basic Escapes from Typical Grabs
Basic Defense against Typical Rushes
or Shoving Attacks



Basic Expanded Self Defense

Basic Defense against Additional
One- and Two-Handed Grabs
Basic Defense against Strikes/Punches
Basic Safe & Controlled Falling
Basic Self Defense from the Ground
Basic Passive Come-alongs
Passive Pain Compliant Come-alongs
Escalated Come-alongs
Effective Pinning Techniques
Passive and Escalated Takedowns
2, 3 & 4 Staff/Officer Takedowns
Appropriate Defenses against Escalated Attacks
Defense against Multiple Attacks
Defense against Weapons
DT Pro Passive Handcuffing
DT Pro Advanced Handcuffing

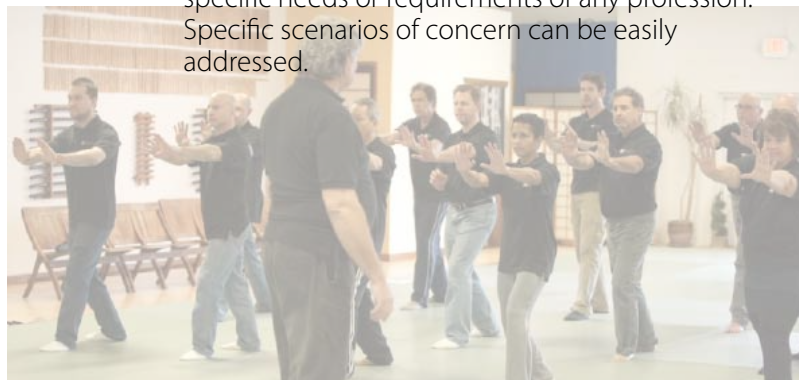


AiProtect for Individuals and Agencies

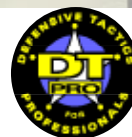
Self Defense for anyone or any profession!

AiProtect self defense strategies and techniques can be learned easily and quickly by individuals of any age, size or gender.

AiProtect programs are tailored to meet any specific needs or requirements of any profession. Specific scenarios of concern can be easily addressed.



AiProtect also works closely with **DTPro**
(Defensive Tactics for Professionals)
in specifically addressing a wide range
of law enforcement needs.



AiProtect for Kids & Their Parents

Parents learn along with their kids!

In our **AiProtect for Kids & Their Parents** workshops parents learn the **AiProtect** self defense techniques immediately and can assist their child throughout the workshop. This makes for great quality time between parents and their children. Parents get to exercise and reinforce their natural protective instincts, they have fun with their kids learning important skills for self defense training, they get to have the satisfaction of giving their child hands-on help that will keep them safe and they get to see their child learning effective self defense in a fun and safe environment.

And—

since the parents
learn these life
changing lessons
they can reinforce
those lessons with
their child at home.



Child-Safe Kits are
included in every
**AiProtect Kids &
Their Parents
Workshop**

