

Nearly 64% of Bottled Water in U.S. is Just Tap Water

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Bottled water has become a ubiquitous presence in our daily lives, with many people believing it to be a safer and purer alternative to tap water.

However, a closer examination of the bottled water industry reveals some startling truths that may make you think twice before reaching for that next bottle.

In a groundbreaking study, the Environmental Working Group (EWG) tested 10 popular bottled water brands to assess their purity and safety.

The results were alarming: on average, each brand contained 8 different contaminants, ranging from caffeine and acetaminophen to fertilizers, solvents, plastic-derived chemicals, and strontium.

Two brands, Walmart's Sam's Choice and Giant Food's Acadia, stood out for their particularly high levels of contamination. In fact, Sam's Choice was found to contain contaminants exceeding California's bottled water quality standards in some cases.

Perhaps the most surprising revelation from the EWG study is that approximately 64% of the bottled water sold in the United States is actually sourced from municipal tap water. This means that many consumers are paying a premium for water that they could easily obtain from their kitchen sink.

