



Clark's Self Defense

8261 Blaikie Court
Sarasota, FL 34240
941-225-1065



Class Schedule – August 10, 2023 – May 26, 2024 (Last updated 01/05/24)
Schedule is subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-8:00 Gracie Combatives	7:00-8:00 Private Lessons	7:00-8:00 Gracie Combatives	7:00-8:00 Private Lessons	7:00-8:00 Gracie Combatives	7:00 – 9:00 Private Lessons	Private Lessons & <i>Birthday Parties</i>
9:00– 11:00 Private Lessons	9:00– 11:00 Private Lessons	9:00– 11:00 Private Lessons	9:00 – 11:00 Private Lessons	9:00– 11:00 Private Lessons	9:15-10:00 Self Defense for Women	Private Lessons & <i>Birthday Parties</i>
3:00 – 6:00 After School Program	3:00 – 6:00 After School Program	3:00 – 6:00 After School Program	3:00 – 6:00 After School Program	3:00 – 6:00 After School Program	10:00-10:45 Karate Kids Ages 4 – 12	Private Lessons & <i>Birthday Parties</i>
4:30 – 5:15 Karate Kids Ages 4 – 7	4:30 – 5:15 Karate Kids Ages 4 – 7	4:30 – 5:15 Gracie Bullyproof / Grappling	4:30 – 5:15 Sparring for Kids	4:30 – 5:15 Karate Kids Ages 4 – 7	11:00– 12:30 <i>Birthday Parties</i>	Private Lessons & <i>Birthday Parties</i>
5:15 – 6:00 Karate Kids Ages 8 – 12	5:15 – 6:00 Karate Forms / Weapons	5:15 – 6:00 Karate Kids Ages 8 – 12	5:15 – 6:00 Karate Kids Ages 8 – 12	5:15 – 6:00 Gracie Bullyproof / Grappling	1:00 – 2:30 <i>Birthday Parties</i>	Private Lessons & <i>Birthday Parties</i>
6:00 – 6:45 Karate Teens/Adults	6:00 – 6:45 Karate Teens/Adults	6:00 – 6:45 Karate Teens/Adults	6:00 – 6:45 Self Defense for Women	6:00 – 6:45 Karate Teens/Adults	3:00 – 4:30 <i>Birthday Parties</i>	Private Lessons & <i>Birthday Parties</i>
6:45-7:30 Gracie Combatives	7:00-8:00 Boxing	7:00-8:00 Private Lessons	6:45-7:45 Combat Jiu-Jitsu	7:00-8:00 Boxing	5:00 – 6:30 <i>Birthday Parties</i>	Private Lessons & <i>Birthday Parties</i>