

## Morgan County Health Center Annual Report 2023

Connecting The Community To Healthy Choices



# CONTENTS

public health works to improve the health, safety, and well-being of the community. The goal of public health is to prevent diseases and injuries before they occur and make it easier for everyone to live a healthier lifestyle.

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# **HEALTH CENTER STAFF**

Shawn Brantley – Administrator Stefanie LaFoy – Assistant Administrator Jim Miller – EPHS II Nicole Bailey– RN Kyle Meyer – Nutritionist Bethany Morris- WIC Coordinator Julie Enboden – CYSHCN Coordinator Stacey Morris – Outreach Coordinator Carol Nairn – Licensed Practical Nurse Brittany Beckmann – Medical Assistant/ BF Peer Counselor Shelly Turnbough – Receptionist

> MEDICAL DIRECTOR Dr. Amanda Shipp, MD

BOARD OF TRUSTEES Matt Unger – Chairman Nicole Lehman Rea, RN – Vice Chairman Gary Cummins – Treasurer David Merriott – Secretary Dr. Amanda Shipp, MD – Member



# ABOUT THE HEALTH CENTER

#### Vision

Connecting the community to healthy choices

#### **Mission**

Leading the community by partnering, promoting, and protecting for better health.

#### Values

We are passionate about public health and loyal to our community. We strive to be understanding, compassionate and respectful.

#### We prevent the spread of disease

We provide covid and flu shots and other vaccines, STD testing, and we are ready to respond to any disease outbreak.

#### We prevent injuries and illness

We work to keep people safe and healthy. We educate families about safe sleep practices, check and install car seats, and promote safe practices like seatbelt and sunscreen usage in all ages.

#### We protect against environmental hazards

We make sure daycares, lodging facilities and restaurants are clean and safe environments. We also permit on-site septic systems.

#### We promote healthy behaviors

We provide you with the information you need to make healthy decisions about exercise, eating right, quitting smoking, and safe sex.

#### We connect you to the services that you need

Our clinical staff provides a variety of vaccinations and lab testing you may need to live a healthy life. Our WIC program provides nutrition support for local women, infants, and children.





# Administration

The Morgan County Health Center is governed by a five-member elected Board of Trustees. The agency has a budget of approximately \$1,119,507.88, of which \$452,292.15 comes from property tax revenues \$548,621.19 from contracts with the Missouri Department of Health and Senior Services, and \$118,594.51 from fees and Medicaid. The Health Center employs ten staff members and one regular contracted staff.

The Administration Unit is responsible for the overall management of daily operations. Staff within this unit strives to achieve goals in the areas of strategic planning, budgeting, vital records (issue birth and death certificates), and public communications. Staff support is also provided to assist the Board of Trustees.

Vital Records-In 2023 We Issued



CERTIFIED COPIES OF MISSOURI BIRTH CERTIFICATES



CERTIFIED COPIES OF MISSOURI DEATH CERTIFICATES



#### **Maternal Child Health**

MCHC chose "Childhood Obesity- prevent and reduce obesity" as its priority health issue. This year, Stefanie LaFoy collaborated with local partners to plan activities.

Activities in 2023 included 12345 Fit-Tastic programs at local childcare facilities and Head Start, Bike and Pedestrian Safety event at MCR2 for Safety Day, planning for healthy snack options, and educational opportunities with Park and Rec.

#### **Car Seat Safety Checks & installations**

Our certified car seat technician inspected, fit, and installed 24 car seats for Morgan County families. Car seats are checked for expiration, damage, and a proper fit for the child.

#### **Diaper Distribution**

Diaper need is a critical issue that can affect babies and their families. Through a partnership with The Changing Table, we distributed 21,900 diapers to 435 families.

#### **Child Care Health Consultation**

Staff provided 2 Clock Hour Training Classes to the staff at Children's House and Laurie Care Center Children's Learning Center. They also provided 20 children's health promotion classes at the local childcare facilities and Head Start. Topics included handwashing, healthy eating, water safety, bullying, and brushing teeth





# **Environmental Health**

The Environmental Public Health Unit enforces laws and ordinances that keep our surroundings safe and healthy. Staff members dedicate their time to educating the public and providing services such as food establishment inspections and food handler education; child care, and lodging inspections, onsite wastewater inspections, and foodborne illness investigations.





Off-Site Clinics include MCR1, MCR2, Good Shepherd Versailles and Laurie, Stover Community Center, Bank of Versailles, Citizens Bank, Versailles Nutrition Center, Westside Nutrition Center, St Pats, Ivy Bend Food Pantryl, Golden Age Living Center

### Off-Site Nursing Services| 3

Head Lice Checks, TB tests

### Community Events |3

Health and Safety Community Events- Health Fair at MCR1, MCR2, and Cross Point

### Educational/ Promo Booth | 2

Trunk or Treat- Stover, Safety Day at MCR2

### Agency/ Community Meetings| 41

MCAT (Morgan County Agency Team, SAPP (Sexual Assault Prevention Partnership), Powerhouse, MO Coalition for Roadway Safety, ALCP (Active Living Community of Practice) MOCAN (Mo Council for Activity and Nutrition, Ministerial Alliance

### CPR/ First Aid| 92 Classes 581 Students

CPR Classes are given on an as-needed basis. Stefanie LaFoy, our CPR instructor conducts classes for individuals (including foster parents) businesses (including local daycare facilities), and local schools (graduating seniors, driver's ed, and health classes)

### Other | 1

Boone Hospital Skin Cancer Screening

## **Community Health**

We prevent and treat diseases in order to help our community stay healthy. Staff provides services ranging from reproductive health services to immunizations and communicable disease investigations (i.e. foodborne disease outbreaks, STDs, TB, etc.). The unit works to screen, assess, educate, and promote the overall health of the community.



# The CYSHCN Program provides assistance statewide for children

and youth with special health care needs from birth to age 21. The program focuses on early identification and service coordination for children and youth who meet medical eligibility guidelines. As a payer of last resort, the program provides limited funding for

medically necessary diagnostic and treatment services for children whose families also meet financial eligibility guidelines. Children with special health care needs are those who have, or are at increased risk for a disease, defect or medical condition that may hinder their normal physical growth and development. These children require health and related services that go beyond those required by children in general.





59 average monthly caseload





The Women, Infants, & Children (WIC) provides income-based nutrition services to pregnant women, new mothers, babies, and children up to their 5th birthday. WIC staff helps families eat well and stay healthy through the implementation of breastfeeding support, nutrition education and counseling, health screenings and risk assessments, and referrals to health care as appropriate.



# WIC AT COMC

In order to better serve our community, MCHC has partnered with Central Ozarks Medical Center to offer a satellite WIC clinic in the southern part of our county.



# **Connect with us**



MORGAN COUNTY HEALTH CENTER

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