

MUSCULOSKELETAL REHABILITATION THERAPIES

The Healing Crisis

The Healing Crisis is the process in which the body goes through when it is eliminating itself of toxins faster than the body can dispose of them. Musculoskeletal Therapy stimulates the body's natural detoxification process, which may cause the Healing Crisis. Depending on the amount of toxins present in the body prior to the treatment will determine the severity of the symptoms experienced.

Believing that this treatment is actually working can be difficult if your dog starts to display signs of being unwell soon after the treatment and in some cases presents similar symptoms to a recent illness. However, this is a perfectly normal reaction and a sign that the treatment is actually working. The body has an inherent desire for perfect health and so it is with this in mind that the body will constantly try to achieve this. By cleaning itself of its impurities, toxins and imbalances, the body prepares itself for regeneration replacing old tissues with new.

Signs and symptoms may include:

- Lethargic and quiet
- Increase in joint or muscular pain (this may be presented in lameness up to 48 hours)
- Frequent urination, possible diarrhoea or upset stomach
- Increased thirst
- A runny nose
- Possible vomiting
- However sometimes it can cause your dog to feel great, which will encourage your dog to be more active, take care to manage over active behaviour during the first 48 hours

