



## LES GORGES (FULL DAY)

Adapted to any level, from beginners to experienced riders.

Period : from April to beginning of November.

Age : adults and children over 10 years of age.

Session length : 6 hours.

Time spent riding : 3 hours.

Paces : walk and trot, canter according to the ability of each rider.

An experience to get to know a herd and build a relationship with your horse.

From the first contact with your horse until its return among the herd after the trek, all the information provided will help you understand this wonderful animal, who will become, for a while, a travelling companion with whom you can share a beautiful story.

Each rider will pick out his horse from the paddock and will take care of the horse before and after the ride, so that a real exchange between horse and rider can take place.

**ROUTE :** From the lac d'Artignosc to the lac de Montpezat, and through the gorges in between the lakes. The return trip takes us through the paths and fields of Saint-Laurent-du-Verdon.

**SCHEDULE :** meeting at **10:00 am**, end of the session around **4:00 pm**.

**POINTS OF INTEREST :** The Verdon Gorges and the Verdon's small lakes region.

**HIGHLIGHTS :** This treks offers the opportunity to combine equestrian tourism and horse riding : the time spent on horseback, on a very varied trail, will allow every rider - even complete beginners - to improve quickly. This trek is also possible during very warm periods of the year : a great deal of the route is in woodland or close to the water. Riders can refresh themselves in the water during the break (adults and accompanied children).

**PRICE : 75 € per person.**

The price includes :

- Hire of an equipped horse.
- The monitoring of the session by a certified equestrian tourism professional.
- Loan of a helmet (wearing a helmet is compulsory).

**Payment at the centre :** cheque, cash or traveller's check.

**Remote payment :** cheque or bank transfer.

**Reservation required.**

### PRACTICAL INFORMATION

**CLOTHING :** Long trousers, closed shoes, T-shirt rather than sleeveless vest. Clothing must be comfortable. The rider must be in good physical condition.

**BRING WITH YOU :** a picnic, 1 to 2 litres of water per person, camera, sunscreen, swimsuit, towel (saddlebags are provided for your personal belongings).

**WEATHER :** In case of rain or showers, the trek will take place and we will provide raincoats adapted for riders. If the weather is judged to make the activity impossible and we take the decision to cancel the ride, we offer another date for the trek, or a refund.

**INSURANCE :** The centre is covered for its own civil responsibility. We advise you to check with your own insurance. We also offer a personal "stopover rider" insurance.

**We also offer other services :**

- ✓ Canoe trips into the Verdon gorges.
- ✓ Horseback and canoe packages.
- ✓ On site accommodation, in our "lodge" tents (from June to early September ; B&B or half-board).

- LES CHEVAUX DU VERDON -  
CENTRE DE RANDONNÉE ÉQUESTRE  
DU GRIGNOLET

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