

Session Summary/Evaluation 06/07/2016

Establishment: School A	Leader: Greg Baker, Jenny Kay.	Location: Much Wenlock
Students: Students A, B, C, D & E	Staff: School Teacher	Activity: Navigation & Map Reading, Zip-line, Rock Climbing

Session Details

All students completed a remotely supervised map course which incorporated using a radio in order to communicate with staff. This developed their ability to work independently, problem solve and work together to complete the map course which took them to their next activities. The girls then had a choice to take part in rock climbing, an abseil and zip line.

Student Comments:

Student A:

A stepped up to the challenge of problem solving when difficulties within the group arose during the map course, she showed maturity and good communication skills. She also showed real courage in overcoming her fears to go down the zipline.

Student B:

B showed great eagerness towards all the activities on offer today.

Student C:

C had a lovely attitude towards the day's activities and particularly enjoyed the zipline.

Student D:

D enjoyed all the high-roped activities. When discussing the issues that had led to the division in the original groups she did struggle however to have an objective conversation and accept how important it is to follow instructions and try harder to work through differences of opinions.

Student E:

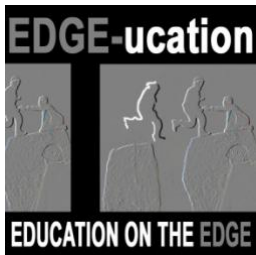
E had clearly found a love of the outdoors and was eager to take part in the day. She showed grit and determination especially on the rock climb, attempting it twice to overcome the more difficult moves. Well done.

Overview

Once again it was a very enjoyable day and great to see the increasing confidence of the girls who returned. The girls did find the map course somewhat challenging and separated into different groups from that which they were originally put into due to a difference of opinion. This suggests that there is still the potential to develop their abilities to discuss, exchange and respect each other's views, without letting this create a division. Interestingly, they split into one group of the girls from the previous outing, and another group comprising of the three new girls; and it was these three who showed a real tenacity to complete the map course some time before the others.

Everyone really enjoyed the roped activities however, and it was a pleasure to see the strides these girls made, conquering their fears on the zipline, and finding real enjoyment in the developing the skills required to attempt the climb.

Jenny Kay & Greg Baker, EDGE-ucation.



Session Summary/Evaluation 10/09/2020

Establishment: [REDACTED] School	Leader: Greg Baker	Location: [REDACTED]
Students: [REDACTED] [REDACTED]	Staff: [REDACTED] Care Staff: [REDACTED] [REDACTED]	Activity: Orienteering & Tyrolean

Session Report

It was lovely to meet all the new students and they arrived with a very positive attitude listening carefully to instructions and advice. We started with a COVID briefing and I drew their attention to the hand sanitiser in their rucksacks and times it may be appropriate to use it; especially after handling group equipment and before food. They started the day with an orienteering code breaker activity, which after checking with carers about what level of supervision they would be happy with, they completed with distant eye being kept on them, but with the students having the illusion of independence. After we met up again at the end of the course, we moved into the woods for where the students helped each other up and over natural obstacles whilst exploring the nature of their surroundings and looking for clues in the form of fossils which would prove this area was once a tropical sea! After this, we broke for lunch before scrambling a fixed line to the top of the zip. The Tyrolean zip line brought the day to and end.

AJ was a little aloof to start off, however, she listened carefully to a few pointers on map reading and how to use a two-way radio, before setting off on an orienteering course which she assisted in the group in completing. After this she enjoyed the journey through the woods but was notably close to Becs at all times, drawing strength from her. With support from her friend though AJ was successful in all areas of the day and seemed to enjoy herself more and more as the day went on.

[REDACTED] Becs was an obvious leader from the outset and with her previous experiences in the outdoors was a strong presence throughout the day. She was the clearest and most confident voice coming over the 2-way radio in the initial activity and showed real interest in the fossil hunting. She was a great encouragement to AJ throughout the day and without her assistance, I'm sure AJ wouldn't have got as much enjoyment out of the day. She loved the zipline at the end and I can see she has a really brave, adventurous and fun loving personality. I'm really looking forward to more adventures with her!

[REDACTED] Cassie was another big presence in the group but seemed to like to draw attention from the phrase "I can't". However this was quite clearly a rouse as she was 100% successful with every activity in the day, and completed each activity with far too big a smile on her face to be truly worried about things! Initially she was reasonably polite, but it seemed that as the day went on, the phrase "familiarity breeds contempt" was applicable and her language, as well as sometimes the way in which she addressed adults deteriorated. This was a shame, as the persona she arrived with was a really likeable one! With some work, I'm sure we can bring it more to the forefront.

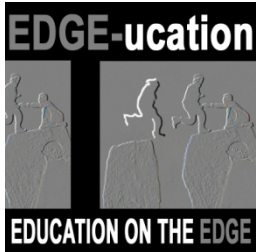
[REDACTED] Chelsea was quite quiet but none-the-less a very pleasant girl and listened carefully to instructions, especially when putting on our PPE (harnesses, not face masks!) When we met up again after the orienteering course and made our way into the wooded quarry, she seemed interested in the natural

history of the area and answered questions thoughtfully. The zipline after lunch however proved to be her nemesis and we had some tears. Little by little though, she managed to get right to the edge of the take off point although, she couldn't quite make the final leap of faith. Wanting to build trust, I told her how well she had done in conquering her fears to get where she had, and brought her away from the edge to watch others go first. I went to discuss with her how to move forward and half joking said that before, with their permission, I had pushed people off who couldn't quite sum up the courage. To my amazement she instantly agreed to this and 2 minutes later she was at the bottom! Life is all about knowing your weaknesses and finding ways to get round them and this she certainly did. Brilliant effort!

All in all, this was a great first session and I'm sure the girls took a lot away from it with 100% success for everyone and some students even coming back for 'seconds' on the zipline. I loved the fact that all the girls instantly agreed that **Chelsea** deserved 'Woman of the Match' acknowledging her massive efforts in overcoming her fears. I'm really looking forward to our next adventure and seeing these girls flourish in the great outdoors again! I discussed with them what we could do next and they expressed an interest in more map reading activities as well as the possibility of another zip, so next time I propose to take them to **Rindleford**.

Future Ideas

- Develop their map reading skills with some more navigation activities.
- Continue to challenge them with more high-rope activities with the possibility of some climbing.



Session Summary/Evaluation: 06/05/2022

Establishment: [REDACTED] Academy Yr 10 Grp A	Leader: Greg Baker & Joe Palmer	Location: [REDACTED]
Students: [REDACTED] [REDACTED] [REDACTED]	Staff: Stephanie [REDACTED] & Diane Care Staff: -	Activity: Walking, Boulder Problem, Gully & Climb

Session Details

This was a lovely day out with this new group of students and a great introduction to the types of activities we would be doing and the levels of responsibility we would require of them. The day consisted of an adventurous walk into the crag through some old sandstone quarries, across some steep and tricky ground before overcoming a boulder problem. After this, we took in the summit of Grinshill where we paused for lunch whilst taking in the beautiful views. We then went on to the main crag where everyone climbed the gully and attempted at least one climb on the main crag. We ended with a walk back to the vehicles taking in the view of the quarry from the top.

[REDACTED] had a great first day and showed himself to be immensely responsible and reactive to instructions given. He climbed well and really enjoyed his first day out.

[REDACTED] at times struggled with the physicality of the day but pushed himself out of his comfort zone and had a very accomplished ascent of the gully overcoming his fears of tight spaces.

Jai had another great first day out today while proving himself to be responsible young man. He thoroughly enjoyed the gully climb and gave a good account of himself.

[REDACTED] showed himself to be a fantastic young man; he was polite and very responsible. He matched this responsibility with a fine physical ability which he used to good effect on the boulder problem and all the other climbs he attempted at the main crag, topping out on them all.

[REDACTED] was a very physically capable young lady who succeeded in every activity presented to her during the day. She overcame the boulder problem without any hesitation as well as the climbs at the main crag and managed to keep her focus on the activities at hand even when some of those around her were trying to be.

[REDACTED] had a pretty good first day out and accomplished all the activities presented to her. She did become a little distracted by those around however at times and needed help refocusing on the task at hand.

[REDACTED] was very apprehensive about many of the activities presented to him today but despite this, and with some encouragement, managed to accomplish at least one of the climbs with some success. He was again quite nervous when attempting the gully climb but with a little coaching managed to complete it.

[REDACTED] was easily distracted during most of the day and needed constant reminders to focus his attention on the tasks presented to him even when this entailed looking after the safety of other climbers. He did step up to the mark a couple of times during the day however when presented with a grim reality of failure and actually climbed the gully with some real focus, but this seemed to only

manifest when it was his wellbeing which was at stake. This shows that he can focus but unfortunately seems to be quite often distracted by incidental things going on around him or more often try and distract others with inconsequential banalities.

■■■■ had a reasonable first day out and with a few reminders played his part in helping others during the initial activities and overcoming the boulder problem. His best activity of the day was the rock climb which accomplished with some real ability.

■■■■ was certainly one to watch during the day as despite some innate ability, his ability to focus leaves a lot of room for improvement and during the gully climb, he needed constant monitoring to ensure his safe change-overs using the cow-tail system along the fixed rope.

■■■■ was a lovely, friendly and approachable young man who really enjoyed his first day out. He did at times struggle to remain focused on the task presented to him and could also be distracting to others. However, when fully focused he proved himself to be quite capable of all the climbing activities presented to him.

■■■■ enjoyed his first day out with us and most of the time proved himself to be responsible and capable of the activities presented to him. He could become a little distracted when around certain other members of the group which made him one to watch and affected his ability to achieve his full potential.

■■■■ had a great first day out and accomplished every challenge presented to him. He proved himself to be responsible and trustworthy as the necessity arose.

■■■■ had some really positive moments in the day and, when he was surrounded by other more responsible members of the group rose to the challenge of each activity proving himself to be both capable and able to help others. He needs to be like this though regardless of his companions though and make sure he is the level others rise to, rather than lowering his level to his less mature peers.

Future Ideas:

- ■■■■ Coppice to challenge the students with more high roped activities and give them more opportunities to support each other.