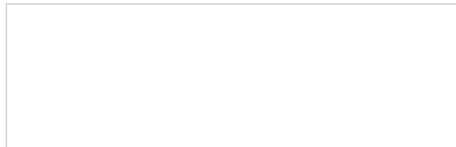




HOMEGROWN & DEEP ROOTED

531 Lewis Avenue  
La Junta, CO 81050



**Save The Date March 29, 2023**  
**CALF AUCTION 12:00PM**  
**24026 County Rd 30.25, La Junta, CO**



Photo Credit: Brooke Warren/High Country News.



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Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

**Board of Directors**

Nancy Long	President
Adrian Hart	Vice - President
Lindsey Hart	Secretary
Albert Davis	Treasurer

Las Animas
Swink
Cheraw
La Junta

**\*\*Seeking Board Members\*\***

In the areas of Rocky Ford, Manzanola, and surrounding areas of Fowler, and Crowley County

**Consultants**

Andrea Hancock  
 Wendy Fisher  
 Amy Proctor  
 Shelby Davis

Occupational Therapist  
 Dietician  
 Physical Therapist  
 Speech Therapist

**Hospice Staff**

Paul T. Yoder, MD  
 Jeffrey Perry, MD  
 Anita Potter, RN, BSN  
 Amber Covington, RN, BSN, CHPN  
 Catherine Ramirez, CNA  
 Mary Walter, RN  
 Annastasia Fritz, RN  
 Beatrice Jones, LPN  
 Rodley Lastrilla, LPN  
 Marilyn Crandall, LPN  
 Clara Little Light, CNA  
 Cassie Campos, CNA  
 Mary Hobbs, LCSW  
 Steve Hicks  
 JoEllen Netherton, CNA  
 Rachel Carter  
 Tara Castaneda  
 Charlie Carson

Medical Director  
 Assistant Medical Director  
 Hospice Director  
 Patient Care Coordinator  
 Administrative Coordinator  
 Staff Nurse  
 Staff Nurse  
 Staff Nurse  
 Staff Nurse  
 Staff Nurse  
 Hospice Aide  
 Hospice Aide  
 Family Services Coordinator  
 Chaplain/Bereavement Coordinator  
 Volunteer Coordinator  
 Medical Records Technician / Companion Care Coordinator  
 Marketing Liaison  
 Equipment/Maintenance

The Mission of Arkansas Valley Hospice is to provide quality mind, body, and spirit patient-centered care, while supporting, serving, and educating our community about end-of-life tribulations

For more information visit [www.arkvalleyhospice.org](http://www.arkvalleyhospice.org)

**Companion Care Providers**

Rebecca Ritter  
 Antoinette Martinez  
 Dillon Castaneda  
 Kimberly Long

Companion Care Provider  
 Companion Care Provider  
 Companion Care Provider  
 Companion Care Provider

**Volunteers**

Anita Bloom  
 Karen Brubaker  
 Frances Castaneda  
 Elizabeth Domsten  
 Pat Gamboa  
 Dorean Gierhan  
 Jan Greene

Buck Johnson  
 Antoinette Martinez  
 Janet McGaughey  
 Pauline Rangel  
 Terry Smalling  
 Rosalia Valdez



**Welcome new subscribers! Please take notice to all the amazing donors listed within the newsletter. Your generosity is greatly appreciated. Arkansas Valley Hospice has grown in patient care services and we would not be able to provide the level of care that we do without your support! On behalf of the entire Arkansas Valley Hospice organization...**

**THANK YOU SUPPORTERS & COMMUNITY PARTNERS!**

## Memorial, Grants, and Donations Continued...

Reflects receipts from 11/01/2022 thru 12/31/2022

### Sam Petramala

Tiffany Canaday  
Victoria Petramala

### Sharon Phillips

Cheraw Willing Workers, UMC

### Scott Pittullo

Cheryl Lynn Pittullo

### Vernon John Proctor

Mark & Cynthia Paolucci

### Tam Roberts

Sharon Roberts

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Michael & Anna Walisky

### Ruben Rodriguez - Robles

Cheraw Willing Workers, UMC

### Ruben Robles

Mandy Horn

### Nancy Rudolph

Eldon & Wilma Siebuhr

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Robert Samaniego  
Robert Samaniego Jr  
Michael Samaniego  
Michelle Samaniego

### Loretta Schwartz

Linda Sullivan

### Doris Scofield

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### Mr. & Mrs. Harrison Scofield

Don & Karlene Scofield

### Jay Scott

Lynda Scott

### Alvin Sellmer

Pastor Don & C. Jane Parker

### Hank & Maria Shelton

Dianne McKinley

### Wanda L. Smith

Pamela Malden

### Phil Snyder

Cheraw Willing Workers, UMC

### Betty Storey

Greg & Deborah Storey

### Stacy Jean Storey

Greg & Deborah Storey

### Ralph Storey

Greg & Deborah Storey

### J. Suher

Berniece McClure

### D. Sullivan

Berniece McClure

### Orlando Terrones

Linda Sullivan

### Andrea K. Walsh

Timothy Walsh

### Clifford Walter

Mary Walter

### Tom Ward

Pauline & James Wilson

### Babe Warren

Linda Sullivan

### Tim Watkins

Sylvia Watkins

### Jane Sue Watson

Pauline & James Wilson

### Linda Ward

Pauline & James Wilson

### Mike Westwood

Cheraw Willing Workers, UMC

### Van Williams

William & Virginia Turner

### Flora Wilson

Alice McDonald

### Wittman Family

Bernice McClure

### Mike & Sherri Wyckoff

John & Tiffany Canaday  
Victoria Petramala

### Harold & Dorothy Wyckoff

John & Tiffany Canaday

### Wyckoff Family

John & Tiffany Canaday

### Mrs. Virginia Yeargan

Don & Karlene Scofield

### Hershel Yeargan Jr.

Don & Karlene Scofield

### Mary Yoder

Dianne McKinley  
Dwayne & Bonnie Rufenacht

### In Honor Of

### Karen Menges

Terry Menges

### Jan Mapes

Jan Mapes Fine Art  
Tammy Root

### Donations

Tom & Karen Brubaker  
LaRene Carpenter  
Dana Davis  
Sara Harper  
Cody Long  
Lisa Morrelli  
Don & Karlene Scofield  
Richard & Susan Shand

Terry & Mary Ann Spangler

Ed & Clara Lee Stafford

Larry Tucker

Julie Ann Uhernik

Absolute Automotive

Community Thrift Shop

Network For Good

Our Lady of Guadalupe/St. Patrick Parish

Southeast Colorado Power Association

Trinity Ruth Guild

United Methodist Women - Swink

### Non-monetary Donations

Kenny Ray Arguello

Terrie Bateman & Family

Shirley Benz

Nate Burnham

Marty Canfield

Debbie Carrica

Frances Castaneda

Louella Cruz

Jaris Danielson

Cody Downare

Bob Fowler & Family

Gierhan Family

Adrian Hart

Brody Horn

S. Vicki & Dennis Hutson

Devin John

Bill & Nancy Long

Doniven Olague

Dona Gibbs-Olsen

Tracy Quillin

Kaden Ramirez

Jim Robinson

Trent Ryan

Pat Valdez

Wagner Family

Mary Walter

Steve Webster

Anonymous

Bent County Community Center

Bent County Senior Center

Cheraw Post Office

City of La Junta

City of Las Animas

City of Rocky Ford

Cottonwood Ridge Assisted Living

Crowley County Heritage Center

Crowley County Nursing Center

Crowley County Senior Center

Downare Auctions

First National Bank of La Junta

First National Bank of Las Animas

First National Bank of Rocky Ford

First National Bank of Ordway

Fowler State Bank

La Junta Chamber of Commerce

La Junta Courthouse

La Junta Senior Center

Las Animas VFW Women's Auxiliary

Mosher Towing

Olney Springs Senior Center

Olney Springs Town Hall

Otero County Commissioners

Otero County Farm Bureau

Rubens Auto Body

SECO News

Thaxton's Market

Thunder Media

Town of Fowler

Town of Manzanola

Town of Ordway

Town of Swink

## Memorial, Grants, and Donations Continued...

Reflects receipts from 11/01/2022 thru 12/31/2022

**Shelly Hollenback**

Greg & Deborah Storey

**Don Honey**

Cassie Elder

**Peggy Horn**

Rob & Colleen Oquist

**Barbara Hutchins**

Dianne McKinley

**Gary Hutson**

S. Vicki & Dennis Hutson

**Gene Hutson**

S. Vicki & Dennis Hutson

**Corey Isbell**

Linda Sullivan

**Keith James**

Michael & Anna Walisky

**Leo Knight**

Mary Bender  
Barb Knight

**Raymond & Rita Landgren**

Wanda Landgren

**Edwarda Lastrilla**

Rodley Lastrilla

**Francisco Lastrilla**

Rodley Lastrilla

**Sara Adams Lester**

Wayne & Shirley Adams

**Doyle Lester**

Wayne & Shirley Adams

**Donald Gene Long**

Cheraw willing Workers, UMC

**Lane & Jodie Long**

Bill & Nancy Long

**Louis S. Lopez**

Mary Martinez

**Leon Love**

Peggy Love

**Bill Lutz**

Phyllis Lutz

**Jonathan Lutz**

Phyllis Lutz

**Nate Lutz**

Phyllis Lutz

**Pedro Madrid**

Rita Martinez

**Daniel Maes**

Rita Maes  
Shirley Perea

**Felix Maes**

Rita Maes  
Shirley Perea

**Anna Martinez**

Adolph & Robin Martinez

**Juanita Martinez**

Adolph & Robin Martinez

**Moses Martinez**

Adolph & Robin Martinez

**Vincent Martinez**

Adolph & Robin Martinez

**Daisy May**

Linda Aragon

**V. McCleary**

Berniece McClure

**McClure Family**

Berniece McClure

**Owen McDonald**

Alice McDonald

**B. McGhee**

Bernice McClure

**Bill & Pat McKinley**

Dianne McKinley

**Howard Meadows**

Linda Sullivan

**Lyle & Bettie Miell**

Louann Cordova

**Steve Miell**

Louann Cordova

**Bill & Bonnie Miller**

Bill & Nancy Long

**Priscilla Miller**

Terri Fagan

**Doris Mills**

Wayne & Shirley Adams

**Everett Mills**

Wayne & Shirley Adams

**Elwin Morgan**

Peggy Love

**Pauline Morgan**

Peggy Love

**Don Moss**

Sharon Roberts

**David Nicklos**

Michael & Sue Nicklos

**Jack Nicklos**

Michael & Sue Nicklos

**Marlene Nicklos**

Michael & Sue Nicklos

**Matthew Nicklos**

Michael & Sue Nicklos

**Raul Ortega**

Shirley Ortega

**Loretta Paolucci**

Mark & Cynthia Paolucci

**Uncle Frank Palomino**

Mary Martinez

**Margaret Parker**

Pastor Don & C. Jane Parker

**Kip Patton**

Linda Sullivan

**John A. Perea**

Shirley Perea

**B.E. Poage**

Pauline & James Wilson

**Delmar Poage**

Pauline & James Wilson

**Elizabeth Poage**

Pauline & James Wilson

**Thomas F. Poage**

Pauline & James Wilson

Thank you!

"I'm passing on a hospice donation from Tom Alley's family with my own donation in thanks to every family member, friend and caregiver of every hospice patient.

As some may know, I spent the last year taking care of my best friend, her husband, and so her family and her many, many friends. In that time I think I called on every experience I had with hospice families to help us all find ways to cope, paths of understanding, respect for our individual needs. A year of sorrow, yes. But a year of joy and meaning, absolutely.

My friend Gina would join me in honoring everyone who has made this journey.

With all my thanks and love, Janice Finnell, RN



## Memorial, Grants, and Donations

Reflects receipts from 1/01/2022 thru 12/31/2022

We gladly accept items for our in-kind list such as wheelchairs, bed side tables, shower chairs, and other items you may feel our organization could benefit from.

### In Memory

#### Achilles

Max & Linda Aragon

#### Sherry Abney

Dianne McKinley

#### Robert Bob Adams

Wayne & Shirley Adams

#### Pierre Aguerre

S. Vicki & Dennis Hutson

#### Marge Anderson

Linda Sullivan

#### Tom Alley

Char Alley & Carol Brady

#### Clorinda Aragon

Linda Aragon

#### Clara Babb

Lynda Scott

#### Rick Babb

John & Tiffany Canaday

#### Robert Babb

Lynda Scott

#### M.R. "Bud" Bamber

Brenda Bamber

#### Zola Bamber

Brenda Bamber

#### Parents of Dan & Mary Beebe

Lawrence & Mary Beebe

#### Alvin Bender

Larry & Maxine Adcock  
James & Barbara Bender  
Ronda & Kevin Holt  
P.L. Honey  
Rick & Carla Honey  
CL & Renee Morgan  
Pat Honey Mosher  
Bruce & Gerry Radar  
Nancy Yoshida

#### Connie Bland

Linda Aragon

#### Curtis Bland

Linda Aragon

#### Amy Bloedel

Wanda Landgren

#### Bill Boggs

Cheraw Willing Workers, UMC

#### Jerald V. Bonds

Leslie Bonds

#### Jerry Bonds

Leslie Bonds  
Dick & Loretta Sharon

#### Sara Bonds

Leslie Bonds

#### Ethel Brandon

Phyllis Lutz

#### Jasper Bryant

Donny & Diana Hansen

#### Debbie Canaday

Roy & Beverly Armstrong  
Alvin & Mary Bender  
Jerald & Merideth Bradfield  
Karen Brubaker  
John & Tiffany Canaday  
Dana Davis  
Eugene & Elizabeth Domsten  
George & Jean Ann Larsen  
Matt or Kim Lindsey  
Mary Medina  
Ruth A. McCullough  
Rob & Colleen Oquist  
Bonnie Ratliff  
David & Beverly Reyher  
Linda Eileen Rhodes  
Bent Fort Water Co  
First Baptist Church in Guthrie, TX  
Morgan & Sons Glass, Inc

#### Butch Clark

Brenda Bamber

#### Veronica Coley

Louann Cordova

#### E.J. Conley

Claudia Conley

#### Max Cordova

Louann Cordova

#### Harvey Craig, Sr.

Alice McDonald

#### Harvey Craig, Jr.

Alice McDonald

#### Lulu S. Craig

Alice McDonald

#### Rolan Craig

Alice McDonald

#### Roberto Dela Cruz

Rodley Lastrilla

#### Allen Cutsforth

Joel Lundquist  
Betty Murray  
Charlene Nolan  
Kenneth Schweizer Family

#### Jim & Leona Edwards

Dianne McKinley

#### Miguel Encinas

Roxie Smith

#### Paul & Wanda Enns

Donny & Diana Hansen

#### Ed Fellhauer

Gary Fellhauer  
C.E. & D.L. Reeves

#### Doris Fellhauer

Gary Fellhauer  
C.E. & D.L. Reeves

#### Eldon Gierhan

Larry & Maxine Adcock  
Ciara Adams  
Cassia Adams  
Destiny Adams  
Michelle Adams  
Dorean Gierhan  
Tom Gierhan

#### Verner Giltner

Morgan & Sons Glass, Inc

#### L. Goodrich

Berniece McClure

#### Dave Golding

Linda Sullivan

#### Birdie Gonzales

Linda Aragon

#### Joe & Martha J. Gonzales

Wanda Landgren

#### Betty Grasmick

Larry & Maxine Adcock  
James & Barbara Bender

#### Herb Green

Leslie Bonds  
Anna Jean Green  
Dick & Loretta Sharon

#### Greg Grenard

Larry & Maxine Adcock

#### Gilbert Groves

Linda Sullivan

#### Ryan Gruntorad

Linda Sullivan

#### Carol Gutierrez

Adolph & Robin Martinez

#### Eddie Gutierrez III

Adolph & Robin Martinez

#### Martha Gutierrez

Adolph & Robin Martinez

#### Hans & Jerry Hansen

Donny & Diana Hansen

#### Gina Keenan-Heedke

Janice Finnell, RN

#### Jim Hollenback

Greg & Deborah Storey

#### Opal Hollenback

Greg & Deborah Storey



# National Volunteer Week APRIL 16 - 22, 2023

We extend our appreciation! **THANK YOU!!!**

We love  
OUR  
Volunteers



## National Doctor's Day

March 30, 2023

In recognition of all the doctor's who provide care for our communities every day.

~ THANK YOU!



Paul T. Yoder, MD  
Medical Director



Jeffrey Perry, MD  
Assistant Medical Director



## We're Passionate About Supporting Veterans

Arkansas Valley Hospice, Inc. is proud to be a part of the *We Honor Veterans* campaign, a joint program of the National Hospice and Palliative Care Organization and the Veterans Administration. We all owe our thanks to veterans and the sacrifices they've made to protect our freedom and safety. It's only right that they be taken care of in their time of need with compassionate hospice and palliative care.



### *wish list*

- \* Twin Sheets (fitted & flat)
- \* Clorox/Lysol Wipes
- \* 0.35 oz Burt's Bees Lip Balm
- \* 4 oz Baby Powder
- \* Liqui - Tears Eye Drops
- \* Holiday Gift Sets / Trinkets

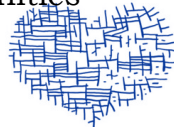


### Volunteering can be a rewarding experience

Hospice volunteers are a vital part of our organization. We have opportunities available:

- Patient care activities
- Administrative support
- Fundraising/Marketing
- Grief support
- Veteran's Program
- Community outreach
- Special Projects

To become a volunteer contact JoEllen (719) 384-8827



## Singers Wanted

## Mending Hearts Support Group

Monthly every 4th Tuesday

10:00am-11:00am

Come together in a community as we journey the pathway of grief and loss. Talk and encourage one another to mend hearts with Steve Hicks, Bereavement Coordinator.

Sessions will continue monthly every 4<sup>th</sup> Tuesday at 10 am. Sessions will be held at Arkansas Valley Hospice Inc, 531 Lewis Avenue, La Junta. Private sessions are available, please call (719) 384-8827 to speak with someone. You are not alone, there are resources in your community available to you. Join us as we share in our journey!

Contact Steve Hicks for more information.

719-384-8827

# The True Benefit Is to Patient's and Their Families.



Arkansas Valley Hospice recognizes Patient Care Coordinator Amber Covington, RN, as Certified Hospice and Palliative Nurse (CHPN).

Amber Covington, RN, CHPN Patient Care Coordinator at Arkansas Valley Hospice completed the Certified Hospice and Palliative (CHPN) examination in September of 2022. To be eligible for the CHPN examination, an applicant must hold a current, unrestricted Registered Nurse license in the United States, and must have hospice and palliative nursing practice of 500 hours in the most recent 12 months or 1,000 hours in the most recent 24 months prior to applying for the examination. The certification is designed for experienced hospice and palliative nurses. The certification holds a four-year term and requires a one-time fee. Recertification is required after four years.

Amber continually sets high standards in her nursing career and the clinical staff who care for those with a life limiting illness. Her deep understanding and advocacy for patient-centered individualized care is expressed with all those who work beside her. Her passion for her community shows as she works tirelessly and selfless to advocate for people in all stages of life, better outcomes for patients, and their families. Arkansas Valley Hospice provides service to seven counties (19 towns) and is the only true local hospice in the Arkansas Valley. Amber has proven that her career path is headed in the right direction by extending her education career in hospice and palliative nursing. As a Certified Hospice and Palliative nurse Amber and the Arkansas Valley Hospice organization can provide an even greater benefit to patients and their families.

According to the American Nurses Credentialing Center those who become a Certified Hospice and Palliative Nurse advance their knowledge in the hospice and palliative industry, demonstrate dedication to the profession, prove their commitment to improving patient outcomes and gain industry-wide recognition. Patients get better care. Research suggests a link between certified nurses and better patient outcomes.

Hospice is a field that specializes in end-of-life care. As such, hospice nurses manage complex pain and symptoms. They also oversee the hospice team aka the interdisciplinary group (IDG).

The mission of Arkansas Valley Hospice is to provide quality mind, body, and spirit patient centered care, while supporting serving and educating the community about end-of-life tribulations.

Arkansas Valley Hospice recognizes the professional development Amber Covington, Patient Care Coordinator has accomplished. To provide individualized care when patients and families need it most. The true benefit is to patients and their families.

For more information about end-of-life care, advance care planning, palliative care or to reach Amber directly please call 719-384-8827 or stop in at 531 Lewis Ave. La Junta, CO 81050

# THANK YOU

## Rancher's For Hospice

Our hearts go out to WW Feeds & Supply.

We continue to support you and look forward to the Rancher's for Hospice in the coming years.





# Meet Our AVH Social Worker



My name is Mary Hobbs, and I am the new hospice social worker. I have been employed as a social worker for the past 35 years working with individuals, families and with veterans. I was born and raised in Pueblo, Colorado. I attended the local schools and graduated from Centennial High School as well as the University of Southern Colorado with a degree in psychology. After completing my undergraduate degree, I worked for a small social services department prior to attending the University of Kansas, school of Social Work where I obtained my Master of Social Work degree. I returned to southern Colorado and was employed by the Southeast Mental Health Center in the fall of 1989 for approximately 18 months before leaving to work with the Department of Veterans Affairs, Ft. Lyon. I retired in December 2021 from the Pueblo VA Clinic.

The Department of Veterans Affairs provided me many opportunities to advance my career in the field of social work. American history became more relevant to me as I worked with veterans from every conflict since WWII to the present. Working with veterans taught me the importance of listening to their life stories and being present for painful memories as well as joy.

In my spare time, I have a summer garden, read and attend several needlework guilds. I also love to visit coffee shops and talk with other customers. I have a rescued Cocker spaniel mix by the name of Bentley. Bentley came to live with me last November from a local rescue. Bentley failed two adoptions; therefore, he has issues with trust. We are slowly working through his issues. Bentley's favorite activity is to go through the Starbucks drive through and receive a pup cup. I am a strong advocate for finding forever homes for dogs and cats. Bentley is my fourth cocker spaniel I have rescued.

When I retired last December, I thought I was done with my career as a social worker. Apparently, I wasn't because I'm here working with an amazing team of professionals who are dedicated to their patients and the community.



## SOCIAL WORK BREAKS BARRIERS



Social Work Month in March is a time to celebrate the great profession of social work.

The theme for Social Work Month 2023 is **Social Work Breaks Barriers**.

During Social Work Month take time to learn more about the many positive contributions of the profession, and use the items in our toolkit to celebrate all the social workers you know.

**82** **67** **52**  
**31**

**BINGO**

WEEKLY EVERY THURSDAY @ 10:30AM  
LA JUNTA SENIOR CENTER  
102 E. 2ND ST, LA JUNTA  
QUESTIONS CALL 719-384-8827  
SPONSORED BY:

Arkansas Valley Hospice, Inc.  
HOMEGROWN & DEEP ROOTED





Arkansas Valley Hospice, Inc.

HOMEGROWN & DEEP ROOTED

In conjunction with

*La Junta Livestock Commission Inc*

# 37th Annual CALF AUCTION

**March 29, 2023 @ Noon**

La Junta Livestock  
Commission Inc.  
24026 County RD 30.25

## Support Our Mission

Call La Junta Livestock to offer any donation bid amount you desire. Donations can be dropped off or mailed to:

La Junta Livestock  
PO Box 69  
La Junta, CO 81050  
La Junta Livestock: (719) 384-7781  
All donations are tax deductible.

Proceeds benefit  
Arkansas Valley Hospice



COWS AND BUTTERFLIES

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531 Lewis Ave.  
P.O. Box 408  
La Junta, CO, 81050  
Phone: 384-8827  
Fax: 384-2045  
www.arkvalleyhospice.org

