Theresa Groody, DHSc, EFDA, CDA

6 CE Credits

A dynamic and engaging national speaker and educator, Theresa enjoys taking both dental and expanded function assistants to their next level facilitating her interactive presentations. Working in clinical and academic dentistry for four decades and competent in curriculum design and assessment, she currently teaches Expanded Functions Dental Assisting Lecture and Laboratory courses at Harcum College, where employed as the Director of Professional Studies.

In 2018, Dr. Groody was reappointed for her second term serving in the newly created EFDA position on the Pennsylvania Board of Dentistry and elected as the Board Secretary in 2022. As an appointed curriculum consultant for the American Dental Association’s Commission on Dental Accreditation (CODA), Dr. Groody conducted site visits evaluating assisting programs across the country and completed her Doctoral dissertation in 2021, focused on excellence in preclinical education of dental assistants and EFDAs.

Dr. Groody is a DANB certified dental assistant (CDA), a founding member of the Pennsylvania EFDA Association, a member of the ADAA, ADEA, and an advisory board member for several programs.

Course Title: ABCs of restorative procedures; Adhesion, Bands, and Composites

Course Description: Basics of restorative procedures will be reviewed and discussed so the assistant can assist more efficiently and the EFDA restore more competently. Confused about what each component really does? Not sure when total/self/selective etch is used? Convinced yet your practice needs to get onboard with sectionals? Think all flowables are the same? Clinical tips for success and brand suggestions will be included in this program as well as troubleshooting daily challenges faced while attempting to serve our patients best and “do it the right way”.

Learning Objectives:

1. Compare/contrast 8 generations of dental adhesives.
2. Explain basic functions of etch, primer and bonding agent and sealants; application of each will be discussed and demonstrated.
3. Review criteria for properly placed matrix bands and wedges.
4. Discuss choices of materials and suggested technique for placing, finishing, and polishing Class I-V composites.
5. Demonstrate sectional matrix/wedge placement and subsequent composite placement, finishing and polishing steps.

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