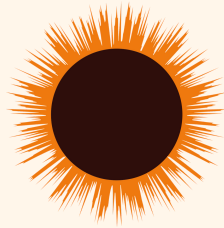


SCHALOM


FOOD




ה ה מ ט ס


Choose from our three basics and create your own humus with toppings of your choice!

DEIN HUMUS

CLASSIC^L  7


SELEK ADOM^L  8
beetroot humus

AVOCADO^L  9


HUMUS TRIO^L  14
Classic, avocado, beetroot in etagere



YOUR TOPPING

ZNOBARIM  + 2,5
pine nuts

TAHINA^L  + 2,5
sesame paste

SHUG^L  + 2,5
hot chili sauce

PITRIJOT
marinated, baked mushrooms  + 3,5

FALAFEL  + 3,5
three balls of falafel

DEIN BROT

PITA BROT^A  2,20

LAFABROT^{A,L}  2,20


Arabic flatbread with olive oil and zaatar

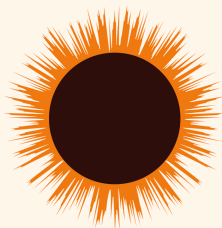


BASAR + 4,5
homemade ground meat in tomato sauce

L = Sesamsamen und Sesamerzeugnisse

A = glutenhaltiges Getreide

 vegetarisch



ISRAELI TAPAS

Here you can find a selection of our homemade israeli tapas.

TAPAS ISRAELI KATAN

five tapas, humus classic and a basket of pita and lafa bread.

24



TAPAS ISRAELI GADOL

ten tapas, humus classic and a basket of pita and lafa bread

34



JE 4, 2

ZEYTIM

pickled olives in garlic oil



GEZER MAROKKAJ

spicy pickled carrots



AGVANIJOT CHERRY

cherry tomatoes with pine nuts and basil



HAMUTZIM

pickled vegetables



HAZIL HABAIT

grilled eggplant with tomato



SELEK ADOM

beetroot salad



HAZIL IM TAHINA^L

eggplants with sesame paste



KRUV ADOM

red cabbage salad



HAZIL BABAGANOUSH^C

grilled eggplant with eggs



KRUV LAVAN

white cabbage salad



PITRIJOT

marinated, baked mushrooms



TAHINA^L

sesame paste



MATBUCHA

spicy tomato paprika salad



SHUG

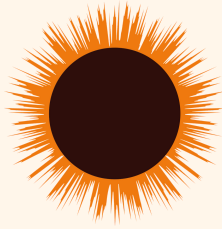
hot chili sauce



L = Sesamsamen und Sesamerzeugnisse

C = Eier und Eierzeugnisse

vegetarisch



ISRAELI CUISINE

"Servus" and welcome to the first authentic israeli restaurant in Munich!

First of all: There is nothing like "the" israeli cuisine.

Even though Israel is a very young and small country it inhabits citizens from over 60 different nations. By bringing in their individual, traditional and cultural culinary art the local cuisine was continuously influenced and shaped. Still today this process leads to a fusion of east and west and north and south - and from this "balagan" the israeli cuisine evolved.

Because of this culinary diversity it is usual in Israel to share many small dishes à la family style with each other - be'te'avon and good appetite!

TRADITIONAL DISHES

FALAFEL IM TAHINA^L

7 falafel balls with
sesame paste

7



ZALACHAT IM FALAFEL

5 falafel balls with humus,
3 different tapas including
pita or lafa bread

16

SHAKSHUKA^C

3 poached **BIO** eggs cooked in
tomatosauce including pita or lafa
bread

15



TSCHEBUREK^A

three big dumplings filled with ground
meat, salsa and
a small salad

18

MANTY^A

steamed dumplings filled
with ground meat
preparation approx. **30 min!**

3pcs **13** | 5pcs **19**

PELMENI^A

small cooked dumplings
filled with ground meat

18

WARENIKI

cooked dumplings filled with
potatoes, mushrooms and
melted onions

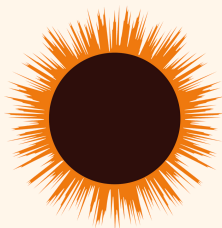
18



+ SOUR CREAM 1



L = Sesamsamen und Sesamerzeugnisse
A = glutenhaltiges Getreide
C = Eier und Eierzeugnisse.
✓ vegetarisch



SKEWERS

SHIPUD LEVAVOT AVAZ

Duck hearts skewer from
Lugeder poultry yard
10,90

SHIPUD ODU

marinated turkey skewer
11,90

SHIPUD PARGIJOT

chicken skewer from
Hubers poultry yard
11,90

SHIPUD KEBAP

skewer from Miesbach ground
beef with pine nuts
14,90

SHIPUD KEVES

marinated bavarian
lamb skewer
15,90

SHIPUD BAKAR

skewer with argentinian
entrecôte beef
16,90

ECLIPSE GRILLPLATTE

kebab, lamb chops, chicken,
duck hearts and turkey
20,90

SIDES

SALAT ISRAELI

fresh mixed salat with tomatoes,
cucumber, pomegranate seeds,
olives and parsley
5,5



CHIPS HABAIT

homemade potato wedges
5,5



COUSCOUS^A

couscous with pomegranate
seeds
6



ORES IM ZNOBARIM

rice with pine nuts
6



PTITIM^A

israeli couscous with
mushrooms
6,5



BATATA

mashed sweet
potato
6,5



TABULE^A

cold couscous Salat with
pomegranats seeds, parsley and
fresh mint
7



KRUVITH^{A, L, C}


fried cauliflower with
sesame paste
7,5

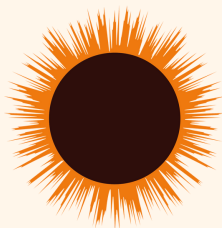


L = Sesamsamen und Sesamerzeugnisse

A = glutenhaltiges Getreide

C = Eier und Eierzeugnisse

 vegan



BURGER

served with homemade potato wedges
and red and white cabbage salad in a
fresh brioche bun

HAMBURGER^{L, A}

200g ground beef patty,
tomato, pickles, lettuce, onions and
mayonnaise

18

CHICKEN BURGER^{L, A}

200g chicken drumstick patty,
tomato, pickles, lettuce, onions,
mayonnaise and tahina

18

FALAFEL BURGER^{L, A}

250g falafelpatty, tomato, pickles,^{vegan}
lettuce, onions, mayonnaise and
tahina

18

+ extra **BIO** Spiegelei 1,80€

STEAKS

incl. 1 side of your choice

SPARE RIBS

marinated bavarian calf ribs in a
homemade BBQ sauce

25

STEAK PARGIJOT

chicken drumstick
without bone

20

ZLAOT KEVES

lamb chops


25

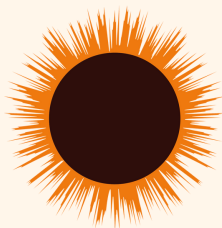
L = Sesamsamen und Sesamerzeugnisse

A = glutenhaltiges Getreide

C = Eier und Eierzeugnisse

F = Sojabohnen und Sojaerzeugnisse

 vegetarisch



FISH

incl. 1 side of your choice

FORELLE^D

with fresh herbs and
grounded almonds

19

LAVRAK^D

whole baked sea bass with fresh herbs
and grounded almonds

20

DENIS^D

whole baked seabream with fresh
herbs, grounded almonds and
garlic

21

STEAK SALOMON^D

grilled salmon filet with grounded
almonds

22

DESSERTS

UGAD CHOCOLAD^{A, C, F}

fluffy chocolate cake with
fruity sauce

7

+ with ice cream 9



MALABI^F

Rose Pudding with Berry
Sauce and Pistachios

6



SHOFAR YERIHO^A

hand rolled filo dough rolls
with date and marzipan
filling

6,5



GLIDAT IM TAHINA^{F, L}

home made ice cream with
tahina sauce

7



L = Sesamsamen und Sesamerzeugnisse

A = glutenhaltiges Getreide

C = Eier und Eierzeugnisse

F = Sojabohnen und Sojaerzeugnisse

vegetarisch

13 = koffeinhaltig

