



Communication is a central part of our lives.

This is true on a small scale as well as on a large scale.



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Structural processes can either promote or hinder the spectacular interaction with each other. It is worth taking a look at the faces of the people around you. Are the corners of their mouths drooping or are there more smiley faces? Often, looks, words and gestures can conjure up a welcome sparkle in the eyes of the other person. How wonderful it is to promote health through the joy of doing! This is where the continuing interaction with oneself and one's life traits helps. The special architecture of a mind map supports this.

The whole is more than the sum of its parts.

Extracting our uniqueness from the diversity of life presents us with constant challenges. With the ingenious mind map Inclr by architect Ken Chan, everyone can clearly represent their areas of life. The simple and focused design connects the respective areas of interest graphically. In this way, complex processes gain design power with excellent clarity. Instead of getting lost in the jungle of diverse information, this mind map bundles the areas at a glance.

Balancing made easy

Daily work with this app promotes reflective thinking and action. Parents can encourage their children to take responsibility for their own lives at an early stage. With brain-based learning, content is memorised much better. Pupils simply organise their learning content in a well-structured way. Therapists can work together with their patients to vividly promote the health and development processes they are striving for.

This information manager helps to balance the many facets of life. It is far more than a to-do list, and at the same time beautifully clear. Various everyday applications get their own face with the information clusters of this mind map.

This software bundles the personally set areas with links, pictures, videos, files and much more in a differentiated and clear way. An integrated calendar with a timer facilitates time management. This promotes goal-oriented behaviour. Own goals can thus be realised more reliably. With his vision of the Internet as a spatial cyberspace, the founder combines an architectural innovation that can be freely designed by all. This is where visual intelligence shows itself.

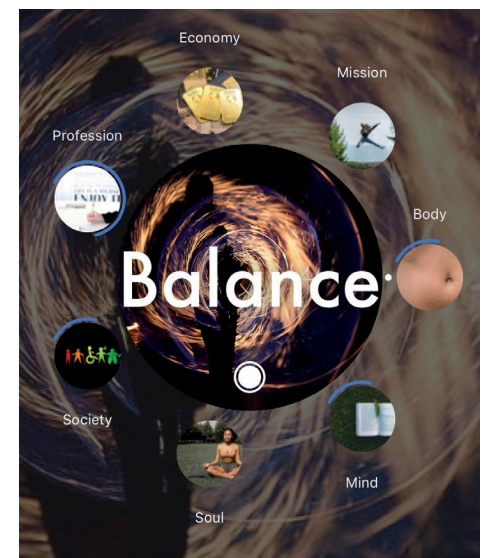
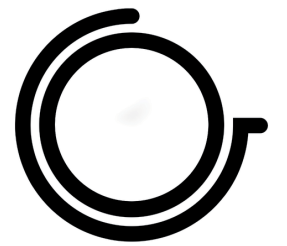
You can find more information about this mind map developed for the Apple system with illustrative examples at www.manage-alles.de.

As an example, there is a representation for life balance:

- Mission (development of personal resources)
- Body (oxygen, water, food, exercise, sleep, light)
- Spirit (reading, creative design, philosophising)
- Soul (Meditation, Spirituality)
- Relationships (family, partnership, friends, colleagues, acquaintances, society)
- Profession (vocation = much more than just a job)
- Finances (material security, housing, mobility, liquidity)

In the Medicus practice, Dr Neukirch successfully uses this mind map for nicotine withdrawal, among other things. The use of this app also leads to the desired results in other areas much more quickly and sustainably.

Multifaceted imbalances often need to be corrected.



Strong feeling

The whole is more than the sum of the parts.

