

SUGGESTED ITEMS FOR PILGRIMAGE

- 1) Sunglasses
- 2) Money Belt (OPTIONAL)
- 3) Earplugs (OPTIONAL - For traveling and sleeping)
- 4) Alarm for waking up
- 5) Watch
- 6) Notebook and Pen (OPTIONAL – Used to journal)
- 7) Water Bottle (Bottled water is available to purchase in Medjugorje)
- 8) Backpack (For items to carry to and from the church)
- 9) Jacket (For cool days or nights)
- 10) Sweats (OPTIONAL – For cold nights)
- 11) Comfortable shoes for walking and climbing the hills (Extra pair in event of rain)
- 12) Umbrella and Rain Poncho
- 13) Flashlight and Batteries (Walking and climbing at night)
- 14) FM Radio with headphones – Translation (Also available for rent in for approx. \$10.00)
- 15) International Converter and Adapter
- 16) Plastic Bags (Laundry)
- 17) Wash Cloth and Extra Towel (Home provides 2 towels during your stay)
- 18) Toiletries (Toothbrush, Toothpaste, Bar of Soap, Shampoo, Etc.)
- 19) Medicines (For colds, headaches, etc.)
- 20) Emergen C (Vitamin Drink Mix)
- 21) Kleenex / Wet Ones
- 22) Insect Repellant
- 23) Peanut Butter (OPTIONAL)
- 24) Snacks (OPTIONAL)

***** PLEASE NOTE*****

- ❖ **Liquids Rule:** You are allowed to bring **one quart-sized bag** of liquids, aerosols, gels, creams and pastes in your carry-on **bag** and through the checkpoint. These are limited to **travel-sized** containers that are 3.4 ounces (100 milliliters) or less per item. **Liquids** include toiletries such as shampoo, after-shave, hand or body lotion, and mouthwash and liquid makeup. Toiletries often found in gel form include **toothpaste, deodorant** and lip balm or lipstick.
- ❖ **Medications:** All prescription and over-the-counter **medications** may be brought aboard an aircraft in a carry-on bag, according to the TSA website. Liquid, gel and aerosol **medications** do not have to fit in a passenger's single quart-size bag and are exempt from the 3 oz.-**rule**.
- ❖ **Sharp Objects:** You never are permitted to carry on **sharp objects** such as box cutters, knives, or utility knives, but you can pack each of these **objects** into your checked luggage.