

 INSTITUTE
UK *of* AESTHETICS
M Medi Spa Clinics



NEW YEAR, NEW YOU 2022

TWEAKMENTS MENU



MEET THE TEAM



Molly Kelly

Founder, MCIPD – FHT

Molly is the founding member of the IOA Medi Spa Clinics. She is also an educator and author of the 4DLIPO Sculptology Programme, which covers both theoretical and practical aspects of the advanced technologies involved in non-surgical face lifting and body contouring.

Molly is also the Training Lead for L5 Diploma in Education & Training and the new L5 & L7 Aesthetic Practice Qualifications.



Emily Costello

Advanced Therapist

Emily offers a range of treatments including All things Lashes & Brows including Microbalding, Dermaplaning, RF Micro Needling & HIFU Non Surgical Face Lifting, Also Fat Dissolving, 4DLipo Body Sculpting & Laser Hair Removal



Paul Bailey

MSc – Cert Ed – IPTI

Paul is expert in Assessment, Treatment and Rehabilitation of Tissue Disfunction and Injury. He brings the valuable Massage Service to IOA Medi Spa together with extensive teaching and AO EQA experience he delivers our core training and is a member of IPTI.



Dana McDonald

Advanced Therapist

Dana offers a range of treatments including All things Lashes & Brows including Microbalding, Dermaplaning, RF Micro Needling & HIFU Non Surgical Face Lifting, Also Fat Dissolving, 4DLipo Body Sculpting & Laser Hair Removal

ABOUT THE INSTITUTE OF AESTHETICS

The Institute of Aesthetics Medi Spa Clinic was established in 2017, offering our trade marked Sculptology™, 4DLipo Body Sculpting & Face Contouring. We now offer a wide range of treatments and procedures including:

- Botox
- Dermal Fillers
- Fat Dissolving
- Body Sculpting
- Laser Hair Removal
- Jaw Contouring
- Skin Boosters
- 4DLipo Sculptology™
- Plasma Belpharoplasty
- HIFU Face Lifting
- RF Micro Needling
- Face Peels
- Tanning
- Massage

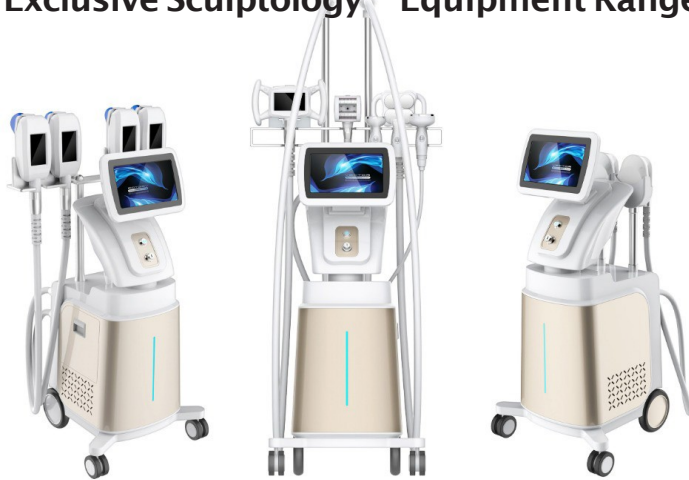
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Standards & Quality

The Institute of Aesthetics Medi Spa Clinics provide a bespoke service which represents excellent value for money.

We have an uncompromising attitude towards quality, using only the highest quality pharmaceuticals and advanced techniques.

Exclusive Sculptology™ Equipment Range



BODY – 4DLIPO Sculptology™ Body Sculpting

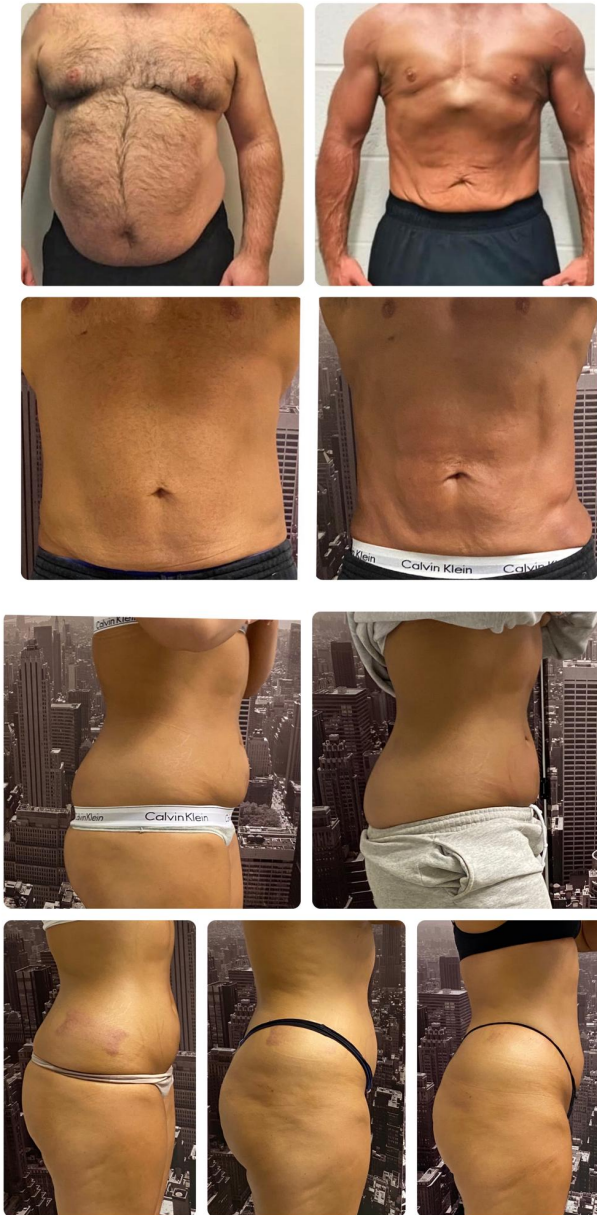


4DLIPO SCULPTOLOGY is a 4 part treatment of Cryolipolysis followed by Ultrasound Cavitation, then Vacuum Radio frequency Skin Tightening, and then we can use Electro Muscle Stimulation

Cryolipolysis is a clinically proven treatment that destroys fat cells by freezing them, the treatment is delivered by controlled application of cooling, within the temperature of around to -5°C .

Vacuum Radio frequency body sculpting is our unique skin tightening treatment which works by heating the deeper layers of the skin to encourage elastin and collagen reproduction, resulting in tighter, smoother skin.

This is a non-invasive procedure which creates a slimmer, sculpted appearance, with clients seeing significant shape change in just a few treatments over a couple of weeks.



Prices from £199

FACIAL TWEAKMENTS – HIFU Non Surgical Facelifting



HIFU Non-Surgical Facials are the best and most efficient way of boosting collagen production that tends to slow down with age. The treatment will naturally kick-start your body to gently increase the levels of the collagen and elastin, helping to lift and tighten your skin. With a HIFU facelift, the ultrasound energy will target the deep structural layers of the skin with heat, tightening and lifting to reduce the signs of ageing and revealing a more youthful and refreshed look.

Prices from £150

Areas that can be treated:

- *Jowls*
- *Mid-face contouring*
- *Nose to mouth lines*
- *Neck and jawline*
- *Hooded eyelids*
- *Brow Liftng*



FACIAL TWEAKMENTS – RF Micro Needling



RF Micro-needling is a minimally invasive treatment to reduce the appearance of Wrinkles, Scarring, Acne Scarring, Sagging skin and Stretch Marks. The addition of Radiofrequency energy to the Micro-needling procedure helps to further stimulate the body's natural collagen and healing processes revealing firmer, rejuvenated skin

Areas that can be treated:

- Face, Neck and Décolleté
- Abdomen
- Arms
- Legs
- Wrinkles
- Acne scars
- Neck
- Décolleté wrinkles
- Stretch marks
- Loose skin



RF MICRONEEDLING



Prices from £150



FACE & BODY – Pain Free Ice Laser Hair Removal



Laser hair removal works by using light energy to destroy hair cells resulting in a hair free finish.

Our technology uses an ice cold tip to deliver treatment which means no heat is felt on the skin creating pain free results. We are also able to treat all areas of the skin and all skin types.

6 to 8 treatments are recommended to achieve optimum results with some stronger hair growth areas such as the face and private area possibly needing more treatments.

By default the treatment will clear folliculitis and we have seen some amazing results on clients that have suffered for years.

Clinical Indications

Skin Type: I II III IV V VI

Hair Color: Blonde/Red Light Brown Dark Brown Black

Hair Texture: Fine Coarse Dense



Prices from £38

FACE & BODY – Fat Dissolving Injections



Fat Dissolving Injections are a non-surgical fat reduction treatment which uses a solution to safely and effectively eliminate small, stubborn pockets of fat which resist diet and exercise.

Up to 3 treatments are recommended and full results will be visible within 8-9 weeks

Areas that can be treated:

- *Chin*
- *Stomach*
- *Love handles*
- *Arms*
- *Underarms*
- *Waist*
- *Inner & Outer Thighs*

Prices from £150



FACIAL TWEAKMENTS – Anti Wrinkle Injections



BOTOX (Botulinum toxin) can be used to treat facial lines caused by the action of facial muscles on the skin through wrinkle injections. The treatment works by relaxing facial muscles to smooth those unwanted wrinkles and stop deeper lines forming, resulting in a smoother, lifted complexion. Results are visible within 4-10 days and can last up to 3-6 months.

Areas that can be treated:

- *Forehead lines*
- *Frown lines*
- *Brow lift*
- *Crows feet*
- *Bunny lines*
- *Smokers lines*
- *Marionette lines*
- *Chin*
- *Neck*
- *Gummy Smile*
- *Jaw Grinding/Slimming*

Prices from £99



FACIAL TWEAKMENTS – Dermal Fillers



Dermal fillers are used to add volume to facial features or replace volume that has been lost with age. They can also be used for contouring and reshaping features to help balance the facial proportions and achieve a more youthful appearance.

In the example below we have used, Botox in the forehead, carried out HIFU & RF Micro Needling with skin boosters to repair the skin, & Dermal Fillers to restore volume.

Areas that can be treated:

- *Lip Augmentation*
- *Cheek enhancement*
- *Tear troughs*
- *Chin*
- *Jawline*
- *Jowls*
- *Nose (Non-surgical Rhinoplasty)*



Prices from £150

FACIAL TWEAKMENTS – Skin Booster Injections



The treatment involves hydrating micro-injections of Hyaluronic Acid (HA) into the skin, which improves the skin's firmness, elasticity and radiance. The use of micro injections encourage increased Elastin and Collagen production which in turn increases cell turn over giving a lasting effect to treatment. The addition of Hyaluronic Acid acts as a plumping and firming agent, giving the skin a more youthful, radiant appearance.

Areas that can be treated:

- *Eyes*
- *Face*
- *Lips – Smokers Lines*
- *Neck*
- *Decolletage*
- *Hands*



Prices from £150



Filmed NCTF 135 injected
Under the eyes to lighten & tighten

FACIAL TWEAKMENTS – PDO Thread Lifting



PDO Thread lifting is a non-surgical face lift treatment which helps to reverse the key effects of ageing such as wrinkles, sagging skin. It can lift and tighten the skin to improve the profile as well as creating a rejuvenated appearance by encouraging collagen reproduction. Full results are visible within 4-6 weeks and can last up to 18 months.

Areas that can be treated:

- *Loose facial skin*
- *Forehead*
- *Drooping brows*
- *Eye area*
- *Neck/jawline/jowls*
- *Deep creases & folds*
- *Downturned mouth*
- *Smoker's lines*

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**RF MICRONEEDLING
& PDO THREADS**



Prices from £300

In this example we have Used RF Micro Needling With Skin Boosters. Then we used PDO Threads to Lift Lower Jaw & Neck

FACIAL TWEAKMENTS – Chemical Peels



A Chemical Skin Peel is a skin resurfacing treatment which is designed to deeply exfoliate your skin by removing dead skin cells whilst targeting your deeper tissues. A Skin Peel stimulates the renewal of new skin cells, helping to reveal brighter, healthier and more radiant skin.

The ingredients of the skin peel encourage cellular renewal to regenerate and repair the skin. This can help treat skin concerns such as lines and wrinkles, pigmentation, acne, enlarged pores and scarring; as well as improving skin texture, smoothness and boosting collagen.

Areas that can be treated:

- *Acne*
- *Lines and wrinkles*
- *Pigmentation and sunspots*
- *Skin Tone*
- *Improve dry skin*
- *Calm Rosacea*
- *Improve complexion*
- *Oily skin*



Prices from £75

FACIAL TWEAKMENTS – Dermaplaning



Dermaplaning is a skin treatment that uses an exfoliating blade to skim dead skin cells and hair from your face. It's also called microplaning or blading.

Dermaplaning aims to make your skin's surface smooth, youthful, and radiant. This treatment claims to remove deep scarring from acne and uneven pock marks on your skin. It's also used to remove "peach fuzz," the short, soft hairs on your face.

Dermaplaning can be used for any skin type and anyone with the following conditions

Areas that can be treated:

- *Acne*
- *Lines and wrinkles*
- *Pigmentation and sunspots*
- *Skin Tone*
- *Improve dry skin*
- *Calm Rosacea*
- *Improve complexion*
- *Oily skin*



Prices from £45

REVIEWS



“Wow I’m thrilled! The result are amazing. Molly explains everything totally and then gives you tonnes of advice. You arrive a stranger and feel like you’ve found a friend with Molly.”

Jennifer

“Fantastic – and there was no bigger sceptic than I... just one session has done more for my physique than months of planks, crunches and gym work outs could have. I’ve lost 4 stone in weight and had the inevitable ‘apron’ appearing. I could not believe the transformation, after just 2 hours my stomach has been drastically reduced and lines that were there are no more. Please, please, please just try this treatment and I promise you, you won’t regret it. Magic, just magic.”

Gemma

“Excellent service! Not like expensive clinics who sell you 20 minute sessions, and absolutely stop, dead on 20 minutes. Molly goes above and beyond, often adding extra treatments to enhance what you have booked. She feels that by doing everything to make sure you get the best possible results, that you will be amazed and so happy at the noticeable difference.

Top service and best value around.”

Carol

“Lovely relaxed atmosphere. Totally unrushed. I have recommended to my clients!”

Helen

"If you can squeeze it, we can freeze it!"

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