Quick Resource Guide for Senior Services In MISSAUKEE and WEXFORD Counties



A Collaborative Project of SNAG, MCCOA and WCCOA



MCCOA 231-839-7839 2170 S. Morey Rd, Lake City, MI 49651 www. missaukeecoa.org





WCCOA 231-775-0133 714 W. 13th St., Cadillac, MI 49601 www.wexfordcoa.org

MISSAUKEE COUNTY • **WEXFORD COUNTY**

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ASSISTANCE AGENCIES

<u>Area Agency on Aging:</u> (800) 442-1713, (231) 947-8920. Hours: M - F, 8 am - 4:30 pm. 1609 Park Dr., Traverse City, MI 49696

Services: Case management: 60 years and older • Helps you live at home (rather than in a nursing facility) if you are 60 years or older and have extensive long term care needs • MI Choice Waiver Program: Offers you a choice to live in a community setting if you are 18 years and older, require nursing home level care and are eligible to have Medicaid pay for your long term care services. • Information and Assistance • Options Counseling. AAA contracts with many of your local community agencies to provide you services and support.

Catholic Human Services: (800) 658-8554. 1000 Hastings, Traverse City, MI 49686

Services: Counseling Services include: Drug and Alcohol • Family Counseling • Foster Care Support • Senior Companions • Foster Grandparents Program.

Cadillac: Foster Grandparents Program • Senior Companion • Family Counseling, Drug & Alcohol (231) 775-6581. 421 S. Mitchell St., Cadillac, MI 49601, and

E-mail: chscadillac@catholichumanservices.org.

<u>Friends Ministry:</u> (231) 839-8816. Hours: M-F, 10 am - 5 pm., Sat, 10 am - 2 pm. 3728 S. Morey Rd., Lake City, MI 49651

Services: Budget and relationship mentoring • Basic home repairs • Car repair/car needs • Home heating • Emergency housing • Fuel for medical or job related • Prescription help. Friends Farm, Thrift Store, Food Pantry. Serves Missaukee County with limited services for Wexford County.

<u>Love Inc:</u> (231) 779-1888, (877) 633-0556. Hours: M - F, Hours: 9:30 am - 3:30 pm. A clearing house for area agencies and churches. Takes applications for assistance per telephone interview. Applicants will need to provide Social Security numbers for entire family and total household income. **Serves Wexford and Osceola Counties.**

Services: Durable Medical Equipment • Easter Baskets • Firewood• Furniture • Personal Care and Cleaning Supplies • Socks and Underwear • Air Conditioners • Bibles • Bikes and Helmets • Children's Shoes • School Clothes • Foster Care Bags • Hats, Scarves, Mittens • Helping Hands (personal care) • Boots & Snow Pants • Linens • School Supplies and Children's Books • Wheelchair Ramps and Tutoring.

Northwest Michigan Community Action Agency (NMCAA): (231) 775-9781. Hours: M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601

Services: Head Start • Home Improvement • Home Repair Loans • Low Income Weatherization • Foreclosure Counseling • Homeless Prevention • Veterans Support Services • Bankruptcy Counseling • Early Childhood •

Commodities: Photo Id • Proof of income (SS Statement or bank statements).

Meals on Wheels: 60 years old or older • Unable to leave the home under normal circumstances • Unable to prepare meals or obtain food. Please call for other requirements.

<u>Department of Health & Human Services (DHHS)</u>: (231) 779 4500. (844)464-3447. Hours: M – F, 8 am – 5 pm. 10641 W. Watergate, P.O. Box 309, Cadillac, MI 49601. Offers a variety of assistance: Food Assistance, Emergency Relief, Medicaid and more. Call for an appointment. All Heat Assistance, must apply with DHHS.

Adult Protective Services: 1 (855) 444-3911 Medicaid Transportation: (844)464-3447

ASSISTANCE AGENCIES

Northern Health Care Management: (800) 640-7478 (231) 933-4917. 105 Hall Street, Suite D, Traverse City, MI 49684

Services: MI Choice Waiver Program—Home & Community based services for people who are elderly and/or disabled. Those who require nursing home level of care and are eligible for Medicaid. Assists with supportive services in the community setting, Person Centered Planning service options to meet care needs.

COUNCIL/COMMISSION ON AGING (COA)

<u>Benzie Senior Resources:</u> (231) 525-0600: Hours: M - F, 8 am - 4 pm. 10542 Main St., Honor, MI 49640 http://benzieseniorresources.org

<u>Clare County Senior Services:</u> (989) 539-8870: Hours: M - F, 8 am - 4:30 pm, closed daily 12 - 1 pm. 225 W. Main, Harrison, MI 48625. https://clarecoseniors-coa.net</u>

<u>Grand Traverse Commission on Aging</u>: (231) 922-4688: Hours: M - F, 8 am - 4:30 pm. 520 W Front St. # B, Traverse City, MI 49684. <u>www.gtcoa.org</u>

<u>Lake County Council on Aging</u>: (231) 745-7201. Hours: M - F, 9 am - 4 pm. 690 9th St., P.O. Box 40, Baldwin, MI 49304

<u>Manistee Council on Aging:</u> (231) 723-6461. Hours: M - F, 8 am - 4:30 pm. 457 River St., Manistee, MI 49660. www.manisteecountycoa.com

<u>Missaukee Commission on Aging:</u> (231) 839-7839. Hours: M - F, 8 am - 4:30 pm. 2170 S. Morey Rd., Lake City, MI 49651. missaukeecoa.org

Services: Homemaking • Personal Care • Respite • Home Chore • Foot Care • Medication Setup • MMAP • Cleaning and Personal Care Pantry • Transportation: Non-Emergent Medical Appointments (2 day notice kindly requested) • • Project Fresh • Snow Removal • Information Assistance

Osceola Council on Aging: (231) 734-5559. Hours: M - F, 7 am - 5:30 pm. 732 W 7th St., Evart, MI 49631. www.osceola-county.org/residents/countydepartments/commissiononaging

Roscommon County Commission on Aging: (989) 366-0205. Hours: M - F, 9 am - 3 pm. 2625 Lincoln Hwy., Houghton Lake, MI 48629. www.rccoa.net

<u>Wexford County Council on Aging:</u> (231) 775-0133. Hours: M - F, 8 am - 4 pm. 714 W. 13th St., Cadillac, MI 49601. <u>wexfordcoa.org</u>. <u>facebook.com/WexfordCOA</u>
Services: Homemaking • Personal Care • Respite • Daybreak Adult Center • Foot Care • MMAP • Private Nurses/Medication Management • Project Fresh • Snow Removal • Senior Advocacy • Information Assistance

ADULT DAY CENTERS

<u>DayBreak:</u> (231) 779-5274. Hours: M - F, 8 am - 4 pm. 315 Whaley St., Cadillac, MI 49601. Day center for elderly. Call WCCOA at (231) 775-0133 for eligibility.

<u>Footprints in Time: Adult Day Program:</u> (231) 429-9789. Hours: T, Th, F, 9 am – 3 pm. St. John's Lutheran Church, 3815 S Morey Rd, Lake City, MI 49651

DENTAL ASSISTANCE

(For people who have little or no insurance, assistance is based on income)

<u>Baldwin Dental Clinic</u>: (231) 745-2736. Hours: M - Th, 8 am - 6:30 pm. Friday: Only office is open. 1615 Michigan Ave., Baldwin, MI 49304. www.<u>familyhealthcare.org/service/dental/</u>

<u>Dental Clinic North</u>: Registration: (231) 932-7316 or (866) 878-6557. Hours: M - F, 8 am. – 4:30 pm. 2600 LaFrainer Rd., Suite B, Traverse City, MI 49686

Family Health Care:

<u>Baldwin Dental Clinic</u>: (231) 745-2736. Hours: M - Th, 8 am - 6:30 pm. Friday: Only office is open. 1615 Michigan Ave., Baldwin, MI 49304. www.familyhealthcare.org/service/dental/Great Lakes Dental: (231) 876-6505. M, Th, F: 8 am - 5 pm, T, W: 8 am-6:30pm 520 Cobb St., Cadillac, MI 49601. www.familyhealthcare.org/service/dental/

Michigan Community Dental Clinic (MCDC): Call to register: (877) 313-6232:

Phone: (231) 775-7662: Fax: (231) 775-7704 521 Cobb St. Suite A, Cadillac, MI 49601 Big Rapids: Phone: (231) 796-3617 Fax: (231) 796-3657. 14435 Northland Dr.,

Big Rapids, MI 49307

Manistee: Phone: (231) 398-9305 Fax: (231) 398-9304. 220 North Glocheski Drive,

Manistee, MI 49660

<u>Michigan Donated Dental Services</u>: Must be 65+ or disabled, medically compromised and have income below 200% of the federal poverty level, uninsured, in need of extensive dental care. To apply visit: <u>www.smilemichigan.com/DDS</u> or call (517) 346-9454.

FOOD PANTRIES & ASSISTANCE Missaukee County

Cooperative Ministries: (231) 839-4485. 6180 W. Sanborn Rd., Lake City, MI 49651

<u>Friends Ministry: Gleaners Food Pantry:</u> (231) 839-8816. 2nd Wednesday of each month. 9:30 am -3:30 pm. 60 and older, Missaukee County 10 am -2 pm. 3728 S. Morey Rd., Lake City, MI 49651

<u>Jennings Community Church:</u> (231) 775-5989. 1st and 3rd Tuesday of each month. 1 pm – 3 pm. 696 S. LaChance Rd., Lake City, MI 49651

<u>Lake City Good Neighbor Food Pantry:</u> (231) 839-2948. Second Thursday of the Month. Registration 2—3. Distribution 3—5. Lake City Evangelical Presbyterian Church . 5804 W Houghton Lake Rd, Lake City, MI 49651

FOOD PANTRIES & ASSISTANCE

Missaukee County

<u>Living Light Church</u>: (231) 839-2244. T & W, 11:30 am—2:30 pm. 7700 West Blue Rd., Lake City, MI 49651

Wexford County

Cadillac Revival Center Food Pantry: (231) 775-2662: Wednesday, 10 am and 3rd Monday night 6 pm 984 Plett Rd., Cadillac, MI 49601

<u>Kings Storehouse Food Pantry</u>: (231) 775-5629. Monday, Wednesday and Friday, 10 am to 11 am. Need Picture ID and fill out assessment form to be completed on site. Can utilize the pantry up to 5 times a year. First Baptist Church. 125 Stimson St., Cadillac, MI 49601

<u>Lifehouse Assembly of God</u>: (231) 775-7858: 2nd and 4th Mondays, 3:30 pm - 5 pm. 1120 W. Division, Cadillac, MI 49601

<u>Living Word Ministries:</u> (231) 824-6502. 9 am – noon, Mondays. 800 South Michigan, Manton, MI 49663

Missaukee & Wexford Counties

Feeding America Truck: (231) 779-0056. (7/2019) Currently at the Cadillac Revival Center, 984 Plett Rd, Cadillac, MI 49601. Last Thursday of the month. 2:00 pm. No income requirements. Bring a box that will hold approx 50 lbs of food.

Northwest Michigan Community Action Agency (NMCAA): Commodities:

(231) 775-8330. 1640 Marty Paul, Cadillac, MI 49601 • 60 years old or older. Photo Id • Proof of income (SS Statement or bank statements).

Missaukee County: Monthly Commodities:

<u>Living Life Church.</u> **2nd Tuesday of each month.** 9 am – 10 am. 7160 West Blue Road, Lake City, MI 49651

Norwich Township Hall. **2nd Tuesday of each month.** 11 am - noon. 4551 Moorestown Rd. Moorsetown, MI 49651

Missaukee County: Quarterly Commodities:

West Branch Township Hall. 4th Mon of Nov, Mar, June & Sept. 1:30 pm -3:30 pm. 2860 E. Walker Road, Moorsetown, MI 49651

<u>Living Life Church.</u> **4th Mon of Nov, Mar, June & Sept.** 1:30 pm. -3:30 pm. 7160 West Blue Road, Lake City, MI 49651

McBain Fire Hall. 4th Mon of Nov, Mar, June & Sept. 1:30 pm. -3:30 pm. 110 W. Euclid Avenue, McBain, MI 49657

Wexford County: Monthly Commodities:

Moose Lodge. 1st Monday of each month. 9 am - Noon. 7461 E. 34 Rd., Cadillac, MI 49601.

Mesick Free Methodist Church. 2nd Monday of each month. 9 am - 10 am. 200 S. Walter St., Mesick 49668.

FOOD PANTRIES & ASSISTANCE

Wexford County Quarterly Commodities:

4th Mon of Nov, Mar, June & Sept. 1:30-3:30 Mesick Free Methodist Church 220 S. Walter Street, Mesick, MI 49668

4th Tues, of Nov, Mar, June, & Sept. 9:00-12:00 Moose Lodge 7461 E. 34 Road, Cadillac, MI 49601

Meals on Wheels: (800) 632-7334, (231) 775-9781. Must be 60 years & older, homebound, use a walker or cane. Meals delivered M - F in Cadillac and Manton area. The out county area deliveries are weekly and are frozen. Suggested donation is \$3.00 per meal.

Salvation Army: (231) 775-7131: Hours: M - F, 1 pm - 3 pm. 725 Wright St., Cadillac, MI 49601

<u>Veterans Serving Veterans:</u> (231) 884-3597: 2nd and 4th Thursday of the month. 1 pm – 3 pm. Veterans Park, 3740 41 Rd, Cadillac, MI 49601. <u>During winter months please call.</u>

FOOD PANTRIES & ASSISTANCE: COMMUNITY MEALS

Also see: Senior Centers for Lunches.

FOOT CARE

<u>Missaukee County Commission on Aging:</u> (231) 839-7839. M - F, 8 am - 4:30 pm. Contact Teri. Provided on an as-needed basis. Client provides their own towel and basin, by appointment only. \$20.00 in-office appt or \$25.00 in-home appt.

Wexford County Council on Aging: (231) 775-0133. Hours: M - F, 8 am − 4 pm. Contact Erin, Kitty, Evelyn or Rhonda. Clients need to bring their own towel and basin to soak their feet. Cost \$20.00 by appointment only, In office or clinics. In- Home foot care is \$30.00.

Clinics:

<u>Cadillac</u>: 2nd Wednesday @ Senior Center. (231) 775-0133 for appointment. <u>Manton:</u> 2nd Monday@ Senior Center. (231) 775-0133 for appointment. <u>Mesick:</u> 3rd Tuesday@ Senior Center. (231) 775-0133 for appointment.

HEALTHCARE CLINICS and AGENCIES

Note: Most doctors' offices have complex case management available for patients

<u>Cadillac Urgent Care</u>: (231) 775-8814. Hours: M - F, 9 am - 8 pm, Sat - Sun, 9 am - 6 pm., 440 Cobb St., Cadillac, MI 49601. No appointment needed.

<u>Cadillac VA Community Based Outpatient Clinic</u>: (800) 406-5143, ext 11410 for local clinic. Local phone: (231) 775-4401. Hours: M – F, 8 am – 4 pm. 1909 N Mitchell St., Cadillac, MI 49601

<u>Crystal Lake Manton Health Clinic</u>: (231) 824-4100. Hours: M - Th, 8 am - 5 pm, F: 8 am - noon. 115 E. 7th St., Manton, MI 49663. Accepts Medicare and Medicaid.

District Health Department #10:

<u>Missaukee County</u>: (231) 839-7167. Hours: M-F.~8~am-4:30~pm.~6180 West Sanborn Road, Suite #1, Lake City, MI 49651. Call for an appointment.

<u>Wexford County:</u> (231) 775-9942. Hours: M – F. 8 am – 4:30 pm. 521 Cobb St., Cadillac, MI 49601. Call for an appointment.

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HEALTHCARE CLINICS and AGENCIES

Munson Healthcare: Find a Doctor: www.munsonhealthcare.org/find-a-doctor/find-a-doctor (231) 935-5886. Help with finding a specialist/physician.

<u>Munson Urgent Care:</u> (231) 876-2644. Hours: $M-Sun,\,11$ am - 10 pm, 302 Hobart St, Cadillac, MI 49601, No appointment needed.

<u>Northern Lakes Mental Health</u>: (844) 933-4930, (231) 775-3463. Hours: 9 am – 6 pm. 527 Cobb St., Cadillac, MI 49601

<u>Medicare/Medicaid Assistance Program:</u> MMAP, Inc. is a free health-benefit counseling service. MMAP counselors are specialists trained in Medicare and Medicaid law and regulations, health insurance counseling and relevant insurance products. For an appointment call: (800) 803-7174

Missaukee County Commission on Aging: (231) 839-7839

Wexford County Council on Aging: (231) 775-0133

<u>Stehouwer Free Clinic</u>: Call (231) 876-6150 for eligibility and appointment. Qualified health clinic patients will meet the following eligibility requirements: Income • No health care coverage • Reside in service area. Documents needed to prove eligibility include: Previous year tax return • One (1) month of paycheck stubs • Driver's License or State Identification Card.

<u>Free Clinic</u> is at: (231) 876-6150. Hours: M - Th. 9 am - 4:30 pm (closed for lunch 12 - 1). 803 Lynn Street, Cadillac, MI 49601

<u>Medication Access</u>: (231) 876-6151. For free prescription medication, qualified recipients will meet the following eligibility requirements: No prescription medication coverage • Meet specific pharmaceutical company guidelines • Reside in service area • Have a primary care provider. To determine eligibility and to make an appointment call (231) 876-6151

HEARING AIDS and ASSISTANCE

Lions Club Cadillac: Call Love Inc for application (231) 779-1888

Michigan Rehab: (231) 779-1467. 10641 W. Watergate Road, Cadillac, MI 49601
Michigan Rehabilitation Services (MRS) partners with individuals and employers to achieve *quality employment outcomes* and independence for individuals with disabilities. They may help with the cost of hearing aids. Usually needs to be referred by audiological service.

Signing for the Deaf: (231) 932-2418. Thomas Hoxsie—coordinator (LISN)

Wexford County Veterans Services: (231) 775-6654. Hours: M – Fri, 9 a.m.-5 p.m., closed 12:00 p.m. - 1:00 p.m. for lunch. 401 N. Lake Street, Cadillac, MI 49601

<u>CapTel Phones:</u> (877) 473-4003. Free or low cost captioned telephone for those with hearing loss. Must be referred by a health professional (Dr/nurse/pa).

HOME HEALTH CARE AGENCIES

AdvisaCare Home Health Care: (231) 674-0091. 3950 Sumac Dr #301, Traverse City, MI 49684

Bright Star Care: (231) 929-7827. 3191 Logan Valley Rd, Traverse City, MI 49684

Chronic Care Management: (231) 421-6921. 4020 Copper View, Ste. 104, Traverse City, Mi 49684

Comfort Keepers: (231) 929-9044. (866) 929-9044. 1107 E. Eighth St., Traverse City, MI 49686

<u>Compassionate Care</u>: (888) 601-5491. (231) 929-5491. 3134 Logan Valley Road, Traverse City, MI 49684

Intelicare: (231) 421-5285. 1844 Oak Hollow Dr., Suite A, Traverse City, MI 49686

<u>Integrated Visiting Physician Solutions</u>: (231) 264-7000. 3055 Cass Rd Suite 108-A, Traverse City, MI 49684

<u>Leelin Home Care:</u> (231) 775-8710. 201 N. Mitchell St # 203, Cadillac, MI 49601

Munson Private Duty Home Care: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

Munson Home Care: (800) 252-2065. 618 S. Mitchell St. Suite A, Cadillac, MI 49601

Seasons Change In-Home Care: (231) 884-0139. Wexford/Missaukee counties.

HOSPICE

Curry House Hospice: (231) 775-9575. 5858 47 Mile Rd., Cadillac, MI 49601. 231-775-9575

Heartland Hospice: (877) 329-1001. 4020 Copper View, #113, Traverse City, MI 49684

<u>Hospice of Michigan:</u> (888) 247-5701. 932 N. Mitchell St., Cadillac, MI 49601. Services: Hospice in Homes • Hospice in Facilities • Anchors Pediatric Programs • Grief

Support • Veteran Care • Palliative Care

Munson Hospice: (800) 252-2065. 1105 6th Street, Traverse City, MI 49684

HOUSING

MSDA Complaints: Need at least half of the complex to send letters with the concerns before they will investigate. Send letters to: P.O. Box 30044, Lansing, MI 48912

Phone: (517) 373-8370

Northwest Michigan Community Action Agency: Housing issues: (231) 775-9781, M – F, 7:30 am - 4:30 pm. 1640 Marty Paul St., Cadillac, MI 49601: Homeless Prevention (844) 900-0500: Foreclosure: (231) 775-9781:

Homeownership (231) 947-3780 or (800) 632-7334

Supportive Services for Veteran Families (844) 900-0500

HOUSING

<u>Cadillac Housing Commission</u>: (231) 775-9491, 111 S Simons Street, Cadillac, MI 49601. A Public Housing Agency in Cadillac, Michigan that participates in the Section 8 Housing Choice Voucher (HCV), and Public Housing programs. Facilitates Kirtland Terrance and Cornerstone Apts.

<u>Senior Housing Consultants, LLC:</u> (231) 942-3719. Jenni Johnson. Free consultation and referral service for senior housing. We are local eldercare experts who have first-hand knowledge of area senior communities and care options. We will help you find the right place, at the right price, at the right time.

ASSISTED LIVING

<u>Curry House</u>: (231) 577-9575. 5858 47 Mile Rd., Cadillac, MI 49601

Green Acres: (231) 775-5300. 235 Pearl St., Cadillac, MI 49601

Maple Ridge Living Center:

Cadillac: (231) 775-3710. 9072 S. Mackinaw Trail, Cadillac, MI 49601 Lake City:(231) 839-1011 2575 W. Houghton Lake Rd., Lake City MI 49651

Pleasant Lake Lodge Assisted Living: (231) 775-0522. 2085 33 1/2 Road, Cadillac, MI 49601

Sunnyside Senior Living: (231) 775-7750. 108 Wildwood Drive, Cadillac, MI 49601

The Brook: (989) 422-7200. 8815 Knapp Rd., Houghton Lake, MI 48629

Whispering Pines: (231) 842-0200. 2353 S. LaChance Rd., Lake City, MI 49651

HOUSING Based on Income: MISSAUKEE COUNTY

Country View Apartments: (231) 825-8231. 225 Pine St., McBain, MI, 49657

West Creek Terrace Apartments: (231) 825-2652. 100 E. Elm St., McBain, MI 49657

<u>Lake City Apartments:</u> (231) 824-6831. 801 King St., Lake City, MI 49651

HOUSING Based on Income: WEXFORD COUNTY

Cadillac Shores: (231) 775-8509. 600 Cadillac Shores Dr., Cadillac, MI 49601

Cornerstone Apartments: (231) 775-9491. 1458 Leeson Ct., Cadillac, MI 49601

County Place Apartments of Cadillac: (231) 775-3171. 1049 Arthur Street, Cadillac, MI 49601

HillCrest Terrace Apartments: (231)824-6831. 419 W. 7th St., Manton, Mi 49663

Maple Hill Apartments: (231) 779-2992. 209 Pearl St., Cadillac, MI 49601

HOUSING Based on Income: WEXFORD COUNTY

Northland Meadows: (231) 876-9830. 100 Matthew Drive, Cadillac, MI 49601

Northern Park Apartments: (231) 775-0402. 209 Pearl St., Cadillac, MI 49601

Springfield Apts: (800) 225-7982. 532 N. Michigan Ave, Manton, MI 49663.

White Pine Village: (231) 775-5599. 204 White Pine Village Dr., Cadillac, MI 49601

HOUSING: General

Northland Meadows Apartments: (231) 876-9830. 100 Matthew Dr., Cadillac, MI 49601

Cadillac Leisure Mobile Home Community: (231) 775-9593. 119 B St, Cadillac, MI 49601

Country Acres Mobile Home Park: (231) 775-2175. 300 Kristy Jo St, Cadillac, MI 49601

Pheasant Ridge Estates (mobile homes): (231) 775-7210. 399 Thistlewood Dr., Cadillac, MI 49601

Sunnyside Estates Apartments: (231) 577-4206. 600 Estate Dr., Cadillac, MI 49601

Koinonia Living Center (Apts): (231) 775-2298. 9343 Watergate Rd, Cadillac, MI 49601

HOUSING: Nursing Homes

Autumnwood of McBain: (231) 825-2990. 220 Hughston St., McBain, MI 49657

Samaritas: (231) 775-0101. 460 Pearl St., Cadillac MI, 49601

King Nursing & Rehabilitation: (989) 422-7200. 2280 Tower Hill Rd., Houghton Lake, MI 48629

Long Term Care Ombudsman: (231) 947-2504, (866)485-9393. Joni Honeman

HOUSING: Shelters

Oasis: Domestic Violence/Sexual Assault Shelter: Hotline (800) 775-4646, (231) 775-7233. 118 S Mitchell St., Cadillac, MI 49601.

Services: Counseling • Legal Advocacy • Parenting • Education • Transitional and Permanent Support Housing • Education and Prevention • Support Groups

<u>New Hope Shelter</u>: (231) 468-2022. 4874 Meyer Ave., Cadillac, MI 49601. There is one men's, one women's and three family shelters in the Cadillac area.

"Alone we can do so little; together we can do so much."- Helen Keller.

SENIOR HOUSING COMPLEXES

Country View Apartments: (231) 825-8231. 225 Pine St., McBain, MI, 49657

<u>Harbor View Apartments (Seniors and Disabled):</u> (231) 775-0831. 329 South St., Cadillac, MI 49601

<u>Cadillac Housing Commission</u>: (231) 775-9491. 111 Simons St., Cadillac, MI 49601. Facilitates Kirtland Terrance and Cornerstone Apts.

Kirtland Terrance: (231) 775-9491. 111 S. Simons St., Cadillac, MI 49601

ADULT FOSTER CARE

From the State of Michigan website http://www.dleg.state.mi.us/brs afc/sr afc.asp

	Facility Name					
License Number		Facility Type	Facility Address	City	County	Phone
AF830064916	BALDWIN'S AFC HOME	ADULT FAMILY HOME (CAPACITY 1- 6)	11429 E. M-55	CADILLAC 49601	WEXFORD	(231) 775-6356
AF830385277	BEAM OF HOPE, LLC	ADULT FAMILY HOME (CAPACITY 1- 6)	8376 S 27 RD	CADILLAC 49601	WEXFORD	(231) 920-2096
AF830006822	CLOUGH AFC HOME		370 N. 19 1/2 MILE ROAD	BOON 49618	WEXFORD	(231) 775-2018
AF830016214	COUNTRY OAKS	ADULT FAMILY HOME (CAPACITY 1- 6)	3581 N US 131	CADILLAC 49601	WEXFORD	(231) 775-6687
AL830337616	CURRY HOUSE	ADULT LARGE GROUP HOME (CAPACITY 13-20)	5858 S. 47 MILE ROAD	CADILLAC 49601	WEXFORD	(231) 876-0611
AH830337522		HOMES FOR THE AGED	5858 S. 47 MILE ROAD	CADILLAC 49601	WEXFORD	(231) 876-0611
AF830006814	ELAINE ZINGER HOME	ADULT FAMILY HOME (CAPACITY 1- 6)	3921 W. M-42	MESICK, 49668	WEXFORD	(231) 885-1127
AM830281261	GREEN ACRES OF CADILLAC II	ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	237 PEARL STREET	CADILLAC 49601	WEXFORD	(231) 775-5300
AL830244420	GREEN ACRES RE- TIREMENT LIVING	ADULT LARGE GROUP HOME (CAPACITY 13-20)	235 PEARL STREET	CADILLAC 49601	WEXFORD	(231) 775-5300
AF830390262	HIDDEN ACRES	ADULT FAMILY HOME (CAPACITY 1- 6)	2801 S 29 ROAD	CADILLAC 49601	WEXFORD	(231) 884-8466
AL830395316 10	MAPLE RIDGE LIV- ING CENTER CADIL- LAC	ADULT LARGE GROUP HOME (CAPACITY 13-20)	9072 S. MACKI- NAW TRAIL	CADILLAC 49601	WEXFORD	(231) 878-2823

	Facility Name					
License Number		Facility Type	Facility Address	City	County	Phone Phone
AF830390264	ASSISTED LIVING	ADULT FAMILY HOME (CAPACITY 1-6)	3821 S 39 ROAD	CADILLAC 49601	WEXFORD	(231) 468-2612
AM830387403	OHANA AFC	ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	11530 E 16 RD	MANTON, 49663	WEXFORD	(231) 920-1621
AM830393244		ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	11530 E 16 RD	MANTON, 49663	WEXFORD	(231) 920-1621
AS830263281	PEARL STREET HOME	ADULT SMALL GROUP HOME (CAPACITY 1-6)	232 PEARL ST	CADILLAC 49601	WEXFORD	(231) 775-4579
AL830309090	PLEASANT LAKE LODGE NORTH	ADULT LARGE GROUP HOME (CAPACITY 13-20)	2035 S. 33 1/2 MILE ROAD	CADILLAC 49601	WEXFORD	(231) 775-7366
AL830300832	PLEASANT LAKE LODGE SOUTH	ADULT LARGE GROUP HOME (CAPACITY 13-20)	2085 S 33 1/2 MILE ROAD	CADILLAC	WEXFORD	(231) 775-0522
AM830092406		ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	6451 SHER- WOOD LANE	CADILLAC	WEXFORD	(231) 876-0847
AS830316692		ADULT SMALL GROUP HOME (CAPACITY 1-6)	602 WHITE PINE DRIVE	CADILLAC	WEXFORD	(231) 468-2823
AS830263282	SENECA PLACE HOME	ADULT SMALL GROUP HOME (CAPACITY 1-6)	440 SENECA PLACE	CADILLAC	WEXFORD	(231) 775-8821
AL830272541	SERENITY ADULT FOSTER CARE	ADULT LARGE GROUP HOME (CAPACITY 13-20)	2883 S 41 RD	CADILLAC	WEXFORD	(231) 876-1956
AF830253662		ADULT FAMILY HOME (CAPACITY 1- 6)	10663 E M-42	MANTON, 49663	WEXFORD	(231) 824-6686
AF830380896	SIMPLY HOME	ADULT FAMILY HOME (CAPACITY 1- 6)	105 VINE STREET	CADILLAC	WEXFORD	(231) 468-3153
AS830397139	SUNFLOWER AFC HOME LLC	ADULT SMALL GROUP HOME (CAPACITY 1-6)	618 BOON STREET	CADILLAC	WEXFORD	(231) 468-2373
AL830309607	SUNNYSIDE SEN- IOR LIVING	ADULT LARGE GROUP HOME (CAPACITY 13-20)	108 WILD- WOOD DRIVE	CADILLAC	WEXFORD	(231) 775-7750
AF830279137		ADULT FAMILY HOME (CAPACITY 1- 6)	116 ROBERT	MANTON, 49663	WEXFORD	(231) 620-8921
AS830365679	TLK ADULT FOSTER CARE	. '	7230 US 131-A	MANTON, 49663	WEXFORD	(231) 824-6963
AS830263285	WRIGHT STREET AFC HOME	ADULT SMALL GROUP HOME (CAPACITY 1-6)	1620 W WRIGHT ST	CADILLAC	WEXFORD	(231) 775-4380
AM830068870	WRIGHT'S AFC HOME	ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	7230 N US 131	MANTON, 49663	WEXFORD	(231) 824-6032

			Facility Ad-			
License Number	Facility Name	Facility Type	dress	City	County	Phone
AF570304794	ARMSTEAD'S	ADULT FAMILY HOME (CAPACITY 1-6)	240 SANBORN			(231) 839-7933
AL570007266	COUNTRYVIEW AS- SISTED LIVING	ADULT LARGE GROUP HOME (CAPACITY 13-20)	2439 E. HOUGHTON LAKE	LAKE CITY, 49651	MISSAUKEE	(231) 429-1083
AS570012124	FRIENDSHIP FAM- ILY HOME	ADULT SMALL GROUP HOME (CAPACITY 1-6)	215 HUGH- STON	MCBAIN, 49657	MISSAUKEE	(231) 825-2042
AS570399405	HICKORY HILL AFC LLC	ADULT SMALL GROUP HOME (CAPACITY 1-6)	3909 S. MCGEE ROAD	LAKE CITY	MISSAUKEE	(231) 839-8263
AS570366054	LIBERTY VILLAGE	ADULT SMALL GROUP HOME (CAPACITY 1-6)	519 S. VAN- DERMEULEN RD	LAKE CITY, 49651	MISSAUKEE	(231) 878-2770
AS570396924	MAGNOLIA CARE AFC EAST	ADULT SMALL GROUP HOME (CAPACITY 1-6)	9200 W WALKER ROAD	MANTON, 49663	MISSAUKEE	(231) 878-3914
AL570396923	MAGNOLIA CARE AFC WEST	ADULT LARGE GROUP HOME (CAPACITY 13-20)	9200 W WALKER ROAD	MANTON, 49663	MISSAUKEE	(231) 839-4585
AL570303169	MAPLE RIDGE LIVING CENTER	ADULT LARGE GROUP HOME (CAPACITY 13-20)	2575 W. HOUGHTON LAKE RD.	LAKE CITY, 49651	MISSAUKEE	(231) 839-1011
AS570340197	MAPLE RIDGE LIVING CENTER - EAST	ADULT SMALL GROUP HOME (CAPACITY 1-6)	2575 W HOUGHTON LAKE RD	LAKE CITY, 49651	MISSAUKEE	(231) 839-1011
AM570363712	MORNING GLORY ADULT FOSTER CARE LLC	ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	1266 N. FOR- WARD ROAD	LAKE CITY, 49651	MISSAUKEE	(231) 839-1131
AS570398744	PARADISE AFC HOME	ADULT SMALL GROUP HOME (CAPACITY 1-6)	4021 W HOUGHTON LAKE RD	LAKE CITY, 49651	MISSAUKEE	(231) 839-0128
AM570388583	QUIET CREEK AFC	ADULT MEDIUM GROUP HOME (CAPACITY 7-12)	292 E FAL- MOUTH RD	FALMOUTH, 49632	MISSAUKEE	(231) 826-0020
AF570089058	RANDALL AFC	ADULT FAMILY HOME (CAPACITY 1- 6)	204 UNION ST	LAKE CITY, 49651	MISSAUKEE	(231) 839-7981
AF570312205	SEASONS OF LIFE AFC	ADULT FAMILY HOME (CAPACITY 1- 6)	2033 W. MOORES- TOWN RD.	LAKE CITY, 49651	MISSAUKEE	(231) 229-4416
AF570359520	SHUR CARE AFC	ADULT FAMILY HOME (CAPACITY 1- 6)	3909 S. MCGEE ROAD	LAKE CITY, 49651	MISSAUKEE	(231) 878-2564
AS570394412 12	UNION SQUARE AFC	ADULT SMALL GROUP HOME (CAPACITY 1-6)	631 S. VAN- DERMEULEN RD	LAKE CITY, 49651	MISSAUKEE	(231) 878-2770
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	Facility Name		Facility Ad-			
License Number		Facility Type	dress	City	County	Phone
AS720016066	DANES FOREST	ADULT SMALL GROUP HOME (CAPACITY 1-6)	6705 DANE COURT		ROSCOM- MON	(989) 202-2517
AS720263278	EVERGREEN HOME		110 CHAR- LENE DRIVE	ROSCOM- MON, 48653	ROSCOM- MON	(989) 821-8533
AF720361039	GOODENS LAKE- VIEW AFC	ADULT FAMILY HOME (CAPACITY 1- 6)	901 IROQUOIS AVE	PRUDEN- VILLE,48651	ROSCOM- MON	(989) 366-5983
AL720007408	MAPLEVIEW AFC HOME	ADULT LARGE GROUP HOME (CAPACITY 13-20)	500 S HARRI- SON		ROSCOM- MON	(989) 387-2568
AL720283253	THE HORIZON SEN- IOR LIVING		10059 AIR- PORT RD.	ST. HELEN, 48656	ROSCOM- MON	(989) 389-4900
AS720016065	TOWERING OAKS AFC RESIDENCE	ADULT SMALL GROUP HOME (CAPACITY 1-6)	2631 TOWER HILL RD		ROSCOM- MON	(989) 422-6920
AS720263284	WOODLAND AFC HOME		3374 E HOUGHTON LAKE DR		ROSCOM- MON	(989) 366-6335

LAW and ORDER

MISSAUKEE COUNTY:

Central Dispatch: Non emergency: (231) 839-4338 ext 1

Prosecutor: (231) 839-3111

WEXFORD COUNTY:

<u>Central Dispatch:</u> Non emergency: (231) 779-9211

Wexford County Sheriff's Office and Jail: 231-779-9216 Non- Emergency Services:

Cadillac City Police: (231) 775-3491

STATE:

Michigan State Police: Cadillac Post: (231) 779-6040

Michigan State Police: Houghton Lake Post: (989) 422-5103

Nuisance Calls: (888) 382-1222

LEGAL ASSISTANCE

Jordon Balkema Elder Law: (800) 395-4347. 117 N. Mitchell St., Suite 3, Cadillac, MI 49601

McCurdy, Wotila & Porteous: (231) 775-1391. 120 West Harris Street., Cadillac, MI 49601

Raven Law Office: (231) 444-6477: 100 E. Chapin Street, Ste C., Cadillac, MI 49601

LEGAL ASSISTANCE

Elder Law Pension Assistance: (866) 783-8190. Pension Counseling.

<u>LakeShore Legal Aid:</u> (888) 783-8190. A not-for-profit law firm providing a range of free civil legal services to people who are low income and seniors in our communities.

<u>Legal Services of Northern Michigan:</u> (231) 941-0771. 221 Garland St. Suite H, Traverse City, 49684. Provides a full range of legal services in most areas of civil law for people who meet Federal poverty guidelines or who are 60 years of age or older.

<u>Legal Services of Northern Michigan</u>: (231) 941-0771 or (888) 941-9599. 221 Garland St. Suite H, Traverse City, 49684

Long Term Care Ombudsman: (231) 947-2504, (866) 485-9393. Joni Honeman

LIFE ALERTS

Guardian Medical Alert: (800) 782-9688

<u>Munson Medical Alert:</u> (800) 252-2065

Philips Lifeline Medical Alert: (855) 332-7799

VRI Medical Alert: (800) 860-4230

MEDICAL EQUIPMENT

Active Brace & Limb: (231) 775-3577. 7800 US 131 S., Suite B, Cadillac, MI 49601

Airway Oxygen: (231) 775-2443. 844 N. Mitchell, Cadillac, MI 49601

Care Linc: (231) 775-7143. 205 Bell Avenue, Cadillac, MI 49601

<u>Lincare</u>: (231) 775-3468. 8842 34 Rd., Cadillac, MI 49601

<u>Love Inc:</u> (231) 779-1888. Wheelchair Ramp assistance. May - Nov.

<u>Munson Home Medical Equipment:</u> (800) 252-2065. 610 S. Mitchell St., Cadillac, MI 49601

Teters Orthotics: (231) 779-8022. 8865 Professional Dr. #C, Cadillac, MI 49601

MEDICAL LOAN PANTRIES

<u>Durable Medical Lending Pantry:</u> St. Mary's Episcopal Church: (231) 884-9623. Hours: **Monday and Thursday only, 12 - 2 pm only.** 815 Lincoln St., Cadillac, MI 49601

MEDICAL LOAN PANTRIES

<u>Lions Club of Mesick</u>: • Hospital Beds, Wheel-chairs, and other durable medical equipment. Call (231) 885-2679.

<u>American Legion:</u> (231) 839-4675. 114 Main St., Lake City, MI. Loans medical equipment to anyone in need. Also has a garden/barter program (during season) open to anyone.

MEDICAL TRANSPORTATION

<u>CWTA: Healthway Express:</u> (231) 779-0123. Make sure they know it's a medical appointment and if chair lift etc., is needed. Now taking passengers to and from appointments in the Munson Hospital Traverse City complex, as well as some clinics located on Cedar Run Road. Schedule rides at least 24 hours in advance and no more than three weeks ahead. Rides are reserved on a first-come basis and are not available for agency bookings.

<u>New Freedom Volunteer Driver Program</u>: Non Emergency Medical Transportation throughout the state. Call Kristen Kendall at the Wex Express Mobility Office, (231) 942-7900. Service is available to Wexford county seniors and Wexford county veterans.

Love Inc: (231) 779-1888

MI Life Transport LLC: (231) 577-2082. milifeinfo@milifetransport.com

Missaukee County Commission on Aging: (231) 839-7839. 2170 S. Morey Rd., Lake City, MI 49651. Hours: Mon – Fri, 8 am - 4:30 pm. Must be 60 years or older, or under 60 with a permanent disability. Call for more information.

<u>Munson Healthcare Transportation Services:</u> (800) 252-2065. Munson Healthcare Home Health provides wheelchair accessible transportation and a personal care aide to meet a variety of needs. Private duty, competitive rates.

<u>Sweet Riders Express</u>: (231) 942-2961. 8560 S Lucas Rd, McBain, MI 49657. Provides specialized transportation for community organizations as well as individuals with disabilities and special needs to improve their independence and quality of life.

SENIOR CENTERS

<u>Cadillac</u>: (231) 779-9420: Drop-in and Office Hours: Monday, Wednesday, Thursday: 9:30-3:30 http://cadillacseniorcenter.wixsite.com/cadillac. 601 Chestnut St., # 3, Cadillac, MI 49601. **Lunches:** Served Mon - Wed - Thurs. Cost is \$4.00. You must call the day before to reserve. Lunch served at noon. Activities offered Monday-Friday: 8:00 am -3:30 pm, plus some scheduled weekend activities. Call or check website for current activities and trips.

<u>Lake City:</u> (231) 839-4351: Hours: Mon Closed. Tues 11 am - 3 pm, Wed 10 am - 2 pm, Thurs 10 am - 3 pm, Fri 10 am - 2 pm. 120 John St., Lake City, MI 49651. **Lunches:** Served Wed, Thurs, & Fri. Cost is \$3.00 donation, Potluck on Tuesdays.

<u>Manton</u>: (231) 824-6961: Hours: M - F. 9 am - 2:30 pm. 302 W. Main, Manton, MI 49663 **Lunches:** Meals served at noon. Cost is \$3.00. Daily Activities.

Merritt Golden Agers: (231) 328-4447. 5833 Lotan Rd., Falmouth, MI 49632

Mesick Young of Heart: (231) 885-2957: 1st and 3rd Tues @ noon. United Methodist Church, 121 S. Alvin, Mesick, MI 49668. Contact: Jalene Croel, (231) 885-1604

SUPPORT GROUPS

<u>Dementia Awareness Group:</u> (231) 876-0611. 4th Tuesday, 3:30 pm. Curry House, 5858 47 Rd., Cadillac, MI 49601. For those caring for someone with Dementia.

<u>Dementia Awareness Group:</u> (231) 876-0611. 4th Monday, 6:00 pm. Missaukee District Library 210 S. Canal Street, Lake City 49651. For those caring for someone with Dementia.

<u>Early Onset Dementia Support Group</u>: (231) 775-5300. 2nd Friday of the month. Noon. Lunch provided. 235 Pearl St. Cadillac, Mi 49601. For those experiencing Early Onset Dementia.

<u>Grief:</u> (231) 796-7371. 2nd Wednesday, 1:00 pm. Hospice of Michigan, 932 N. Mitchell, Cadillac, MI 49601. Contact is Will Gasper.

<u>Grief</u>: (800) 252-2065. Every Tuesday at 11 am, 618 S. Mitchell St., Suite A, Cadillac, MI 49601 Sponsored by Munson Home Health, Spiritual and Bereavement Dept.

<u>Low Vision:</u> (231) 779-0149. 2nd Tuesday, 10 am to 11 am: Wexford County Council on Aging Board Room, 714 W. 13th St., Cadillac, MI 49601. Connie Payne. For those who have low vision, losing their vision or are blind.

<u>Parkinson's:</u> (231) 779-9420. 4th Tuesday, 1:00 pm: Cadillac Senior Center, 601 Chestnut #3, Cadillac, MI 49601. For those who have Parkinson's or are caring for someone with Parkinson's.

<u>We Care Peer Support:</u> (231) 876-2578. Every Tuesday at 9:00 am, Big Boy in Cadillac, Sponsored by Munson Home Health, Spiritual and Bereavement Dept.

RESPITE

<u>Autumnwood of McBain</u>: (231) 825-2990. 330 Hughston St., McBain, MI 49657. Private pay fee per day unless a hospice or waiver eligible client. (Waiver pays entire fee, hospice pays a large portion). Semi-private room. No minimum stay required. Pre-plan stay or last minute if room available.

<u>Curry House:</u> (231) 577-9575. 5858 47 mile Rd, Cadillac, MI 49601. Private pay fee per day unless a waiver client. (Waiver pays entire fee). Minimum of 5 day stay required. Private room. Last minute acceptances only, based on room availability. Also available, Companion Care Day Program.

<u>Green Acres:</u> (231) 775-5300. 235 Pearl St. Cadillac, MI 49601. Last minute acceptances only based on room availability.

Maple Ridge Living Center: (231) 9072 S. Mackinaw Trail, Cadillac, MI 49601 . Private room. Private pay fee per day on availability.

<u>Samaritas:</u> (231) 775-0101. 460 Pearl St. Cadillac, MI 49601. Private pay fee per day unless a hospice or waiver eligible client. (Waiver pays entire fee, hospice pays a large portion). Semi-private room. No minimum stay required. Pre-plan stay or last minute if available.

RESPITE

<u>Whispering Pines:</u> (231) 842-0200. 2853 S. LaChance Rd., Lake City, MI 49651. Private pay fee per day unless a waiver eligible client. (Waiver pays entire fee). No minimum stay required. Private room. Pre-plan the stay or can also accept clients last minute if room available.

TAX PREPARATION

<u>AARP Tax Preparation during TAX Season only</u>: Cadillac Senior Center, (231) 779-9420 601 Chestnut St., # 3, Cadillac, MI 49601. Free or by donation. February – April. AARP also has a location in Missaukee County during tax season call 1 (888)-687-2277 for more information.

NMCAA: (231) 775-9781, Hours. M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601: Provides free tax preparation for qualified taxpayers in Cadillac.

UTILITIES ASSISTANCE

As of November 2018 all heat assistance applications for True North, NMCAA and Salvation Army must go thru DHHS. The Wexford County Council on Aging has staff that will help in applying for assistance with DHHS.

Cooperative Ministries: (231) 839-4485. 6182 W. Sanborn Rd., Lake City, MI 49651

<u>DHHS:</u> (231) 779-4500. 1-844-464-3447. Wexford County/Missaukee County. 10641 W. Watergate Road, Cadillac, MI 49601

Friends Ministry: (231) 839-8816. 3728 S. Morey Rd., Lake City, MI 49651

Love Inc: (231) 779-1888. 753 Sunnyside Dr., Cadillac, MI 49601

Michigan Public Utilities: Complaints. (800)-292-9555

Northwest Michigan Community Action Agency (NMCAA): (231) 775-9781, Hours: M - F. 8 am - 4 pm, 1640 Marty Paul, Cadillac, MI 49601: **Services:** Head Start • **Heating Assistance must apply with DHHS** • Home Improvement • Home Repair Loans • **Low Income Weatherization** • Foreclosure Counseling • Homeless Prevention • Veterans Support Services • Bankruptcy Counseling • Early Childhood • Commodities & Meals on Wheels: 60 years old or older • Photo Id • Proof of income (SS Statement or bank statements)

Salvation Army: (231) 775-7131. **Heating Assistance must apply with DHHS** 725 Wright St., Cadillac, MI 49601

<u>True North:</u> (231) 924-0641. 6308 S. Warner Avenue, P.O. Box 149, Fremont, MI 49412 http://www.truenorthservices.org/Assistance/Heat-and-Energy, Consumers Energy CARE 4.0, DTE Energy LSP. **Heating Assistance must apply with DHHS** Requirements: Proof of income • photo id • completed application • Proof of all household income • Copy of Social Security cards for all household members • Copy of utility bill(s) (No bill required for propane, fuel oil, firewood, wood pellets, or coal unless you have a past due amount).

VETERAN'S SERVICES

American Legion: Phil Babcock. Tuesdays, 9 am - 4:30 pm. 401 N. Lake St., Suite 603, Cadillac, MI 49601

Disabled Veterans Transportation: (231) 723-5845. DAV - Medical Only

<u>Cadillac VA Community Based Outpatient Clinic</u>: (800) 406-5143, ext 11410 for local clinic. Local phone: (231) 775-4401. Hours: M – F, 8 am – 4 pm. 1909 N Mitchell St., Cadillac, MI 49601

Northwest Michigan Community Action Agency (NMCAA):

Missaukee County: (231) 839-7264. Ray Moore. Hours: Tuesdays: 1 pm - 4 pm: Courthouse Annex Building, 105 Canal St., P.O. Box 800, Lake City, MI 49651.

<u>Wexford County:</u> (844)900-0500. Tasha Lipinski: Veterans Housing Resource Specialist. Hours: call for appointment. 1640 Marty Paul, Cadillac, MI 49601

<u>Wexford County Veterans Service Officer</u>: (231) 775-6654. Kent Myers. Hours: M - Fri. 9 am - 5 pm. Services for Vets. Helps with filling out applications for benefits and other resources.

VISION ASSISTANCE

<u>Good Will Optical</u>: (231) 932-1520. Hours: Tue – Sat., 9 am – 6 pm. Closed 1 pm – 2 pm for Lunch. 2279 W South Airport Rd., Traverse City, MI 49684. Medicare and Medicaid are accepted for eye exams and glasses but other insurances are not accepted. Low cost exam and glasses.

Lions Club Cadillac: Call Love Inc. for application (231) 779-1888

<u>Low Vision/Blind Counseling:</u> (800) 292-4200, (616) 356-0185. Karyn Silky, CRC, VRT: Certified Rehabilitation Counselor/Teacher. 350 Ottawa N.W., Grand Rapids, MI 49850.

<u>Library for the Blind:</u> (231) 932-8558. 610 Woodmere Avenue, Traverse City, MI 46986 Mon.-Fri. 9 am -5 pm. Provides talking books, large-print books, and audiocassettes for blind and physically handicapped persons.

<u>Senior Eye Care:</u> (800) 222-3937: 65 or older. Must not have seen an ophthalmologist in three or more years. Do not belong to an HMO or the VA.

WINTERIZATION

Northwest Michigan Community Action Agency: (231) 775-9781, (800) 443-2297. 1640 Marty Paul, Cadillac, MI 49601

USDA Rural Development: (231) 941-0951. 1501 Cass Street, Suite A, Traverse City, MI 49684

Habitat for Humanity: (231) 775-7561. 7545 East 34 Rd., P.O. Box 828, Cadillac, MI 49601 Project: A Brush with Kindness

COUNTY SERVICES

Cadillac Area Chamber of Commerce: (231) 775-9776. 222 N. Lake Street, Cadillac, MI 49601

Lake City Area Chamber of Commerce: (231) 839-4969 107 Main St., Lake City, MI 49651

Cadillac Area Community Foundation: (231) 775-9911. 201 N. Mitchell St., Suite 101, Cadillac, MI 49601

Cadillac Area YMCA: (231) 775-3369. 9845 Campus Dr., Cadillac, MI 49601

Cadillac Visitors Bureau: (231) 775-0567. 201 N. Mitchell St., Suite 102, Cadillac, MI 49601

City of Cadillac: (231) 775-0181. 220 N. Lake St., Cadillac, MI 49601

City of Lake City: (231) 839-4561. 115 W. John St., P.O. Box 1, Lake City, MI 49651

<u>Club Cadillac</u>: (231) 775-5638. 2105 6th Avenue, Cadillac, MI 49601. Club Cadillac is a Clubhouse Model Rehabilitation Program which provides the members with meaningful work during the day, employment opportunities, access to safe and affordable housing, social and educational opportunities, and friendships.

Ms. Green Recycling: (231) 775-6143. Pickup at your home, once a month is \$6.00. \$10.00 for twice a month. 1st and 3rd Thursday each month. 67 Davidson Road, Cadillac, MI 49601

Habitat for Humanity Restore: (231) 775-8661. 7545 E 34 Road, Cadillac, MI 49601

Manton Rescue Squad: (231) 779-9211

North Flight Billing Department: (231) 779-9220

Missaukee Humane Society: (231) 839-3800. 5310 W. Houghton Lake Rd., Lake City, MI 49651

Wexford County Animal Shelter: (231) 779-9530, 1406 6th Ave., Cadillac MI 49601

Missaukee County Recycling Center: (231) 239-7193. 6180 W. Sanborn Rd., Lake City, MI 49651

MSU Extension: Missaukee County: (231) 839-4667. 6180 W. Sanborn, Lake City, MI 49651 Wexford County: (231) 779-9804. 401 North Lake St., Cadillac, MI 49601

Post Offices: Missaukee County:

Lake City: (231) 839-4577 McBain: (231) 825-2345 Merritt: (231) 328-4391 Falmouth: (231) 826-4418

Wexford County: Cadillac: (231) 775-6519 Manton: (231) 824-6461 Boon: (231) 775-3991

Missaukee Public Library: (231) 839-2166. 210 Canal St., Lake City, MI 49651

Wexford County Library: (231) 775-6541. 411 S. Lake Street, Cadillac, MI 49601

COUNTY SERVICES

Missaukee County Court House: 111 South Canal, Lake City, MI 49651

Building Dept: (231) 839-7264 County Clerk: (231) 839-4967

District Court: (231) 839-4967 ext.0214

Equalization: (231) 839-4945 Park Dept: (231) 839-4945

Planning and Emergency Mgt: (231) 839-7988

<u>Probate Court</u>: (231) 839-4967 ext, 208 <u>Road Commission</u>: (231) 839-4361 <u>Treasurer</u>: (231) 839-4967 ext. 205

Wexford County Court House: 437 Division, Cadillac, MI 49601

<u>County Clerk:</u> (231) 779-9450 <u>District Court</u>: (231) 779-9515

Equalization Department: (231) 779-9470

Probate Court: (231) 779-9510 Property Taxes: (231) 775-0181 Register of Deeds: (231) 779-9455

Treasurer: (231) 779-9475

STATE AND FEDERAL SERVICES

Department of Health & Human Services: (231) 779-4500. (844)464-3447. 10641 W. Watergate, P.O. Box 309, Cadillac, MI 49601

Adult Protective Services: (855) 444-3911

Medicaid Transportation: (231) 779-4563

Secretary of State: (888) 767-6424. Hours: M, T, Th, F, 9 am - 5 pm, Wed 11 am - 7 pm. 1911 N Mitchell St, Cadillac, MI 49601.

Social Security: Local: (877) 405-0485 Toll Free: (800) 772-1213. Hours: M, T, TH 9 am -4 pm, W 9 am - 12 pm. 1720 S. Mitchell St., Cadillac, MI 49601.

<u>Michigan Department of Community Health</u>: <u>OSA- Office of Services to the Aging:</u>

(517) 373-8230. Lansing: P.O. Box 30676, Lansing, MI 48909-8176

Out of State Senior Service Information: (800) 677-1116

FEDERAL REPRESENTATIVES

Congressman John Moolenaar: (District 4) (231) 942-5070. 201 N. Mitchell St., Suite 301, Cadillac, MI 49601

<u>U.S. Senator Gary Peters:</u> (231) 947-7773. 818 Red Drive, Suite 40, Traverse City, MI 49684

<u>U.S. Senator Debbie Stabenow:</u> (231) 929-1031, 3335 S. Airport Road West, Suite 6B, Traverse City, MI 49684

STATE REPRESENTATIVES

MI Representative Michele Hoitenga: (District 102) (517) 373-1747, Michele Hoitenga@house.mi.gov, S-1386 House Office Building, P.O. Box 30014, Lansing, MI 48909

<u>MI Representative Daire Rendon</u>: (District 103) (517) 373-3817, S-1387 House Office Building, P.O. Box 30014, Lansing, MI 48909 <u>DaireRendon@house.mi.gov</u>.

<u>State Senator: Curt VanderWall</u> (35th District) 517-373-1725, P.O. Box 30036 Lansing, MI 48909-https://www.senatorcurtvanderwall.com/

MISCELLANEOUS

Alzheimer's Association: (800) 272-3900

American Cancer Society: (800) 227-2345

American Council of the Blind: (800) 424-8666

American Diabetes Association: (800) 232-3472

American Parkinson Disease Association: (800) 223-2732

<u>American Red Cross:</u> (231) 775-5351

Arthritis Foundation: (800) 283-7800

Better Business Bureau: (800) 684-3222. 3330 Claystone St SE, Grand Rapids, MI 49546

Dialysis Center: (231) 779-8917 or (231) 779-8149

Elder care Locator: (800) -677-1116

Inexpensive ENSURE: Munson Home Health: (231)-935-0824, (800) -252-2065

Phone Scams: Federal Trade Commission: (877) 382-4357

National DO NOT CALL Registry 1-888-382-1222

SCAMS: 517-335-7622 Attorney General of Michigan Office.

Poison Control Center: (800) 632-2727

Reverse Mortgage: (231) 218-0307: Lisa Parks

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SNAG: Senior Networking Advocacy Group: A group of individuals, agencies, businesses and groups that work together for the betterment of seniors and seniors services in Missaukee and Wexford County.

Projects include: Wexford/Missaukee Human Resource Directory, *Senior Appreciation Day*, SNAG Community Calendar, Baskets of Love Drive and more.

For more information contact Jennifer Moffit @ (231) 775-2443.

FACEBOOK: https://www.facebook.com/ SeniorNetworkingAdvocacyGroup/

SNAG Community calendar: Events and happenings for members of SNAG Https://calendar.google.com/calendar/embed?src=snagofcadillac%40gmail.com