



Co-funded by the
Erasmus+ Programme
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RESULTS OF THE PILOT EXPERIENCES

Testing of open educational resources
(app and e-learning course)

SPAIN

October – November 2021

Io3a3/io4a3. Testing the app and e-learning course



**PRESENTACIÓN DE
RESULTADOS PILOTAJE**
APP Y CURSO DE TELEFORMACIÓN:

Seminario online
22 de noviembre de 2021
De 12 a 13 horas

SALA DE REUNIONES
<https://meet.jit.si/Appfordemmeetingroom>



The app is available on the app stores



AppForDem project

ERASMUS+ PROJECT:2019-1-ES01-KA202-065659



INDEX

1. THE PILOTING PROCESS	3
Presentation of the piloting activities (14/10/2020).	3
Sending materials.....	3
Methodology.....	3
Participants in the piloting activities.....	4
1. TESTING THE EDUCATIONAL APP: WORKSHOP CONCLUSIONS (26/10/2021) - IO3.....	5
Participants	5
Meeting agenda	5
Workshop: online meeting minutes -11 October 2021-.....	5
2. TESTING THE E-LEARNING COURSE: WORKSHOP CONCLUSIONS (11/11/2021) - IO4	7
Participants	7
Meeting agenda	8
Workshop. Minutes of the online meeting.....	8
3. PILOT EXPERIENCES RESULTS: QUESTIONNAIRES AND WORKSHOPS.....	10
1.Organization of the pilot experience	10
2. Contents and methodology of the app and e-learning course	11
3. Case studies in the e-learning course	12
4. E-learning course and app duration and timetable	13
5. Didactic media (scorms, audiovisuals, pdf files)	14
6. Technical and didactic resources	15
7. App and e-learning platforms on the Internet: interface	16
8. Overall evaluation of the app and the e-learning course	17
9. Overall satisfaction: e-learning course	18
9. Overall satisfaction: educational app.....	20
5. SUMMARY AND CONCLUSIONS	21
Suggestion for improvement	22



1. THE PILOTING PROCESS

The piloting process was organized in October and November 2021. It began with a presentation meeting addressed to nursing home directors and professionals in long-term care services on 14 October 2021. After this meeting, the Edad Dorada Mensajeros de la Paz Association sent materials and agendas for two online workshops to the participants. 20 participants, with different profiles in long-term care activities, were involved in the piloting process

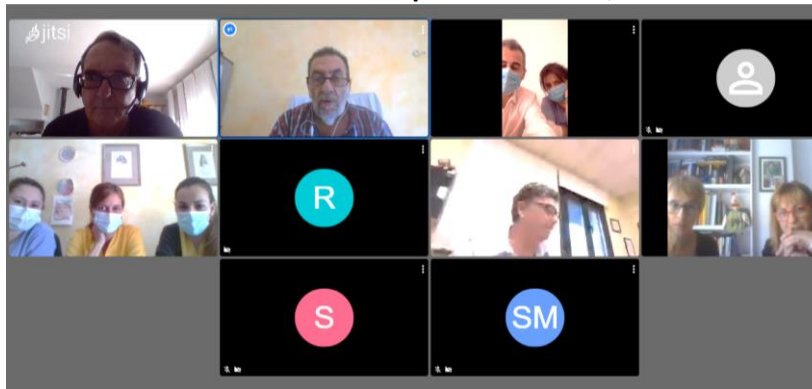
Presentation of the piloting activities (14/10/2020).

The presentation meeting took place at the headquarters of Edad Dorada Mensajeros de la Paz CLM and Galicia Association in Toledo. The project coordinator presented the piloting activity to a group of directors of nursing homes and invited the participation of caregivers of people with dementia in these activities. Other organisations from the long-term care sector were invited to the piloting process by email. This process was also disseminated through social media. An information leaflet was made available at this link: <https://lnkd.in/eQYkFkCa>

Photo. Presentation of the piloting 14/10



Photo. Online workshop on 26 October, 2021



Sending materials

Participants received an email with the questionnaire, links and basic information to participate in the piloting process by email on 10/15/2021. The timetable for the piloting activities was as follows:

- 26th October 2021. Testing and discussion of the app "dementia and daily living."
- 11th November 2021. Testing and debate on the e-learning course. Online.
- 22nd November 2021. Presentation of results.

Methodology

Participants accessed the open educational resources through the app "dementia and daily living" and the e-learning course following the indications received by email on 10/15/2021. They tested the learning resources and assessed their suitability to the needs of formal and informal caregivers. Information was exchanged in the workshops on each of the aspects requested, following the established agenda. On 11/11/2021 the participants sent the completed questionnaires to the coordinator.

The results presented below show the answers of 10 participants. The report that we present next also includes the opinions, comments and suggestions in both workshops mentioned above. A final report with the conclusions was presented to the participants in an online meeting on 22 November 2021.

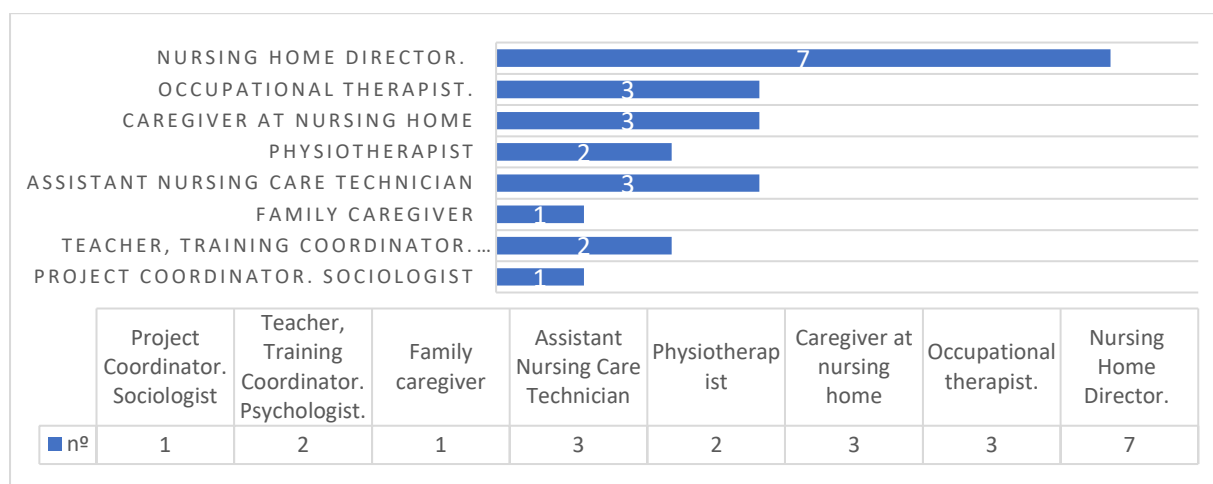


Participants in the piloting activities

Name	Occupation
1. Alazne Gonzalez Pérez.	Assistant Nursing Care Technician (TCAE) – Family caregiver.
2. Ana María Atienza Martínez.	Caregiver at nursing home.
3. Angel de Oro Prol.	Nursing home Director.
4. Angel Yagüe Criado.	Project Coordinator. Sociologist
5. Belén Martin Núñez.	Physiotherapist.
6. Catalina Torres Garcia.	Nursing home Director.
7. Leticia Arteaga Manzano.	Nursing home Director.
8. Lola Sobrino.	Nursing home Director.
9. Lucía Magán Marín.	Occupational Therapist.
10. Marina Regidor.	Occupational Therapist.
11. Mario Ortega Herrera.	Nursing home Director. Psychologist
12. Milagros Nieva.	Assistant Nursing Care Technician (TCAE).
13. Milagros Salaverria Pérez.	Assistant Nursing Care Technician (TCAE).
14. Miriam López Esteban.	Responsible for assistants.
15. Natalia López Sáez.	Occupational therapist.
16. Natalia Martín Guzmán.	Physiotherapist.
17. Nurys Valera Escudero.	Nursing home Director.
18. Rosa Trujillo Nieto.	Teacher, Training Coordinator. Psychologist.
19. Silvia Manuela Heredia.	Caregiver at nursing home.
20. Vicenta Rodríguez Vidal.	Nursing home Director.

Participant profiles

15 participants are healthcare professionals working in long-term care organizations, 6 of them are nursing home directors. 3 participants are auxiliary technicians of nursing care (TCAE), one of them is also a family caregiver. Two participants are psychologists teaching formal and non-formal caregivers of people with dementia.





1. TESTING THE EDUCATIONAL APP: WORKSHOP CONCLUSIONS (26/10/2021) - IO3

The participants tested the app “**Dementia and daily living**” from October 11 to 26, 2021. On the latter date, an online meeting was held to exchange opinions about the app, following the nine indicators of the questionnaire.

Participants

Name	Occupation
1. Alazne González.	Assistant <i>Nursing Care Technician</i> (TCAE) – Family caregiver.
2. Angel de Oro Prol.	Nursing Home Director.
3. Angel Yagüe Criado.	Project Coordinator.
4. Lola Sobrino.	Nursing Home Director.
5. Lucía Magán Marín.	Occupational therapist.
6. Mario Ortega Herrera.	Nursing Home Director / Psychologist.
7. Milagros Nieva.	Assistant <i>Nursing Care Technician</i> (TCAE).
8. Miriam López Esteban.	Responsible for care staff.
9. Natalia López Saez.	Occupational therapist.
10. Natalia Martín Guzmán.	Physiotherapist.
11. Rosa Trujillo Nieto.	Training Coordinator.
12. Silvia Manuela Heredia.	Nursing home caregiver.
13. Viki Rodríguez Vidal.	Nursing Home Director.

Meeting agenda

The project coordinator sent an email with the agenda, links and questionnaires to the participants on 11 October 2021. The agenda of the meeting presented the following topics:

12.00 A 12.15. Presentation of the app "Dementia and daily life".

12.15 A 13.45. Test the app: opinions of the participants

- (P2*) App content and methodology ¹
- (P4) Duration of the educational app.
- (P5) Contents and didactic means.
- (P6) Technical and didactic resources.
- (Q7) About the app platforms (Android/Apple-IOS):
- (P8). Overall evaluation of the app and the e-learning course.
- (P9). Overall satisfaction.

13.45 - 14.00 Conclusions and closing.

Workshop: online meeting minutes -11 October 2021-

The meeting started with the presentation of the application "Dementia and everyday life". Participants were then invited to comment on the nine indicators of the agenda.

In relation to the **contents and methodology of the app**, participants acknowledged that the person-centred approach used to build the application is very important for care activities. They agreed that the topics are well described, which makes them easy to understand. They found the topics "family support", "what is dementia" and "ethics of care" the

¹ Q2...Q9. Corresponds to the numbering of the questions in the questionnaire sent to the participants.



most interesting and suggested some improvements to the topics "eating and drinking", "toileting" and "personal hygiene".

Regarding the **indicator "duration and timetable"**, participants highlighted that the application is well defined, its user-friendly design allows caregivers and students to easily find any information they need. One participant commented that "as a caregiver in a nursing home, what I appreciate most is that the app is easy to access and allows me to easily find the information I need".

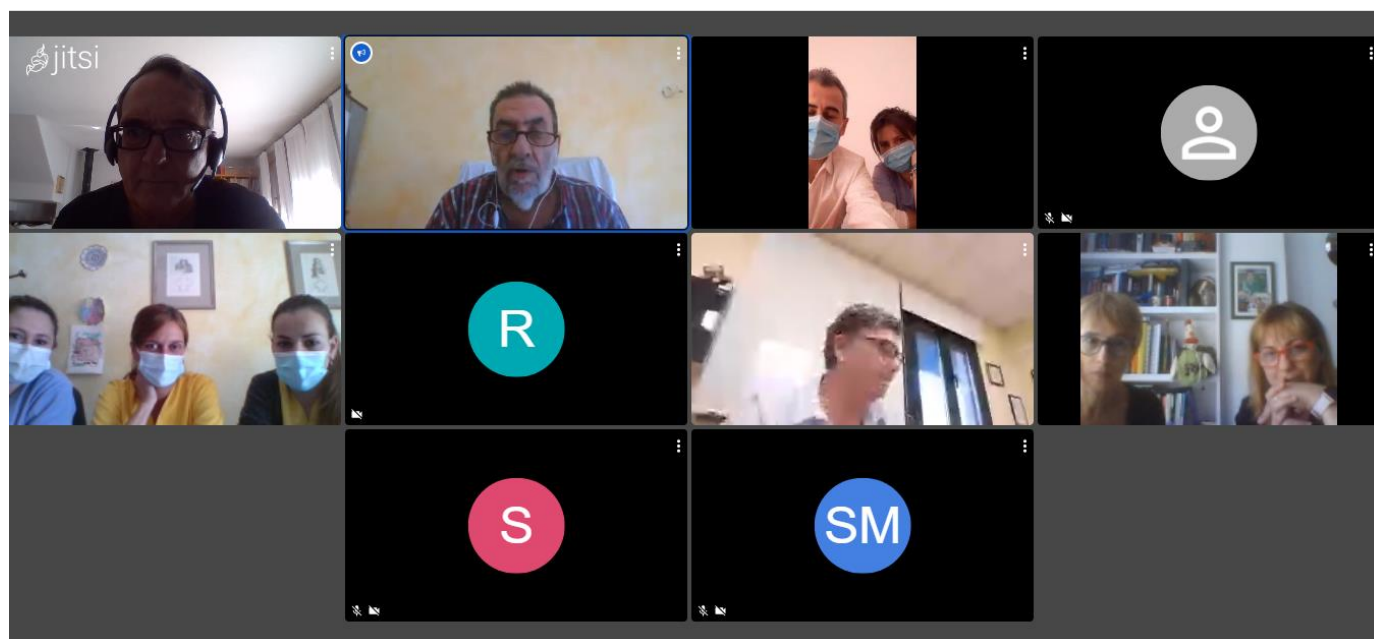
Regarding the **content and didactic resources**, one participant valued positively the presentation of real situations of everyday life and commented that the content respond to the knowledge level and social skill needs of caregivers of people with dementia. One participant commented that "the app is a great help for family caregivers, as they often don't know how to deal with certain situations". One participant commented that she found it a very useful tool for caregivers that "all the care staff at the nursing home she manages have downloaded the app".

Concerning **technical and educational resources**, one participant emphasized that "all the topics offer very good help, advice and relevant information in bold letters that make it easier to find the concepts necessary for care in daily life. It is easy to find the necessary information". Participants agreed that the self-assessment tests have allowed them to know the level of learning achieved after reading the topics. However, they pointed out some questions and answers that were not very clear and need to be corrected (see below). On the graphical summary (comics at the end of each topic), one participant highlighted that "the comics take away from the seriousness of the topic, but not the importance. It's like a reward once the topic is finished".

In relation to the general satisfaction with the app, it is considered that it is a tool to help the caregiver and especially the family caregiver and care staff with low level of knowledge about the disease. One participant said that the app "can help caregivers feel much better about caring for people with dementia".

Suggestions for improvement:

- The topic "Eating and drinking" needs an explanation of the concept "solid colours" in the Spanish language.
- In the questionnaires, some questions need to be improved: Topic 6, question 5 and in Topic 8, question 3.
- Personal hygiene topic: an expert considers it is not necessary to detail a list of products.
- In the topic Toileting:
 - Word changes needed in the subtopic diaper use: "target" and "accident". They suggest removing the two first paragraphs, since they affect personal autonomy.
 - One participant considers there is a contradiction in bathroom privacy: if the door is left open to be able to find the bathroom and then the door is close while in the bathroom. For her this is a contradiction. It is suggested to remove the option: keep the door open (item 5)
 - A more detailed explanation is needed for incontinence. A participant suggests removing the first paragraph, which deals with the risk of falling and incontinence.



2. TESTING THE E-LEARNING COURSE: WORKSHOP CONCLUSIONS (11/11/2021) - IO4

The participants tested the e-learning course “Specialized care for people with dementia” from October 11 to November 11, 2021. On this last date, an online meeting was held to exchange opinions about the course, following the nine indicators of the questionnaire.

Participants

Name	occupation
1. Alazne González.	Assistant <i>Nursing Care Technician</i> (TCAE) – Family caregiver.
2. Angel de Oro Prol.	Nursing Home Director.
3. Angel Yagüe Criado.	Project Coordinator.
4. Belén Martín Núñez.	Physiotherapist.
5. Catalina Torres Garcia	Nursing home director.
6. Leticia Arteaga Manzano.	Director/ Nurse, Specialist in Geriatrics
7. Lucía Magán Marín.	Occupational therapist.
8. Marina Regidor.	Center Director-Occupational Therapist.
9. Milagros Nieva.	Assistant <i>Nursing Care Technician</i> (TCAE).
10. Miriam López Esteban.	Responsible for nursing staff.
11. Natalia López Sáez.	Occupational therapist.
12. Natalia Martín Guzmán.	Physiotherapy.
13. Rosa Trujillo Nieto.	Training Coordinator.
14. Silvia Manuela Heredia.	Assistant <i>Nursing Care Technician</i> (TCAE).



Meeting agenda

The project coordinator sent an email with the agenda, links and questionnaires for the online meeting on 11 November 2021. The meeting agenda presented the following topics:

12.00 A 12.15. Presentation of the course

- Angel Yagüe Criado. Project Coordinator

12.15 A 13.45. Test the e-learning course: opinions of the participants

- (P2*) Course content and methodology
- (p3) Case studies
- (P4) Duration of the course.
- (P5) Contents and didactic means.
- (P6) Technical and didactic resources
- (Q7) About the e-learning platform: <https://ed-formacion.org/>
- (P8). Overall evaluation of the e-learning course
- (P9). Overall satisfaction

13.45 - 14.00. Conclusions and closing

Workshop. Minutes of the online meeting

The meeting began with the presentation of the course and the e-learning platform by the coordinator, who then presented the agenda and invited the participants to comment on the 9 indicators.

(P2) Regarding the content and methodology of the e-learning course, the participants agreed on the quality of the learning content. They found the content to be very clear and easy to understand. They considered it a comprehensive course that teaches the most important topics for caregivers of people with dementia. In this sense, the content, the lessons, the questionnaires, the links, and the case studies were positively valued.

(P3) Concerning the case studies, the possibility of reflecting on concrete and real situations of care for people with dementia is positively valued. The content of the case studies helps to eliminate fear of caring for someone with dementia, to clarify the false beliefs and myths that exist around these diseases. Solving the case studies is considered very positive for healthcare staff with a low level of knowledge of the diseases that cause dementia. Participants agreed that the case studies will be very useful for a better understanding of individualized care plans for people with dementia in nursing homes, long-term care services, and family care. In reference to case study no. 3, the specific solutions proposed were positively valued. However, two participants emphasized the importance of the role of the tutor to explain some specific solutions to daily care: for example, teaching how to handle the rocking chair is very important for the care of people with dementia.

(P4). The participants considered that the e-learning course has a lot of useful information for caregivers of people with dementia: content, videos, links, exercises, case studies. They agreed that more than 30 hours would be needed to review all the content and study the cases in depth.

(P5) They considered that the connection between the application and the e-learning course is very interesting to learn about caring for people with dementia. They considered that the app presents the topics in a simple and concrete way and the caregivers and students can learn more about the individual topics in the e-learning course.

(P6) The participants agreed that computing resources are adequate for the objectives of the e-learning course. The interactivity with the questionnaire, which returns the answer quickly, was positively valued.



(P7) The participants were very satisfied with the usability of the e-learning platform as they found it very easy to use. All the learning resources are intuitive so they will be useful for users with a low level of digital competence. The materials in pdf format were very well appreciated since they allow offline learning by downloading the materials in pdf format.

(P8-P9). The participants showed a high level of satisfaction with the e-learning content and materials. They congratulated the work team on a job well done. They emphasized module 1, especially the units on the different types of dementia. The case studies were positively valued, highlighting cases 3 and 4, since they explain common situations in nursing homes. One participant said: "it is one of the best courses I have taken on this subject".



Workshop 11/11/2021. E-learning course

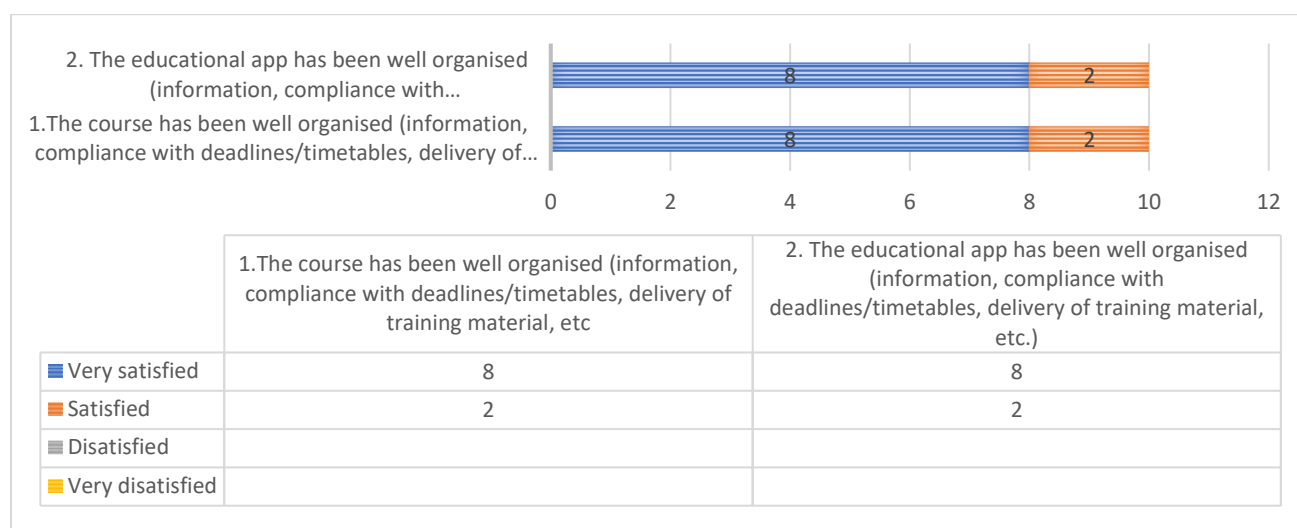


3. PILOT EXPERIENCES RESULTS: QUESTIONNAIRES AND WORKSHOPS

Below is a report with the main results of the piloting process. The report follows the 9 indicators proposed in the guidelines for IO 3 and 4. The quantitative information in this report shows the responses of 10 participants.

1. Organization of the pilot experience

80% of the participants were very satisfied with the pilot experience of the app and the e-learning course: information, meeting deadlines/schedules, delivery of training material, etc.





2. Contents and methodology of the app and e-learning course

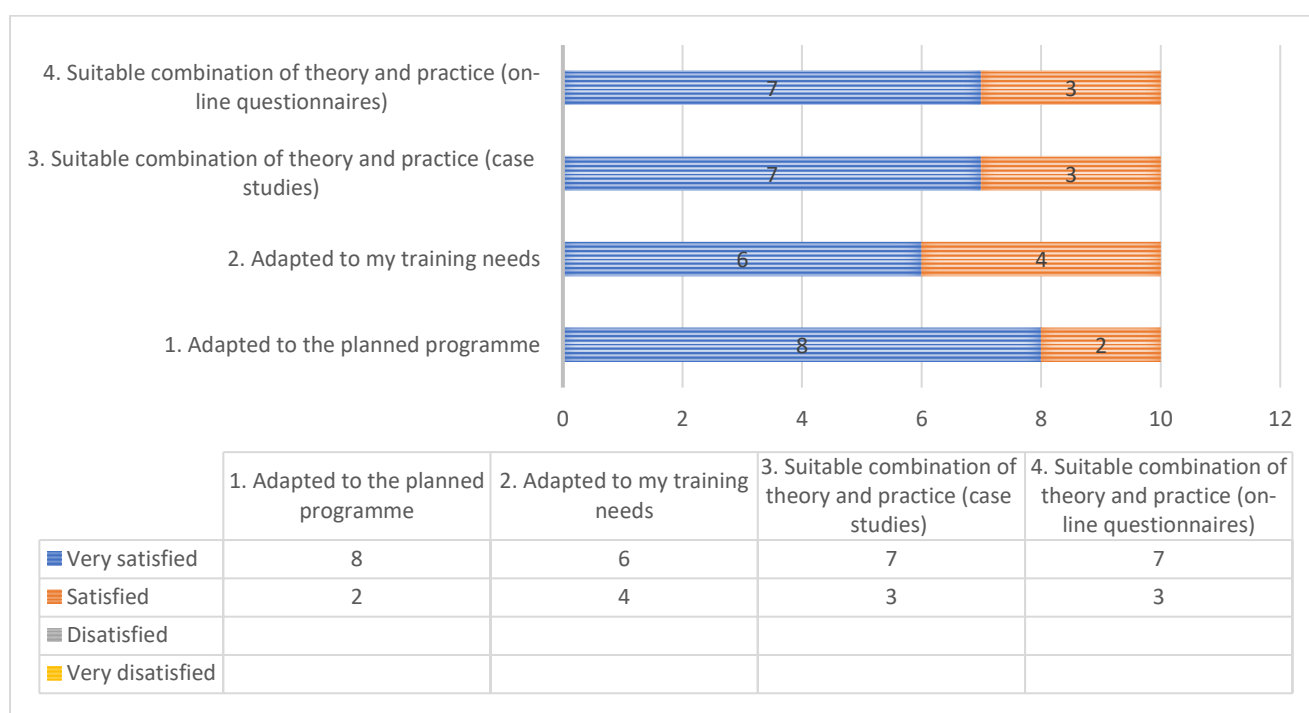
80% of the participants were very satisfied with the following items: 2.1. The contents were adapted to the planned program (didactic guide); 60% with the adaptation to their training needs (2.2.); and 70% with the suitable combination between the theory to the practice in the questionnaires (2.3) as well as in the case studies (2.4).

App content:

- A participant commented that “the contents are very appropriate, easy and simple to understand”.
- A professional said that “App contents seem to be oriented to home care or for those professionals who have little knowledge about how to deal with the care of a person with dementia”.

Content of the course:

- A participant said: “The content of the e-learning course seems to me very complete and comprehensive and have provided me with a lot of necessary information for my daily work”.
- Another opinion was the following: “For professionals, such as occupational therapists, psychologists, etc., the content of the course will be useful to remember different aspects of caring for people with dementia”.

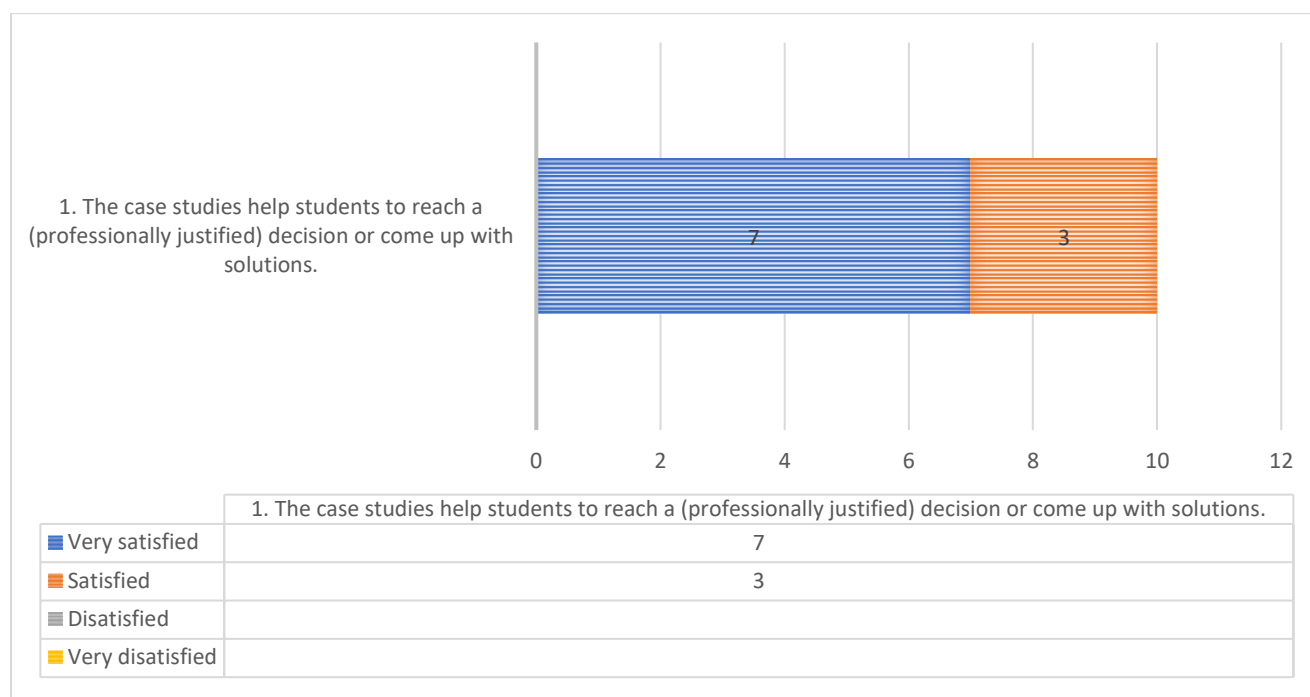




3. Case studies in the e-learning course

70% of the participants were very satisfied with the case studies as they help to deal with real situations at the long-term care facilities. It is also positive that case studies allow care staff to be involved in the personal care plans for people with dementia, since they offer different care alternatives to the situations described.

Cases 3 and 4 were considered as very useful since they show real situations at nursing homes. One of the participants pointed out that the case studies do not specify concrete solutions and sometimes it is not clear how to proceed with the proposed solutions. For example, the caregiver needs to know the correct way to use a rocking chair with a person with dementia.

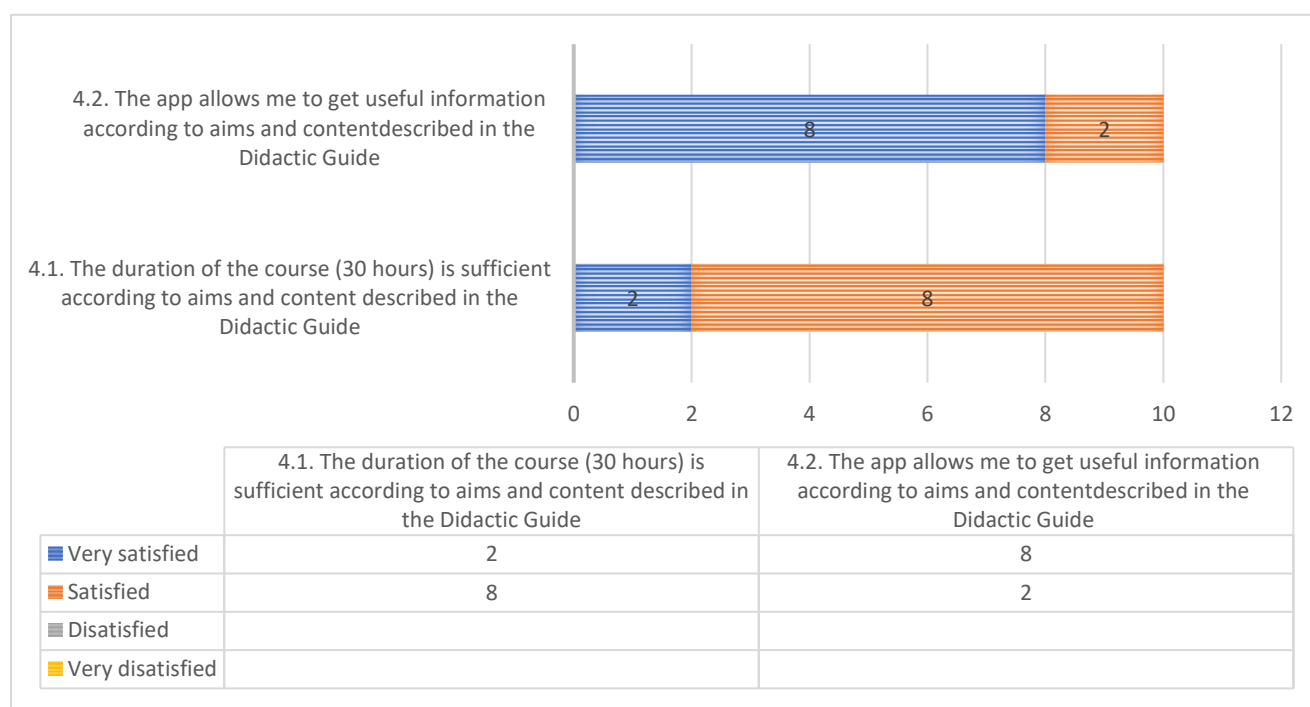




4. E-learning course and app duration and timetable

Regarding the app, 80% of the participants were very satisfied as they can quickly find the necessary information by consulting the app index.

80% of the participants were satisfied with the duration of the course. They considered that the course has a lot of useful information for caregivers of people with dementia (content, videos, links, exercises, case studies). They agreed that more than 30 hours would be needed to go through all the content and study the cases in depth.

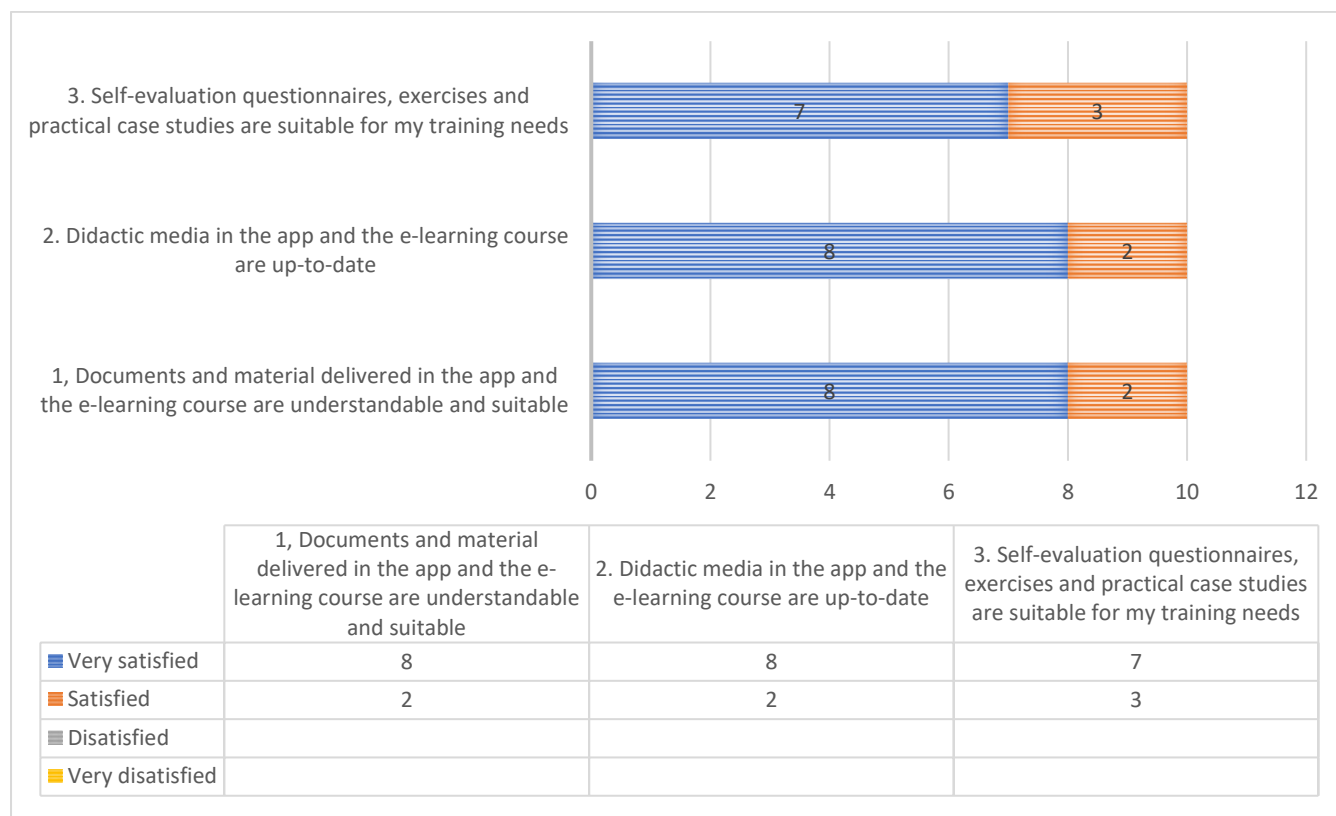




5. Didactic media (scorms, audiovisuals, pdf files)

80% of the participants were very satisfied with the information, documents and material delivered in the app and the e-learning course. Participants considered that they are understandable, suitable, and up to date. 70% were very satisfied with the questionnaires, exercises, and case studies as they are adapted to their training needs.

Related to the app, participants considered that it provides good solutions to cope with daily living situations, based on a person-centre care approach. A participant commented that "The app provides a great help in home care, as often the caregiver does not know how to deal with certain situations".

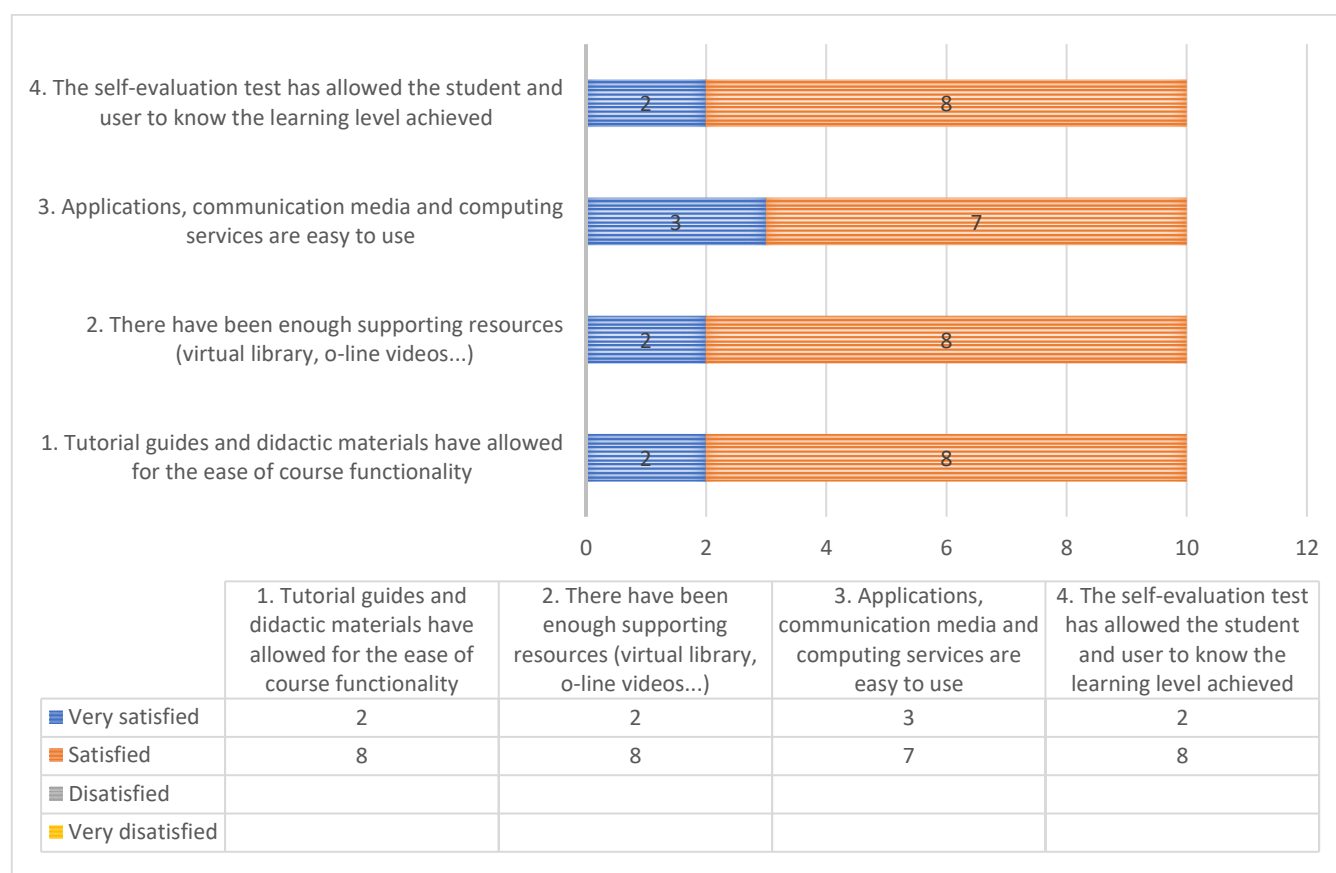




6. Technical and didactic resources

80% were very satisfied with the didactic guide and materials: these documents allow them to follow the content of the app and the e-learning course. They also consider that there have been enough support resources and links (6.2); and they consider that the self-evaluation tests have allowed me to know the level of learning achieved. (6.4.). In addition, 70% are satisfied that applications, communication media and computing services are easy to use (6.3.).

Participants appreciated the use of comics in the app (graphical summaries) and in the case studies. One participant commented that "the comics take away from the seriousness of the topic, but not the importance. It's like a reward once the topic is finished".



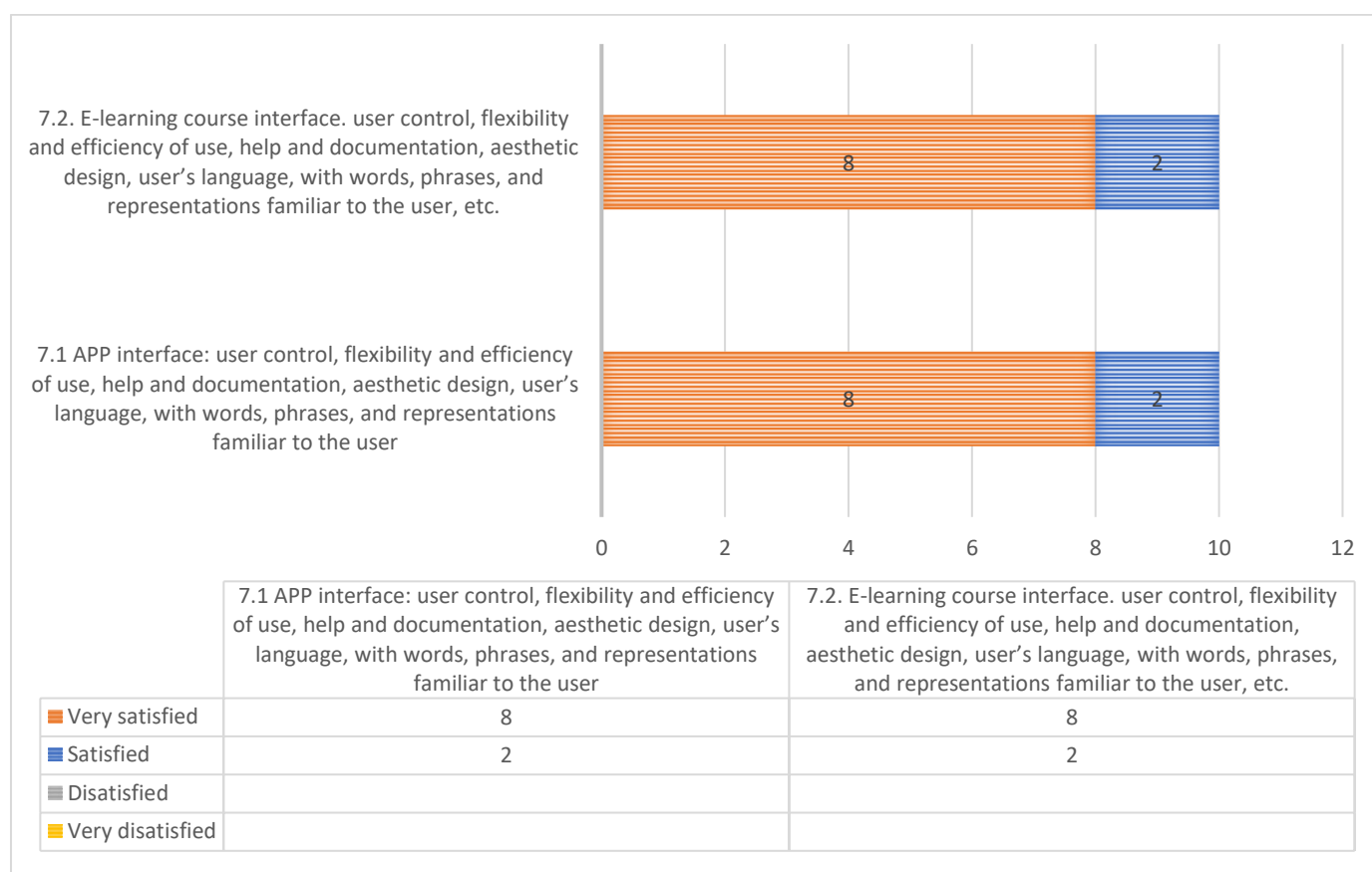


7. App and e-learning platforms on the Internet: interface

80% were very satisfied with the resources of the app and the course, in the criteria: user control, flexibility and efficiency of use, help and documentation, aesthetic design, language with simple words, phrases familiar to the user.

Participants found the connection between the app and the e-learning course very interesting: the app presents the topics in a simple and concrete way and the caregiver and the student can learn more about the individual topics in the e-learning course.

One participant said that "the structure of both the app and the e-learning course makes them easy to use, it makes it a pleasant experience to learn more consulting the rest of the material".

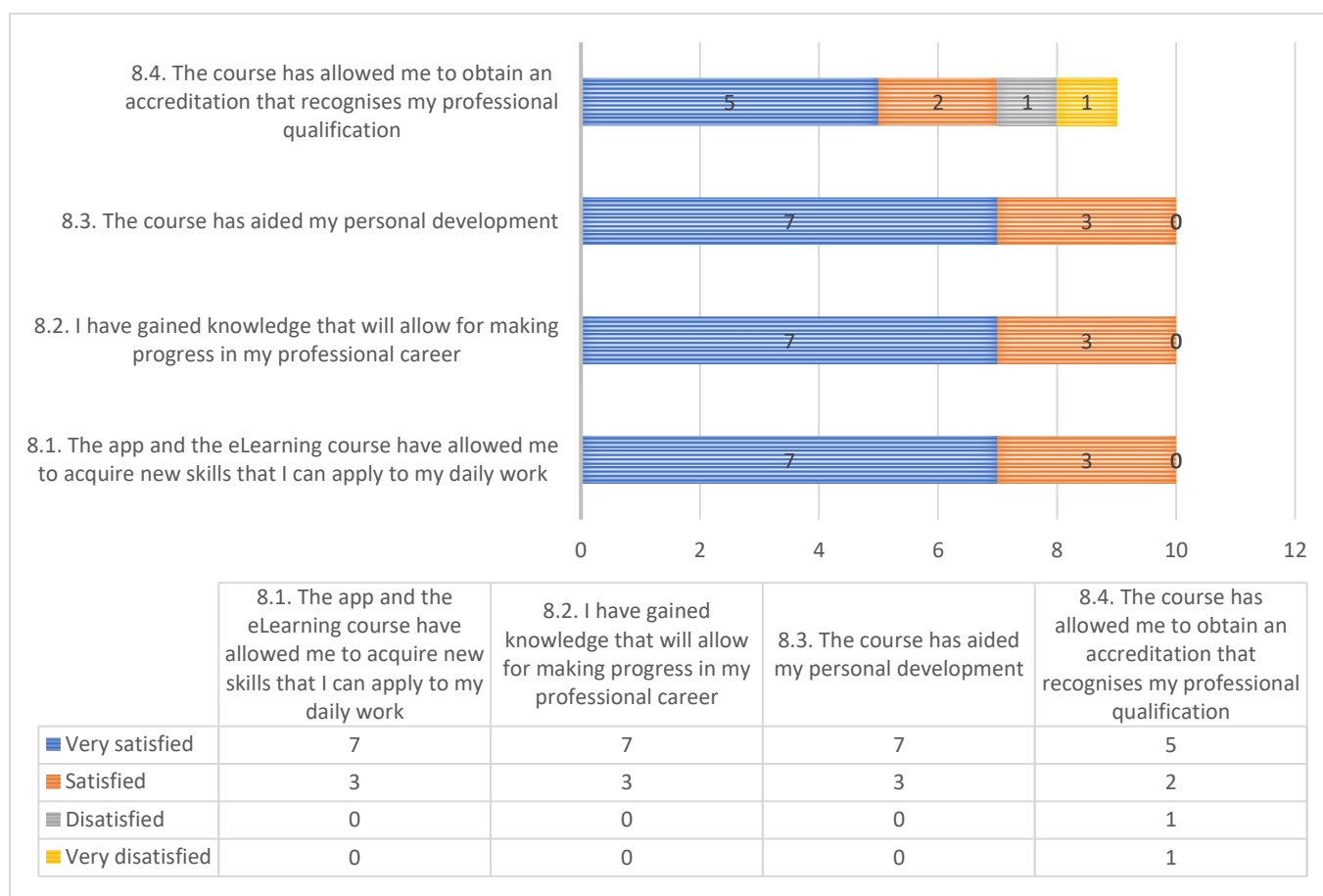




8. Overall evaluation of the app and the e-learning course

70% of the participants considered that the e-learning course allowed them to acquire new skills that they can apply to my daily work, that I have acquired knowledge that will allow me to progress in my professional career, and that it has helped them in their personal development. 60% say that it can help them to obtain an accreditation that recognises my professional qualification.

- A participant said: “I find both the app and the course to be very useful for formal caregivers and/or students, either to update their knowledge or improve their qualifications and for non-formal caregivers to help them improve their care for a person with dementia.”
- Another important opinion was the following: “It is very important that this information is known by all professionals working with geriatrics, it will help the understanding to a great extent and the good treatment of people with cognitive impairment. It is very common to see in clinical practice that workers do not understand, do not know how to act, and with their best intentions often do the opposite. These notions will help that understanding to improve our professional practice”.

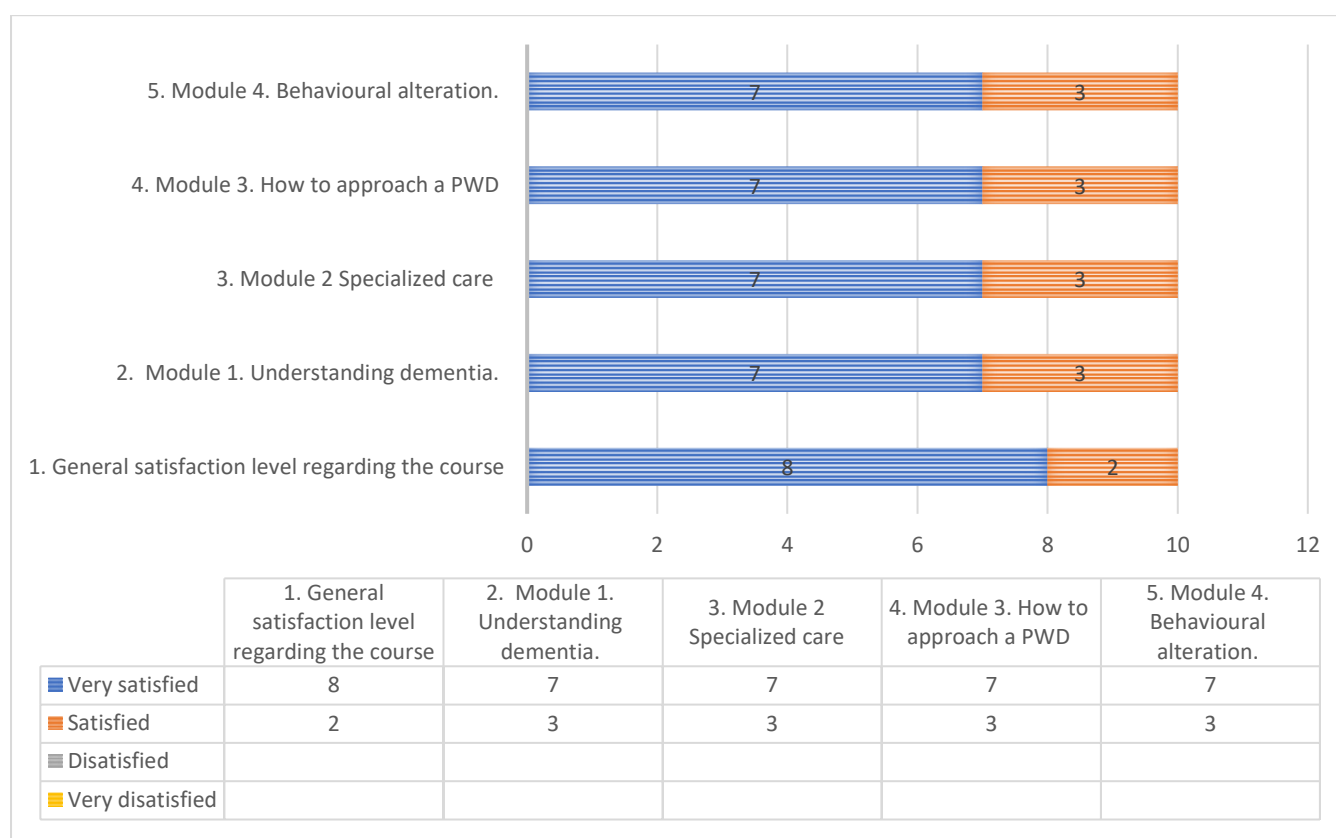




9. Overall satisfaction: e-learning course

The participants were very satisfied with the e-learning course and congratulated the work team on a job well done. In quantitative terms, 80% of the participants were very satisfied with the e-learning course. 70% were very satisfied with the Satisfaction level for module 1. Understanding dementia. module 2 Specialized care, Module 3. How to approach a person with dementia; and module 4. Behavioural alteration.

One participant said: "it has been one of the best e-learning courses that I've taken on this subject".

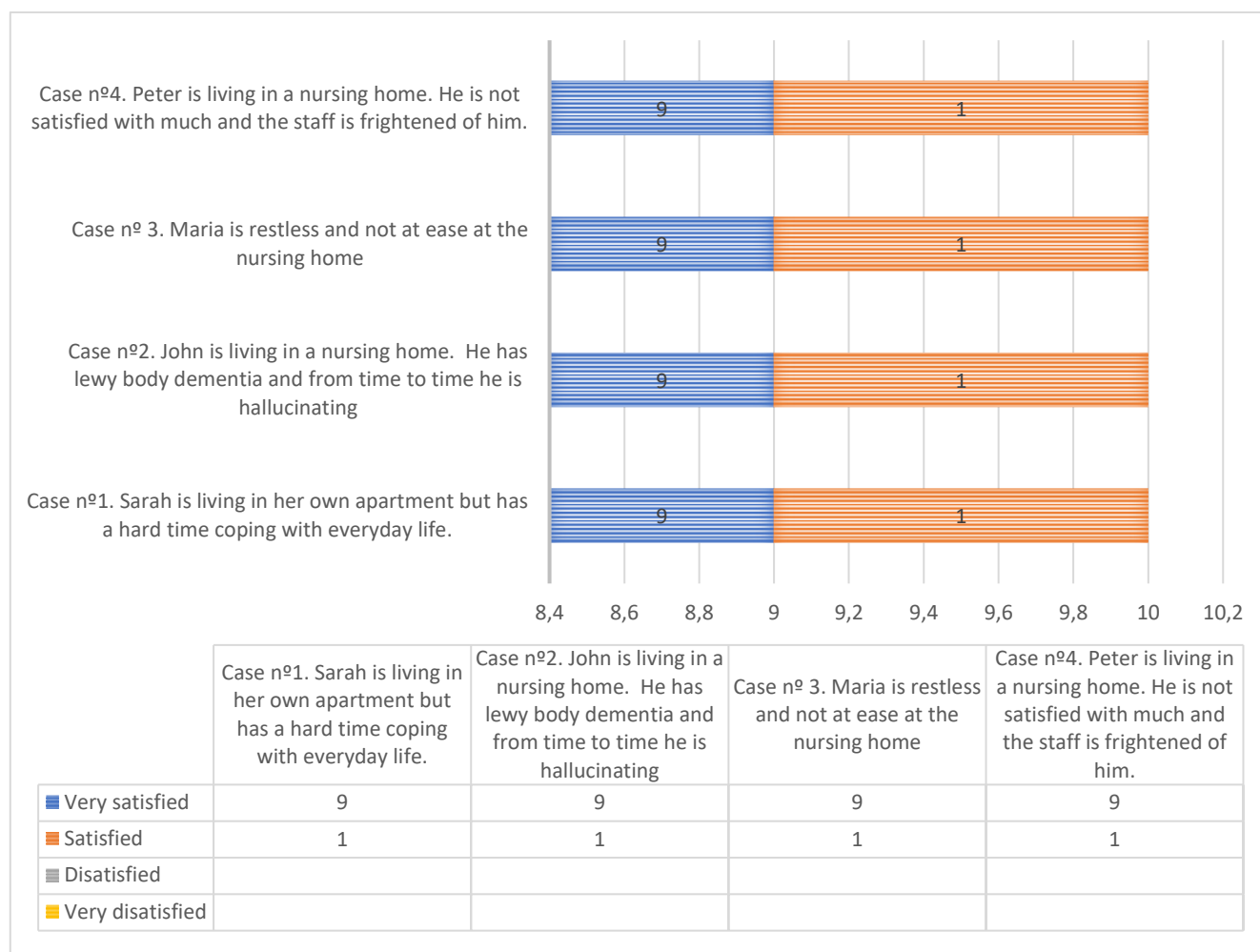




Case studies

90% of the participants were very satisfied with all the cases. Various participants mentioned cases 3 and 4 as the most interesting according to the situation at the long-term care facilities.

A participant said: “it is very positive to see all the alternatives and possible solutions to the cases”, however, two participants agreed on the idea that “greater precision in the solutions of the cases would be more useful”. The role of tutor is important to explain the different procedures in each situation. Example of the importance to know how to manage with the rocking chair.



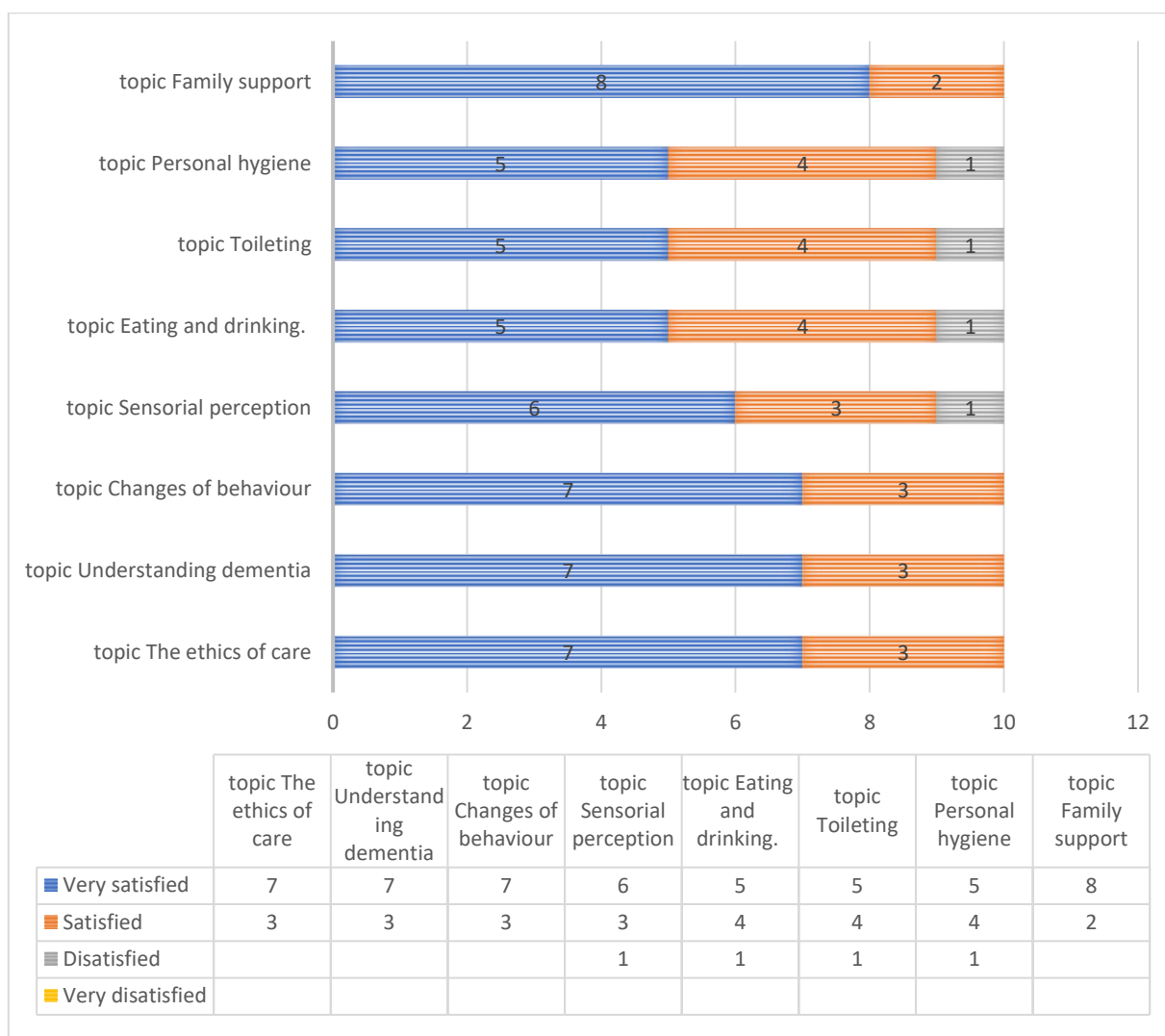


9. Overall satisfaction: educational app

80% are very satisfied with the family care theme. 70% are very satisfied with the topic ethics of care, understanding dementia, changes in behaviour. 60% are very satisfied with sensory perception. 50% are very satisfied with the themes Eating and drinking, toileting and personal hygiene.

Suggestions for improvement of the app are as follows:

- The Eating and Drinking topic need an explanation of the concept of "solid colours".
- In the questionnaires, some questions need to be improved: Topic 6, question 5 and in Topic 8, question 3.
- Personal hygiene topic: an expert consider it is not necessary to detail a list of products.
- In the topic Toileting:
 - Need wording changes in the subtopic diaper use: "target" and "accident". The suggest to remove the two first paragraphs, since they affected the autonomy of the person.
 - There is a contradiction about privacy in the bathroom: opening the door to locate the bathroom in point 5 and closing the door in point 6. It is suggested to remove the option: keep the door open (item 5)
 - A more detailed explanation is needed under incontinence. They suggest to remove the first paragraph: risk of fall and incontinence.





5. SUMMARY AND CONCLUSIONS

In general, the opinions of the participants show a high degree of satisfaction with the 9 indicators defined in the guidelines document for the piloting, so we can conclude that the educational app "Dementia and daily living" together with the e-learning course "Specialized care for people with dementia" are very suitable for the vocational training of formal and informal caregivers of people with dementia. Below we present a summary of the opinion of the participants in the piloting related to the nine indicators defined to test the open educational resources of the AppForDem project:

P1. ORGANIZATION OF THE PILOT EXPERIENCE: APP AND E-LEARNING COURSE

Participants consider that the piloting process was well organised. They show a high level of satisfaction with the information about the process, with schedules, delivery of training material and presentation of the workshops.

P2) CONTENT AND METHODOLOGY

Participants consider that the topics of the app are very appropriate for the needs of those caring for people with dementia. They agree that the learning content is presented in a simple way, it is concrete, clear and easy to understand. The e-learning course is highly valued by participants. The learning content in the modules and units is very important for caregivers and students. The course uses simple language and the content is very easy to understand. They consider it a very useful course for formal and informal caregivers of people with dementia.

P3) CASE STUDIES

The participants emphasize that the case studies offer different alternatives and possible solutions to the cases. However, more precision in the solutions of the cases would be useful. Participants point out the importance of the tutor giving technical explanations of the different processes of caring for people with dementia, e.g., in case no. 3, it would be very important to know how to handle a rocking chair. The use of comics to explain the daily situation is highly appreciated by the participants. The comics facilitate interest and understanding of the situation and allow users and students to follow the case.

P4) DURATION OF THE APP AND THE ELEARNING COURSE

Regarding the application, the participants agree that a topic can be consulted quickly as the index of the app is well defined. They find the letters in bold very useful to find the necessary information. Participants consider that the course has a lot of useful information for caregivers of people with dementia (contents, videos, links, exercises, case studies). They agree that it would take more than 30 hours to review all the content and study the cases in depth.

P5) CONTENT AND DIDACTIC RESOURCES

The participants consider that the app provides good solutions for facing situations of daily life in the care of people with dementia, from a person-centred care approach. They also agree on the high quality of the documents and material of the e-learning course. Concerning the app and the e-learning course, they think that the learning content is understandable and appropriate for everyday situations. They also consider that the materials are up-to-date and agree that the questionnaires, exercises, and case studies are well tailored to their training needs.

(P6) TECHNICAL AND DIDACTIC RESOURCES.

Participants think that the app is easy to download from Android and iOS stores and very easy to use. They consider that the guides and materials allow caregivers and students to follow the lessons well. The e-learning platform is very intuitive and they offer enough support resources (links, videos, bibliography) for self-study. Self-assessment tests allow users to know the level of learning achieved.



(P7) THE PLATFORMS

Participants believe that it is easy to manage the app, since its structure is flexible and efficient to use. They consider the design friendly and attractive, inviting interaction with the content, in simple and familiar language compatible with the needs of the caregiver. One participant considers that "the structure of both the app and the e-learning is very attractive and easy to use, so that caregivers and students will be interested in continuing learning with the material."

(P8). OVERALL EVALUATION OF THE APP AND THE E-LEARNING COURSE

The app allows users to acquire new skills that they can apply to activities of daily living. The participants show great satisfaction with the e-learning course and congratulate the work team on a job well done.

(P9). OVERALL SATISFACTION

Participants are very satisfied with the results of the AppForDem project. They consider that the connection between the application and the e-learning course is very interesting to learn about caring for people with dementia. The app presents the topics in a simple and concrete way and the caregiver and student can learn more about the individual topics in the e-learning course.

Suggestion for improvement

According to the opinion of the participants some content of the app that could be improved are the following:

- The topic "Eating and drinking" need an explanation of the concept "solid colours" in the Spanish language.
- In the questionnaires, some questions need to be improved: Topic 6, question 5 and in Topic 8, question 3.
- Personal hygiene topic: an expert considers it is not necessary to detail a list of products.
- In the topic Toileting:
 - Word changes needed in the subtopic diaper use: "target" and "accident". They suggest removing the two first paragraphs, since they affect personal autonomy.
 - One participant considers there is a contradiction in bathroom privacy: if the door is left open to be able to find the bathroom and then the door is close while in the bathroom. For her this is a contradiction. It is suggested to remove the option: keep the door open (item 5)
 - A more detailed explanation is needed for incontinence. A participant suggests removing the first paragraph, which deals with the risk of falling and incontinence.



Online workshop. Presentation of the results to the participants. 22/11/2021



PARTICIPANTS

Name	Occupation	Organization
1. Alazne Gonzalez Pérez	Assistant <i>Nursing Care Technician</i> (TCAE) – Family caregiver.	Onkologicoa. Oncological center in Donostia. San Sebastián.
2. Ana María Atienza Martínez	Caregiver at nursing home.	Residencia de mayores Noguera del Arco. Ciudad Real.
3. Angel de Oro Prol.	Nursing home Director.	La Nueva Oliva. Nursing home. Toledo.
4. Angel Yagüe Criado.	Project Coordinator. Sociologist	Asociación Edad Dorada Mensajeros de la Paz. Castilla-La Mancha Galicia.
5. Belén Martín Núñez.	Physiotherapist.	Residencia de mayores de Mazarambroz. Toledo.
6. Catalina Torres Garcia.	Nursing home Director.	Residencia de mayores de Almadén Ciudad Real.
7. Leticia Arteaga Manzano.	Nursing home Director.	Residencia la Casa Grande. San Carlos del Valle. Ciudad Real.
8. Lola Sobrino.	Nursing home Director.	Nursing home Huerta de Nica. Toledo.
9. Lucía Magán Marín.	Occupational Therapist.	La Nueva Oliva. Nursing home. Toledo.
10. Marina Regidor.	Occupational Therapist.	Doña Paquita García Nursing home. Ciudad Real.
11. Mario Ortega Herrera.	Nursing home Director. Psychologist	Asociación Ciceron. Toledo.
12. Milagros Nieva.	Assistant <i>Nursing Care Technician</i> (TCAE).	Residencia de mayores de Mazarambroz. Toledo.
13. Milagros Salaverria Pérez.	Assistant <i>Nursing Care Technician</i> (TCAE).	Onkologicoa. Oncological center in Donostia. San Sebastián.
14. Miriam López Esteban.	Responsible for assistants.	Nursing home of Mazarambroz. Toledo.
15. Natalia López Sáez.	Occupational therapist.	Residencia de mayores Noguera del Arco
16. Natalia Martín Guzmán.	Physiotherapist.	La Nueva Oliva. Nursing home. Pantoja, Toledo.
17. Nurys Valera Escudero.	Nursing home Director.	Residencia de mayores Noguera del Arco. Ciudad Real.
18. Rosa Trujillo Nieto.	Teacher, Training Coordinator. Psychologist.	Counselling and Training Consultancy .
19. Silvia Manuela Heredia.	Caregiver at nursing home.	Residencia de mayores de Mazarambroz. Toledo.
20. Vicenta Rodríguez Vidal.	Nursing home Director.	Residencia Cabañeros. Ciudad Real.