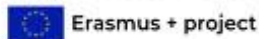




AppForDem



Newsletter n° 1

EDUCATIONAL APP FOR CAREGIVERS
OF PEOPLE WITH DEMENTIA
2019-1-ES01-KA202-065659

June 2020

English version

WELCOME!

AppForDem is an Erasmus+ Project, funded by the European Commission for the period 2019-2022. It is aimed at creating a set of open educational and multilingual resources on dementia, with the purpose of implementing these resources in the national VET programmes for apprentices and professional caregivers in long-term care services (LTC).

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CONTEXT OF THE PROJECT

Dementia is one of the major causes of disability and dependency among older people worldwide. One of the main problems in long-term care services is the lack of knowledge of professionals and direct care staff on symptoms of dementia, changes at the physiological, cognitive and behavioral levels and interventions in activities of daily living.

There are different VET programs for care staff, however, stakeholders think that learning content about dementia is not enough considered in the training curriculums of the European Countries at EQF level 4. The European strategy for the prevention of dementia has pointed out that the situation of dementia requires great efforts in national VET systems to provide caregivers with a global overview of dementia (Alzheimer Europe, 2019).

In all the European countries, stakeholders of the long-term care sector have developed educational solutions for training caregivers on knowledge, skills and competences about symptoms and performance in activities of daily living with people with dementia.

With this in mind, AppForDem project is aimed at creating a set of open educational and multilingual resources about symptoms and interventions for care staff of people with dementia.



AppForDementia has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein

PROJECT RESULTS

During the first stage of the project, from October 2019 to June 2020, partners have developed national and comparative reports, which reflect the current situation of caregivers' qualifications and the importance of developing a set of open educational resources freely available on the internet.

At this phase of the project, some external experts have provided partners with useful information related to the lack of knowledge and skills for caring for people with dementia.

With this information, partners have also defined a training curriculum that will allow them to develop a set of open educational resources defined by an educational app and an e-learning course. These materials will be available under a Creative Commons license.

All the results are available in the website of the project. <https://www.appfordem.eu/>

PARTNERSHIP

The partnership is formed by Edad Dorada Mensajeros de Paz de Castilla-La Mancha y Galicia (Spain), Asociatia Habilitas - Centru de Resurse si Formare Profesionala (Romania), SOSU Oestjylland (Denmark) and Anziani e non solo (Italy).



Romania



Spain



Italy



Denmark



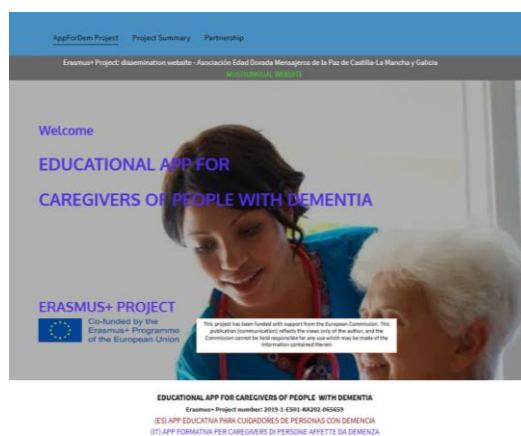
Co-funded by the
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TRANSNATIONAL MEETINGS

The first transnational meeting has been organized in the city of Aarhus (Denmark) on January 20-21, 2020. Partners discussed the opportunities of the AppForDementia project and agreed to develop national and comparative reports related to the situation of the qualification of caregivers and to define a training curriculum based on a flexible itinerary based on training modules and learning units. During the meeting, partners visited the "DemensHjørnet" in the center of Aarhus. Participants received information about the Citizen Education in Everyday Respite, My Dementia Guide & Dementia Friendly City. In October 2020, partners will hold the 2nd transnational meet in the city of Bucharest aimed at presenting a basic document of contents and planning the development of the open educational resources until the next meeting.

DISSEMINATION OF RESULTS

People interested in the in the development of the project, can find more information of the project in our website: <https://www.appfordem.eu/>



Training curriculum addressed to caregivers of people with dementia

In the first stage of the project, partners have defined the following training curriculum, which will be the basis for the open educational resources. It will be proposed to enhance the qualification of formal caregivers in the VET systems of participant countries.

TRAINING MODULES	LEARNING UNITS
M1. Introduction to dementia	U1. The study of the human nervous system.
	U2. What is dementia.
	U3. Other explanations of cognitive impairment.
M2. Dementia	U1. Common types of dementia.
	U2. Diagnosing dementia.
	U3. Medical treatment.
	U4. Non-pharmacological treatment.
M3. Be aware of aggravating factors	U1. Physical condition: prevention of complications and conflicts.
	U2. Senses and perception: prevention of complications and conflicts.
M4. Specialized care	U1. Identity of the person with dementia and relational aspects.
	U2. Technology, aids, housing and equipment.
M5. How to approach someone with dementia	U1. Person-centred care model for people with dementia.
	U2. Psychological needs.
	U3. Tips, how to communicate and interact with people with dementia.
M6. Attitude towards behavioral alterations	U1. Behavioral and Psychological Symptoms of Dementia (BPSD).
	U2. Tips, how to communicate and interact with challenging behavior.
M7. Supporting the family of people with dementia.	U1. De-stigmatizing Dementia.
	U2. How to cope with caregiver's syndrome.
M8. Ethics of care	U1. Human Rights of people living with dementia.
	U2. Ethics of care.

NEXT STAGE OF THE PROJECT: LEARNING CONTENT AND MATERIALS

In the second stage of the project, the partners will develop learning content and training materials according to the mentioned training curriculum.

In this process, partners will organize some workshops with experts in order to develop practical content according to the needs for caring people with dementia.

Content and materials will be uploaded to the internet and will be freely available through an app and e-learning course at the end of the project.

e-learning pilot course



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