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AppForDem
Erasmus+ project

NEWSLETTER Nr. 3

January 2022 – AppForDem project –

Educational app for caregivers of people with dementia. Erasmus+ 2019-1-ES01-KA202-065659

INTRODUCTION

From September 2021 to February 2022, the last phase of the AppForDem project "Educational app for caregivers of people with dementia" is being carried out in Denmark, Romania, Italy, and Spain. The partners are organizing validation activities through groups of experts, pilot workshops with the target groups, and dissemination seminars aimed at educational decision makers, teachers, students, formal, non-formal caregivers and professionals in the long-term care sector. In newsletter nr. 3 you will find more information about the aforementioned project activities.



3RD TRANSNATIONAL MEETING IN BOLOGNA

The Third transnational meeting was held at the headquarters of Anziani e Non Solo in the city of Bologna (Italy) on October 11, 2021. The partners discussed the current situation and defined the strategy for the last stage of the project. The key issues of the meeting focused on organizing a pilot process with the target groups.

The partners exchanged views on the methodology and deadlines for holding two workshops in Spain, Romania, and Italy to test the app and the e-learning course. The partners agreed on February 10 and 11 for the final meeting in Spain.



APP AVAILABLE

AT THE ANDROID AND APPLE STORES

The app "Dementia and daily living" is available for free on [Android](#) and Apple Stores.



DOWNLOAD **APPFORDEM** FROM THE APP STORES





GROUPS OF EXPERTS

To validate learning content and materials



In the second phase of the project, each partner organized a group of experts to validate the content and learning materials produced at this stage.

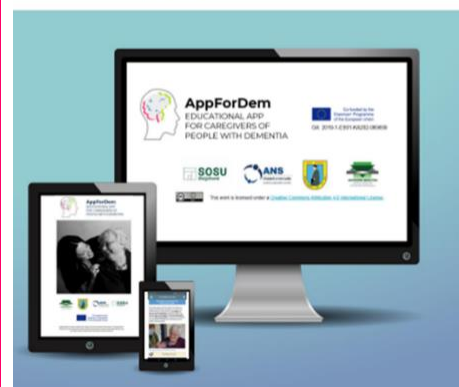
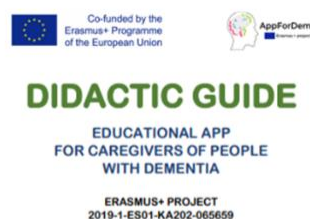
In total 28 experts on the field of dementia from the different partner countries provided their opinions and suggestions on the proposed content. Specific validation results regarding the feedback from all participants involved and the specific resources are presented below.

A final comparative report was drafted with the following elements: a didactic guide, an e-learning course, and an educational app.

DIDACTIC GUIDE

The didactic guide is considered a very useful document by the experts, showing in a simple way the learning resources and content of the educational app and the e-learning course and facilitating their use. The experts highlighted the following:

- ✓ *The language is simple, clear and suitable for the target groups;*
- ✓ *The organisation of topics is smooth and linear throughout the document;*
- ✓ *Tables and illustrations facilitate orientation with regard to both content and access to resources.*



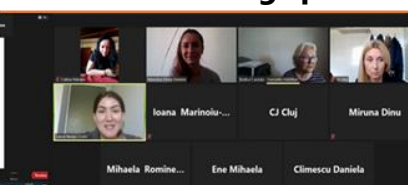
Groups of experts: Virtual meetings photos



Spain



Italy



Romania



Denmark



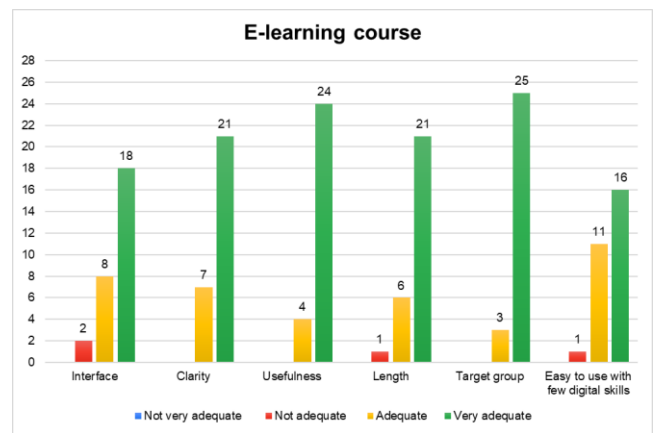
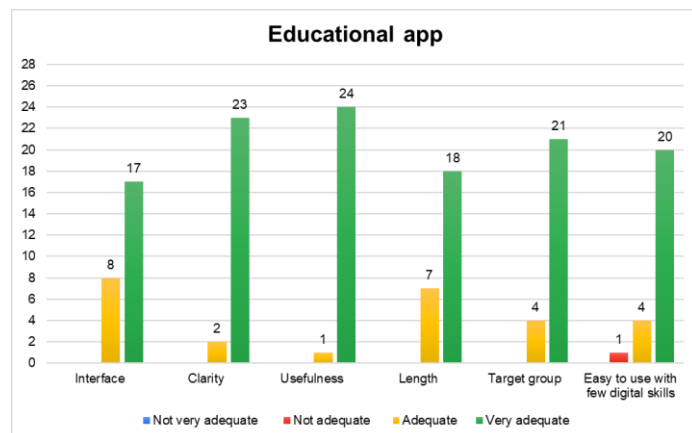
EDUCATIONAL APP

The "[Dementia and daily living](#)" app was highly appreciated by experts and was considered a very innovative and above all useful resource for both formal and informal caregivers. In particular, it was appreciated for its usefulness, ease of use and very sensitive and reassuring language. The use of graphic summaries was also considered very important both in terms of learning and to break up the seriousness of the topics covered.

E-LEARNING COURSE

Experts considered the [e-learning course](#) a very attractive user interface, also due to the comic and the short summaries. In the same way, the comics used in the cases were considered very useful to encourage self-learning through the use of these resources.

In addition, the experts rated positively that the management of the course is intuitive and facilitates its use for people with low digital competence.



The validation report is available at the project website:
<https://www.appfordem.eu/>





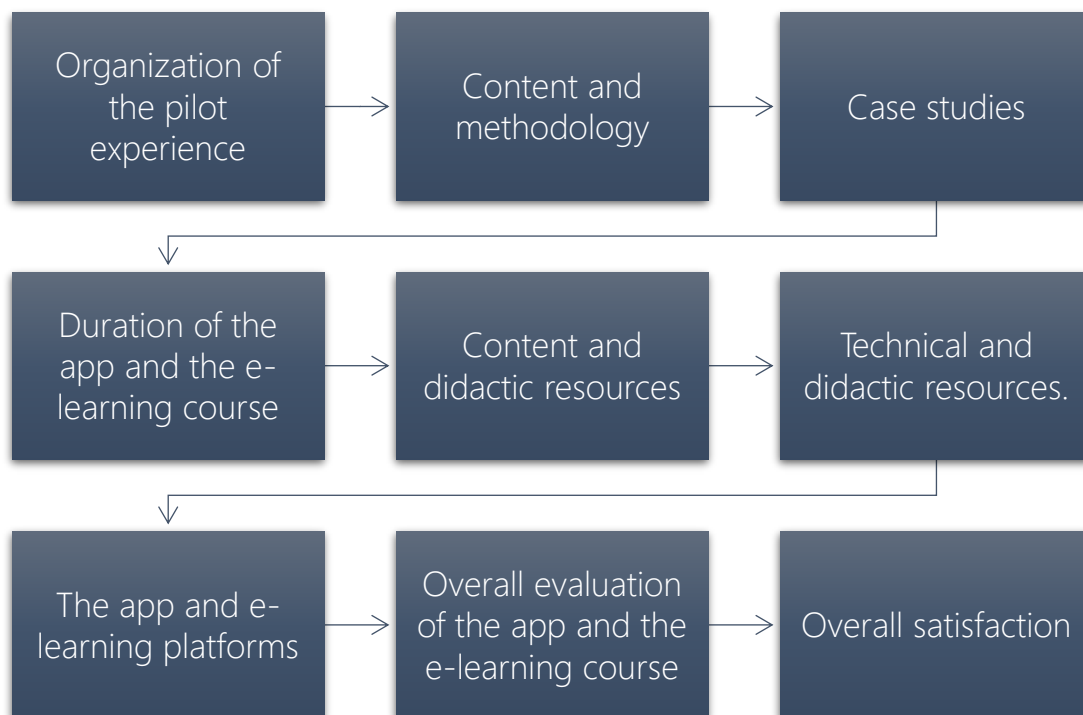
PILOTING PROCESS. WORKSHOPS WITH TARGET GROUPS

In the last stage of the AppForDem project, partners carried out a piloting process aimed at testing the educational app "dementia and daily living" and the e-learning course "specialized care for caregivers of people with dementia" with the project target groups in Romania, Italy and Spain.

From October to December 2021, ANS, HABILITAS and MENSAJEROS organized two workshops in their countries aimed at evaluating the usability of the aforementioned learning resources. A total of **37 organizations and 84 participants** (20 in Spain, 17 in Italy and 44 in Romania) were involved in the process.



In general, **the opinions of the participants show a high degree** of satisfaction with the 9 items defined in the guidelines document for the piloting



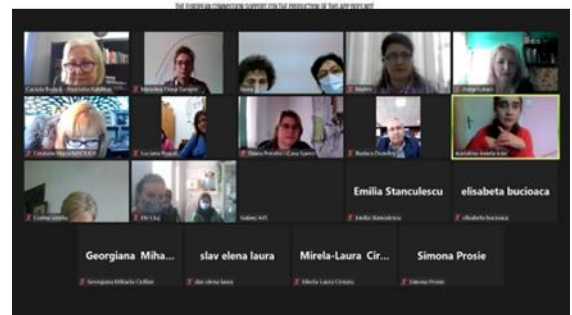
The piloting reports at the national and international levels are available on the project website.

<https://www.appfordem.eu/>



PILOTING WORKSHOPS: Participants' opinions

- ✓ "I find both the app and the e-learning course very useful for formal caregivers and/or students, either to update their knowledge or improve their qualifications and for non-formal caregivers to help them improve their care for a person with dementia."
- ✓ "As a caregiver in a nursing home, what I appreciate most is that the app is easy to access and allows me to easily find the information I need. Congratulations for the great work".
- ✓ "The course, in my opinion, is well done. Simple and clear, with good usability and easy to use. The materials are well presented, with many useful resources for those doing care work and also for personal background. The guide is of fundamental importance and functionality. Overall, my rating is overwhelmingly positive."
- ✓ "Overall a very good job"
- ✓ "An extraordinarily interesting and useful course. Thank you for the opportunity, for your professionalism and information."





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MULTIPLIER EVENTS

Presentation of the project results

In order to present the results of the project and promote the implementation of the app and the e-learning course in the national vocational education and training systems, each partner is organizing multiplier events geared to educational decision-makers, teachers and students, professionals in the long-term care services, and formal and non-formal caregivers.

From January 1 to February 28, 2022, multiplier events will be held with target groups in Romania, Spain, and Italy. A seminar with experts in dementia will be organized in Denmark.

To contact the project partners to participate in the seminar and multiplier events:
<https://www.appfordem.eu/>



PROJECT DISSEMINATION

At the SOSU Østjylland centre in Aarhus (Denmark) teachers, students and professionals in the long-term care sector are informed of the project results through a 2-meter-high roll-up.



More information is available at the website of the project: <https://www.appfordem.eu/>.

Thanks for your interest.



SOSU Østjylland
Denmark



Anziani
e non solo
Italy



Asociación Edad Dorada
Mensajeros de la Paz
C-LM y Galicia. Spain



Asociatia Habilitas
Romania