

**English**  
**July 2021**

## WELCOME!

AppForDem is an Erasmus+ Project, funded by the European Commission for the period 2019-2022.

It is aimed at creating a set of open educational and multilingual resources on dementia, with the purpose of implementing these resources in the national VET programs for apprentices and professional caregivers in long-term care services (LTC).

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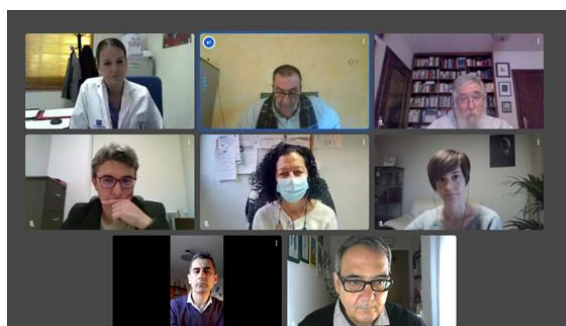
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[www.appfordem.eu/](http://www.appfordem.eu/)

## WORKSHOPS WITH EXPERTS IN DEMENTIA

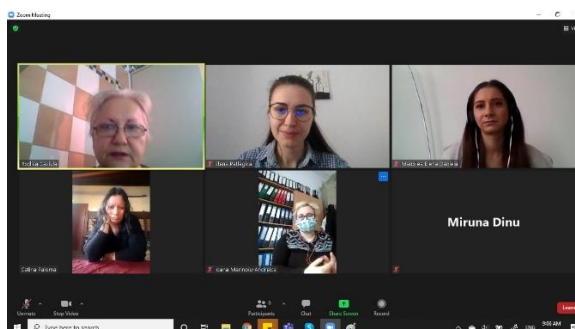
The second phase of the AppForDem project has been aimed at developing the contents of the educational app "Dementia and daily living" and the e-learning course "specialized care for people with dementia". In this phase, the partners have organised two different workshops in each participant country: the first one was focused on the e-learning course contents and the second one on the educational app.



**Workshop in Spain, February 2021**

The experts who took part in these events, showed their satisfaction with the organisation and with the results of the workshops. They stressed that the learning contents will be positively received by the target groups of the project. Some of their opinions were the following:

- *"The participation in both workshops was very enriching. It was a pleasure to take part in both activities. I am looking forward to receiving any news from this project".*
- *"I consider important the information provided and the activities carried out, being useful and necessary for the development of this field. These activities are also important for communication between specialists and sharing experiences in the field."*
- *Both the families of the ill person and the carers - formal or informal, have the chance to learn about the disease and to know when additional support / help is needed.*



**Workshop in Romania, February 2021**



## EXPERTS' PROFILE



Some relevant organizations at national and regional level were involved in the workshops: seniors associations, public administration, domiciliary services, seniors' organizations, nursing homes (Dementia units), long-term care services, etc. A total of 28 experts with the following professional profiles were involved in the above mentioned workshops in participant countries:

- |   |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Assistant manager</li> <li>• Doctor Specialist in demetia</li> <li>• Expert in caregiving</li> <li>• Manager of social services at municipality</li> </ul> | <ul style="list-style-type: none"> <li>• Nurse</li> <li>• Nurse - Anthropologist</li> <li>• Nutritionist</li> <li>• Occupational therapist</li> <li>• Psychologist</li> <li>• Psychologist - training expert</li> </ul> | <ul style="list-style-type: none"> <li>• Social Educator</li> <li>• Social project manager</li> <li>• Social Worker</li> <li>• Sociologist</li> <li>• Volunteer</li> </ul> |
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## PRESENTATION OF THE DIDACTIC GUIDE



A Didactic Guide has been developed by partners to show the contents and the management of the **open educational resources**, educational app and e-learning course, developed in this project. The learning contents are the following:

 <p><b><u>APP: DEMENTIA AND DAILY LIVING</u></b></p>	 <p><b><u>E-LEARNING COURSE. SPECIALIZED CARE FOR PEOPLE WITH DEMENTIA</u></b></p>
<ul style="list-style-type: none"> <li>✚ The ethics of care</li> <li>✚ Understanding dementia</li> <li>✚ Changes of behaviour</li> <li>✚ Sensorial perception</li> <li>✚ Eating and drinking</li> <li>✚ Toileting</li> <li>✚ Personal hygiene</li> <li>✚ Family support</li> </ul>	<ul style="list-style-type: none"> <li>✚ M1. Understanding dementia</li> <li>✚ M2. Specialized care</li> <li>✚ M3. How to approach a PWD</li> <li>✚ M4. Behavioural alterations</li> <li>✚ Case nº1. Sarah is living in her own apartment but has a hard time coping with everyday life.</li> <li>✚ Case nº2. John is living in a nursing home. He has lewy body dementia and from time to time he is hallucinating</li> <li>✚ Case nº 3. Maria is restless and not at ease at the nursing home</li> <li>✚ Case nº4. Peter is living in a nursing home. He is not satisfied with much and the staff is frightened of him.</li> </ul>

**The Didactic Guide is available at the project website: [www.appfordem.eu/](http://www.appfordem.eu/).**



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**AppForDem**  
Erasmus + project

## INVITATION TO PARTICIPATE IN THE PROJECT ACTIVITIES



### GROUPS OF EXPERTS

In October 2021, each partner will organise an expert group to validate the results of the second phase of the project. Participants will be professionals from the health and long-term care sector (nursing homes, dementia units, day centres, home services, hospitals, etc.), experts and technicians from public administration and non-governmental organisations (older people associations, humanitarian organizations, Alzheimer associations, etc.), as well as researchers, teachers and trainers from the vocational training and higher education sectors.

In these events, each partner will present a didactic guide, the educational app "Dementia and daily living" and the e-learning course "Specialized care for people with dementia". These products have been developed according to the training curriculum defined in the first phase of the project. The groups of experts will be held in Denmark, Italy, Spain and Romania.

### PILOT COURSES WITH TARGET GROUPS

Also, this coming October, the partners will test the app and the e-learning course with the target groups of the project: teachers, trainers, students, professionals of the healthcare sector, and formal and informal caregivers. The items to validate will be the following: Contents and methodology for course and app delivery, course and app duration and timetable, didactic media, technical and didactic resources, interface aspects, general course evaluation: transferring training to the workplace and general satisfaction with the learning experiences. The experience will be organized in English, Spanish, Italian and Romanian at the project e-learning platform: <https://ed-formacion.org>



Partner's meeting, 6 July 2021

To participate in the groups of experts and in the pilot experience you can contact with the partners through the project website: <https://www.appfordem.eu/partnership> and also in the following email address: [appfordemproject@gmail.com](mailto:appfordemproject@gmail.com).

