

## PROJECT CONTEXT

Dementia is one of the major causes of disability and dependency among older people worldwide. One of the main problems in long-term care services is the lack of knowledge of professionals and direct care staff on symptoms of dementia, changes at the physiological, cognitive and behavioral levels and interventions in activities of daily living.

There are different VET programs for care staff, however, stakeholders think that learning content about dementia is not enough considered in the training curriculums of the European Countries at EQF level 4. The European strategy for the prevention of dementia has pointed out that the situation of dementia requires great efforts in national VET systems to provide caregivers with a global overview of dementia (Alzheimer Europe, 2019).

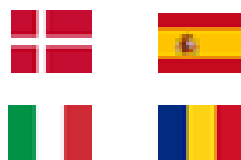
In all the European countries, stakeholders of the long-term care sector have developed educational solutions for training caregivers on knowledge, skills and competences about symptoms and performance in activities of daily living with people with dementia.

AppForDem project is aimed at creating a set of open educational and multilingual resources about symptoms and interventions for care staff of people with dementia.



Co-funded by the  
Erasmus+ Programme  
of the European Union

AppForDem has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein



Erasmus+ Project number:  
2019-1-ES01-KA202-065659



**EDUCATIONAL APP FOR  
CAREGIVERS OF PEOPLE  
WITH DEMENTIA**



From 1/10/2019 to 28/02/2022

[www.appfordemen.eu](http://www.appfordemen.eu)

## OBJECTIVE

AppforDem is aimed at creating a set of open educational and multilingual resources on dementia, with the purpose of implementing these resources in the national VET programmes for apprentices and professional caregivers in long-term care services (LTC).

## SPECIFIC OBJECTIVES

- To define a methodological framework, based on a training curriculum about “Symptoms and interventions for people with dementia” at EQF level 4.
- To develop a set of contents and materials on symptoms and interventions for people with dementia.
- To create and test a multilingual educational APP and a multilingual e-learning course about Dementia.
- To propose the decision makers in the field of education the implementation of these resources in vocational training programs at national level.

All materials will be freely accessible and will be use under *Creative Commons license*.



## PHASES

IO1. Methodological framework for the educational app on dementia. 2019-2020

IO2. Development of content for the educational app on dementia. 2020-2021

IO3. Testing a pilot educational app for care staff of people with dementia. 2021-2022

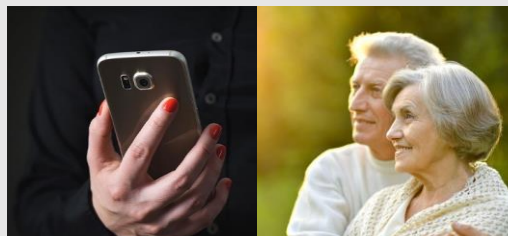
IO4. Testing a pilot e-learning course on symptoms of dementia in the care sector. 2021-2022

## PRODUCTS

- ✓ A proposal for an international training CV about “Symptoms and interventions people with dementia”.
- ✓ Learning content for caregiver of people with dementia.
- ✓ Educational app available for free in GooglePlayStore (Android) and/or AppleStore (iOS).
- ✓ E-learning course available in <https://ed-formacion.org>

## MULTIPLIER EVENTS

- ✓ Presentation of the project results



## PARTNERSHIP

**Asociación Edad Dorada Mensajeros de la Paz C-LM y Galicia.** The Association is an important Spanish NGO created in 1962 to help disadvantaged groups through humanitarian attention, support, rehabilitation, treatment and social promotion.

**Asociatia Habilitas - Centru de Resurse si Formare Profesionala. Romania.**

Association for the development and improvement of adult education. They are involved in INPEA, International Network for the Prevention of Elder Abuse.

**SOSU Oestjylland** is the second largest social and health care college in Denmark. They provide different educational programs for social and health care institutions for elderly and disabled people and for hospitals and psychiatry.

**Anciani e non solo (Italy)** is a NGO working since 2004 in the field of social innovation, with a specific focus on management of projects and realization of services and products in the field of welfare and social inclusion

## TARGET GROUPS

- Caregivers, basic care staff, nurses, and professionals in the long-term care services
- Trainers and teachers in care educations
- Students at care educations
- Decision makers