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AppForDem

Erasmus + project

IO1A5. VALIDATION OF RESULTS. GROUP OF EXPERTS.

DISSEMINATION BROCHURE

DENMARK



AppForDem



Erasmus + project

EDUCATIONAL APP FOR CAREGIVERS OF PEOPLE WITH DEMENTIA

Erasmus project number:

2019-1-ES01-KA202-065659



1. Validation of results

The main products and results of the first phase of the AppForDem project are a training curriculum and a set of proposals for vocational training for caregivers of people with dementia. The products and results are available at the website of the project in the following documents.

- Dissemination brochure: training curriculum (io1a5).
- Comparative report in the participating countries (Io1a4).
- Report on the situation in Denmark (io1a3)

<https://www.appfordem.eu/>

2. Participants in the validation process

In Denmark, a group of experts validated the dissemination brochure. The brochure summarizes the results of the first phase of the AppForDem project. It contains the proposal of the training curriculum and gives information about the comparative report on the current situation of caregivers in Spain, Italy, Romania and Denmark. It was agreed with the experts that they should validate – based on the information given in the dissemination brochure – the proposal for a training curriculum and the current situation of caregivers in the above mentioned countries.

The organizations involved in the validation process were:

- “DemensHjørnet” (Dementia Corner), Day center for people with dementia. Municipality of Aarhus (Aarhus , Denmark)
- “DemensCenter”, Specialized nursing home for people with dementia. Municipality of Aarhus (Aarhus , Denmark)
- “Social og Sundhedsskolen Herning”, College educating staff for the elder care sector (Herning, Denmark)
- Nursing Home “Lotus”, (Aarhus, Denmark)
- “SOSU Østjylland”, college educating staff for the elder care sector (Aarhus, Denmark)
- Ældresagen, (DanAge) NGO. DanAge is the biggest association in Denmark fighting for the rights and the wellbeing of elderly. (Syddjurs, Denmark)

The profiles of the experts were:

- Nurse and Health Anthropologist
- Occupational Therapist and Teacher at Health Care Education
- Occupational Therapist at dementia specialized nursing home, Supervisor for health care students.
- Nurse and Teacher at Health Care Education
- Volunteer in elder care activities

3. Questionnaires: Validation results

The quality questionnaire contained 2 parts. In the first part, the experts were asked to score 3 questions on a scale from 1 to 3, where 1 represents Disagreement and 3 represents Strong Agreement. In the second part of the questionnaire, the experts had to justify the choice made in the first part.

Furthermore, it was agreed with the experts that they should also validate the dissemination brochure as a dissemination tool. This was something extra, we found interesting to hear their opinion about.

In the appendix of this report, you can find the quality questionnaire completed by experts. The questionnaire was completed by a number of 5 experts representing 6 different organisations.

The following table presents the answers received in the first part of the questionnaire.

ITEMS OF THE REPORT	1	2	3
1. THE CURRENT SITUATION OF CARERS OF PEOPLE WITH DEMENTIA			XXXXX
2. PROFESSIONAL COMPETENCE			XXXXX
3. DESCRIPTION OF THE TRAINING CURRICULUM			XXXXX

All experts strongly agree with all elements of the national report, namely the current situation of carers of people with dementia, professional competences and the description of the training curriculum.

The five experts have completed the second section in which they are asked to motivate the choices made in the first part. You will find the motion for their score below:

The current situation of carers of people with dementia:

- The situation of caregivers for Denmark is described of course very shortly (as it is a brochure), however very precisely and correctly and containing the very essence.
- It is very interesting to get information about the situation of caregivers in other countries. Normally you do not think about how it is in other countries. You are so focused on your own situation and do not see this issue in a broader European context.
- How different the situation is for care givers in Europe!! It must be very difficult to produce material that can be used by all the countries in the project.
- Useful to learn about the elder care giving in other countries and you even feel motivated to read all the detailed reports from the other countries in the project.



Professional competences

- Good to focus on the professional competences, to list them – To show that for being a good caregiver you must have a broad variety of competences- and the soft skills are very important
- This part of the brochure shows that not only hardcore skills and competences are needed in care but also personal competences
- When you look at this list of competences, you understand that giving care to elderly is a demanding job. Not everyone can become a good caregiver.
- Here you can see that because of all the competences it requires, the caregiver job should have higher status and more respect in society
- YES! All these competences you must have to give decent care to others

Description of the training curriculum

- It is a plus for the described material that there is a thorough introduction to dementia. It is SO important that the caregiver (formal or informal) understand what dementia is and that the word dementia covers not only *one* disease, as many people think, but actually *several* and that it is crucial to have the right diagnosis.
- Non-pharmacologic treatment is something we must not forget. Hopefully, it will become more and more common to use it in the future
- We already discussed the contents of the material with SOSU. It contains the relevant issues
- This is actually what you must know to give care to a person with dementia

The dissemination brochure as a dissemination tool

The experts agreed on the following:

- If the brochure is aimed to be a tool to convince managers of care homes that their staff should participate in the training program, it might be too big. They are very busy people. For a *brochure*, the description of the training program is very long – Maybe it is more a **presentation paper** than a brochure. When you hear the word “brochure”, you expect something short, maybe 2-3 pages. Maybe the document should actually be called “Presentation paper” at least the Danish version.