

## MANAGEMENT OF THE CPCC MODEL

### Module 1. Management of the Comprehensive Person-Centred Care model

#### 1. WHAT IS A PERSON-CENTERED APPROACH

The CPCC model has focus on that the citizens must be treated individually in a manner that reflects their own values. Person-centered care requires an individual approach based on the citizen's life-story, dignity, and focuses on the good results.



#### 2. THE PERSONAL NURSING PLAN



The personalized nursing care plan is based on the life story and the current life situation in which the citizen has received care and nursing. To get a comprehensive picture, the nursing process that consist of four main points is applied: assessment, planning, execution and evaluation.

#### 3. BIOETHICS AND VALUES IN THE CPCC MODEL

There are four ethical principles: Autonomy, integrity, dignity and vulnerability. Action is central to the ethical dilemma; the dilemma lies in the possibilities of action in between: What We Must Do , What We Can Do and What We Should Do.



#### 4. DEMENTIA



The person-centered approach is to see the person with dementia as an equal person with feelings, rights, wishes and a life story that has affected the person before receiving a dementia.

#### 5. THE ROLE OF RELATIVES



Relatives do not feel properly involved, nor do they feel like they have the opportunity to say no. In addition, they do not have access to the right and necessary information about the disease that has affected their loved one – nor do they know their options and rights as relatives.

#### 6. PROFESSIONALS IN HOME CARE AND AT NURSING HOMES

The professional's profile is that of the social and health helper and the social and assistants. The helper has following topic at school: meeting with the citizen, personal help, nursing and care and health promotion, prevention and rehabilitation.



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