

## **IO1A5. VALIDATION OF RESULTS. GROUP OF EXPERTS.**

### **TRAINING CURRICULUM, ROMANIA**



EDUCATIONAL APP FOR CAREGIVERS OF PEOPLE WITH DEMENTIA

**Erasmus project number:**

**2019-1-ES01-KA202-065659**

### 1. Validation of results

The main products and results of the first phase of the AppForDem project are a training curriculum and a set of proposals for vocational training for caregivers of people with dementia. The products and results are available at the website of the project in the following documents.

- Dissemination brochure: training curriculum (io1a5).
- Comparative report in the participating countries (Io1a4).
- Report on the situation in Romania (io1a3)

<https://www.newcareproject.eu/project-results>

### 2. Participants in the validation process

According to the project work program, a group of experts has validated the products and results mentioned above through a questionnaire.

In this sense, some experts and professionals of the long-term care sector has taken part in the process of validation of results. The organizations involved in this process have been the following:

- General Direction of Social Assistance Sector 1, Bucharest
- General Direction of Social Assistance Sector 6, Bucharest
- Fundatia de Sprijin Comunitar Bacau, Bacau County
- The Constanta branch of the Romanian Alzheimer's Society, Constanta County
- The Cluj Napoca branch of the Romanian Alzheimer's Society, Cluj County
- Asociatia European Association of Social Innovation, Bucharest

### The profile of the experts was:

- social assistant working with PwD
- psychologist working with PwD
- doctors working with PwD
- program director in the home care services for older people

### 3. Questionnaires: Validation results

The quality questionnaire contained 2 parts. In the first part the experts were asked to score 3 questions on a scale from 1 to 3, where 1 represents Disagreement and 3 represents Strong Agreement. In the second part of the questionnaire, the experts had to justify the choice made in the first part. In the appendix of this report you can find the quality questionnaire completed by experts. The questionnaire was completed by a number of 7 experts.

The following table presents the answers received in the first part of the questionnaire.

ITEMS OF THE REPORT	1	2	3
1. THE CURRENT SITUATION OF CARERS OF PEOPLE WITH DEMENTIA		X	XXXXXX
2. PROFESSIONAL COMPETENCE		X	XXXXXX
3. DESCRIPTION OF THE TRAINING CURRICULUM		X	XXXXXX



Six of the seven experts strongly agree with all elements of the national report, namely the current situation of carers of people with dementia, professional skills and the description of the training curriculum.

The seven experts have completed the second section in which they are asked to motivate the choices made in the first part. Next, the motivations brought by the group of experts will be presented:

- “Currently, most of the home care activity at national level is carried out informally. That is why we support the training of the professional competencies necessary to perform the act of care in safe conditions and to respond to the care needs for the persons in question, training to be carried out in an institutionalized framework (public or private) and following a training curriculum.”
- “The brochure contains main elements of interest from the training curriculum, useful and necessary.”
- “1. I think that the situation in Romania was correctly presented, because we face a high number of informal caregivers of people with dementia, family members, who have no training in this field and who also face great difficulties in providing services care. Regarding long-term care for people with dementia, I believe that a training program specifically designed for formal (and informal) caregivers is essential in creating a personalized care plan, depending on the needs of the beneficiary. Better trained caregivers in residential centers can gain the trust of those who have a family member in care, to accept the option of professional care, both in the center and at home.  
  
2. Acquiring the set of skills described will certainly contribute to providing adequate care services for the needs of a person with dementia. It is a comprehensive list that touches on several important elements: specific information related to dementia - symptoms, complications, etc., communication with the caregiver and his family, physical care, but also emotional care, etc.  
  
3. Analyzing the training curriculum, I think it is very complex, it covers information from all areas, information that can ensure the quality of care services for anyone suffering from dementia. In some modules, however, I think it is important for caregivers to understand at least where they can find the support they need if they face a problem, even if they will not deepen the subject to an advanced level of knowledge (For example: M9. Recognize, prevent and avoid the various types of abuse and bad - treatment of people with dementia - I think it is important to understand when to seek legal advice if they encounter such a situation).”
- “The brochure contains the elements of interest for those who want to find out information about the training curriculum.”



- “I believe that the proposed curriculum proposal covers a wide range of information for specialized care for people with dementia and will be a very useful resource for caregivers / informal caregivers of patients with dementia.
- I noticed M3 Awareness of aggravating factors, M 6 Attitude towards behavioral changes and M10 Ethics of care. Also the professional competencies acquired at the end of the training process are very well described.”
- “Increasing the number of older people is already a reality, therefore there is an increase in the need for professional care. Such initiatives are not only welcome, but extremely useful.”

Given the current situation of carers of people with dementia and the growing number of people in need of specialist in the care field, experts find the brochure and training curriculum useful and necessary for both formal and informal carers.

Currently, most of the home care activity at the national level is carried out informally. That is why we recommend the training of the professional competencies necessary to perform the act of care in safe conditions and to respond to the care needs for the persons in question, training to be carried out in an institutionalized framework (public or private) and following a training curriculum.