

Information about our Food Banks

- Food Banks are social shops that collect and give away food.
- Food Banks operate independently of the State and any State institutions.
- The people who work in the Food Banks are volunteers and most are unpaid.
- There are set rules for shopping in our Food Banks.
- Our food is donated by bakeries, shop owners and producers.
- We can only distribute as much food as we are given.
- Some days we have a lot of food, some days only a little.
- We only have good quality food in our Food Banks. The minimum shelf-life date can have expired.
- To use our shops you need a customer card that is only given to people with little money.
- The food is only handed out to people who don't have a lot of money.
- The food is distributed fairly among our clients.
- Big families receive more food than small families.
- We make no differences between countries of origin, skin colour or religion.

It is your free decision to make use of the services we offer!

• We provide information about advice centres and other social service organisations.

Please ask us if you have any further questions.