

## Apprenticeship Standard Adult Care Worker Level 2

### Overview

Achievement of this Apprenticeship provides the first step in a career as a professional Adult Care Worker. *'To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges'*. Adult Care Workers are the frontline staff helping adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person-centred care. This Apprenticeship standard covers a wide range of job roles in the NHS, the private sector, for local authorities or in the voluntary sector, as either:

**Adult Care Workers** – who may work in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings.

**Personal Assistants** – who do the same job as an Adult Care Worker and work directly for one individual, usually within their own home.

Adult Care Workers must continually develop competences and skills, in order *to provide high quality compassionate care and support*. Key behaviours are summed up by the "Six Cs":

- Care – caring consistently and enough about individuals to make a positive difference to their lives.
- Compassion – delivering care and support with kindness, consideration, dignity and respect.
- Courage – doing the right thing for people and speaking up if the individual they support is at risk.
- Communication – good communication is central to successful caring relationships and effective team working.
- Competence – applying knowledge and skills to provide high quality care and support.
- Commitment – to improving the experience of people who need care and support ensuring it is person centred.

### Topics covered

The qualification has a number of essential elements that everyone will study.

- ✓ Main tasks and responsibilities – these could include supporting individuals with social activities, monitoring health, assisting with eating, mobility and personal care.
- ✓ The right values and behaviours, including the principles of equality, diversity and inclusion and person centred care.
- ✓ Contributing towards an individual's care plan, and how to respond to changes of an individual's needs.
- ✓ The importance and types of effective communication.
- ✓ Professional boundaries – organisational regulations, policies and procedures.
- ✓ Relevant statutory standards and codes – 'Duty of Care' in practice.
- ✓ Health & Safety, principles of Safeguarding and information protection.
- ✓ Personal development – continually improving competences and skills.



## Who should pursue this Apprenticeship

Job roles are varied and determined by the type of service being provided and person being supported. This apprenticeship is for you if you are interested in roles in the Healthcare sector such as Care Worker, Personal Assistant, Domiciliary Care Worker, Community Support and Outreach Worker.

There are no formal entry requirements, although an ability to use Maths and English at work is essential.

## The Apprenticeship includes

- ✓ Level 2 Diploma in Health & Social Care (England)
- ✓ The Care Certificate
- ✓ Level 1 & Level 2 Functional Skills in English & Maths
- ✓ Disclosure & Barring Service (DBS) Check
- ✓ On the Job Training and Ongoing Assessment
- ✓ Self Assessment (including collection of testimonials)
- ✓ Mock End Point Assessment
- ✓ **End Point Assessment** (after at least 12 months): Multiple-choice test, Professional Discussion leading to Apprenticeship achievement certificate (Pass, Merit or Distinction).

**Typical Duration: 13 - 18 months**



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**Further information**  
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