



## For Healthy Hearts & Happy Minds

### **Jumping Beans Health Safety and Welfare Policy**

#### **Terminology**

The term “safe”, as used in this document, means a situation where, so far as is reasonably practicable, all reasonable steps have been taken to understand the nature of the risks involved and to ensure suitable steps have been taken to control the risks and keep them to a minimum.

#### **Policy**

Jumping Beans (JB) regards the health, safety and welfare of all members to be of paramount importance, which should not be compromised. To this end, it is JB policy to ensure so far as is reasonably practicable, that procedures are in place to maintain a safe and healthy environment not only for its members but also for other people who may be affected by the activities of JB and/or affiliated clubs and organisations. This policy document gives an account of the actions taken by JB in response to government legislation on health and safety and goes on to explain what is required in turn of clubs, affiliated organisations and members. It is essential reading for all individuals who are involved in running a gymnastics club, or providing gymnastics activities.

Everyone involved in gymnastics has a responsibility to help maintain a positive health and safety culture across the sport. All clubs have a common law duty of care to those who may be affected by their activities and have a responsibility to implement appropriate policy and arrangements relating to the activities they provide. Gymnastics is a complex sport with inherent risks. Applying the guidance will help control the risks associated with running a gymnastics club and/or providing gymnastics activity and most importantly minimise the risks associated with participation. Adherence to the guidance will help reduce the likelihood of a successful negligence claim being made against JB. This policy and the associated JB documents should be read by club organisers and any member of staff given responsibility for the implementation of health and safety measures. It is important, however, that all those involved in operating the club – employees, contractors and volunteers - are aware of these documents and are encouraged to familiarise themselves with the guidance. All these people should be given appropriate information, instruction, training and supervision in relation to health and safety. This reflects the general point that whereas clubs and organisations are responsible for the introduction of appropriate health, safety and welfare measures, the application and operation of these measures lies to a considerable extent in the hands of all the individual workers involved.

JB aims to promote a positive health and safety culture, and to ensure the health and safety of everyone involved in the sport.

#### **Guidance & Legislation**

The Health and Safety at Work Act 1974 (and its subordinate legislation) is the principal legislation that informs the policy. The Management of Health and Safety at Work Regulations 1999 is one of



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the other key pieces of legislation that underpins the BG Management System and guidance. There are some home country variations in certain aspects of health and safety legislation e.g. the legislation governing smoking in public places falls under a different Act of Parliament in each country. In addition, in Northern Ireland and Scotland there are different underpinning legal systems. Differences of this kind may need to be taken into account in the interpretation of the policy and the BG Management System & Guidance. The Health and Safety Executive website [www.hse.gov.uk](http://www.hse.gov.uk) offers further information relating to Health and Safety Law.

JB must therefore: -

- Comply with policy and the relevant statutory requirements;
- Identify the organisation's health and safety responsibilities
- Identify significant risks and plan the work of the organisation to minimise all risks in respect of Health, Safety and Welfare.
- Ensure the responsibilities for Health, Safety and Welfare are designated to individuals with the appropriate skills and experience.
- Ensure that there are adequate training opportunities for staff, coaches, officials and other volunteers.
- Ensure reporting procedures are followed for any accidents or incidents

In addition, all members must: -

- Take reasonable care of their own health, safety and welfare and that of other people whom their acts or omissions may affect.
- Conduct activities in line with training and JB policy and guidance
- Ensure reporting procedures are followed for any accidents or incidents.

### **Monitoring Arrangements**

The JB Health, Safety and Welfare policy will be annually monitored and a full policy review will take place every three years. A policy review may also be conducted in response to any of the following occurrences:

- changes in legislation or guidance.
- changes in governance of the sport.
- a procedural review taking place as a result of a significant case.