



Connect

Therapeutic Mentoring Support

“ I used to find leaving the house difficult and really struggled to attend school - I found everything overwhelming and couldn't control my feelings. Since working with my mentor, I feel a lot more confident in new settings and speaking to people. I still get very nervous and anxious but feel I'm making good progress and hope to go back to school soon.

J - Year 9 student - SBC/SEND



Are your students struggling to engage in education because of social, emotional or mental health (SEMH) needs?

Do you have any students who:

- Have **low attendance** levels as a result of **social anxieties** or **chronic confidence** issues?
- Are demonstrating behaviours in school which are **increasing their risk of suspension or exclusion**?
- Suffer from **low mood or mental health issues** but are unwilling or unable to access professional services?
- Find it difficult to **regulate their emotions or behaviours** in a classroom setting?
- Have experienced **trauma** or **attachment issues** that make it difficult for them to engage constructively with teachers or peers?
- Demonstrate **low levels of resilience** and **struggle to manage challenging situations** positively?
- Demonstrate **demand avoidant behaviours**?
- Have **complex neurodiversity** needs that can't be met through existing support?

The range of needs is vast and no young person is the same, so the solution often requires intense and tailored support to help get them back on track and thriving in life and education.



“Having a mentor has helped calm me down and has helped me focus. I now feel I can control my emotions and anger and express myself in a more positive way. Everything just feels so much better and even my home life has improved and I'm arguing a lot less with my family members and choosing to be in positive friendships vs negative ones.

K – Year 8 Student – LPA



OUR SOLUTION: Therapeutic SEMH Mentoring Support

Our 1:1 mentoring service uses a therapeutic approach and is designed to empower young people to identify and own their SEMH needs and work together to apply practical techniques to find better coping strategies, emotionally regulate and adopt improved behavioural responses – moving them closer towards their end goal. Drawing on trauma informed and attachment-based frameworks, our mentors will work 1:1 with your student to support their development in a tailored way that meets their needs.

This holistic approach allows our mentors to meet the more profound, sometimes unspoken, needs of the young people referred to our service.

- Therapeutically trained and qualified mentors.
- Trauma informed and attachment-based practitioners.
- Tailored 1:1 support in a community-based setting.
- Transition support to assist re-integration to education.
- Pick up and drop off included to avoid transportation barriers.
- Active liaison with family and other service providers.
- Managed transition plans to ensure positive endings.

Engage Programme

This programme can be accessed alongside Connect, but can also provide a natural transition to a group programme when ready.

The 'Engage' programme moves from the 1:1 support of 'Connect', to a mentoring ratio of 1:3, where students work alongside their peers in a small, welcoming setting (max of 12 students per day) to develop their own business. Driven by their own interests, they have the chance to work on a range of practical, hands-on projects that look and feel more like work than school. They will develop a range of skills that they can apply to school, future employment and their own personal development. This alternative provision offer can be used as part of a blended package or learning, so please just get in touch if you feel it may be suitable for your students.



We are a non-profit organisation so believe in value for money and transparent pricing. Prices quoted below are for our standardised services, but tailored support packages can be quoted for upon application. PLEASE NOTE: *all bookings must be made for a minimum of one school term.*

- 1:1 SEMH Mentoring Sessions (2 hours) = £105 per student
- Engage Sessions (4 hours) = £100 per student per day

Who We Work With



**KINGSDOWN
SCHOOL**



Lydiard Park Academy
Potential into Performance



**LAWN MANOR
ACADEMY**
Inspiring and Creating Futures for All



**The Ridgeway School
& Sixth Form College**



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