



**LONG ISLAND HEALTH & RACQUET CORAM**

607 Middle Country Road Coram, NY 11727 631-732-5500  
www.lihrcoram.com

MON - FRI 6:30AM -9PM  
SAT & SUN 8AM-4PM

**We give you the World!!**

**BASIC (All Locations) \$29.99**

- Gym, Weights, Cardio, Pool - ALL 4 Locations

**ALL-INCLUSIVE Coram Only \$29.99**

- Gym, Weights & Cardio
- Indoor Pool
- All Classes
- Nursery (3 mo-12 yrs)
- Racquetball-open play
- One complimentary Fitness Session
- 6 MONTH COMMIT - after 6 months stays \$29.99 monthly until cancelled with 30 days notice.

**VALUE PACKAGE (All Locations) \$39.99**

- The above (All-inclusive) PLUS use of our 4 locations - excluding Racquetball
- Add \$10 for Racquetball Membership-\$49.99/mo. (Courts can be reserved at home club only)

**ALL MEMBERSHIPS:**

- Membership Enrollment fee \$19.99
  - Plus- Guest Add-on \$15/mo.
- Annual enhancement fee \$39 for all memberships, (Charged on or about 90 days after joining date)

**TEEN (age 13-17) MEMBERSHIP \$14.99/mo at age 18 rolls over to \$24.99mo  
(Coram location only) Enrollment fee \$10 (6 month commit)**

***4 Great Locations!!!!***

**World Gym Bay Shore - World Gym Setauket - World Gym Wantagh**