

# Penelope Lagos

SAG-AFTRA

Height: 5'5  
Hair: Brown  
Eyes: Brown

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<https://linktr.ee/penelopelagos>

## **FILM:**

The Jersey Devil	Lead	Joseph Pepitone, Dir.
Stuck in the Middle*	Lead	Joseph Pepitone, Dir.
Madcap Mabel**	Lead	Dena Schumacher, Dir.
Mary's Laughter	Lead	John Paxton, Dir.
Hit N' Run	Lead	Rob Santana, Dir.
Ned Rifle	Supporting	Hal Hartley, Dir.
Meanwhile	Supporting	Hal Hartley, Dir.
Max Has a Date	Supporting	Michael Lepre, Dir.
Wish You Were	Supporting	Greg Fellows, Dir.
Black Swan	Photo Double	Darren Aronofsky, Dir.

## **TELEVISION/MULTIMEDIA:**

The Undesirables (Pilot)***	Supporting	Shake The Tree Productions
REA	Host	Robert Edward Auctions
Muse (Pilot)	Lead	Pie-in-the-Face Pictures
Payback (Pilot)	Lead	Kaufman Films
Rachael Ray	Self	ABC
Wildflower	Supporting	Reina Productions
YourTango	Supporting	Tango Media
Met-Rx Workout	Self	David Goodnight, Dir.
Body Sculpting Bible for Abs	Self	Heatherleigh Press

## **THEATRE:**

Effective Arts	Various	Share Network, NJ
Book	Paige	Manhattan Repertory Theatre
All I Want To Hear	Miriam	Spanish Repertory Theatre
A Murder At The Church	Althea	The Riant Theatre

## **COMMERCIAL:**

Conflicts Available Upon Request

## **TRAINING:**

Practical Aesthetics PT Program		Atlantic Acting School, NYC
Commercial Coach	Barry Shapiro	
Audition Technique	Anthony Grasso	Breakthrough Studios, NYC
Legit Showcase		TVI Studios, NYC
Private Coach	Flo Greenberg	
Soap Scene Study	Rita Litton	Weist Barron, NYC

## **EDUCATION:**

BA Rutgers University – Communication/Journalism and Theater Arts

## **SPECIAL SKILLS:**

Fitness Guru, Dance, Hosting, Teleprompter, Comedy, Improv (General), Human and Pet CPR/First Aid Certified, Published Children's Book Author and Technical Footwear Model.

\*Winner of Best Actress in a Comedy Feature, Best Comedy (Downbeach Film Festival)

\*\*Hoboken Film Festival, Yperia Film Festival, NJ Film Festival and Clearwater Film Festival

\*\*\* Garden State Film Festival