

Lunes

- 2 Pasta S/Gluten S/Huevo con Tomate Casero
Gluten/Egg-Free Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 16 Pasta S/Gluten S/Huevo al Ajillo
Gluten-Egg Free Pasta with garlic sauce
Lomo de Sajonia
Saxony Style Pork
Patata Asada
Roasted Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 23 Pasta S/Gluten S/Huevo al Pomodoro
Pasta gluten-egg free with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil
Calabacín Asado
Baked Zucchini
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 30 Pasta S/Gluten S/Huevo a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Gallo al Horno
Roast Rooster Fish

- Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

Martes

- 3 Crema de Verduras
Vegetable Cream

- Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 10 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables

- Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 17 Crema de Calabacín
Zucchini Cream
Ragout de Ternera Asada
Baked Veal
Patatas Fritas
French Fries
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette
Pimientos Asados
Peppers Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Escalope de Pollo S/Gluten con Salsa de Tomate Terrorífica
Gluten Free Breaded Chicken with Terrorific Tomato Sauce
Patatas Chips
Chips
Gelatina Sangrienta y Pan S/Gluten
Bloody Jelly and Gluten-Free Bread

DÍA ESPECIAL

Miércoles

- 4 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup

- Pollo Asado
Roasted Chicken
Patata Horno
Roasted Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 18 Brócoli Salteado
Sauteed Broccoli
Caballa con Tomate
Mackerel with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 25 Crema Vichyssoise
Leek Cream
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

Jueves

- 5 Arroz Tres Delicias
Three Delights Rice

- Salmón a la Naranja
Salmon With Oranje Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread
- 12

- 19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chiliadrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread

- 26 Arroz con Champiñones
Rice with Mushroom
Jurel con Tomate
Fish with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan S/Gluten
Yogurt and Gluten-Free Bread



FESTIVO

Viernes

- 6 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables

- Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread
- 13

- 20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread

- 27 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Rapollo
Cabagge
Fruta y Pan S/Gluten
Fruit and Gluten-Free Bread



FESTIVO

Lunes

- 2 Pasta S/Gluten S/Huevo con Tomate Casero
Gluten/Egg-Free Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

- 16 Pasta S/Gluten S/Huevo al Ajillo
Gluten-Egg Free Pasta with garlic sauce
Lomo de Sajonia
Saxony Style Pork
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

- 23 Pasta S/Gluten S/Huevo al Pomodoro
Pasta gluten-egg free with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

- 30 Pasta S/Gluten S/Huevo a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

- 3 Crema de Verduras
Vegetable Cream

Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 10 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 17 Crema de Calabacín
Zucchini Cream
Hamburguesa de Ternera al Horno
Baked Veal Burger
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Cinta de Lomo al Horno
Baked Loin
Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

- 4 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup

Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

- 18 Lentejas con Verduras
Stewed Lentils with Vegetables
Caballa con Tomate
Mackerel with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

- 25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

- 5 Arroz con Calabacín
Rice with Zucchini

Salmón en Salsa
Salmon in Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 12 
FESTIVO

- 19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chiliadrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

- 26 Rissotto de Champiñones
Mushroom Risotto
Jurel con Tomate
Fish with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

- 6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables

Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 13 
FESTIVO

- 20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread

- 27 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Rapollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
 Merluza a la Gallega
 Hake with Paprika
 Ensalada Variada
 Mixed Salad
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
 Fogonero en Salsa Verde
 Fish with Green Sauce
 Ensalada Variada
 Mixed Salad
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce
 Cinta de Lomo a la plancha
 Loin
 Patata Asada
 Roasted Potatoes
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

23 Espaguetis al Pomodoro
Pasta with Tomato Sauce
 Merluza con Aceite de Ajo y Perejil
 Hake with Garlic and Parsley Oil
 Calabacín Asado
 Baked Zucchini
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

30 Coditos a la Amatriciana
Spaguetis with Tomato Sauce and Bacon
 Gallo al Horno
 Roast Rooster Fish
 Ensalada Variada
 Mixed Salad
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

Martes

3 Crema de Verduras
Vegetable Cream
 Cinta de Lomo al Horno
 Baked Loin
 Patata Panadera
 Baked Potatoes
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

10 Sopa de Cocido
Meat Soup
 Cocido Completo
 Chickpeas with Meat and Vegetables

 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream
 Hamburguesa de Ternera al Horno
 Baked Veal Burger
 Patatas Fritas
 French Fries
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
 Tortilla de Patata
 Potato Omelette
 Pimientos Asados
 Peppers Salad
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
 Nuggets de Pavo Sangrientos
 Bloody Turkey Nuggets
 Patatas Chips
 Chips
 Gelatina Sangrienta y Pan Integral
 Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

4 Sopa de Fideos
Noodle Soup
 Pollo al Curry
 Curry Chicken
 Cous Cous
 Cous Cous
 Yogur de Soja y Pan Integral
 Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
 Pollo Asado
 Roasted Chicken
 Patata Asada
 Roasted Potatoes
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

18 Lentejas con Verduras
Stewed Lentils with Vegetables
 Caballa con Tomate
 Mackerel with Tomato Sauce
 Ensalada Variada
 Mixed Salad
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
 Pollo al Ajillo
 Chicken with garlic sauce
 Ensalada Variada
 Mixed Salad
 Fruta y Pan Integral
 Fruit and Whole Wheat Bread

Jueves

5 Arroz Tres Delicias
Three Delights Rice
 Salmón a la Naranja
 Salmon With Oranje Sauce
 Ensalada Variada
 Mixed Salad
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas a la Marinera
Stewed Potatoes with Squids
 Pollo al Chilindrón
 Chicken with Vegetables
 Ensalada Variada
 Mixed Salad
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

26 Arroz Campero
Rice with Vegetables
 Jurel con Tomate
 Fish with Tomato Sauce
 Ensalada Variada
 Mixed Salad
 Yogur de Soja y Pan Integral
 Soy Yogurt and Whole Wheat Bread

Viernes

6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
 Ragout de Pavo
 Stewed Turkey
 Ensalada Variada
 Mixed Salad
 Fruta y Pan
 Fruit and Bread

13 
FESTIVO

20 Paella Hortelana
Rice with Vegetables
 Bacalao en Salsa
 Cod in Sauce
 Lombarda al Vapor
 Steamed Red Cabagge
 Fruta y Pan
 Fruit and Bread

27 Sopa de Cocido
Meat Soup
 Cocido Completo
 Chickpeas with Meat and Vegetables
 Repollo
 Cabagge
 Fruta y Pan
 Fruit and Bread

Lunes

- 2 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 16 Macarrones al Ajillo
Pasta with garlic sauce
Cinta de Lomo a la plancha
Loin
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 30 Coditos a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

- 3 Crema de Verduras
Vegetable Cream
Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 10 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 17 Crema de Calabacín
Zucchini Cream
Hamburguesa de Ternera al Horno
Baked Veal Burger
Patatas Fritas
French Fries
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette
Pimientos Asados
Peppers Salad
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 31 **DÍA ESPECIAL** Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

Miércoles

- 4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 18 Lentejas con Verduras
Stewed Lentils with Vegetables
Caballa con Tomate
Mackerel with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

- 5 Arroz Tres Delicias
Three Delights Rice
Salmón a la Naranja
Salmon With Oranje Sauce
Ensalada Variada
Mixed Salad
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 12 
FESTIVO
- 19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread
- 26 Arroz Campero
Rice with Vegetables
Jurel con Tomate
Fish with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur de Soja y Pan Integral
Soy Yogurt and Whole Wheat Bread

Viernes

- 6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 13 
FESTIVO
- 20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread
- 27 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce

Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce
Filete de Pollo
Chicken Breast
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil

Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

30 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

3 Crema de Verduras
Vegetable Cream
Tortilla Francesa
Omelette
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

10 Sopa de Fideos
Noodle Soup
Cocido (Sin Cerdo)
Chickpeas with Meat and Vegetables
Without Pork

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream
Ragout de Ternera Asada
Baked Veal
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette

Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken

Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

18 Lentejas con Verduras
Stewed Lentils with Vegetables
Caballa con Tomate
Mackerel with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
Pollo al Ajillo
Chicken with garlic sauce

Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

5 Arroz con Calabacín
Rice with Zucchini
Salmón a la Naranja
Salmon With Oranje Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

26 Rissotto de Champiñones
Mushroom Risotto
Jurel con Tomate
Fish with Tomato Sauce

Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

13 
FESTIVO

20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread

27 Sopa de Fideos
Noodle Soup
Cocido (Sin Cerdo)
Chickpeas with Meat and Vegetables
Without Pork
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos a la Carbonara
Carbonara Spaguettis
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce
Lomo de Sajonia
Saxony Style Pork
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

30 Coditos a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

3 Crema de Verduras
Vegetable Cream
Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

10 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream
Hamburguesa de Ternera al Horno
Baked Veal Burger
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette
Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

18 Lentejas con Verduras
Stewed Lentils with Vegetables
Caballa con Tomate
Mackerel with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

25 Crema Vichyssoise
Leek Cream
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

5 Arroz Tres Delicias
Three Delights Rice
Salmón a la Naranja
Salmon With Oranje Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

26 Rissotto de Champiñones
Mushroom Risotto
Jurel con Tomate
Fish with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

13 
FESTIVO

20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread

27 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce

Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce

Cinta de Lomo a la plancha
Loin
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil

Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

30 Coditos con Tomate Casero
Pasta with Homemade Tomato Sauce
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

3 Crema de Calabacín
Zucchini Cream
Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

10 Sopa de Fideos
Noodle Soup
Pollo y Ternera con Patata y Zanahoria
Cocidos
Meat and Vegetables Without Chickpeas,
Green Beans and Chorizo

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream

Ragout de Ternera Asada
Baked Veal
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

24 Coliflor con Tomate
Floured Cauliflower with Tomato Sauce
Tortilla de Patata
Potato Omelette

Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Pollo con Salsa Terrorífica de Tomate
Chicken with Terrorific Tomato Sauce
Patatas Chips
Chips
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Yogur y Pan Integral
Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken

Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

18 Brócoli Salteado
Sautéed Broccoli

Merluza con Tomate
Hake with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

25 Crema Vichyssoise
Leek Cream
Pollo al Ajillo
Chicken with garlic sauce

Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

5 Arroz con Calabacín
Rice with Zucchini
Salmón a la Naranja
Salmon With Orange Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas a la Marinera
Stewed Potatoes with Squids

Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

26 Rissotto de Champiñones
Mushroom Risotto
Jurel con Tomate
Fish with Tomato Sauce

Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

6 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

13 
FESTIVO

20 Paella Hortalana Sin Judías ni Guisantes
Rice with Vegetables without beans and
peas

Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabbage
Fruta y Pan
Fruit and Bread

27 Sopa de Fideos
Noodle Soup
Pollo y Ternera con Patata y Zanahoria
Cocidos
Meat and Vegetables Without Chickpeas,
Green Beans and Chorizo
Repollo
Cabbage
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos a la Carbonara
Carbonara Spaguettis
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno en Salsa
Baked Loin in Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce
Lomo de Sajonia
Saxony Style Pork
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Pollo al Horno
Baked Chicken
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

30 Coditos a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Filete de Pollo
Chicken Breast
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

3 Crema de Verduras
Vegetable Cream
Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

10 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream
Hamburguesa de Ternera al Horno
Baked Veal Burger
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette
Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Viércoles

4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

18 Lentejas con Verduras
Stewed Lentils with Vegetables
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

5 Arroz Tres Delicias
Three Delights Rice
Lomo de Sajonia
Saxony Style Pork
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

26 Rissotto de Champiñones
Mushroom Risotto
Lomo con Tomate
Loin with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

13 
FESTIVO

20 Paella Hortelana
Rice with Vegetables
Cinta de Lomo a la plancha
Loin
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread

27 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

2 Coditos a la Carbonara
Carbonara Spaguettis
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Cinta de Lomo al Horno en Salsa
Baked Loin in Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

16 Macarrones al Ajillo
Pasta with garlic sauce
Lomo de Sajonia
Saxony Style Pork
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

23 Espaguettis al Pomodoro
Pasta with Tomato Sauce
Pollo al Horno
Baked Chicken
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread

30 Coditos a la Amatriciana
Spaguettis with Tomato Sauce and Bacon
Filete de Pollo
Chicken Breast
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

3 Crema de Verduras
Vegetable Cream
Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

10 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur y Pan Integral
Yogurt and Whole Wheat Bread

17 Crema de Calabacín
Zucchini Cream
Hamburguesa de Ternera al Horno
Baked Veal Burger
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

24 Alubias Blancas con Verduras
Stewed White Beans with Vegetables
Tortilla de Patata
Potato Omelette
Pimientos Asados
Peppers Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream
Nuggets de Pavo Sangrientos
Bloody Turkey Nuggets
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread

DÍA ESPECIAL

Miércoles

4 Sopa de Fideos
Noodle Soup
Pollo al Curry
Curry Chicken
Cous Cous
Cous Cous
Fruta y Pan Integral
Fruit and Whole Wheat Bread

11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread

18 Lentejas con Verduras
Stewed Lentils with Vegetables
Tortilla Francesa
Omelette
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

25 Crema Vichyssoise con Picatostes
Leek Cream with Croutons
Pollo al Ajillo
Chicken with garlic sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

5 Arroz Tres Delicias
Three Delights Rice
Lomo de Sajonia
Saxony Style Pork
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Yogurt and Whole Wheat Bread

12 
FESTIVO

19 Patatas Estofadas con Verduras
Stewed Potatoes with Vegetables
Pollo al Chilindrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

26 Rissotto de Champiñones
Mushroom Risotto
Lomo con Tomate
Loin with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables
Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread

13 
FESTIVO

20 Paella Hortelana
Rice with Vegetables
Cinta de Lomo a la plancha
Loin
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread

27 Sopa de Cocido
Meat Soup
Cocido Completo
Chickpeas with Meat and Vegetables
Repollo
Cabagge
Fruta y Pan
Fruit and Bread

Lunes

- 2 Pasta S/Gluten S/Huevo con Tomate Casero
Gluten/Egg-Free Pasta with Homemade Tomato Sauce
Merluza a la Gallega
Hake with Paprika
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 9 Arroz con Tomate Casero
Rice with Homemade Tomato Sauce
Fogonero en Salsa Verde
Fish with Green Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 16 Pasta S/Gluten S/Huevo al Ajillo
Gluten-Egg Free Pasta with garlic sauce
Cinta de Lomo a la plancha
Loin
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 23 Pasta S/Gluten S/Huevo al Pomodoro
Pasta gluten-egg free with Tomato Sauce
Merluza con Aceite de Ajo y Perejil
Hake with Garlic and Parsley Oil
Calabacín Asado
Baked Zucchini
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 30 Pasta S/Gluten S/Huevo con Tomate Casero
Gluten/Egg-Free Pasta with Homemade Tomato Sauce
Gallo al Horno
Roast Rooster Fish
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Martes

- 3 Crema de Verduras
Vegetable Cream

Cinta de Lomo al Horno
Baked Loin
Patata Panadera
Baked Potatoes
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 10 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables

Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 17 Crema de Calabacín
Zucchini Cream
Ragout de Ternera Asada
Baked Veal
Patatas Fritas
French Fries
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Miércoles

- 4 Sopa de Fideos S/Gluten S/Huevo
Gluten- Free Noodle Soup

Pollo al Curry
Curry Chicken
Arroz Pilaf
Rice
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 11 Crema de Calabaza
Pumpkin Cream
Pollo Asado
Roasted Chicken
Patata Asada
Roasted Potatoes
Fruta y Pan Integral
Fruit and Whole Wheat Bread
- 18 Lentejas con Verduras
Stewed Lentils with Vegetables
Merluza con Tomate
Hake with Tomato Sauce
Ensalada Variada
Mixed Salad
Fruta y Pan Integral
Fruit and Whole Wheat Bread

Jueves

- 5 Arroz con Calabacín
Rice with Zucchini

Salmón a la Naranja
Salmon With Oranje Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 12 
FESTIVO
- 19 Patatas a la Marinera
Stewed Potatoes with Squids
Pollo al Chiliadrón
Chicken with Vegetables
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread
- 26 Rissotto de Champiñones
Mushroom Risotto
Jurel con Tomate
Fish with Tomato Sauce
Ensalada Variada
Mixed Salad
Yogur y Pan Integral
Yogurt and Whole Wheat Bread

Viernes

- 6 Lentejas Estofadas con Verduras
Stewed Lentils with Vegetables

Ragout de Pavo
Stewed Turkey
Ensalada Variada
Mixed Salad
Fruta y Pan
Fruit and Bread
- 13 
FESTIVO
- 20 Paella Hortelana
Rice with Vegetables
Bacalao en Salsa
Cod in Sauce
Lombarda al Vapor
Steamed Red Cabagge
Fruta y Pan
Fruit and Bread
- 27 Sopa de Cocido (Fideos S/Gluten S/Huevo)
Meat Soup with Gluten Free Noodles
Cocido Completo
Chickpeas with Meat and Vegetables
Rapollo
Cabagge
Fruta y Pan
Fruit and Bread

DÍA ESPECIAL

- 31 Crema de Calabaza Terrorífica
Terrorific Pumpkin Cream

Pollo con Salsa Terrorífica de Tomate
Chicken with Terrorific Tomato Sauce
Patatas Chips
Chips
Gelatina Sangrienta y Pan Integral
Bloody Jelly and Whole Wheat Bread