



First Aid Kits

The British Standard BS 8599-1 for first aid kits was initially issued in 2011, The latest review was on 10th January 2019.

What the law says

The Health and Safety (First Aid) regulations 1981 states: "An employer shall provide or ensure that there are provided such equipment and facilities as are adequate and appropriate in the circumstances for enabling first aid to be rendered to his employees if they are injured or become ill at work"

The HSE position

The Health and Safety Executive have been closely involved in the creation of this standard, being members of the BSI standards committee. The current guidelines contained in document L74 from the HSE are met and exceeded by the BS8599-1 compliant standard.

You do not need to replace the whole kit, just add the new items.

The new contents list

Contents	Small	Medium	Large	Travel
Contents List	1	1	1	1
First Aid Guidance Leaflet	1	1	1	-
CPR Barrier Device	1	1	2	1
Nitrile Gloves (pair)	6	9	12	1
Medium Sterile Dressing 12cm x 12cm	2	4	6	1
Large Sterile Dressing 18cm x 18cm	2	3	4	1
Eye Pad Dressing	2	3	4	1
Finger Dressing 3.5cm with adhesive fixing	2	3	4	-
Conforming Bandage 7.5cm x 4m	1	2	2	1
Plasters (assorted)	40	60	100	1
Moist Cleaning Wipes	20	30	40	1
Microporous Tape 2.5cm x 5m or 3m for travel kit	1	2	3	1
Triangular Bandage 90cm x 127cm	2	3	4	1
Foil Blanket 130cm x 210cm	1	2	3	1
Burns Gel Dressing 10cm x 10cm	1	2	2	1
Universal Shears	1	1	1	1
Eye Wash 250ml	-	-	-	1

Critical Injury Packs

Designed for those working where the Needs Assessment acknowledges a higher risk of major trauma. These contain, Large Trauma Dressings, Haemostatic Dressings and a Tourniquet.

Personal Issue First Aid Kit

Very small kits that are ideal for lone workers such as Cleaners, Security Staff, Grounds and Maintenance Teams working away from the establishment's main first aid provision.

Additional Items

Based on your Needs Assessment additional items could be added to your First Aid Kit. Common extras include:
- Instant Ice Packs, Forehead Type Thermometers and Tweezers. Remember to add them to your contents list!