

THE COMPASS

The Official Newsletter of the Peninsula Pathfinders of Virginia
c/o President, Sandy Croushore, 302 Queens Crescent, Williamsburg, VA 23185

Volume 38, No. 10

November 2021

Treasurer's Report –Sept 30, 2021 operating account balance \$10,085.49



**AMERICA'S
WALKING CLUB**

— ESTABLISHED 1976 —

Peninsula Pathfinders of Virginia
AVA & VVA Affiliated

"Moving together toward a healthier America"



INSIDE THIS ISSUE

Club News; Area Walks; AVA Update; VVA Update; Birthdays; Out & About; Membership Renewal Form; Post-It Page

Dec newsletter deadline: send info to pbb6116@gmail.com by Nov 20.

The club newsletter may be found on the walkvirginia.org website under the Pathfinders tab

NEXT PATHFINDERS MEETING is TBD

Club News

- Workers are needed for the both the Veteran's Day Walk at Thomas Nelson on Nov 13 and for the Williamsburg Holiday Walks on Dec 10-12.

- Check out the membership renewal form on page 7 of the newsletter. Please fill it out and either mail it to the club as detailed on the form or bring it to the Williamsburg Holiday walk on Dec 10, 11, or 12. We can collect them there and give them to the treasurer/membership officer, Gordon Rheinstrom. Then it will be checked off your to do list for the holidays and you'll be supporting your club! Dues remain \$6 per person or \$12 per family, with a \$10 supplement for receiving the newsletter by USPS mail. Thanks for your continued support of the Peninsula Pathfinders!

- The Pathfinders are looking for a club secretary. Might that be YOU 😊? We thank Bill Lowell profusely for his service in so many positions over the years, the most recent being club secretary. If you're interested in finding out more about the duties or volunteering to be club secretary, please contact Sandy Croushore or Bill. The election will be in November 2021. Please consider how you can support your club. Contact Bill Lowell or Sandy Croushore for more information or to get on the ballot. Their contact info is on the last page of the newsletter. Thank you for considering this opportunity to help the club.

-Pat Parker informed us that Shirley Boyd is recovering from a leg injury suffered on Oct 22 She is at Water View Health & Rehab, Room 46B, 414 Algonquin Rd, off Victoria Blvd, in Hampton. The doctor says it will be at least 2 weeks before she can safely travel. You can send "get well wishes" to her at walksboyd@aol.com.

-National Park last free day for 2021: Nov 11.

-HELP WANTED: Club Secretary, Walk POCs for CNU & Noland Trail YREs; Publicity; Sales (Club Store); Facebook

- Pathfinders: As of 30 Oct 2021. *CHANGES in red.*

City/County	Walk	Start Point	Trail Status	Notes (RR = restrooms)
Hampton	Historic	Hampton History Museum	OPEN	<u>Masks required on Hampton University.</u> Campus closed to visitors but can be bypassed.
	Ft Monroe	51 Bernard Rd left side of duplex on porch against wall	Trail OPEN.	
Newport News	CNU	Mariners Museum	OPEN	Trail OPEN; Masks required indoors @CNU
	Noland Trail	Mariners Museum	OPEN	Trail OPEN
	Hilton Village	Open M-F 5am – 8pm Sat 6am – 7pm; Closed Sun		Trail OPEN
	Ft Eustis (JBLE) Museum	Start Open Library Start Open, limited hours		<u>Post open to those with military ID</u>
York County	Battlefield	OPEN		Surrender Field OPEN; Visitor Center open with box.
	Town	OPEN	Trail OPEN.	Visitor Center open with box.
Williamsburg Jamestowne	Colonial Williamsburg	OPEN or OSB	Trail OPEN;	<u>Masks optional outdoors @ W&M.</u> <u>Start box at GLASSHOUSE;</u> OPEN 8:30-4:30. Historic Jamestowne (old fort 2km extension), Visitor Center Ticketing, Rest rooms, and Gift Shop are OPEN. Visitor Center exhibits remain closed. Until Visitor Center is fully open, <u>please get directions from box at Glasshouse, drive to Visitor Center, park, and start walk from there.</u> Once the Visitor Center is <u>fully</u> open, the walk box will return there.

- Walk questions? Here are the Pathfinders walk POCs with their emails:

- Colonial Williamsburg, Jamestowne: Pam Bowers, pbb6116@gmail.com
- Yorktown-Town, Yorktown-Battlefield: Gordon Rheinstrom, grheinstrom@gmail.com
- Fort Monroe, Hampton: Brad Crandall, crandalb@yahoo.com
- Hilton Village, Newport News: Deanna Lang, asweetpeach1@hotmail.com
- Christopher Newport University (CNU), JB Langley-Eustis (Ft Eustis), Noland Trail: Sandy Croushore, szcroushore@verizon.net

-Remaining 2021 Pathfinder Events: Nov 13: Hampton; Dec 10-12: Williamsburg Holiday Walks/Swim.

November/December Area Walks

-Nov 6: Norfolk- Ed & Joan Grant Remembrance Walk- Event, sponsored by Gators. Start 9-12 at the Fred Heutte Center, 1000 Botetourt Gardens, Norfolk. Finish by 3. The Gator Volksmarsch Club and the Family of Ed and Joan Grant invite you to join us for this 5/10k walk, rated 1A, to remember Ed and Joan, long time members of our club who have passed away. Ed and Joan were very active in helping at events, pre-registration for our annual Smithfield walks, and Ed was a prolific walker. We miss our friends! For more information, contact Don Bradford, gvcwalker64@hotmail.com, 757-576-0966. Special Programs: Rockin' Around the Clock, Walking with America's Veterans, Walking the USA A-Z.

-Nov 13: Hampton- Veterans Walk- Event, sponsored by Thomas Nelson Community College and the Pathfinders. Start between 9:00-1:00 in front of Harrison Hall, 99 Thomas Nelson Dr. Finish by 4:00. All participants must wear a mask at the start/finish point. This 5/10k walk, rated 1A, goes on sidewalks and the shoulders of the road. The 10k walk goes on the Matteson Trail around the Hamptons Golf Course. The A-award for this walk is a T-shirt (design shown) honoring those who served, as part of the Veteran's Day commemoration at Thomas Nelson. A-award and credit costs \$20. For further information, contact Sandy Croushore, 757-532-3468 or szcroushore@verizon.net . Special Programs: Virginia Cities (Hampton), Walking the USA A-Z.



-Nov 20: Norfolk- Botanical Gardens- Group, sponsored by Gators. Meet at 9am at Baker Hall Visitor Center (masks required) at the Norfolk Botanical Gardens, 6700 Azalea Garden. This 5/10k walk, rated 1B, is almost completely flat and includes paved paths, unpaved natural trails in the Garden. Some paths may be difficult when wet. The Norfolk Botanical Garden includes over 150 acres of beautiful natural and classical landscapes offering changing vistas throughout the year. Please note there is an admission fee for the Botanical Gardens: \$11 adults, \$10 seniors (62 and over). For more information, contact Don Bradford, gvcwalker64@hotmail.com, 757-576-0966. Special Programs: Airports, Walking the USA A-Z.

-FRIDAY, Nov 26: Williamsburg- Virginia Capital Trail and Greensprings Greenway Trail- Group, sponsored by the Vagabonds. Walk off that extra helping of pumpkin pie! Meet at 9am at the Jamestowne Glasshouse, 1355 Colonial Pkwy, Jamestowne. This 5/10k walk, rated 1A, will be primarily along the Virginia Capital and Greensprings Greenway Trail. These trails are partially natural surface and asphalt pavement with some small hills. The Greensprings Greenway Trail has a nature trail, with information signs about the history of the area. Special Programs: Walking the USA A-Z.

-Dec 4: South Mills-Dismal Swamp Canal Walk- Group, sponsored by Gators. Meet at 9am at the Dismal Swamp Canal Welcome Center, 2356 US Hwy 17 N, South Mills, NC. This 5/10k walk is rated 1A. The Dismal Swamp Canal is located along the eastern edge of the Great Dismal Swamp. It is the oldest continuously operating man-made canal in the US, having opened in 1805. For more information, contact Don Bradford, gvcwalker64@hotmail.com , 757-576-0966.

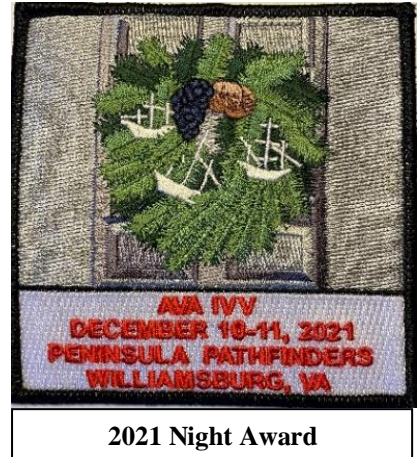
-Friday-Sunday, Dec 10-12: Williamsburg Holiday Walks/Swim- Events- 2 walks & 1 swim, sponsored by the Pathfinders. The annual holiday tradition is back and it's an extra special weekend this year because Colonial Williamsburg is offering their "Grand Illumination" programming this weekend! This means that on Dec 10-11, in addition to having our wonderful day walk and night walk along with all the creative door wreaths and decorations, you will also

get to experience some EXTRA TREATS! This is what is currently scheduled, subject to change by Colonial Williamsburg:

--On **Friday, Dec 10, 6pm**, there will be a community Yule Log procession along Duke of Gloucester Street, with cressets lining the street and a bonfire near the Magazine, as well as 18th-century entertainment until 8pm.

-On **Saturday, Dec 11, starting at 5pm**, CW will offer a holiday play, 18th-century music and other Yuletide favorites, and an appearance by Father Christmas, culminating in 18th-century-inspired fireworks at the Governor's Palace and Capitol building (the "Grand Illumination").

Start point for walks and swim is the Best Western-Williamsburg Historic hotel, 351 York Street, Williamsburg, VA. The start/finish will be in the Settler's Room, upstairs and to the left, the room we have been in for past years (except 2020). Masks may be required in the public spaces in the hotel or in the start/finish room, so please bring a mask, just in case. The hotel is offering a special room rate of \$72 plus tax, per night, for a single/double/triple/quad room. **Call the hotel by November 7 at 757-229-4100 and tell them you are part of the Peninsula Pathfinders' group to ensure you can get this reduced rate.** After November 7, there is no guarantee that you will be able to get the special rate. It will depend on the level of occupancy of the hotel. If front desk doesn't know about the special rate, please ask to speak to the manager, Debby. The hotel has some new staff at the front desk. The hotel is offering a "grab and go" breakfast option from 7-10 (bottled water, juice, granola bar, fruit, and choice of muffin or yogurt & cereal.; coffee in lobby.) The restaurant on site, Taqueria Maria Bonita Bar & Grill is open for lunch and dinner (eat in or take-out).



Night Walk: Friday, Dec 10 and Saturday, Dec 11. Start 3:00-6:00pm. Finish by 9:00pm. The night 5/6 or 10/11k walk trails are primarily in Colonial Williamsburg. Walkers are encouraged to bring a flashlight. The night award is the 4"x4" patch pictured here. *Often the awards sell out prior to the walk.* Preregistration is \$8.50 for the night award and IVV credit. Registration mailed after Dec 1 and at the event, is \$9 for the night award and credit.

Day Walk: Saturday, Dec 11 and Sunday, Dec 12. Start 8:00am-1:00pm. Finish by 4:00pm. The day 5k walk trail is primarily in Colonial Williamsburg. The day 10k walk trail will be through Colonial Williamsburg, the city of Williamsburg, and a small bit in the College of William & Mary. Preregistration for the day award, a wooden block cutout of the Alexander Purdie House, and IVV credit, costs \$17.50 until Dec 1. *Often the awards sell out prior to the walk.* Registration mailed after Dec 1 and at the event, is \$18.00 for the day award and credit.



2021 Day Award: Alexander Purdie House

Mail all pre-registrations and payment (payable to Peninsula Pathfinders) by Dec 1 to Peninsula Pathfinders c/o Pam Bowers, 100 Andrews Circle, Williamsburg, VA 23185. . *(Remember the Post Office has slowed delivery time for 1st class mail.)*

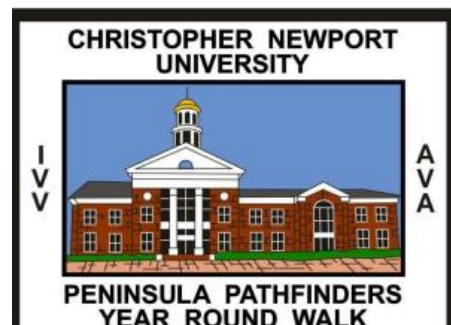
-Day and night walks qualify for the following special programs: Little Free Libraries (6.11k only), Mayflower-400th Anniversary, Rockin' Around the Clock, Walking with Veterans, Walk the USA A-Z. Virginia Cities Program: Williamsburg.

Swim: Friday, Saturday, and Sunday, Dec 10, 11, 12. Start 3:00-6:00pm on Friday; 10:00am-6:00pm on Saturday; and 10:00am-1:00pm on Sunday Swim must be finished by 9:00pm on Friday and Saturday and by 4:00pm on Sunday. The credit only fee for the swim is \$3.00.

This year, the Pathfinders are collecting canned/boxed food at the Williamsburg Christmas walk to donate to Grove Christian Outreach Center in Williamsburg. All contributions are appreciated.

-Workers are needed! We will need volunteers for Start, Finish, and Checkpoint. Look for an emailed link in November from Bill Lowell to sign up electronically to work a shift. If you are unable to sign up, have your heart set on a particular shift/location, or have other questions, please contact Pam Bowers, 757-869-6116, pbb6116@gmail.com.

-Dec 18: Newport News-Christopher Newport University (CNU)- Group, sponsored by Pathfinders. Meet at 9am at Mariners' Museum Visitors' Desk (masks required) 100 Museum Drive. This 6/10k walk, rated 1A, goes on some of the Noland Trail, through a neighborhood of upscale homes, the campus of CNU and past Causey's Grist Mill. The new A-award patch, featuring the Tribble Library, which costs \$10, is pictured here. For more information, contact Sandy Croushore, 757-532-3468 or szcroushore@verizon.net.
Special Programs: Rockin' Around the Clock, Virginia Cities (Newport News), Walking the USA A-Z.



-Friday, Dec 31, 2021 & Saturday, Jan 1, 2022: Smithfield-Sock It To 'Em- Events, sponsored by Gators. This annual tradition is back! Say good-bye to 2021 and welcome 2022 with at taste of Smithfield! Start from 9:00-1:00 at Smithfield Station, 415 Church St. Finish by 4pm. A different walk route is offered each day. Masks required inside start point. **Dec 31 walk**, 5/10k, rated 1A; **Jan 1 walk**, 6/11k. Both are rated 1B, mostly flat, with a couple of hills, some town sidewalks/streets, and finish through Windsor Castle Park (natural paths). A-award, cost \$10. Both courses are suitable for strollers but may not be suitable for wheelchairs, especially if there is rain or snow. For more information, or to reserve one of the 20 patches, contact Don Bradford, gvcwalker64@hotmail.com 757-576-0966. The club is collecting SOCKS FOR THE HOMELESS. Last year they collected 256 pairs of socks and challenge you to help them double that this year! Special Programs: Both days: Little Free Libraries .

[AVA Update](#)

-The Big Give San Antonio, on September 23, raised \$90,015 for America's Walking Club, surpassing the goal of \$90,000. Thank you to the 420 donors and 60 AVA Clubs who contributed. Included in the total is \$2,625 from Match Minutes matching funds.

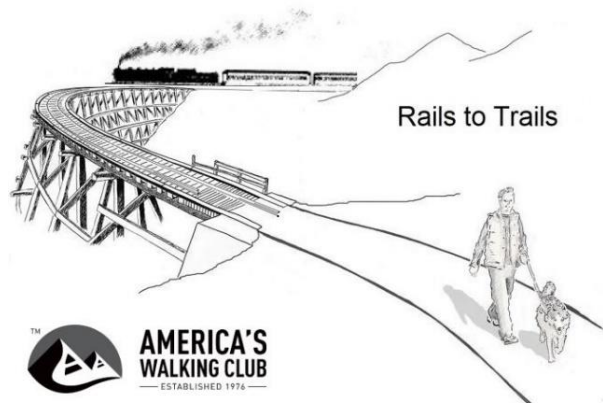
-Annette Tollett reported that Ken Wilson, from Maryland, passed away on October 13, 2021. Many might remember him because, until his health prevented it, he used to come to the Colonial Williamsburg holiday walk and walk the event several times.

- **New in 2022!!** Two new AVA special programs: **Town Halls/City Halls, and Rails-to-Trails.**

--**Town Halls/City Halls**, will run Jan 2022-Dec 2024. Complete 15 AVA sanctioned walks that include a marked town/city hall building or have a plaque marking a historic site of one. A hall may only be used once, even if multiple walks go by it. The patch (image coming soon) depicts the Ashland town hall and the Fredericksburg city hall, both in Virginia. Cost of the program is \$10. Order books from Peninsula Pathfinders, 302 Queens Crescent, Williamsburg, VA 23185. Make

checks payable to Peninsula Pathfinders. POC: Sandy Croushore, 757-532-3468, szcroushore@verizon.net

--**Rails-to-Trails** will run Jan 2022-Dec 2025. Complete 16 AVA sanctioned walks or bike routes that go on a portion of an official Rails-to-Trails Conservancy identified trail (which can be found at <https://www.traillink.com/trailsearch/>). One stamp per event per year except for "Guided Trail" events which use the same stamp; in this case the sanction number identifies a unique event. To order a Special Program Book, send a check for \$12 payable to Colorado Springs Walking Club, 3524 N. Cascade Ave, Lot #58; Colorado Springs, CO 80907. POC: Sherry Sayers, 719-640-6745, cswc@avaclubs.org. The award patch will be similar to the one pictured here.



- **Book sales END Dec 31, 2021** for **Carousels Across America** and **Little Free Libraries**. Completed books must be submitted by Dec 31, 2022.

-**Completed books** for **Walk Like an Olympian** must be **submitted by Dec 31, 2021**.

-Look for America's Walking Club on **Facebook, Instagram, Twitter, and YouTube!**

[Virginia Volkssport Association \(VVA\) Update](#)

-**Want to Give Back to Virginia Volksmarching?** All VVA officer terms end in December 2021 and they can't run again due to term limits. This is your chance to give back to volksmarching! Please help keep the VVA alive by running for President, Vice President, Secretary, or Treasurer. We need volunteers to continue to provide walks. If you are interested in running for an office, contact Dee Schrum, VVA Nominating Committee, dschrum4@comcast.net, 804-768-0055 or 804-731-2863. Elections at the December VVA meeting in Williamsburg at the holiday walks.

- All VVA year-round-event (YRE) walks are now OPEN! The Danville YRE POC, Helen Swanson, helenswanson2012@yahoo.com, still has the Danville start box, due to Science Center start point's limited hours.

[Happy Birthday](#)

Nov	7: Cynthia Edahl	13: Betty Bess	20: Deanna Lang	Dec	6: Jack Rezabek
	7: Bob Watkins	14: Andy Bowers	27: Pat Parker		7: Martin Peek
	12: Robert Edahl	14: Jackie Candia			18: Mary Parker
					29: Scott Zrakovi

[Awards](#)

If you've completed an event, distance, or special program book since the beginning of 2020, please send me an email and I'll include it in a subsequent newsletter.

[Out and About—\(finally!\) 😊](#)

-**2022 Oct 28-31: IVV Olympiad** in Seoul, South Korea (*date change, as of 3/14/2021*)

-**2023 Feb 19-23: IVV Olympiad** in San Antonio, TX, with IML walks following on Feb 24-26 and "National Convention".



PENINSULA PATHFINDERS

c/o: Treasurer, Gordon Rheinstrom
2 Fenwick Drive #813
Hampton, VA 23651

MEMBERSHIP APPLICATION



Date: _____

NAME: _____

TELEPHONE NUMBER: _____ E-MAIL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

Newsletter is e-mailed monthly. **There is a \$10 fee per mailing address (not per person) for non-Life Members to receive the 11 newsletter issues by mail.** Please include that fee, if applicable.

Are you a new to Volkssporting? Yes _____ No _____
Volkssporting includes walking, swimming, biking and other self-paced sports.

The AVA (American Volkssporting Association), our national organization, requested clubs provide the above information to them. Do you agree? Yes _____ No _____

How long have you been an AVA volkssporter? _____
How long have you been a Peninsula Pathfinder? _____

MEMBER #1 BIRTHDAY (written **month/date** (no year)): _____
MEMBER #2 BIRTHDAY (written **month/date** (no year)): _____
CHILDREN (under 18 years) _____

ANNUAL DUES: **\$6.00 per year** for each individual age 18 and older/\$12 per family. Children under 18 are free.

I am paying \$_____ for _____ member(s) for _____ year(s). If I am a non-Life Member and want to receive the newsletter by USPS Mail, I am including \$10 to mail it to address above. _____

Each club member is expected to share the work of sponsoring events. Some of these areas include:
Start ___ Finish ___ Checkpoints ___ Awards ___ Sales ___ Trails ___ Wherever needed ___
(Please check where you would be willing to work.)

Club meetings will be publicized in the monthly newsletter. Zoom meetings may be used until in-person meetings are possible, when we will plan to meet at 6:00 p.m. at selected restaurants. Any questions please contact Sandy Croushore at szcroushore@verizon.net, 757-476-5789.

MAIL COMPLETED APPLICATION & CHECK **BY DEC 31** TO: PENINSULA PATHFINDERS, Attn: Membership, Gordon Rheinstrom, 2 Fenwick Drive #813, Hampton, VA 23651

For Club Use Only Date: _____

Amt. Rec'd/Form of payment/Inc mailing fee? _____

Initials: _____

Updated 11/4/2020



PENINSULA PATHFINDERS OF VIRGINIA 'POST IT' PAGE

Please remove this page from the newsletter and "POST IT" prominently as a reminder!

Current Club Officers

President: Sandy Croushore, 757-476-5789

(email: szcroushore@verizon.net) or
peninsulapathfinders@gmail.com)

Vice President: Mary Parker, 757-851-9252

(email: maparker76@cox.net)

Secretary: Bill Lowell, 757-357-5355

(email: wglowell1944@gmail.com)

Treasurer: Gordon Rheinstrom,

(email: grheinstrom@gmail.com)

Other Points of Contact

Membership: Gordon Rheinstrom,

(email: grheinstrom@gmail.com)

Web Page: Sandy Croushore, 757-476-5789

(email: szcroushore@verizon.net)

Facebook: Available

Newsletter editor: Pam Bowers, 757-869-6116

(email: pbb6116@gmail.com)

Sales: Mary Parker, 757-851-9252 **Available**

(email: maparker76@cox.net)

Publicity: Available

Programs: Pat Parker, 757-851-9252

(email: paparker1@cox.net)

Volunteer Coordinator: Betty Bess, 757-539-0136

(email: bettybess@charter.net)

"Like" us on Facebook: Peninsula Pathfinders of Virginia

"Like" AVA on Facebook: AmericanVolkssportAssociation

Club news: walkvirginia.org

AVA website: my.ava.org

IVV website: ivv-web.org

Local Activities for 2022

COMING SOON! 😊

Upcoming Area Volkssport Events

NOV 2021

Date	Type	Host	Time	Location
6	Event	Gators	9-12	Norfolk-Ed & Joan Grant Memorial Walk (Start: Fred Heutte Center, 1000 Botetourt Gardens)
13	Event	Pathfinders	9-1	Hampton-Veterans Walk (Start: Harrison Hall, Thomas Nelson Community College, 99 Thomas Nelson Dr)
20	Group	Gators	9:00	Norfolk- Botanical Garden (Start: Baker Hall Visitor Center (masks required), Botanical Gardens, 6700 Azalea Garden)
Fri,26	Group	Vagabonds	9:00	Williamsburg-VA Capital Trail (Start: Jamestowne Glasshouse, 1355 Colonial Pkwy, Jamestowne)

DEC 2021

Date	Type	Host	Time	Location
4	Group	Gators	9:00	South Mills,NC-Dismal Swamp Canal (Start: Dismal Swamp Canal Welcome Center, 2356 US Hwy 17 N, South Mills, NC)
10-12	Events Walk/ Swim	Pathfinders	vary	Williamsburg-Holiday Walks (Start: Best Western-Williamsburg Historic, 351 York St)
18	Group	Pathfinders	9:00	Newport News-Christopher Newport University(Start: Mariner's Museum, 100 Museum Drive)
31 Dec 1 Jan	Event	Gators	9-1	Smithfield-Sock it to 'em (Start: Smithfield Station, 415 Church St)