



TEA OF LIFE® PRODUCTS COLLECTION

SEMI CONTRA/EPAZOTE TEABAGS

CHENOPODIUM AMBROSIOIDES otherwise called Semi-Contra, Epazote, American Wormseed, and Mexican Tea etc. is a remarkable natural herb that has long been used in various areas of the world for its many health benefits. The beneficial uses of plants go back to the Garden of Eden. Plants have been used since then for food and medicine, and therefore for health and well being. This fact has been preserved for generations. Your Great Grandparents knew best. There was a secret and something special in this herb, Semi- Contra. Continue the legacy they knew. Preserve for your generation, nature's natural resource for a healthy living. Embrace the privilege of a Miracle Within Reach, Semi-Contra!

TEA OF LIFE ® HEALTH INC.

SPECIALIZES IN MARKETING THIS PATENTED, 100% NATURAL
HERBAL GREEN TEA WITH MEDICINAL PROPERTIES.

This herb has been used since the 1800'S for its Benefits in Promoting Health and Wellness being. In the 1800's many of its benefits had been re-enforced through common uses by Yucatan Indians who used it in their cooking and folk remedies for their everyday Healing and Well being.

In Late 1800'S, A German Pharmacist who was traveling in Brazil discovered from his own research and observations, remarkable findings about this herb. He observed that this herb which grew locally was used regularly by that ethnic culture for its many benefits, in promoting health. In later years this herb was re- discovered in the Caribbean, Africa, Mexico, Latin and Central America. Those cultures used the herb widely as a Dietary Supplement for its health benefits, especially in fighting off Intestinal Parasites. Their findings prompted the World Health Organization (WHO) to conduct their own studies in the 1970's and confirmed that this Herb helps the Body fight off Parasites among other things. The WHO then declared that the leaves and stalks were suitable for Human Consumption. Developing Countries in the Caribbean, Africa, Mexico, Latin and Central America used the Herb as a Dietary Supplement to help the body fight off parasites in adults and school children.

THIS HERBAL WONDER, SEMI-CONTRA A MIRACLE WITHIN REACH, IS BACK AND IS
HERE TO STAY!

WHAT IS SO SPECIAL ABOUT THE BACK TO NATURE WONDER HERB?

- * SEMI-CONTRA HERBAL TEA
- * CAFFEINE FREE
- * PRESERVATIVE FREE
- * AN ANTIOXIDANT
- * ENERGIZING TEA
- * MEN'S TEA
- * WOMEN'S TEA
- * 100% ALL NATURAL
- * A CALMING TEA
- * GLUTEN FREE
- * IS PATENTED #6841175

2. TEA OF LIFE® SEMI-CONTRA CAPSULES

Introduced you to the SEMI-CONTRA tea bags and you loved and proved its benefits. The Semi Contra Vegetarian capsules are made from the same herb that made the Tea Of Life® tea bags. The capsules are made from the finest quality vegetarian ingredient possible that allows for easy swallowing, and fast dissolving, during digestion. It is caffeine free, gluten free with no additives or preservatives and is 100 % natural. Again, this wonder herb is called *Chenopodium Ambrosioides*, Epazote, Semi Contra, and American Wormseed.

WELCOME ABOARD! INVITE THIS WONDERFUL PRODUCT INTO YOUR DIET & EXPERIENCE THE "MIRACLE WITHIN REACH".

The testimonials, although based on the herbal tea bags of the Tea Of Life® Brand will offer the same medicinal benefits with the capsules to improve your health. WHAT CAN SEMI-CONTRA DO FOR YOU? If you are healthy and just need a boost in detoxing your system, this herbal supplement does just that. This herb may expel parasites such as worms, amoebas and other unwanted organisms from your body. It promotes multiple systems of health such as cardiac, kidneys, liver, lungs, skin, and colon.

Take these capsules with your vitamins as a Dietary Supplement to stimulate your body's own immune system and promote better health. This PATENTED product is good for men and women. It works wonders in maintaining a healthy prostate and even improves the libido. It promotes uterine health by reducing fibroids, fighting cysts, promotes menstrual comfort and decreasing cramps and PMS. It stimulates the metabolism and immune system and helps the body heal itself.

3. Tea of Life® Guinea Hen Weed Capsules

Petiveria alliacea, known as guinea hen weed, anamu, mucura, gully root etc.

Open the door to your health and well being with another wonder herb!

THE TEA OF LIFE® BRAND, PRESENTS THE GUINEA HEN WEED SUPPLEMENT

During the past 6 years you have enjoyed the health benefits from the TEA OF LIFE® brand Semi- Contra herbal tea and vegetarian capsules. You have voiced your testimonials as you

continue to enjoy the health benefits of that herbal wonder, referred to as a “Miracle Within Reach”. You have asked for other natural products for health promotion and we heard you. Tea Of Life® Health Inc is proud to highlight the health benefits of another ancient herbal wonder, the Anamu /Guinea Hen weed vegetarian capsules.

ABOUT THE HERB

The botanical name is *Petiveria Alliacea*, yet it has several other names such as Guinea Hen Weed, Anamu, Mucura, Garlic weed, or Gully root etc. The herb is indigenous to the tropical areas of the Caribbean including Jamaica, the Amazon rainforest, Central and South America, and Africa. Traditionally this herb has been used by herbalists and homeopathic practitioners for its powerful immune-stimulating properties.

Recent research done in Jamaica W.I. and the University of Illinois in Chicago and Germany have arrived at the same conclusions that the Guinea Hen Weed has specific properties that may retard the growth of tumor cells. These studies have also shown that the herb contains active compounds that may systematically stimulate the body's own natural defenses in health promotion. The systemically conditions highlighted are respiratory health, prostate health, uterine health, joint health, healthy glucose control, and healthy blood pressure. A supportive health to other autoimmune conditions and degenerative issues such as Alzheimer's and Parkinson's. These scientific conclusions are ongoing but have validated some of the historical benefits of the herb.

CONTRAINDICATIONS:

The herb is not recommended for use by women who are pregnant due to risk of unwanted effects on the uterus. The guinea hen weed could be used as part of healthy daily regimen or to enhance conventional medicine without disturbing their

Benefits. The compounds in the Guinea Hen Weed or Anamu have been found to be able to differentiate between normal cells and disease cells, unlike many other treatments presently in use.

The herb is not recommended for use by women who are pregnant due to risk of unwanted effects on the uterus. The guinea hen weed could be used as part of a healthy daily regimen or to enhance conventional medicine without disturbing their benefits. The compounds in the Guinea Hen Weed or Anamu have been found to be able to differentiate between normal cells and disease cells, unlike many other treatments presently in use. It is recommended that the users consult their general Practitioner or health care Providers for guidance if needed.

DISCLAIMER

These statements have not been evaluated by the “food and drug administration “(FDA)
This product is not intended to diagnose, treat, cure, or prevent any disease.

4. TEA OF LIFE® GRAVIOLA LEAF POWDER

The new addition to the Tea Of Life® Health Inc is the Graviola or Soursop Leaf Powder we are proud to say we do carefully select our products that provide the best health benefits for our consumers. The Tea Of Life® Graviola Leaf Powder is made from the finest quality herbal

ingredient possible. The ingredient is Non-GMO, caffeine free, gluten free with no additives or preservatives.

The Ancient and Modern Health Benefits of the Graviola, AKA Soursop, Annona muricata, Guanabana, Brazilian paw-paw, or Brazilian Cherimoya became well known... The health benefits have been researched for many years... The leaves, stems and bark are used for various disorders and the fruit is used to make a delicious drink.

Graviola plant research has been historically established and surpassed many natural plant health studies. Identified, for its potent antioxidants, the graviola leaves, stems, and fruit may benefit the immune system. The main health promoting components found in graviola are “acetogenins” which are found in the fruit, seeds, leaves, and bark of the graviola plant.

Research since the 1950s suggested that “acetogenins” may have great potential for cellular health and may ward off unwanted changes occurring in body cells. Some studies have demonstrated that the plant can dilate blood vessels and lower blood pressure. An increasing number of alternative practitioners are recommending graviola products to their clients and have seen and heard of reported health benefits from its users.

The term “graviola” as a search word may produce an amazing 12,300 citations, over 2,000 of which are related to Anti-cancer health benefits.

Other uses and benefits related to health are blood Glucose reduction by protecting the Beta cells in the pancreas. Other uses scientifically discussed, lists degenerative disorders in the elderly.

The Graviola herb is not recommended for pregnant women and children under five years of age.

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5. TEA OF LIFE ® PLEASURE BLEND

THE “PLEASURE BLEND” STORY

Tea of Life® Health Inc has been searching for another great medicinal herbal tea. After 11 years the world’s # one medicinal herbal tea made from the Semi Contra/Epazote herb was the only tea under our trademark Tea of Life® and it was difficult to match. Finally, our second tea under the “Brand” is the Tea of Life® “PLEASURE BLEND”. The name originated due to the request of many female customers asking “What about us? “In their request for a product that focuses on improving their sexual health.

The original Semi Contra herbal tea has been providing improved sexual health for men for 11 years on the market.

Although females use this tea for other health benefits such as uterine health, menstrual cramps and other systemic health benefits, they wanted more as their health changed.

We heard their requests and researched many herbs that focused on Sexual Health benefits for women. We consulted some renowned Master Herbalists and Health Foods Stores Owners in the industry and they gave positive approval of the three herbs choices. Although the focus was

on Female Sexual Health” these herbs chosen for our Brand help men as well for their Sexual health

The herbs used in the Tea of Life® “PLEASURE BLEND” are:

1. Damiana AKA (Turnera diffusa) (Damiana Aphrodisiaca)
2. Horsetail AKA (Equisetum) Arvense)
3. Fenugreek AKA (Kasuri Methi)

1. DAMIANA is a medicinal herb in Greek tradition and is also native to Central and Southern U.S.A. It has health benefits for both relaxation and increased energy (adaptogenic), Benefits indicated for men’s prostate health, support for improved libido and urine flow.

Damiana has been historically known as a natural aphrodisiac health support.

It is used to improve women’s sexual desire in a similar way as with men. It provides a healthy mental state that may relieve symptoms of depression, anxiety and nervousness. This herb has other multi- system health benefits besides sexual health.

Damiana is an ancient herbal remedy (Backed by science) to improve vaginal dryness, Sexual dysfunction and some hormonal issues in women. The herb supports a healthy weight management and appetite suppression. It supports a healthy digestive system, respiratory and genitourinary health.

2. HORSETAIL (AKA) (Equisetum) Arvense

This is the 2nd herb used in the “PLEASURE BLEND” tea.

Horsetail is one of the oldest medicinal herbs that precede the dinosaurs on earth.

The plant is highly nutritive in minerals and is the most abundant source of silica in the plant world. Silica is needed to strengthen hair, nails and bones.

This herb supports anti- tumor benefits, glucose metabolism, weight management and genitor-urinary health. Other health benefits that may be supported are healthy renal function (dieresis relief in fluid retention) kidney and bladder stones, urinary tract health, urgency and incontinence.

The young plant is eaten in salads for its many vitamins and minerals. It is also used as a tea, juice or tincture.

3. The 3rd herb in the “““PLEASURE BLEND” is FENUGREEK AKA (Kasuri Methi).

This herb is similar to clover and is native to the Mediterranean, Europe, and Southern Asia. It is used as a culinary spice and both the leaves and seeds are edible. It contains saponin

Some research on the seeds of the Fenugreek supports claims that saponins may stimulate production of male sex hormones, including testosterone. Women’s sexual health is dependent on the levels of testosterone that women produce in their ovaries and adrenals. This hormone supports a healthy sex drive and libido in women. The aging female produces less than 50% of their testosterone during menopause as the ovaries age. The nutritional facts according to some research shows that Fenugreek contains a variety of beneficial nutrients including iron, Magnesium, manganese, copper, Vitamin B6, protein, and dietary fiber. Fenugreek also contains antioxidants, powerful phyto-nutrients, and minerals including choline. The anti-inflammatory and antimicrobial properties are good for overall health.

The Choline content of this herb is healthy for liver support and function. It supports health, mood, memory, and anti-depression .. This herb also supports multi system health benefits for both men and women. Health benefits reported are: Weight loss and management, renal support, gastrointestinal health support, heart health and diabetic support and glucose management

The "PLEASURE BLEND" STORY

All three herbs for the Pleasure Blend were blended in a special ratio formula and were made in teabags.

A stand-up pouch with a "see-through" window was selected for the packaging. The beautiful fuchsia pink color was carefully selected for a unisex color that was bright and cheerful. The feedback for approval came from customers who startled a "wow"!! approval of the color at first sight. The product was ready for the market and we were pleasantly surprised with the testimonials. Our customers are welcoming the health changes and benefits they are receiving.

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6. TEA OF LIFE ® LEMONGRASS/FEVERGRASS

Cymbopogon citratus: Fevergrass /Lemongrass, is the most commonly used species of over 55 species of the Fevergrass family. It is grown best in tropical climate of the Caribbean, United States, Asia and other regions of the world. Lemongrass/Fevergrass has a potent, aromatic, pleasant lemon smell. In the Tropics it is a perennial herb which grows back annually. This pungent odor is very repellent to mosquitoes and other insects, but pleasant to human smell. It is commonly named Fevergrass in the Caribbean for its primary use in reducing fever by excretion and sweating.

Cymbopogon Citratus one species of Fevergrass/ Lemongrass is researched for many years for medicinal or health promotional benefits. A 2012 in-vitro study published by the National Institute of Health, (a trusted source), noted that lemongrass essential oil showed antimicrobial properties. A health beneficial use in tooth decay, is a common recommendation.

The Citral and Geraniol phyto-chemicals found in the herb are thought to be responsible for its anti-inflammatory anti-microbial benefits. These compounds are said to help stop the release of certain inflammation-causing markers in your body. Studies suggest that the best health benefits are achieved when consuming beverages made from the stalks (stems) of lemongrass. The "Citral" found in lemongrass is similar to the ingredient found in citrus peel. This is suggested to have antitumor benefits by reducing the cellular replication of unwanted cellular growth. Several antioxidants are found in the plant. Lemongrass has proven health benefits as a scavenger of free radicals in the body to promote self-healing benefits. This occurs by boosting one's immune system to fight off unwanted illnesses.

According to a small-scale study in the Journal of Renal Nutrition (JRN), drinking lemongrass tea increases urine output. This diuretic effect of the herb promotes excretion of excess sodium from the body and may lower Blood Pressure in the process. This process is beneficial for cardiac as well as urinary health.

