

The Deeply Formed Life : Body & Soul

November 5, 2022

Common Ground,

One of the reasons that I chose the book **The Deeply Formed Life** to be the basis of a sermon series is that the author, Rich Villodas, focuses not only on the spiritual components of our growing our faith, but also the physical. Too often, I fear that when it comes to matters of faith, we tend to separate the spiritual and the physical. We elevate the heavenly to the neglect of the earthly. But the truth is that Jesus has great care and concern for our whole self, soul and body, heaven and earth!

This Sunday (Nov 6) I'll share more about this in a message titled "**Body & Soul; Sexual Wholeness in a Fragmented World.**" *Yes, you read that correctly! But don't worry.* This is not a lesson on the Birds and the Bees (whatever that means!), or a deep dive on current hot-button topics of sexual orientation, or a finger wagging guilt trip. My hope is that we will hear together a call to **bring together what this world often separates.** Our spirituality and our sexuality are both intimate and integral parts of who we are. God created us, every part, and His desire is that we lead lives that extend and receive every bit of goodness he designed us for!

I look forward to seeing you Sunday and growing together more deeply into the love of Christ.

Blessings,
Scott



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